



Screening, Brief Intervention, and Referral To services (SBIRT) Infographic 2022-23

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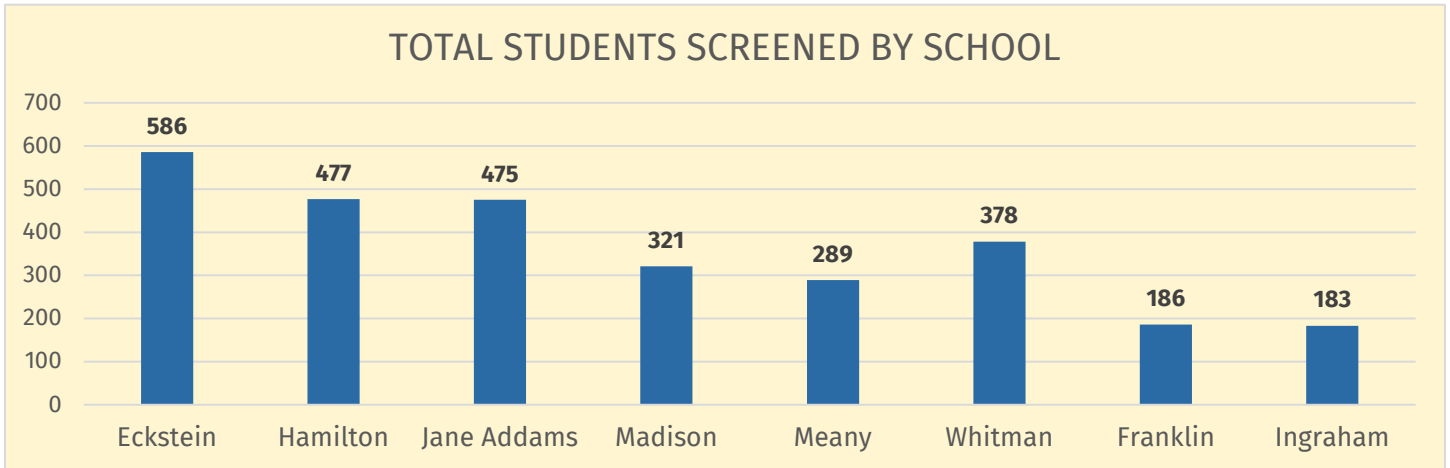
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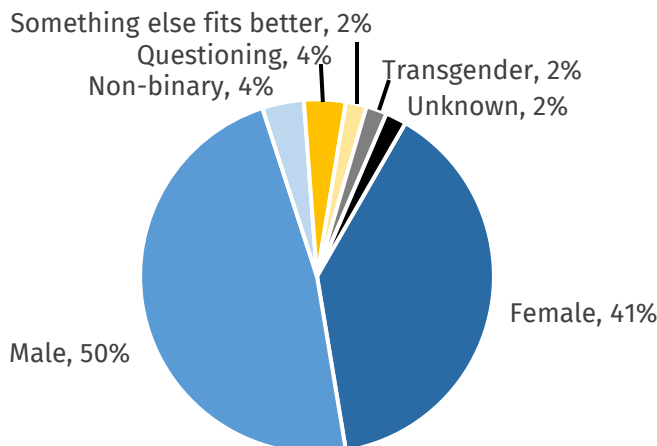
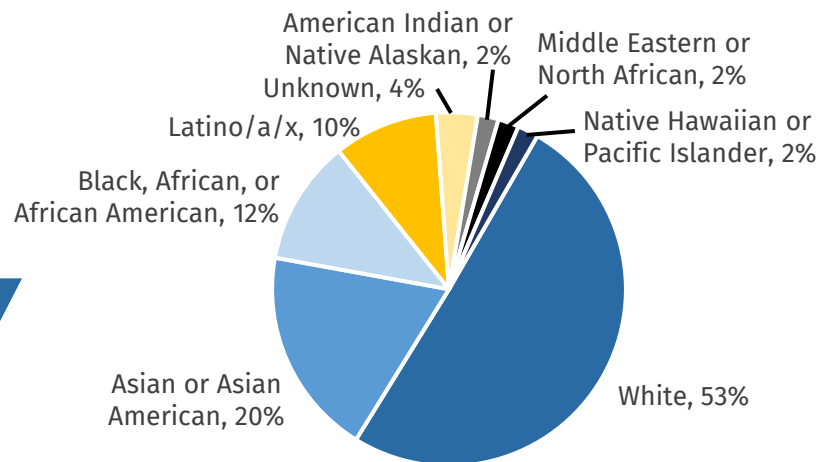
Infographic for the 2022-23 SBIRT. Visual graphs and charts showing the number of students screened by school, by race & ethnicity, and by gender. An overview of results, SBIRT outcomes, student supports, and follow up data.

