2025-26

Introduction to High School Course Registration

Seattle Public Schools course planning guide for high school students.

Seattle Public Schools

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A Message from the Assistant Superintendent of Academics

Dear ***Future*** Seattle Public Schools Graduate,

The following is an introduction to the Seattle Public Schools high school course registration process for the 2025-26 school year. It is designed to assist you in making informed, educational decisions in preparation for your future and to complement the information you receive from your high school.

Our teachers and staff work hard to provide you with challenging and meaningful experiences while teaching skills that will prepare you for post-high school options. The guidance in this introduction allows you to create the four-year program that works best for you. Use this guide as you prepare for the next school year and beyond.

Your academic plan and the classes you choose to take are very important. Take time to think through your options. Be sure to take courses that intellectually challenge you and allow you to explore new skills and talents.

Seattle Public Schools wants all students to have access to and succeed in rigorous courses, particularly advanced courses so you graduate ready for postsecondary opportunities. These include courses in Advanced Placement, International Baccalaureate, College in High School, and dual credit Career and Technical Education programs. Our district has made a particular commitment to ensuring our students furthest from educational justice have greater access to these programs.

We hope this document will help you in providing general guidance on the high school in Seattle Public Schools. It includes a summary of graduation requirements, the High School and Beyond Plan, and recommended course sequences by content area.

If you have questions about specific courses or your four-year plan, please contact a teacher, counselor, or administrator at your school. They are here for you. As you prepare to make plans for the next few years at Seattle Public Schools, we encourage you to consider the following:

- **Every year is important!** College and career preparation begins as early as preschool and continues through high school with 9th grade being a particularly important year.
- **Predict!** The best predictor for success in college is the completion of a rigorous high school curriculum.
- **Set your goals!** Evaluate what you want to do, then write a plan to achieve that goal.
- **The time to start is now!** Start early to determine and research the entry-level requirements for a specific college or career.
- **Finish strong!** Plan to challenge yourself during your senior year.
- **Share what you are thinking and planning!** Discuss this process with your family and share the goals of your high school program. Your family members are important partners in developing your High School & Beyond Plan.

We wish you success as you make the most of the opportunities available at Seattle Public Schools.

Sincerely,

Dr. Mike Starosky,
Assistant Superintendent of Academics

High School Contact Information

For more school information please visit www.seattleschools.org/schools/

Alan T. Sugiyama High School

8601 Rainier Ave. S
Seattle, WA 98118
Main Office: 206-252-6600

Ballard High School

1418 NW 65th St.
Seattle, WA 98117
Main Office: 206-252-1000

Cascade Parent Partnership Virtual Option

2919 1st Ave W
Seattle, WA 98119
Main Office: 206-743-3900

Chief Sealth International High School

2600 SW Thistle St.
Seattle, WA 98126
Main Office: 206-252-8550

Cleveland High School

5511 15th Ave. S
Seattle, WA 98108
Main Office: 206-252-7800

Franklin High School

3013 S Mt Baker Blvd.
Seattle, WA 98144
Main Office: 206-252-6150

Garfield High School

400 23rd Ave.
Seattle, WA 98122
Main Office: 206-252-2270

Ingraham High School

1819 N 135th St.
Seattle, WA 98133
Main Office: 206-252-3880

Interagency Academy

3528 S Ferdinand St.
Seattle, WA 98118
Main Office: 206-743-3930

Lincoln High School

4400 Interlake Ave. N
Seattle, WA 98103
Main Office: 206-413-2500

Middle College

901 12TH Ave
Seattle 98122
Main Office: 206-252-9900

Nathan Hale High School

10750 30th Ave. NE
Seattle, WA 98125
Main Office: 206-252-3680

Nova

2410 E Cherry St.
Seattle, WA 98122
Main Office: 206-252-3500

Rainier Beach High School

8815 Seward Park Ave. S
Seattle, WA 98118
Main Office: 206-252-6350

Roosevelt High School

1410 NE 66th St.
Seattle, WA 98115
Main Office: 206-252-4810

Seattle World School

1700 E Union St.
Seattle, WA 98122
Main Office: 206-252-2200

Skills Center

2445 3rd Ave. S.
Seattle, WA 98134
Main Office: 206-252-0730

The Center School

305 Harrison St.
Seattle, WA 98109
Main Office: 206-252-9850

West Seattle High School

3000 California Ave. SW
Seattle, WA 98116
Main Office: 206-252-8800

Graduation Requirements

Students in the Class of 2021 and beyond must earn 24 credits to graduate. The new graduation requirements are mandated by the Washington State Board of Education. The board designed the new requirements to be both rigorous and flexible and to support the vision of an education system that prepares all students for college, career, and life.

