



## **3rd Grade Lesson Plan: It feels good to be yourself table**

Seattle Public Schools is committed to making its online information accessible and usable to all people, regardless of ability or technology. Meeting web accessibility guidelines and standards is an ongoing process that we are consistently working to improve.

While Seattle Public Schools endeavors to only post documents optimized for accessibility, due to the nature and complexity of some documents, an accessible version of the document may not be available. In these limited circumstances, the District will provide equally effective alternate access.

For questions and more information about this document, please contact the following:

Lisa Love  
Health Education Manager  
[llove@seattleschools.org](mailto:llove@seattleschools.org)

An exercise about names, gender, and identity.

Name

Assigned at Birth

Me	Assigned _____ at Birth
Ruthie	Assigned Male at Birth
Xavier	Assigned Male at Birth
Alex	Assigned Male at Birth
JJ	We Don't Know
????????	

## Gender Identity Now

## Pronouns used

<hr/>	<hr/>
Girl	She/Her
Boy	He/Him
Genderfluid	He/Him OR She/Her
Non- Binary	They/Them