SBIRT 2022-23

Total students screened: **2895**



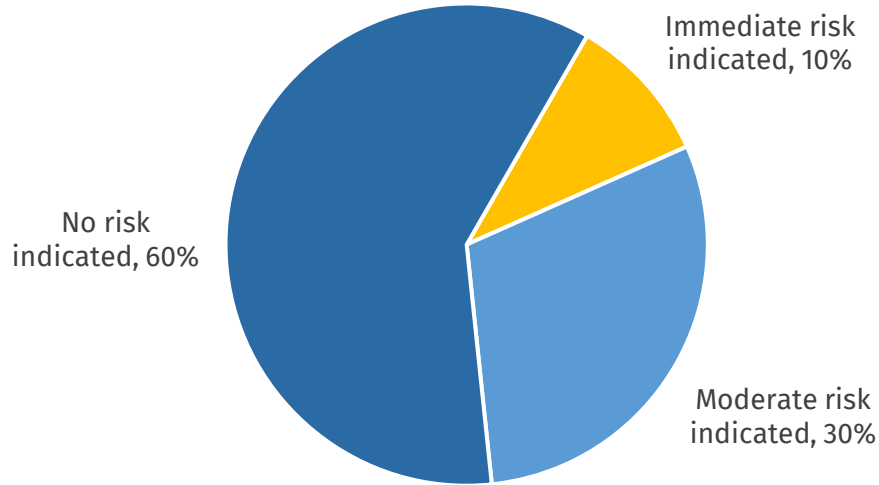
RACE & ETHNICITY



GENDER

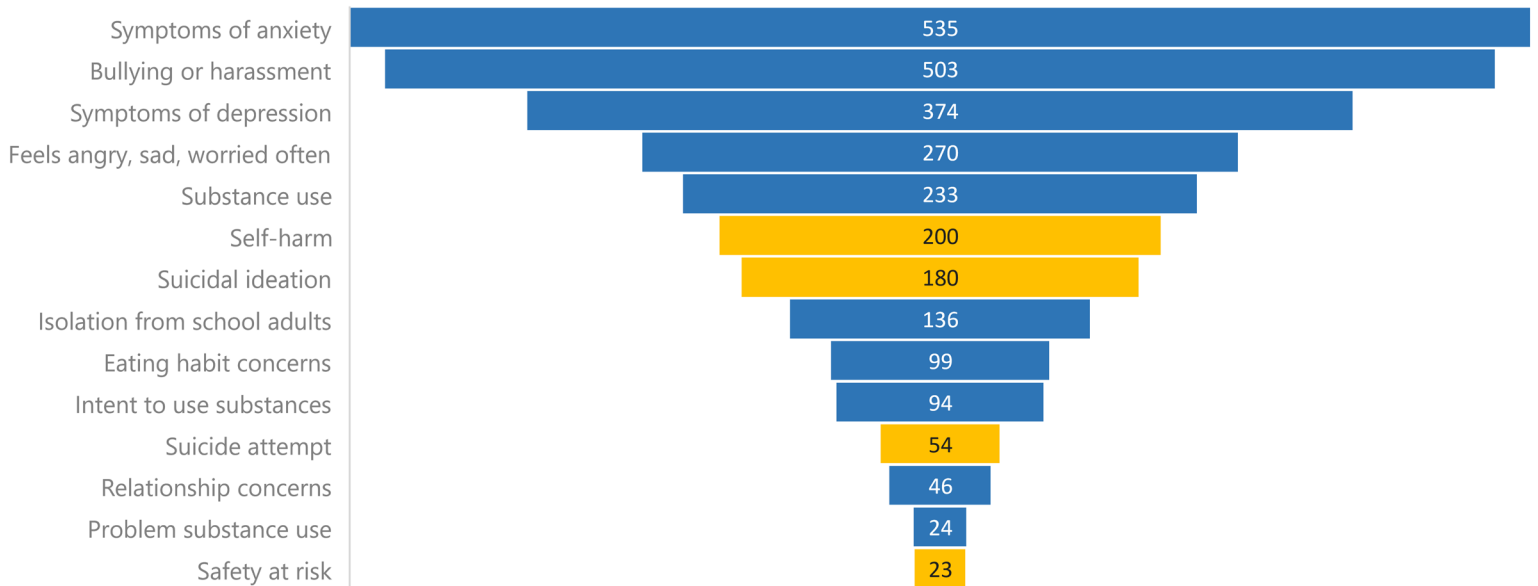
Overview of Results

2022-23



Immediate risks include indication of suicidal ideation, suicide attempt, self-harm, or safety at risk. Moderate risks include indication of bullying or harassment, symptoms of anxiety or depression, signs of substance use, abuse, or intent to use, body image/eating habit concerns, isolation from school adults, and relationship concerns.

Student-Reported Risk Behaviors (# of students)