Graduating Class of 2026 & Class of 2027[a]

24 Credit Course Requirements

English: 4 Credits

- Introduction to Literature and Composition 9, LGBTQIA Intro to Literature and Composition
- World Literature and Composition 10
- American Literature and Composition 11, Ethnic Studies or LGBTQIA Literature and Composition 11, African, Asian, Latinx, or Native American Literature and Composition 11, AP Language and Composition, IB Language and Literature 11, or Running Start/College in the High School (CIHS) English
- Comparative Literature and Composition 12, AP Language and Composition or AP Literature and Composition, IB Language and Literature for 12th grade, or Running Start/College in the High School (CIHS) English

Social Studies: 3 Credits

- World History 1
- World History 2, Ethnic Studies World History 2, AP World History: Modern, or AP Human Geography A
- World History 3, AP World History 2, or AP Human Geography B, Black Studies World History 3, or LGBTQIA World History 3
- US History, Ethnic Studies US History, IB History of the Americas, AP US History, CIHS American Ethnic Studies 151, CIHS 147 and 148, Black Studies US History, Filipinx US History, or Latinx US History
- American Government and Civics, IB 20th Century, or AP US Government and Politics
- Washington State History graduation requirement, no credit awarded

Mathematics: 3 Credits

- Algebra 1
- Geometry
- Algebra 2, IB Math SL Year 1, Financial Algebra, Bus 130, Modeling our World, or a more advanced course in the sequence or an approved CTE math course.

Science: 3 Credits

- Physics A/Chemistry A
- Biology
- Physics B/Chemistry B or select from approved core course offerings or OSPI-approved equivalent career and technical education (CTE) courses.

Career Connected Learning (CTE): 1 Credit

- Select from approved course offerings.

Health: 0.5 Credit

- 0.5 Health or Family Health

Physical Education: 1.5 Credits

- Personal Fitness
- Select from approved course offerings

Visual and Performing Arts: 1 to 2 Credits

- Select from approved course offerings.

Personalized Pathway Courses (World Language, Art, Science, etc.): 2 to 3 Credits

- Select from approved course offerings.

Electives: 4 Credits

- Any course other than the courses listed above.

Total: 24 Credits

[a] *Please note that the graduation requirements for the Class of 2028 are still being finalized but are anticipated to be very similar to those for the Class of 2027. For the latest information and details on SPS graduation requirements, please go to: https://www.seattleschools.org/departments/graduation-requirements/*

Graduation Pathways for Class of 2026 & Class of 2027[b]

Students must complete at least one Graduation Pathway but are encouraged to complete as many as align with their career and educational goals. Starting with the Class of 2020, the state removed the state testing requirement and replaced it with a variety of course pathway options that can be personalized to student interest. There are several ways students can meet the graduation pathway requirements, including: completion of the Math and English graduation pathways; completion of 2 or more CTE credits in the same program area; or achieving a particular score on the ASVAB (Armed Services test). For more information, refer to the OSPI website or follow this link.

ELA Pathway

Meet any combination of at least one ELA option of those options listed

ELA Courses:

- Running Start
- English or CIHS
- English or Bridge to College English with a D or higher

ELA Exams:

- SBA ELA(2548)
- WA-AIM(104)
- SAT(410)
- ACT (14)

1.0 Credit with a C+ or higher, or with a qualifying exam score:

- AP Language and Composition
- AP Literature and Composition
- AP African American Studies
- AP Human Geography
- AP Economics
- AP Psychology
- AP US History
- AP World History
- AP US Govt and Politics
- AP Comparative Government and Politics or IB Individuals and Societies or IB English Language/Literature courses with a C+ or higher (or with a qualifying AP/IB Exam score)

Math Pathway

Meet any combination of at least one math option of those options listed

Math Courses:

- Running Start math course
- College in the High School math course
- CTE Dual credit course
- 1.0 credit Bridge to College Math
- AP Statistics, AP Computer Science A, AP Computer Science Principles, AP Precalculus, AP Calculus, IB Math course (C+ grade or higher each term)

