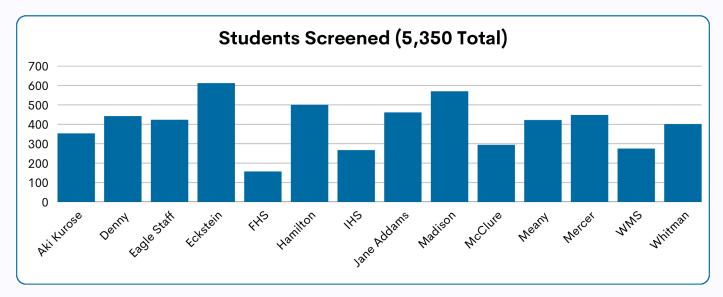
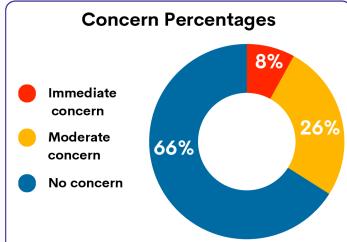
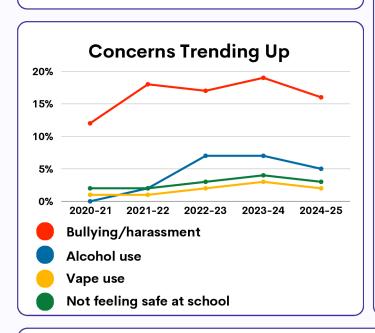


SBIRT 2024-25









Top Coping Mechanisms









Listening to or making music

Talking to friends or family

or in person 44%

Relaxing or taking a break Sports or exercise

58%

45%

39%

Parent Engagement Engaged 46% Not Engaged 54%

Parents are always contacted when students report safety concerns. For all other concerns, SBIRT staff work toward student consent to engage parents.

Referral

Referred to supports (Of students screened)



48%

Example referral types:

- Academic tutor
- Community-based counseling
- Prevention Intervention Specialist
- Prosocial activities (Clubs, sports, etc.)
- School administrator
- School counselor
- School-based mental health therapist
- Support group (Coping, grief, etc.)

Student Feedback



84%

The SBIRT process was helpful



83% **Brief Intervention** meeting was helpful



Referrals or resources were helpful



90%

SBIRT schoolwide campaigns were helpful