



## Family Community Resources

(Updated October 2025)

### HOUSING

- **Catholic Community Services**

- Not serving South King such as Kent, Des Moines, and Auburn
- Complete screening eligibility by calling (253) 850-2523
- Once complete you will then be transferred to intake to gather information such as leasing management contact info, amount owed, and ledger.
- Link to Information: <https://ccsww.org/our-services/housing/>

- **United Way Rent Support waitlist**

- Your household *MUST* owe back rent at your current address.
- Your CURRENT address must be in King County, WA
- Your household income must not exceed 80% Area Median Income (AMI) for household size.
- Families will be chosen at random weekly
- Apply Here: <https://www.uwkc.org/renthelp/>

- **Right Now Needs Fund**

- *For utilities:* a clear copy of the bill is needed.
- *For rent:* a copy of the signed lease and a W-9 is needed from the landlord.  
(Submit directly to School Social Worker)

- **Mary's Place Rental Assistance**

- For families that have worked with Mary's Place before
- New lottery system for assistance

- Link to Information: <https://www.marysplaceseattle.org/get-help/homelessness-prevention>

- **Rainier Avenue Church**

- Serves zip codes: 98118, 98178, 98108, 98144
- The church can help support with up to \$1000 in rent/utility support once per rolling year. (Submit directly to School Social Worker)

- **Neighborhood House** - 6400 Sylvan Way SW

- They can help with food & rent assistance, but you need to call 211 first to get screened in
- Referral form for families with students enrolled in SPS
- Homelessness Prevention hotline is available to assist residents living within the city limits of Seattle and have a past due notice, bill, or ledger for rent.
- Hotline: (206)825-2581
- Office Hours: Mondays between 8am and 6pm

- **Salvation Army** - 9050 16th Ave SW, Seattle, WA 98106

- Phoneline: (206)767-3150
  - Press the number 1, leave a message with your name and number and they will get back to you about rent & utility assistance

- **New Horizons** - 2709 3rd Ave, Seattle WA 98121

- It serves young people 13-25. Provides access shelter services/case management: must be 18+ and not stably housed. If already stably housed, then cannot stay in shelter.
- The Day Program and Apprenticeship program is available to all youth 13-25.
  - Apprenticeship: 4-month paid apprenticeships at New Horizons or Street Bean Coffee Roasters. All youth can access, but those who are recently housing unstable, or NH clients have priority. Requires ID and Social Security Number
    - For Street Bean Apprenticeship contact [lindseya@nhmin.org](mailto:lindseya@nhmin.org)
    - For Day Program Apprenticeship contact [aliciar@nhmin.org](mailto:aliciar@nhmin.org)

- Day program: lunch, showers, laundry, creative projects, clothing closet, activities, dinner (Mon, Tues, Thurs, 3pm-8pm, Wed 2pm-8pm)
  - Link to information: <https://nhmin.org/get-help/>
- **FamilyWorks Seattle**
  - North end organization that facilitates Weekend Food program. They have Community Connectors who can work on identifying needs and getting people connected to financial and other basic needs resources. They have staff who speak several languages, including **Spanish**. They also have a clothing closet for families to make appointments to get free clothing.
  - Meet with a Community Connector during drop-in hours at the Wallingford Food Bank: Tues. 12 – 2pm, Thurs. 3 – 6pm, Fri. 11am – 1pm
  - Contact **Anisa Nun** at [anisan@familyworksseattle.org](mailto:anisan@familyworksseattle.org) to schedule a 30-minute, one-on-one appointment with a Community Connector
  - Phoneline: (206) 647-1770
  - Link to information: <https://www.familyworksseattle.org/>