Math Exams:

- SBA Math (2595)
- WA-AIM (103)
- SAT (430)
- ACT (16)
- AP Statistics, AP Computer Science A, AP Computer Science Principles, AP Precalculus, AP Calculus (3 or higher)
- IB Math course (4 or higher)

Career & Technical Pathway

2.0 Credits in one CTE Program Area

- Agricultural Sciences
- Business and Marketing
- Culinary and Hospitality
- Education and Human Services
- Health and Medical
- Information Technology
- Media Arts
- Skilled Trades
- STEM

Armed Services Vocational Aptitude Battery (ASVAB) Pathway

Take the Armed Services Vocational Aptitude Battery with a Score of 31 or higher

Key:

- SBA = Smarter Balanced Assessment (the end-of-year test in Mathematics and English Language Arts required by Washington State)
- WA-AIM = Washington Access to Instruction & Measurement (an alternate assessment based on alternate achievement standards aligned to the Common Core State Standards for students with significant cognitive disabilities)
- SAT previously stood for "Scholastic Aptitude Test" (a standardized college admission exam that measures a student's literacy, mathematics, and writing skills)
- AP = Advanced Placement
- IB = International Baccalaureate
- CIHS = College in the High School
- STEM = Science, Technology, Engineering, Mathematics

[b] *Please note that the graduation requirements for the Class of 2028 are still being finalized but are anticipated to be very similar to those for the Class of 2027. For the latest information and details on SPS graduation requirements, please go to: https://www.seattleschools.org/departments/graduation-requirements/*

High School and Beyond Plan Lessons

In 6th – 12th grade, you will participate in developing a High School and Beyond Plan by setting goals, taking interest and career inventories, creating a 4-year course and specific post-high school plan to reach your personal goals. You will participate in classroom lessons, use Naviance, attend events and meet with school counselors, advisors, caregivers, elders, or trusted adults to design and update your plans each year.

Grade 6 – Lessons:

Explore Roadtrip Nation

Students learn about career pathways of interest from people in the field. They reflect upon how these interviews affect their post-secondary goals or other thematic elements.

On a Budget

Students learn basic financial literacy vocabulary, and practice creating a budget that includes savings and expenses.

Grade 7 – Lessons:

Complete Career Key

Students learn about Holland based personality types and how their various interests connect to career options. Students explore careers and consider how their interests might help them identify career goals.

Financial Aid Vocabulary & Scholarship Search

Students learn that they can collect scholarships at any age so that they have many scholarships when they reach 12th grade, how to search for Scholarships in Naviance using the scholarship search tool, and learn Financial Aid Vocabulary.

Grade 8 – Lessons:

Course Planner

Students learn about graduation requirements and how to plan courses that will help them reach the goal of graduation.

Who Ate My Paycheck

Students learn to read a paystub and basic payroll related concepts and vocabulary as well as possible future job earning based on workforce demand.

Grade 9 – Lessons:

How to Bounce Back: Strengths Explorer

Students gain understanding of their personal strengths and how they can be used to accomplish their goals and explore careers related to their strengths, and how they can use their strengths when they encounter challenges.

Admissions Requirements & Course Planning

Students learn about admissions requirements for Apprenticeships, 2 and 4 year colleges and how to plan to include those requirements in their course taking. Students evaluate previous course taking and career goals.

Grade 10 – Lessons:

Make a Decision, Make a Plan

Students Learn about goal setting and making intentional plans to reach their goals.

Build a Resume

Students learn the basic components of a resume and the various reasons they will need them. Students create a basic resume they can use for job searches, scholarships or for other applications.

Grade 11 – Lessons:

SuperMatch: Informed-Decision Making

Students learn about weighted decision making, identifying their values and priorities and how to use those pieces as factors to evaluate colleges to determine if the college has what they need, and favorite colleges that do. Students then discuss how to use this process for other decisions, such as car buying, career choices, and other post-high school program planning.

My Life, My Decision: Evaluating Post-High School Costs

Students learn about compound interest and compare the overall post-high school costs to salary for their stated career goals. Students are prompted to examine how these costs might impact their cost of living and other goals, such as travel, car buying etc. Students are encourage to share their discovery with their families to help make informed decisions about their after high school plans. Teachers are encouraged to watch Borrowed Future with students after the lesson.