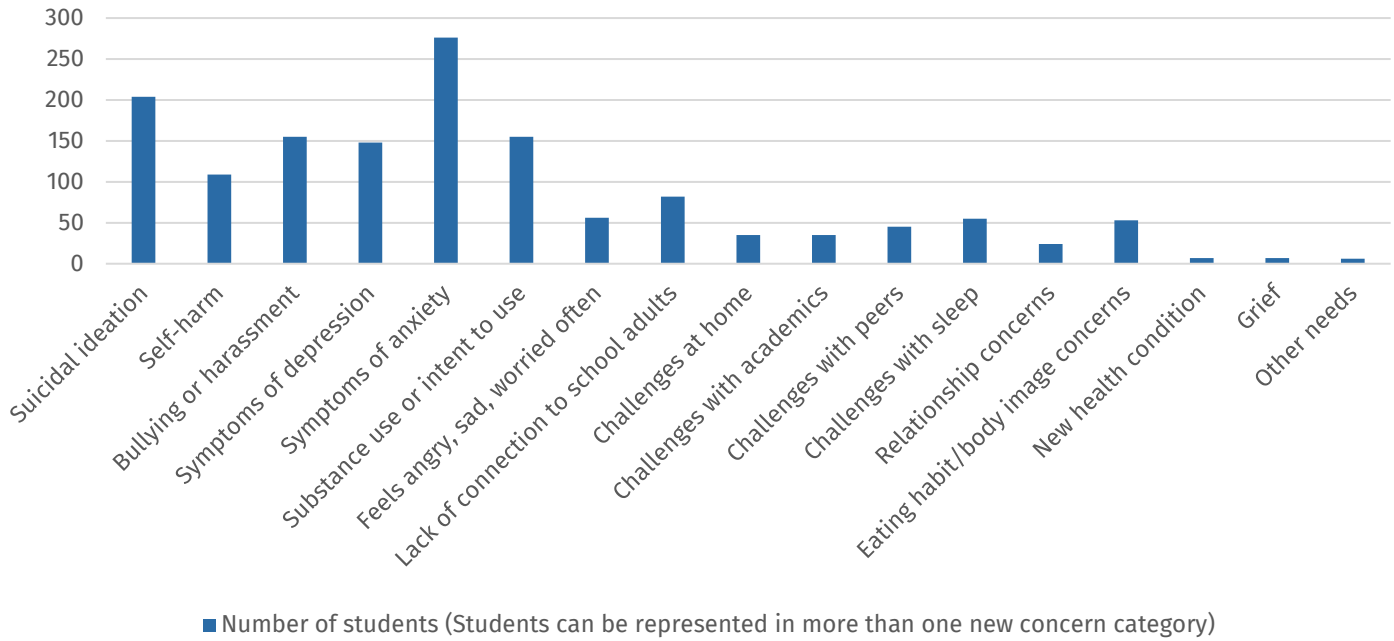


Students who reported suicidal ideation (n= 180) also frequently reported symptoms of depression (67%), symptoms of anxiety (68%), self-harm behaviors (57%), and bullying or harassment (56%). They also had a higher rate of substance use than the general population (29% of students with suicidal ideation as compared to 8% of the general population). The SBIRT program helps to identify these concerns early, when they can be addressed with minimal disruption to the learning environment, and before larger issues develop.