## UTILITIES

- **Civiform**
  - Universal online application for benefits through the city, including UDP and childcare
  - Enrollment Link: <https://energysolutions.seattle.gov/utility-discount-program-enrollment/>
    - Need account to access link
- **Seattle Public Utilities & Seattle City Light**
  - **Utility Discount Program** – If a family is eligible, the household receives a 60% discounted Light bill and 50% discounted utility bill. Eligibility is by household income and the application asks for proof of income. More information here: <https://www.seattle.gov/human-services/services-and-programs/utility-discount-program#howmuchisthediscounthowlongcanibeontheprogram>

- **Energy Low Income Assistance Program (ELIA)** – a short-term assistance program through the city that offers up to two electricity bill assistance payments (as much as \$500 per payment). Look under “short-term, emergency assistance”: <https://www.seattle.gov/city-light/residentialservices/billing-information/payment-assistance-programs>
  - **Project Share** – this is funded by local donations and can help pay up to \$250 of your light bill. Look under “Project Share”: <https://www.seattle.gov/city-light/residential-services/billinginformation/payment-assistance-programs>
  - **Utility Assistance Program application:** <https://utilityassistance.seattle.gov/uap/public/landing>
- **Byrrd Bar Place**
    - Energy Assistance Program is currently closed for the 2024/2025 program year. New program year will start October 2025.
    - Assistance with paying energy bills, refilling oil tanks, repairing/cleaning/replacing home furnaces, purchasing an AC unit, and more.
    - Link to information: <https://byrdbarrplace.org/programs-services/energy-assistance/#1660750767371-783337ac-4326>
    - Contact for more information: (206)812-4940 OR [energyassistance@byrdbarr.place](mailto:energyassistance@byrdbarr.place)
- **Puget Sound Energy**
    - Link to information: <https://www.pse.com/pages/bill-and-weatherization-assistance>
    - COVID Bill Assistance (CACAP) - provides qualified customers with up to \$2,500 in energy assistance support. By applying for CACAP, PSE will automatically initiate an application for HELP, their other energy assistance program, which may provide families with additional financial assistance after a completed appointment with the local CAP agency.
      - Apply here (begin with signing in to PSE account or select “continue as guest”): <https://www.pse.com/BPCC/signin>
    - **PSE Home Energy Lifeline Program (HELP)** - This provides qualified customers with bill-payment assistance beyond the Washington state

LIHEAP program. HELP is for customers who are experiencing financial hardship due to circumstances not related to COVID-19.

- **Payment plans** available - <https://www.pse.com/account-and-billing/PaymentAssistance/payment-arrangement>
- **Change bill due date** - <https://www.pse.com/account-and-billing/My-Account/PreferenceCenter/billing>

- **LIHEAP by Multi-Service Center (MSC) - *funding will reopen Fall 2025***

- Call 253-517-2263
- Schedule on their [website](#)
- Eligible Income (monthly) to receive assistance based on LIHEAP
  - 1 Person Household: \$1,956
  - 2 Person Household: \$2,644
  - 3 Person Household: \$3,331
  - 4 Person Household: \$4,019
  - 5 Person Household: \$4,706
  - 6 Person Household: \$5,394
  - 7 Person Household: \$6,769
- Link to information: <https://mschelps.org/gethelp/energy/>

- **Rainier Avenue Church** - 5900 Rainier Avenue South, Seattle

- Serves zip codes: 98118, 98178, 98108, 98144
- The church can help support with up to \$1000 in rent/utility support once per rolling year
- For questions regarding assistance or referrals at (206)722-5616 or by email at [info@rainieravenuechurch.org](mailto:info@rainieravenuechurch.org)

- **Catholic Community Services**

- The [Emergency Assistance](#) program helps families, single adults, seniors, and people with disabilities in the South King County area with a variety of emergencies and basic needs. Services include:
  - Rental Assistance and Eviction Prevention
  - Move-in Assistance
  - Utility Assistance and Shut-off Prevention

- Information & Resource Referral
- Short-term Case Management
- Emergency Motel Vouchers (families with children under 18 only)
- Bus Tickets (based on availability)
- Call to access services: (253)850-2523
- Link to other information of services: <https://ccsww.org/our-services/>

