# **Beacon Hill International**

# **Restorative Questions**

When responding to conflict, a restorative approach consists in asking the following key questions:

- 1. What happened, and what were you thinking at the time of the incident?
- 2. What have you thought about since?
- 3. Who has been affected by what happened and how?
- 4. What about this has been hardest for you?
- 5. What do you think needs to be done to make things as right as possible?

# **TIPS FOR COMMUNITY BUILDING CIRCLES**

## **Core Circle Guidelines**

- Respect the talking piece
- Speak & listen with respect
- Speak & listen from the heart
- Remain in the circle
- Honor privacy

#### **Sample Prompting Questions**

- Share a happy memory
- If you could be a superhero, what super powers would you choose and why?
- How would your best friend describe you?
- If you were an animal, what animal would you be and why?
- If you could change anything about yourself, what would it be?

## **Check-in Circle**

- How are you feeling today?
- of your evening / weekend?
- What is something you are looking Appreciate someone in the circle forward to today or this week?

## **Check-out Circle**

- What was your favorite thing about today?
- What was a highlight or a low point
  What are you looking forward to the rest of the day, this evening, or this weekend?

  - How have you been successful today?