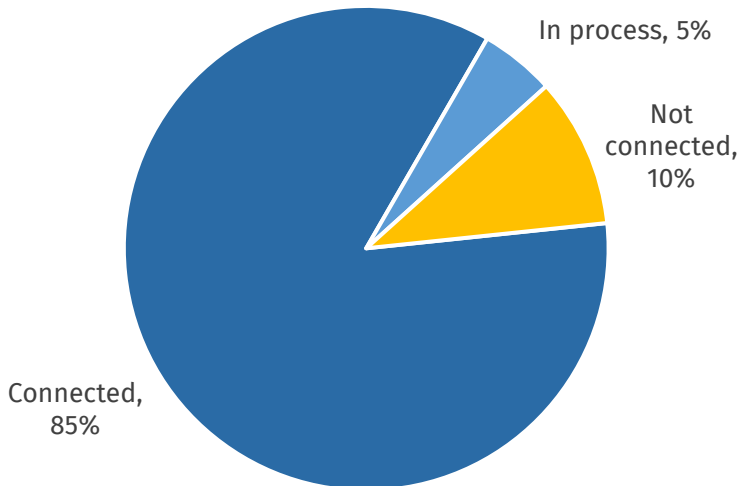
SBIRT Outcomes 2022-23

Check Yourself identified new concerns, previously unknown to school staff, for **714** students in 2022-23 (55% of students screened)

New Concerns Identified through SBIRT by Type



417 students were connected to services through SBIRT in 2022-23 (Not all students with concerns were referred to services)

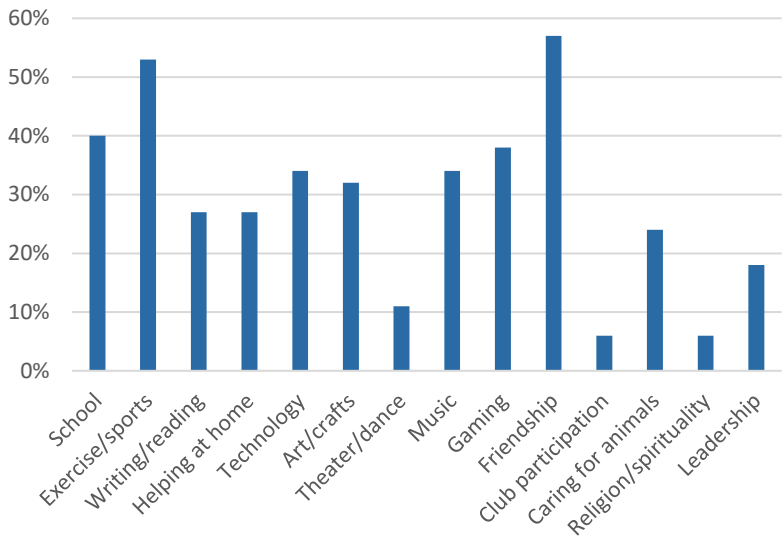
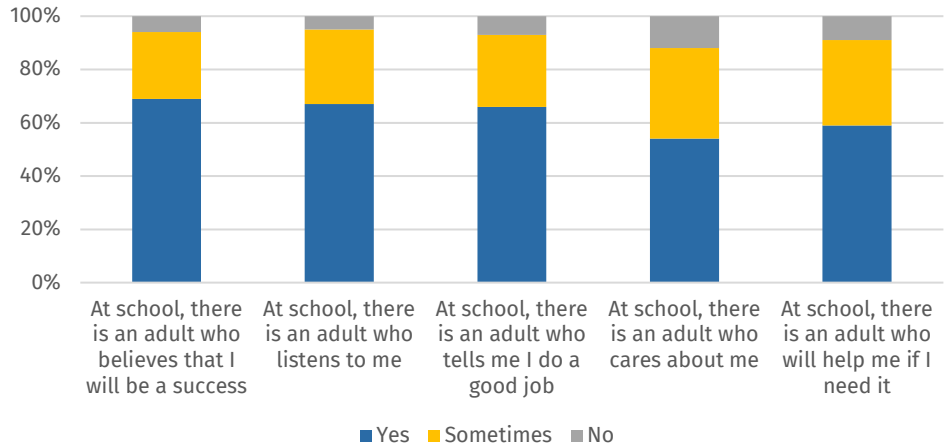