# **INTERNET**

- **City of Seattle – Low-cost Internet**

- Link to information: <https://www.seattle.gov/tech/internet-and-devices/low-cost-internet>

- **Seattle Public Library (SPL) Hotspot**

- If you have a library card, you can check out a hotspot for free. You can borrow an SPL HotSpot for 21 days.
- Link to information: <https://www.spl.org/using-the-library/reservations-and-requests/reserve-a-computer/computers-and-equipment/spl-hotspot#:~:text=When%20a%20HotSpot%20becomes%20available,at%20206-386-4636>.

- **Hot Spot via T-Mobile**

- Eligible for families Supplemental Nutrition Assistance Program (SNAP) via P-EBT or EBT, Temporary Assistance for Needy Families (TANF), Food Distribution Program on Indian Reservations (FDPIR), Community Eligibility Provision (CEP), Medicaid, Head Start, and foster youth, migrant, homeless, or runaway youth
  - 200 GB per year for 5 years to a Hot Spot to connect to the internet for Free
  - School Social Workers can also refer students as well.
- Link to information: <https://www.t-mobile.com/brand/project-10-million#faqs>

- **ACP via Xfinity:**

- Link to information: <https://www.xfinity.com/learn/internet-service/acp>

- **ACP via CenturyLink:**

- Link to information: <https://www.centurylink.com/aboutus/community/community-development/lifeline/acp.html>

# FOOD

- **Covid-19 Seattle-Area Emergency Food Resources** - developed by City of Seattle's Human Services Dept. This map shows the locations of food banks, meals, and student to-go meals
- **Basic Food (SNAP)** - Food assistance program that provides food benefits to low-income households to supplement their grocery budget. Program provides EBT card to buy USDA supported foods.
  - Link to information: <https://www.dshs.wa.gov/esa/community-services-offices/basic-food>
  - Application: [www.washingtonconnection.org](http://www.washingtonconnection.org). Or call (877)501-2233
- **Amazon SNAP** - Amazon allows families to purchase groceries through their website using SNAP EBT. No Prime membership is required, and free shipping is available w/purchase \$35+
  - Link to more information: <https://www.amazon.com/snap-ebt/b?ie=UTF8&node=19097785011>
- **El Centro de la Raza** - 2524 16th Ave S, Seattle, Washington 98144; (206) 957-4634
  - Families can visit once per week for food distribution and once per week for commodity distribution. Open three days a week:
    - Wednesdays are for Seniors and mobility limited individuals
    - Thursdays: 10:00am - 12:00pm and 2:00pm - 4:00pm
    - Fridays: 10:00am - 12:00pm and 2:00pm - 4:00pm
  - Link to information: <https://www.elcentrodelaraza.org/el-centro-food-bank/>
- **White Center Food Bank** - 10829 8th Ave SW, Seattle, WA 98146; (206) 762-2848
  - New customers can come in person to register and set up future appointments (3 per month):
    - Monday 12pm-3pm
    - Wednesday 10am-1pm
    - Friday 10am-1pm
  - Link to information: <https://www.whitecenterfoodbank.org/service-hours>



- **Food Not Bombs** - Occidental Square, Pioneer Square, Seattle (under glass shelter)
  - Free hot meals every Saturday and Sunday at 5PM
  - Link to information: <https://seattlefoodnotbombs.org/>
  
- **Cultivate South Park** -
  - **Home Food Delivery:** service that provides grocery boxes to be delivered to your door bi-weekly
    - Sign up link: <https://cultivatesouthpark.org/food-delivery>
  - **Casa Orilla:** Food Bank serving food staples such as produce, proteins, and dry goods
    - Self-select grocery days at 614 South Riverside Drive South Park, Seattle, WA 98108 on:
 

Tuesdays and Fridays from 1:00PM – 2:00PM or when food runs out
  - More information: <https://cultivatesouthpark.org/>
  