Resume & Application Preparation

Students update their resumes and learn how resumes and applications are similar. Students learn about the various post-high school applications timelines in preparation for senior year.

Grade 12 – Lessons:

Optional: Add at least two colleges or other applicable activities to application list

Students review after high school application and transcript request process. Students discuss and explore post-secondary options.

Complete the Senior Exit Survey

Students evaluate their school experience, complete the SPS Graduation Survey and write thank you notes to people who have supported them. It provides evidence of all students having a post-secondary plan.

Service Learning

Seattle Public Schools requires students to complete 60 hours of service learning before graduation.

Through service learning, students apply their academic skills and knowledge in real-life settings. Contact individual schools for specific information.

High School and Beyond Planning

High school and beyond planning is the process of teaching students to hope for the future. Hope has a goal, seeing the pathway and the agency to achieve it. High School and Beyond Planning allows all students to:

- engage in career exploration activities to spark ideas for the future,
- reflect on and strengthen skills needed in high school and beyond
- is the platform used to create a plan that documents the benchmarks needed to obtain your goals
- reviewed at each grade level to reflect on lessons learned and skills improvement
- make corrections or updates when new ideas or experiences change your path
- High School and Beyond Plan instruction, at its best, incorporates Social-Emotional development, 21st Century Skills, and academic connections.

A college and career readiness culture includes knowledge of self, career exploration, skill development, and career planning.

1) Knowledge of Self

First: know yourself, your interests, and your strengths.

Seek knowledge of your community and family, your collective strengths, and shared wisdom. The High School and Beyond Plan use tools that align those things with careers. You might find something unexpected.

2) Career Exploration

Learning about and experiencing different careers is important to make informed decisions. Exploration is about seeing different interests, skills, and values in a lot of options.

How do your interests and career connect to our course options? What skills do people need to be employable in various careers? How do you identify the training needed to reach those careers?

3) Skill Development

Goal setting, problem-solving, decision-making, and resilience are examples of skills needed for class, work, and life success. The High School and Beyond Plan help students develop these skills. Students also learn resume skills and more to help them be successful in the world of work.

4) Career Planning

You will develop insights and develop skills to search for jobs, resume building, college planning, college cost planning (financial aid), college and career fit, and more.

College and career readiness are about applying academic, social emotional, and career skills to life and the world of work. You also can learn about work habits, service learning, and career growth.

Being college ready is one step in the career-ready process for many careers.

Your plan is a tool ***and*** a process you use to define your career goals and make informed decisions.

The process is about examining your interests and strengths to create your goals. Then you will reevaluate as you learn more about yourself and your career options.

This is about supporting you; your family and your elders; defining and growing your goals as you move through your journey.

High School and Beyond Planning Self-Reflection

Your plan should reflect ***your*** goals.

The process for creating your plan helps develop skills you can use any time you wish to make a change in courses, future goals, career, and more.

Choosing a career isn't everything, it is only one piece of your future. There are always volunteer, religious, community, performance, and other opportunities. The focus of this plan is to help you make a career goal; however, we don't want to forget or ignore that there are many ways to access your interests, and ways to advocate and celebrate your community outside of the world of work.

We will focus on the following pieces to help you make your post-high school decisions:

Knowledge of Self

- What do I like?
- What interests me?
- What are my strengths?

What do I want?

- Which classes meet graduation requirements and my career goals?
- What careers am I interested in?
- What do I want my pathway courses to be?
- What degree or certificate do I need to reach my career goals?

How can I get there?

- What colleges or apprenticeships have a program that I want?
- Is it the right fit for me? Is it a big or small school?
- Close to home or far away? Is it close to the city or not?
- What classes do I need to have to get in?
- What career-connected or service-learning experiences will give me the skills I need?
- What credentials will I need?
- How much does it cost?
- Will I qualify for financial aid? What about merit scholarships?
- Will I need to take our student loans?

Review annually and make corrections

- In life sometimes we need to make changes as we learn new things about ourselves, our careers, or our plans. Every year as you work on your plan you can always make changes.
- Update your pathway or 4-year course plan
- Change your personal goals
- Get support and feedback from your parent/caregiver/elder or school counselor

Naviance: An Online Career and College Planning Tool

Naviance by PowerSchool is a comprehensive K-12 college and career readiness tool that provides information and resources that enable students and their school counselors, teachers, and parents and guardians to collaborate on identifying and planning for a student's life after high school.