EXAMPLE REFERRAL TYPES:

- Academic tutor or study skills
- Career counselor
- Community-based counseling
- Clothing/food resources
- Mentorship program
- Prevention/Intervention Specialist
- Prosocial activities
- School administrator
- School counselor
- School nurse
- School-based health center
- School-based therapy
- Social services
- Support group
- Teacher

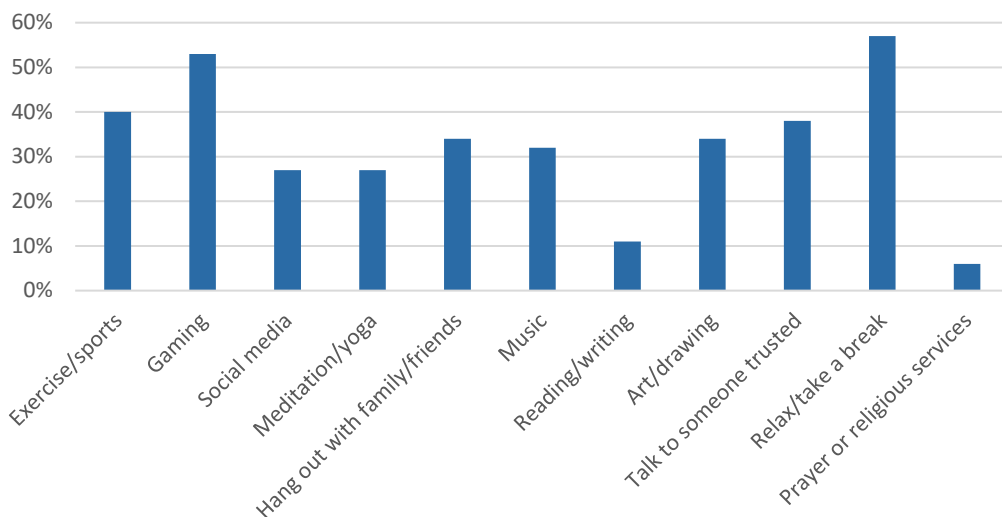
Student Supports 2022-23

SCHOOL



STRENGTHS

WHAT STUDENTS DO TO COPE WITH STRESS



WRITE-IN RESPONSES:

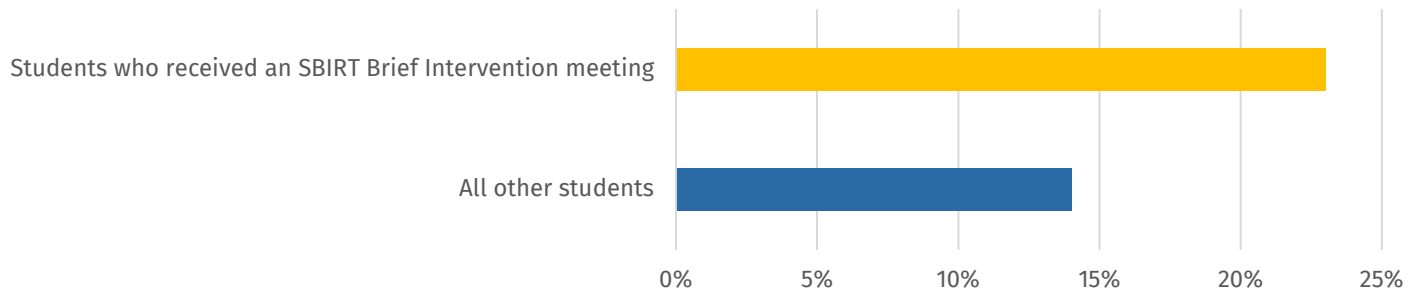
- Cooking/baking
- Going out in nature
- Playing with pets
- Work/schoolwork
- Watching a movie/show
- Shopping
- Eating
- Side projects