- **Rainier Beach Action Coalition**
  - Food Hub Hours: Food bank service
    - Tuesdays & Wednesdays from 10:00AM – 4:00PM
  - Farm Stand: service providing access to free, fresh local produce grown by Black and Brown farmers
    - Saturday from 10:00 AM – 4:00PM
    - Available only from June 14<sup>th</sup> – October 25<sup>th</sup>
  - Link for more information: <https://www.rbcoalition.org/food-hub-farm-stand/>
  
- **King County Food Bank Home Delivery Ordering Form**
  - Offers weekly/bi-weekly home delivery groceries
  - High capacity service, long waitlist
  - Link for more information and intake: <https://uwkc.socialsolutionsportal.com/apricot-intake/6fd5918b-67ea-4b76-8af9-db65946b224c>

# **CLOTHING**

- **Providence Regina House** - 8201 10th Ave. S. #6 Seattle, WA 98108, 206-763-9204
  - Operates a weekly food and clothing bank out of the South Park Neighborhood Center.
  - Provides services to customers living in the following zip codes: 98108, 98148, 98168, and 98188.
  - Clothing bank can be accessed once a week:
    - Tuesday - Saturday 7AM – 3PM
  - Link to information: <https://www.providence.org/locations/wa/regina-house>
  
- **West Seattle Food Bank Clothesline** - 4425 41st Ave SW, Seattle WA 98116
  - Free new and like-new clothes available for all ages (infant-adult).
  - One visit per month with no appointment needed.
  - Store open Tuesdays, Thursday, and Saturdays from 10:00AM - 1:00PM
  - Link to information: <https://westseattlefoodbank.org/clothesline/>
  - For additional information call: 206-932-9023
  
- **St. Francis House Seattle** - 1108 E Spruce Street, Seattle WA 98122
  - Offers support to families by providing clothing for men, women, and children along with household supplies and food.
  - One visit per month with no appointment needed, but photo ID needed.
  - Store open Monday, Tuesday, Wednesday, Thursday from 10:00AM - 12:00PM
  - Link to information: <https://www.stfrancishouseseattle.org/get-help>

# Developmental Disabilities Supports

- **Developmental Disabilities Administration** - eligibility page
  - Useful for access to other support programs around employment, medical support, and residential
  - Link to page: <https://www.dshs.wa.gov/dda/consumers-and-families/eligibility>
- **Seattle Children's Autism Center**
  - Services: <https://www.seattlechildrens.org/clinics/autism-center/services/>
  - Resources for families: <https://www.seattlechildrens.org/clinics/autism-center/patient-family-resources/>
- **Open Doors for Multicultural Families**
  - Organization engages and partners with culturally and linguistically diverse individuals with developmental and/or intellectual disabilities and their families.
  - Link to program information: <https://opendoorswa.org/what-we-do/disability/our-programs/>

# Eating Disorder Treatment

- **Eating Disorders Recovery Program Seattle Children's Hospital**
  - If you would like a referral to Adolescent Medicine for medical and nutrition concerns, talk to your child's primary care provider (PCP).
  - If you already have a referral, call Adolescent Medicine at 206-987-2028 to schedule a telehealth consultation.
  - If you already had a consultation and have an appointment for a medical evaluation with the
  - Adolescent Medicine 12-week Outpatient Eating Disorders Program, learn more about what to expect and how to prepare.
  - Link to information: <https://www.seattlechildrens.org/clinics/eating-disorders/>

- **The Emily Program** - 1700 Westlake Avenue North, Suite 700
  - Seattle location: Outpatient & Day treatment for adults and adolescents; 24/7 residential treatment (adults only)
  - Link to Self-Assessment Quiz: <https://emilyprogram.com/treatment-services/take-the-quiz/>
    - Virtual and outpatient treatment is available for children, teens, and young adults.
  - Contact information: Call (206) 283 2220 or Toll free: 1-888-364-5977
  - Non-emergency Referral form link: <https://emilyprogram.com/treatment-services/get-help-now/>