To support the process of their High School and Beyond Planning, our 6th-12th grade students use Naviance to take self-assessments, explore career paths, search for scholarships and work-based learning opportunities, and more.

How Students Log in to Naviance

Students log in to Naviance through the SPS Clever student portal

The student portal and Naviance can be accessed both at school and from home. Each student must know their district username and password to access the student portal. Students can contact any teacher or librarian for assistance with their district username and password. Learn more about the Clever Student Portal.

How Parent/Guardians Access Naviance

Parent/guardian access is view-only plus the ability to add colleges to your student's prospective college list.

To request a parent account, contact the School Counseling Team and include your child's name and school they are attending.

Note: You must have a Source account to obtain a Naviance parent/guardian account. If you do not currently have a Source account, create one by following the set up instructions.

Once you register for a Naviance account, it will remain active as long as your student is "opt in" for Naviance and enrolled in the district, you have an active Source account, and you are identified in the student information system as a parent or guardian. To request support for your Naviance account, please contact the School Counseling Team.

Resources for parents/guardians:

- Log in to The Source
  - Source support: sourcesupport@seattleschools.org
- Log in to the Clever Student Portal
- How to set up a Source account
- How Students Access Naviance at school and at home

Alumni Access to Naviance

Graduating seniors lose access to the district's student portal after they graduate. Graduates who would like to continue using Naviance must change their username and password in Naviance before July 15. This will enable alumni to access Naviance directly at naviance.com.

Naviance Support During the Summer

If you need help over the summer, submit a request through Let's Talk with a phone number if possible, and a brief description of your issue or question. You can also leave a voice message at 206-743-3600.

Contact Counseling Team via Let's Talk

The following are worksheets to help you determine your career interests and the postsecondary opportunities that will help you access these careers. This will also help you determine what courses you want to take during high school.

Career Fit Worksheet

Let's collect some information to make decisions about your career and post-high school educational goals. For more information go to Naviance.

Career 1	Career 2	Career 3
Career/Job Title:	**Career/Job Title:**	**Career/Job Title:**
What type of post-high school training or education is required?:	**What type of post-high school training or education is required?:**	**What type of post-high school training or education is required?:**
Cost:	**Cost:**	**Cost:**
Annual Entry Level Wage for Seattle:	**Annual Entry Level Wage for Seattle:**	**Annual Entry Level Wage for Seattle:**
Annual Livable Wage for Seattle: (Hourly Wage X 37.5 hours per week X 52 weeks per year for full-time work)	**Annual Livable Wage for Seattle:** (Hourly Wage X 37.5 hours per week X 52 weeks per year for full-time work)	**Annual Livable Wage for Seattle:** (Hourly Wage X 37.5 hours per week X 52 weeks per year for full-time work)

Questions to Consider

What's important to you in a career?

Do the careers you are looking at include what is important to you?

If not, are you okay with that?

Can you volunteer or incorporate your interests in other ways?

Do you feel the cost of training is worth the salary of the job you have picked out?

College Fit Worksheet

What are the things you feel are most important to your success? Does your financial aid cover all college costs? For more information go to SuperMatch® in Naviance. You will discuss this more during one of your High School and Beyond Plan lessons.

College 1	College 2	College 3
Name (College/University):	**Name** (College/University):	**Name** (College/University):
Majors (I am interested in):	**Majors** (I am interested in):	**Majors** (I am interested in):
Location (City/Urban or Country/Rural):	**Location** (City/Urban or Country/Rural):	**Location** (City/Urban or Country/Rural):
Size (Lots of Students or Few Student):	**Size (**Lots of Students or Few Student):	**Size (**Lots of Students or Few Student):
Private or Public:	**Private or Public:**	**Private or Public:**
Religious or Secular, Co-ed or Not:	**Religious or Secular, Co-ed or Not:**	**Religious or Secular, Co-ed or Not:**
On-campus or Off-campus housing:	**On-campus or Off-campus housing:**	**On-campus or Off-campus housing:**
Job Placement Rate:	**Job Placement Rate:**	**Job Placement Rate:**
Total Cost:	**Total Cost:**	**Total Cost:**
Financial Aid Package amount:	**Financial Aid Package amount:**	**Financial Aid Package amount:**

Guidance on Dual Credit Participation

Dual credit participation is being expanded to include underrepresented students, such as those from low-income backgrounds, students with disabilities, and English Learners. Clear information about dual credit programs and available financial support is provided to ensure these students can participate. Below are opportunities for students to earn dual credit at no cost. Students and families should complete the necessary forms for financial assistance and follow up with colleges to ensure proper credit transfer. Additionally, eligibility criteria for each program, such as income requirements for exam fee subsidies or grade level for Running Start, should be considered.

