

# PE Waiver Form and Information

Students in grades 1-8 must participate in at least 100 instructional minutes per school week in PE classes (60 hours per .5 semester credit) unless such participation is waived. Students in grades 1-8 may be excused from any P.E. instruction for the following reasons:

(Reference RCW 28A.230.040: <https://app.leg.wa.gov/rcw/default.aspx?cite=28A.230.040>)

- A. Physical Disability
- B. Religious Belief

Please keep in mind that...

- Physical education waivers **are not** automatically granted, especially in cases where students have room in their schedule to participate in a P.E. class. Students can and have been denied P.E. waivers when appropriate.
- Making a request does not ensure that a waiver will be granted.
- Verification from a physician, or religious leader, on official letterhead, must be attached and turned into the Main Office no later than **June 14, 2024**. If verification and approval is not received by **June 21, 2024** students will be scheduled for a P.E. class.

## Criteria for Granting Waivers

**A. Physical Disability:** Attach verification from student's doctor or health care professional indicating that participation in a P.E. class will be detrimental to a student's health.

**B. Religious Belief:** Attach a request from a student's religious leader for Religious Accommodation per School Board Policy D150.01

**C. Enrollment in Two Year-Long Electives:** PE waivers may also be granted if students desired course schedule does not allow them to take PE. This would be the case if a student were to select two year-long elective courses such as a music course, and a language course. If this is the case for your child, please indicate the two year-long elective courses your child plans to take:

Year-long Elective Course 1: \_\_\_\_\_

Year-long Elective Course 2: \_\_\_\_\_

Student Name (Please Print): \_\_\_\_\_

Student ID Number: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_