## **Resources for recently immigrated Spanish-speaking families**

- **El Centro De La Raza** - 2524 16th Ave S Seattle, WA 98144
  - Programs include center-based bilingual early learning childcare (*cuidado de niños*), home visiting programs for children birth to age 3, after school mentoring and tutoring, and workshops for parents. We work with Seattle Public Schools to ensure children in our programs are ready for kindergarten and provide an after-school program.
  - Job readiness programs for youth in the Seattle Public School District.
  - For any questions about programs, call (206) 957-4634
  - Link to more information: <https://www.elcentrodelaraza.org/>
  
- **Casa Latina** - 317 17th Ave S, Seattle, WA 98144
  - Resources ranging from help with employment, education, and community organizing/ leadership development.
  - Employment (*Trabajo*): connect people with employers looking for workers (gardening, basic construction, house cleaning, painting, and more). Also offers workshops that teach our members: safety, work-related skills, worker rights, and wage theft assistance.

- Information: <https://casa-latina.org/work/day-worker-center/> ; <https://casa-latina.org/work/job-skill-trainings/> ; <https://casa-latina.org/work/wage-theft-resources/>
- Education (*Educación*): offer English/Spanish classes and a course in computer basics.
  - Information: <https://casa-latina.org/work/english-classes/> ; <https://casa-latina.org/work/spanish-classes-seattle/>
- To become a member and start connecting with employers, a person must first attend an orientation. Only a photo ID from any country is needed. To reserve your spot, they can call their workforce development coordinators Marco Antonio at (206)686-2625 and Yuliana at (206)686-2604. You can find more information here:
  - English: <https://casa-latina.org/wp-content/uploads/2022/07/Day-Worker-CenterFlyer-En.pdf>
  - Spanish: <https://casa-latina.org/wp-content/uploads/2022/07/Day-Worker-CenterFlyer-Sp.pdf>

## **Behavioral and Social Supports**

- **Consejo Counseling and Referral Service** – [multiple locations](#)
  - Outpatient behavioral health care, transitional housing to survivors of domestic abuse and sexual assault + their families. Mental health, substance use, domestic violence, children youth, and family, school-based, and transitional housing services.
  - For more information email [frontdesk@consejocounseling.org](mailto:frontdesk@consejocounseling.org) or call (206)461-4880
- **Sound Health** – [multiple locations](#)
  - Has a program to provide students therapists with Intellectual & Developmental disabilities
  - Link to service information: <https://www.sound.health/services>
  - For more information by phone call (206) 901-2000 , (206) 302-2210 (Fax), (800) 828-1449 (Toll Free)

- **Therapeutic Health Services** - 1901 Martin Luther King Jr. Way S
  - Substance use services, mental health services, integrated cognitive therapies program, programs for homeless youth and young adults, peer life coach
  - Office Hours: Mondays-Thursdays 9AM – 6PM, Fridays 9AM – 5PM
  - Contact for Seattle office: (206) 322-7676, Fax: (206) 726-7585
  - Link to more information: <https://ths-wa.org/locations/youth-family-services-seattle/>
  
- **Asian Counseling and Referral Service** - 3639 Martin Luther King Jr. Way S
  - [Services](#) include: Behavioral health and Wellness; Children, Youth, and Families programs, recovery services; legal services, etc.
  - Office Hours: Mondays-Fridays from 9AM-4PM
  - Contact for more information:
    - Phone: (206) 695 7600
    - Email: [info@acrs.org](mailto:info@acrs.org)
    - In inclement weather, call (206) 774-2417 for hours.
  
