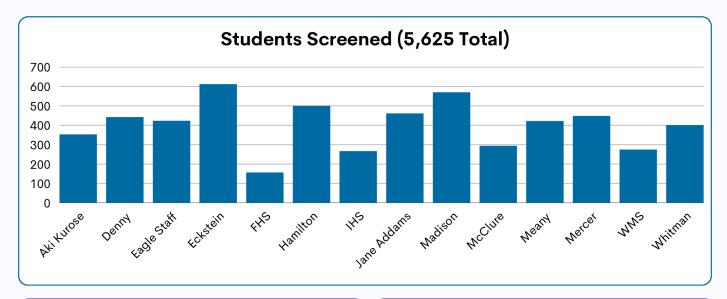
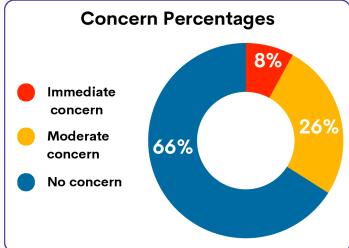
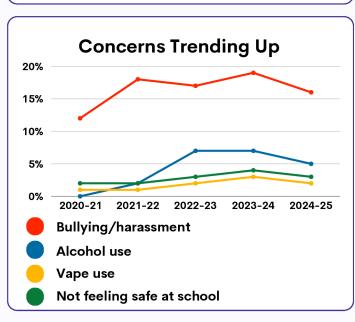
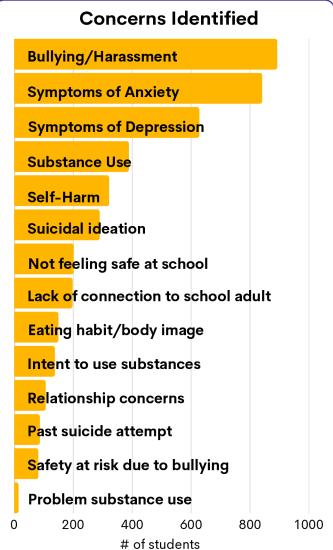


## **SBIRT 2024-25**









## **Top Coping Mechanisms**









Listening to or making music

Talking to friends or family

or in person

Relaxing or taking a break

Sports or exercise

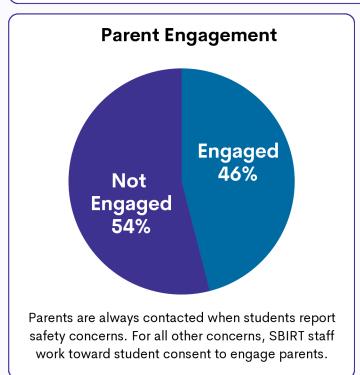
**58%** 

57%

44%

**45%** 

39%



## Referred to supports (Of students screened) 48% Connected to supports (Of students referred) 87% Example referral types: • Academic tutor • Community-based counseling • Prevention Intervention Specialist • Prosocial activities (Clubs, sports, etc.) • School administrator • School-based mental health therapist • Support group (Coping, grief, etc.)

## **Student Feedback** 90% 84% 83% **SBIRT** schoolwide The SBIRT **Brief Intervention** Referrals or process was meeting was resources were campaigns were helpful helpful helpful helpful