

West Seattle High School
Physical Education (PE) Excused from Participation Request Form



Physical Education "Excused from Participation" will be granted for only ONE Semester at a time. An "Excused from Participation" in PE will only be approved if the student has proven they have met the PE competency. A student must take other classes to make up for the missing credits to meet minimum high school graduation requirements. Students who are a Teacher/Office Assistant or has a hole in their schedule may not receive an "Excused from Participation" for the term.

Waiver Categories

- 1 Physical Disability HPE8203** - Attach verification from the IEP, doctor, or health care professional indicating that participation in a PE class will be detrimental to student's health.
- 2 Religious Belief HPE8204** - The student's religion stipulates against participation in physical education. Verification from student's religious leader is required.
- 3 Directed Athletics HPE8205** - Participation in Seattle School District extra-curricular athletic programs requires a coach's verification. Participation in community-based organized athletics requires a weekly log documenting a minimum of 80 hours (during the semester that the student requests the waiver- summers do not count) of regular workouts, practices, and competitions. Parent/Guardian and the coach's verification are required. **The transcript must show 5 semesters of coursework.**
- 4 Military Science HPE8206** - Attach proof of enrollment in a military science class.
- 5 Employment HPE8207** - Student must work to assist family or student is currently self-supporting. Attach verification from employer.
- 6 Other Good Cause HPE8208** - **The transcript must show 5 semesters of coursework.** Please explain:

Name: _____ Student ID #: _____ Class of: _____
PE Competency Test Score: _____ (meeting standard = 3 or higher) Waiver Category #: _____
Athletic Program: _____ Season (circle one): Fall Winter Spring Year: _____
Teacher/Coach Signature _____ Parent/Guardian Signature _____

Office Use Only

Approved Denied (provide student direction to register for PE)

Administrator/Designee Signature _____ Date _____

Entered by Data Registration Specialist _____ Date _____

