

Roosevelt HS Running Start ▶ Information Session

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The College Side of Things

Welcome Christina Sheehan, Running Start Manager from North Seattle College

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the frame, creating a modern, layered effect. The central area is a clean white space where the text is placed.

The High School Perspective

Why Running Start?

High school perspective

▶ Advantages

- ▶ Tuition-free college credits
- ▶ Opportunity to experience college environment
- ▶ Expanded course offerings, allows for exploration, more world language options, and chance to go further in certain content areas
- ▶ Potential to earn more credits during a school year; potential positive impact on GPA
- ▶ Fewer classes to manage at a time, depending on schedule = more time to get work done, more flexibility for daily schedule and outside commitments (job, appointments, other commitments)

▶ Potential concerns

- ▶ No access to monitor academic progress for school counselor and parent until final grades posted
- ▶ Not a good fit for all students
- ▶ Schedule complications with high school semesters vs. college quarters and fitting courses with high school offerings, and a different spring break calendar
- ▶ Potential negative impact on GPA since each class is worth more credit than HS course
- ▶ Some colleges might prefer to see AP over RS courses

What does it look like?

- ▶ One 5 credit class at the college = 1.0 high school credit
- ▶ 15 credits at the college is considered a full load in a quarter but state now allows a maximum of 21 credits through Running Start (depends on number of classes student is taking at the high school)
- ▶ Students can take classes at both the high school and the college, or take classes only at the college (typically do not recommend full time for juniors or first-year Running Start students)
- ▶ Colleges are on the quarter system, so students can take classes during Fall, Winter, and Spring quarters through Running Start. Students can now be eligible for summer quarter classes also.
- ▶ Students must register each quarter at the college, which requires paperwork signed by both the school counselor and a parent/guardian allowing for school oversight so that students stay on track with requirements
- ▶ Specific college courses meet high school graduation requirements (equivalencies document)



- ▶ Because we build our schedule based on student requests, we need to know when students are planning to do Running Start.
- ▶ During the high school registration process, potential first-year Running Start students were instructed to select a full course load for RHS.
- ▶ Between now and **APRIL 26th**, students should complete the requirements for eligibility and meet with their RHS counselor for a planning session.
- ▶ Once there is a plan and the RSEVF has been signed, we will remove RHS requests and add in RS placeholders.
- ▶ **NOTE:** If a student changes their mind and decides to continue fulltime at RHS, they must inform their counselor and request classes for Roosevelt again. If this happens late in the year or in the fall, some classes at RHS could be unavailable.

Critical Timing- Planning Issues

Next Steps for the High School side

Please read carefully!

- ▶ Before scheduling a meeting with your school counselor to make a plan and complete the RSEVF for the Running Start Enrollment Packet, you must complete the following steps:
 - ▶ Visit the Running Start page for the college you plan to attend
 - ▶ From the “Get Started” page, scroll down to the numbered “Steps to Enroll”
 - ▶ Complete Steps 1 and 2
 - ▶ If you are a junior and have met standard on the SBA exams, you may use these for eligibility
 - ▶ Sophomores and students who don’t have other ways to show eligibility should take one or both self-assessments to show eligibility to enroll
 - ▶ Start Step 3
 - ▶ Once you have completed all the forms except for the RSEVF, you may schedule an appointment with your counselor

Making a Course Plan

- ▶ In the meeting with your high school counselor, we will map out a one/two-year plan to meet all high school graduation requirements
 - ***High school graduation requirements being taken through Running Start must be completed by the end of winter quarter at the college during senior year
- ▶ How many credits you can take depends on how many classes you plan to take at Roosevelt

# of periods at High School	Max # credits for Running Start
5 or 6	6/7
4	11
3	12
2	15
1 or 0	18/21

- ▶ Submit all Running Start Enrollment Packet materials to Running Start office, including a copy of your HS transcript and SBA score report when applicable

Moving forward...



College credits are entered at the end of each college quarter - college transcripts sent directly to high school



Students must meet with high school counselor each quarter to get EVF signed off



Students must submit signed RSEVF to Running Start office each quarter



Graduation course requirements, including overall credits, must be completed by the end of winter quarter of senior year in order to be able to participate in graduation since we do not receive college grades in time for graduation.



Resources

- ▶ High School Counselor
- ▶ “Running Start” folder on School Counselor Schoology page
- ▶ Running Start website
 - ▶ Campus process - varies slightly across campuses
 - ▶ Critical deadlines - priority registration, withdrawal deadlines
- ▶ Running Start Coordinator
- ▶ Other College campus resources
 - ▶ Student Support Services (504 accommodations)
 - ▶ Advising
 - ▶ Tutoring