- **You Grow Girl**

South Seattle/Mt. Baker: 2200 Rainier Ave S, Suite 201, Seattle, 98144  
 Kent/Covington: 15215 SE 272nd Street, Kent, 98042

  - Youth LeadHERship: Skill -building groups, youth leadership board, career focused mentoring, behavioral health, housing
  - Online referral for outpatient services: <https://form.jotform.com/250067207965056>
  - Link to more information: <https://www.yougrowgirl.org/>
  
- **Southwest Youth & Family Services** - 4555 Delridge Way SW Seattle, WA 98106
  - Serves Low-income families and youth in southwest king county
  - Behavioral health, education, family advocacy, youth development, Telehealth services

- **Spanish-speaking therapists:** when you click on the ‘counseling request form’ you can choose your language at the top.
  - Office Hours: Monday – Thursday: 9 am – 5 pm, Friday: 9am – 3pm
  - Link to information: <https://www.swyfs.org/>
  - Contact for more information:
    - Call: (206) 937-7680; Fax: (206) 935-9967
    - Email: [info@swyfs.org](mailto:info@swyfs.org)
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- **Atlantic Street Center**

Main office - 206-329-2050, 2103 South Atlantic Street, Seattle, WA 98144  
 Rainier Beach - 206-723-1301, 5150 South Cloverdale Place, Seattle, WA 98118  
 Kent - 253-859-7792, 610 W Meeker St., Suite 201, Kent, WA 98032

    - Available services include: Behavioral health, gender-based violence support, youth development, Educational Support, Family Support
      - Link to information about programs: <https://atlanticstreetcenter.org/programs/>
    - Contact for more information (general): [info@atlanticstreet.org](mailto:info@atlanticstreet.org)
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- **Protea Wellness** - 6770 E Marginal Wy S, Seattle, WA 98108
    - Available [services](#) include: Individual Counseling, Kids & Teens, Children’s Behavioral Issues, Family Therapy, LGBTQIA+, Group Therapy, etc.
    - Contact for more information & intake:
      - Call: (206)207-5395
      - Email: [intakes@proteawellness.org](mailto:intakes@proteawellness.org)
      - Website: <https://www.proteawellness.org/>
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- **Seneca**
    - Service provider to Technical Assistance, Community-Based Mental Health & Juvenile Justice Services, Student Supports (Behavioral, Academic, Mental Health), and Community-Based Programs, etc.
    - Link to information: <https://senecafoa.org/seneca-washington/>
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- **Center for Human Services**

- Service provider to programs and family and individual programs, including: Kaleidoscope Play & Learn, Parenting Classes, One-on-One Parenting Coaching, Caregiver Support, Out of School Time programming
- Link to information: <https://www.chs-nw.org/services/family-support/>

## **Substance Use**

- [Adult SUD](#) and [Child & Youth Development](#) - ACRS
- [Youth Outpatient Care](#) - Navos
- [Behavioral Health Department – Sea Mar](#)
- [Services - Sound Health](#)
- [Youth Substance Use - Therapeutic Health Services](#)
- [Services – Consejo](#)

## **LGBTQIA+ Youth**

### ***Mental Health Resources***

- [The Trevor Project](#) provides free, 24/7 mental health support to LGBTQ+ youth. Students can chat with a trained counselor immediately by texting START to 678-678. To learn more, go to: <https://www.thetrevorproject.org/get-help/>
- [Trans Lifeline](#) provides free peer support to trans people in crisis. This is run by trans people, for trans people, and does not involve the police. The crisis line is (877) 565-8860. To learn more, go to [translifeline.org](http://translifeline.org).
- [The Northwest Network](#) supports LGBTQ+ survivors of abuse and provides one-on-one counseling. To connect to an advocate about an experience of domestic violence, sexual assault, hate violence, or stalking, leave a voicemail with a callback number at (206) 568-7777 and let them know if it is safe for them to leave a voicemail when they call back. Their phone number will appear as a blocked number when they return the call. You can also use this number to set up an appointment for a young person.
- **BetterHelp** is offering 6 months of free therapy to trans youth who apply through @transanta (see below under “material support”).