College in the High School

Enrollment in college credit starts a college transcript at the Institution of Higher Education (IHE).

Substitute Senate Bill (SSB) 5048 eliminates CiHS fees for students in public schools and introduces a direct funding model for public colleges and universities.

As interest in CiHS grows and more colleges seek to partner with new districts, the Office of Superintendent of Public Instruction (OSPI) offers the following recommendations and reminders regarding current CiHS state rules:

- College credit may count as elective credit if transferred to another IHE.
- It is the responsibility of the CiHS student to request their college transcript and provide it to the receiving IHE for credit transfer.

Dual Credit Scholarships

- The Dual Enrollment Scholarship provides funding opportunities through the Washington Student Achievement Council (WSAC) at participating colleges. Dual credit programs enable students to earn both high school and college credit simultaneously.

Exam Fees

- The Test Fee Subsidy Program covers the cost of Advanced Placement (AP), Cambridge International (CI), and International Baccalaureate (IB) exams for qualifying low-income students in public schools.
- To apply for fee subsidies, eligible students must complete the Low-Income Verification Form available on the OSPI Exam-Based Dual Credit webpage.

Running Start

- Running Start offers fee waivers at participating colleges as per RCW 28A.600.310.
- Eligible students may enroll in Running Start at any Washington community and technical college, as well as online courses at participating IHEs.
- Summer term opportunities are available for eligible students, including 10th graders or rising 11th graders with available Average Annual Full-Time Equivalent (AAFTE).
- High school diplomas may be issued by colleges to eligible high school seniors under RCW 28B.50.535.
- Students are responsible for applying to the IHE they wish to attend, as outlined in RCW 28A.600.320.

Dual Credit Opportunities

Students can earn high school and college credits through CTE Dual Credit, College in the High School, Running Start, AP®, or IB courses. Transfer policies vary by college, so contact the institution for details. Research shows dual credit students are more likely to graduate on time, earn higher grades, and score better on college tests. Every Seattle Public School high school offers at least one dual credit option.

Advanced Placement

Advanced Placement (AP) courses follow College Board guidelines and prepare students for the AP exam. College credit is earned by achieving a certain score, which varies by institution. Some colleges may limit AP credit acceptance. Exam fees apply but may be waived for qualifying low-income students in public schools. Fee subsidies can be applied for through the Low-Income Verification Form on the OSPI Exam-Based Dual Credit webpage.

To apply for fee subsidies, the Low-Income Verification Form is available on the OSPI Exam-Based Dual Credit webpage.

International Baccalaureate

International Baccalaureate (IB) courses can lead to college credit through exams or by earning the IB diploma or career certificate. Credit is assigned by the college, and completing the diploma can earn more credits. Some colleges limit the number of IB credits accepted. Exam fees may be waived for qualifying low-income students in public schools. Fee subsidies can be applied for through the Low-Income Verification Form on the OSPI Exam-Based Dual Credit webpage.

To apply for fee subsidies, the Low-Income Verification Form is available on the OSPI Exam-Based Dual Credit webpage.

CTE Dual Credit

The Career and Technical Education (CTE) Dual Credit Program allows high school students to earn college credit for completing CTE courses at participating schools. It offers a rigorous curriculum that provides students with essential academic, technical, and workplace skills, preparing them for success in their careers.

Middle School Courses for High School Credit

Seattle Public Schools students may receive high school credit for specific middle school courses.

For the class of 2024 and beyond, the credits earned while the student is in seventh or eighth grade will be included on the high school transcript unless requested otherwise by the student and the student's family.

For students in graduating classes before 2024, credits earned while the student was in seventh or eighth grade will be included on the high school transcript upon request of the student and the student's family.

