

SPS APPROVED YOUTH SUBSTANCE USE DISORDER SERVICES

(Revised 09/18/2025)

**AGENCIES MAY PROVIDE IN-PERSON OR VIRTUAL (TELEHEALTH) SERVICES
CONTACT THE AGENCY DIRECTLY TO DETERMINE THEIR CURRENT SERVICE DELIVERY METHOD**

NORTH			
Center for Human Services	17018 15th Ave NE Seattle, WA 98155	https://www.chs-nw.org/get-help-now/	(206) 362-7282
Ryther	2400 NE 95th St Seattle, WA 98115	https://www.ryther.org/teen-substance-use-disorder	Main: (206) 525-5050 New Appt. Only: (206) 517-0234
SOUTH			
Consejo Counseling and Referral Service	8615 14th Ave S Seattle, WA 98108	https://www.consejocounseling.org/substance-use	(206) 461-4880
Cowlitz Tribal Health	15455 65th Ave S Tukwila, WA 98188	https://www.cowlitz.org/behavioral-health#sud	(206) 721-5170
Kent Youth & Family Services	232 2nd Ave S, #201 Kent, WA 98032	https://kyfs.org/counseling/substance-use-disorder/	(253) 859-0300
Muckleshoot Behavioral Health (Native American Youth & Families Only)	17500 SE 392nd St Auburn, WA 98092	https://www.muckleshoot.nsn.us/program/s/behavioral-health-family-youth-services	(253) 333-3605
CENTRAL			
Therapeutic Health Services	1901 MLK Jr. Way S Seattle, WA 98144	https://ths-wa.org/youth-family-services/youth-substance-use/	(206) 723-1980
WAPI Community Services	861 Poplar Pl S Seattle, WA 98144	https://wapiseattle.org/	(844) 987-9274
MULTIPLE LOCATIONS			
Sound (formerly Sound Mental Health)		https://www.sound.health/tertiary-services/sud-outpatient-services-intensive-outpatient-services	(206) 901-2000
Y Social Impact Center (formerly YMCA)		https://www.seattleymca.org/social-impact-center/youth-young-adults	M-F: (206) 749-7550 S-Su, Afterhours: (866) 427-4747

Unsure what to say when you call?

One suggestion is: ***"My child needs a drug/alcohol assessment. Can you tell me about your services?"***

Interagency Recovery Academy

Seattle Public Schools has a sober campus for high school students in recovery from substance use disorder. The number one goal of this campus is to provide a safe and sober environment where young people in recovery can pursue their academic and career goals. If your child is struggling to maintain sobriety and is needing a community of sober peers in recovery, call Seth Welch, Recovery Academy's Substance Use Counselor, at (206) 947-1532.

Looking for information or support?

Call the **Recovery Helpline** at 866-789-1511 or visit:

www.samhsa.gov/talk-they-hear-you/parent-resources | teens.drugabuse.gov/parents | www.drugfree.org

Family Resources

Changes Parent Support Network: <http://cpsn.org> | 888-468-2620

Al-anon: www.seattle-al-anon.org | 206-625-0000