Follow Up Data 2022-23

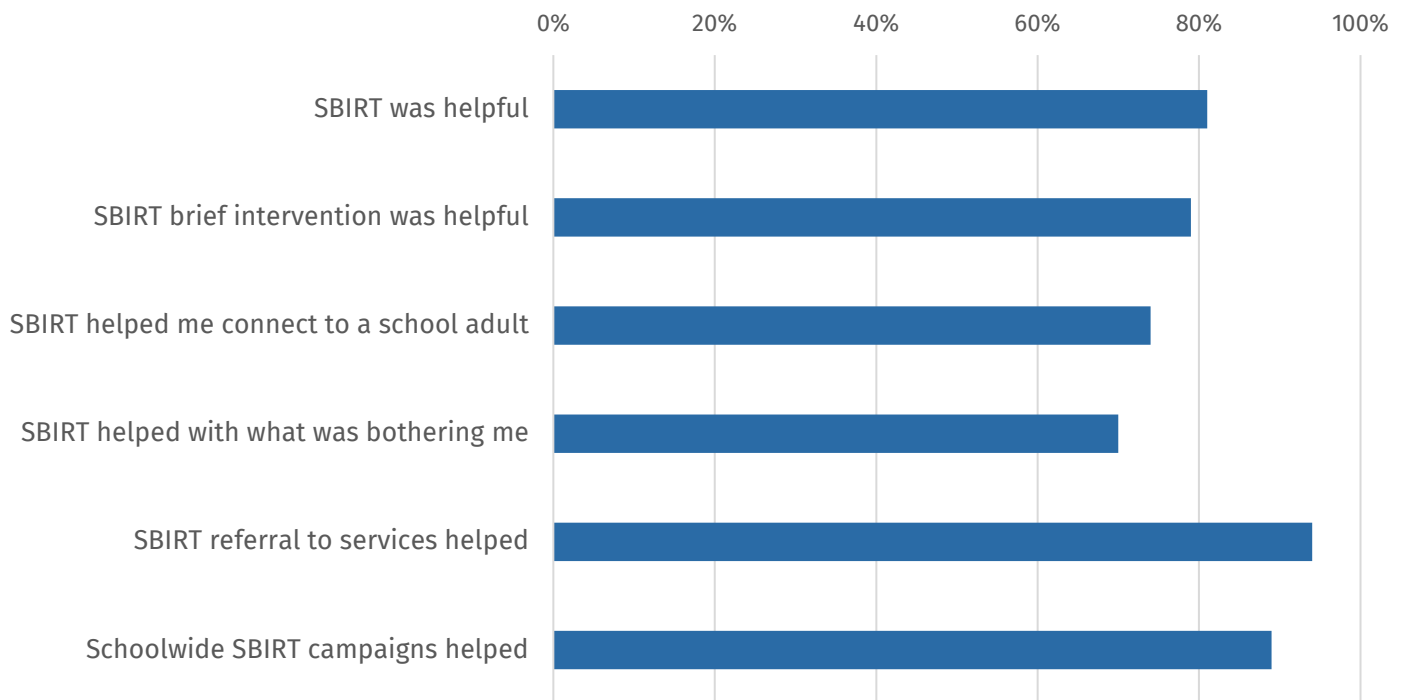
STUDENT CONNECTION TO SCHOOL ADULTS

Students naturally connect to adults at school more as the schoolyear progresses. However, students who received an SBIRT brief intervention meeting during the schoolyear reported a higher increase in connection than the general student population. SBIRT students' increase was 23%, as opposed to the 14% increase for all other students.

Increase in Connection to Adults at School



SBIRT Helpfulness Reported by Students



■ Percentage of students who participated in the follow up survey and endorsed 'very' or 'somewhat' helpful