Students who have completed a high school credit-bearing course while attending middle school in another school district must present a transcript from the school district in which the course was taken for the course to be considered for approval by the Seattle Public Schools high school principal.

World Language Proficiency Credit

Seattle Public Schools students may be awarded credit in a world language by establishing competency in a language other than English. Assessments will be aligned with the American Council on the Teaching of Foreign Languages (ACTFL) proficiency guidelines to ensure consistency across languages.

For more information, see your school counselor or visit the World Languages Assessments webpage at www.seattleschools.org/world-languages

Virtual High School Course Options

There are four options for students to take online courses:

1. Enroll in the Virtual Option at Cascade Parent Partnership.
2. Enroll in Interagency Academy and take virtual courses.
3. Take online courses for credit recovery through the vendors your high school is using.
4. Follow Policy and Procedure 2024 and request the option of taking out-of-district credits.

Recommended Course Sequences by Content

The following pages contain the recommended course sequences and some course options, pathways, or examples available in each required content area.

Please reach out to your school with questions about the descriptions of the courses listed and to find out which specific options your high school offers. Additional important information can be found in the registration materials each school develops.

Used together, this will help you design a learning plan that will meet graduation requirements and help prepare you for your post-high school plans. This plan is meant to provide meaningful, relevant, and personalized educational experiences throughout high school.

Career & Technical Education (CTE)

Recommended Course Sequence and Pathways for Grades 6-12

9 CTE Pathways:

1. Agricultural Sciences
2. Business and Marketing
3. Culinary and Hospitality
4. Education and Human Services
5. Health and Medical
6. Information Technology
7. Media Arts
8. Skilled Trades
9. STEM

GRADE 7 — CTE (one semester)

GRADE 8 — CTE (one semester)

GRADE 9 — Introductory or Advanced Course in a Career Pathway and/or Career Connect Course. Seattle Skills Center courses may be available. (All courses are optional once 1 credit has been earned)

GRADE 10 — Introductory or Advanced Course in a Career Pathway and/or Career Connect Course. Seattle Skills Center Courses may be available. (All courses are optional once 1 credit has been earned)

GRADE 11 — Introductory or Advanced Course in a Career Pathway and/or Career Connect Course. Internship Worksite Learning and Seattle Skills Center Courses are available. (All courses are optional once 1 credit has been earned)

GRADE 12 — Introductory or Advanced Course in a Career Pathway and/or Career Connect Course. Internship Worksite Learning and Seattle Skills Center Courses are available. (All courses are optional once 1 credit has been earned).

Career & Technical Education (CTE)

Please note that these pages only include some courses from the recommended scope and sequence for this content area. For a comprehensive list of available courses, please reach out to your school. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

Agriculture Pathway

AP Environmental Science 1-2

Course Codes: HCT7157, CSC7157, HCT7158, CSC7158

Grades: 9-12

Credit: 1.0 CTE and 3rd year science

Length: Two semesters

This course involves the study of a wide variety of sciences, including geology, biology, environmental studies, chemistry, meteorology, and geography as well as the study of natural systems. Students learn to identify and analyze environmental problems, evaluating threads posed by these problems and examining alternative solutions.

Environmental Horticulture 1-2

Course Codes: HCT8026, CSC8026, HCT8027, CSC8027

Grades: 9-12

Credit: 1.0 CTE and 3rd year science

Length: Two semesters

This course introduces students to the field of Environmental Horticulture. Students learn about horticultural equipment use and safety, greenhouse design, and plant identification. Soil-water-plant relations are studied, and floral design is introduced. Through cultivating crops, students learn proper plant care, plant propagation, general greenhouse operations and materials. When the crops are ready for sale, students learn to become entrepreneurs learning marketing, sales techniques, and product displays.

Oceanography 1-2

Course Codes: HCT6065, CSC6065, HCT6066, CSC6066

Grades: 9-12

Credit: 1.0 CTE and 3rd year science

Length: Two semesters

This course is a study of physical and geological oceanography and how they interact. Topics covered include the chemistry of ocean water, the physics of wave patterns and tides, seafloor geology and topography, and marine biology.

