

**West Seattle High School
Physical Education (PE) Excused from Participation Request Form**



Physical Education “Excused from Participation” will be granted for only ONE Semester at a time. An “Excused from Participation” in PE will only be approved if the student has proven they have met the PE competency. A student must take other classes to make up for the missing credits to meet minimum high school graduation requirements. Students who are a Teacher/Office Assistant or has a hole in their schedule may not receive an “Excused from Participation” for the term.

The following categories qualify as allowable reasons for the administrator/designee to consider “Excused from Participation” in PE.

- 1. Physical education completed. 1 semester 2 semesters
- 2. Have you received a waiver in physical education?
 - Yes, semester waived (e.g., Second semester, Sophomore Year)
 - No

Waiver Categories

Physical Disability HPE8203 - Attach verification from the IEP, doctor or health care professional indicating that participation in a PE class will be detrimental to student’s health.

Religious Belief HPE8204 - The student’s religion stipulates against participation in physical education. Verification from student’s religious leader is required.

Directed Athletics HPE8205 - Participation in Seattle School District extra-curricular athletic programs requires a coach’s verification. Participation in community-based organized athletics requires a weekly log documenting a minimum of 80 hours (during the semester that the student requests the waiver- summers do not count) of regular workouts, practices, and competitions. Parent/Guardian and the coach’s verification are required. **The transcript must show 5 semesters of coursework.**

Military Science HPE8206 - Attach proof of enrollment in a military science class.

Employment HPE8207 - Student must work to assist family or student is currently self-supporting. Attach verification from employer.

Other Good Cause HPE8208 – (for Juniors/Seniors only) **The transcript must show 5 semesters of coursework.** Please explain:

Name: _____ Student ID #: _____ Class of: _____

PE Competency Test Score: _____ (meeting standard = 3 or higher) Waiver Category #: _____

Athletic Program Participated in: _____ Semester ending: _____

Teacher/Coach Signature _____ Parent/Guardian Signature _____

Office Use Only

- Approved Denied (provide student direction to register for PE)

Administrator/Designee Signature _____ Date _____

Entered by Data Registration Specialist _____ Date _____