### ***Material Support***



- [@transanta](#) is a mutual aid network that connects transgender and nonbinary youth with needed holiday gifts. This is targeted toward trans/nonbinary youth who are experiencing housing insecurity, are in foster care or are in a hostile home environment.
  - More information on Instagram [@transanta](#)
- [UTOPIA](#) provides services to LGBTQ+ communities of color in South King County with an emphasis on Pacific Islander communities. They have a youth program, and they also offer a food pantry, a gender affirming clothes closet, healthcare, and immigration support. Learn more at [utopiawa.org](#).
- [Lavendar Rights Project](#) (LRP) elevates the power, autonomy, and leadership of the Black intersex & gender diverse community through intersectional legal and social services. We utilize the law as an organizing principle to affirm our civil rights and self-determination.

### ***Safe(r) Places for LGBTQIA+ Youth***

Several community orgs provide space for LGBTQ+ youth to drop in and connect with other youth. This list includes [Lambert House](#) (they also offer online support through several active Discord servers), [Gay City \(Seattle's LGBTQ Center\)](#), and [UTOPIA](#) (for QTBIPOC youth).

**MORE Resources for [LGBTQ+ Youth](#)**

# Health Insurance

- **Community Health Access Program (CHAP)**
  - Telephone assistance program serving King County residents. Helps families get connected to health insurance and healthcare services. Also help guide others in the community trying to help families.
  - For more information contact
    - Call: 1-800-756-5437
    - Email: [chap@kingcounty.gov](mailto:chap@kingcounty.gov)
- **WithinReach**
  - Helps sign people up for Apple Health and other resources. It has bilingual staff.
  - Family Health Hotline: 1-800-322-2588

# Help with Babies/Infant

- **WestSide Baby** - help with diapers, clothing, and equipment throughout Western King County.
- **FamilyWorks** - foodbanks, playgroups, parenting classes & workshop, home grocery delivery, community connector

# Parenting Classes

- **Families of Color Seattle** - <https://www.focseattle.org/> parent groups, family programs
- **Center for Human Services: Family Support** - [Center for Human Services \(chs-nw.org\)](https://www.chs-nw.org/) – has many different types of parenting classes/support groups.
- **Parent Trust of Washington**

# OTHER

- **United Way** – Resource List <https://www.uwkc.org/need-help/community-resources/>
- <https://www.findhelp.org/>
- **Hope for the Day** - Resources searchable by zip code for mental and physical health, housing, food, money, care and much more. <https://hftd.auntbertha.com/>
- **Washington State Department of Financial Institutions** – Other financial Resources
  - [At Home Financial Education Resources for Students and Families](#)
  - [Financial Education Resources for High School](#)
- **Seattle Schools** has a website with resources for families - <https://www.seattleschools.org/resources/>
- **Mutual Aid** has compiled a huge list of resources - [https://docs.google.com/document/d/1XRKHK18oWITqmAlgFhPmPm\\_o9PuCAiQ2hZeYXQ4Lt6Q/edit?pli=1&tab=t.0#heading=h.88do5a9ipugh](https://docs.google.com/document/d/1XRKHK18oWITqmAlgFhPmPm_o9PuCAiQ2hZeYXQ4Lt6Q/edit?pli=1&tab=t.0#heading=h.88do5a9ipugh)
- **Seattle Parks & Recreation** opened 19 sites for childcare and 7 teen resource centers. Families can register online [here](#) (click on “Sign Up for Classes, Activities & More,” and then under Activities click “licensed childcare”), or by contacting a preferred childcare location, or by contacting the Business Service Center at 206-684-5177. A full list of locations is [here](#).
  - **Teen & Youth Development:** <https://www.seattle.gov/parks/learning-and-childcare/teen-programs>
  - **Child Care Partners** with SPS & Seattle Parks - <https://www.seattleschools.org/departments/childcare/>
- **King County** – Youth Support Resources <https://youthresources.kingcounty.gov/>