Plant Science 1-2

Course Codes: HCT5966, CSC5966, HCT5967, CSC5967

Grades: 9-12

Credit: 1.0 CTE and 3rd year science

Length: Two semesters

This course involves the study of the scientific principles that underlie the breeding, cultivation, production processing, and distribution of agricultural and plant products. Students will take part in a supervised agriculture experience where they will learn the practices of entrepreneurship, learning marketing, sales techniques, and product displays.

Business and Marketing Pathway

Business Management A & B

Course Codes: HCT4295, HCT4296

Grades: 9-12

Credit: 1.0 CTE

Length: Two semesters

The course provides core content applicable to all aspects of business and encompasses the practical applications of management theory. Students will be introduced to the fundamental management functions including planning, organizing, leading, and controlling from multiple perspectives. Including the use of technology and communication as tools of business, This course is designed with a skills-based approach. CTE Dual Credit (college credit) is available at Seattle Colleges for students who complete this course sequence. Students who finish both classes with a “B” or above are eligible for dual credit.

Accounting 1 & 2

Course Codes: HCT7131, HCT7132

Grades: 9-12

Credit: 1.0 CTE

Length: Two semesters

Students will develop skills beginning with an understanding of the basic elements and concepts of double-entry accounting systems related to service businesses organized

as a sole proprietorship. Skills include understanding of accounting equations, analyzing business transactions, entering transactions in journals, posting to ledgers, cash control systems, worksheets, and financial statements, and preparing closing entries. CTE Dual Credit (college credit) is available at Seattle Colleges for students who complete this course sequence. Students who finish both classes with a "B" or above are eligible for dual credit.

AP Macro Economics

Course Codes: HCT2528, CSS2528, HCT2529, CSS2529

Grades: 9-12

Credit: 1.0 CTE

Length: Two semesters

AP Macroeconomics is a college-level course designed to provide students with a developing understanding of the principles of economics and how those principles operate within the economic system as a whole. The course integrates the role of the government in promoting greater efficiency and equity in the economy.

Marketing 1 & 2

Course Codes: HCT5077, HCT5078

Grades: 9-12

Credit: 1.0 CTE

Length: Two semesters

This course will clearly define the marketing concept and lead students into a marketing education career pathway. Students may have the opportunity to participate and compete in DECA competitions and activities. CTE Dual Credit (college credit) is available at Seattle Colleges for students who complete this course sequence. Students who finish both classes with a "B" or above are eligible for dual credit.

Entrepreneurship

Course Codes: HCT2291

Grades: 9-12

Credit: 0.5 CTE

Length: One semester

Entrepreneurship courses introduce students to knowledge and skills necessary to own and operate their own businesses. Topics from several fields typically form the course content: economics, marketing principles, human relations and psychology, business and labor law, legal rights and responsibilities of ownership, business and financial planning, finance and accounting, and communication.

Project Management

Course Codes: HCT4361

Grades: 9-12

Credit: 0.5 CTE

Length: One semester

This class is an introduction to Project Management in Contemporary Organizations. It includes the role of the project manager characteristics and attributes of successful project managers; and the challenges of managing projects in a multicultural, global environment.

Culinary and Hospitality Pathway

Baking and Pastry

Course Codes: HCT2457

Grades: 9-12

Credit: 0.5 CTE

Length: One semester

This course is an introduction to culinary arts that focuses on basic baking and pastry skills. Learn to create and plate gourmet desserts, pastries, breads, and quick breads Experiment with chocolate and other desserts while building basic math skills like measuring and converting recipes. Students learn basic safety and sanitation skills while in the kitchen as well as develop food service and marketing skills.

Culinary Arts 1A-2B

Course Codes: HCT6061, HCT6062, HCT6063, HCT6064, CSC6061, CSC6062

Grades: 10-12

Credit: Up to 2.0 CTE and 3rd year science; 0.5 credits each semester

This course covers theory and practice of the principles of cooking, terminology, recipe development, ingredients, equipment, safety, and career development. Industry skills lead to culinary, hospitality, and food service careers. The second year of the two-year sequence prepares students to enter culinary, food service and hospitality careers. This course provides advanced food preparation and presentation skills. CTE Dual Credit (college credit) is available at Seattle Colleges for students who complete this course sequence.

Food Science 1-2

Course Codes: HCT7027, HCT7028, CSC7027, CSC7028
Grades: 10-12
Credit: 1.0 CTE and 3rd year science
Length: Two semesters

In Food Science, students learn the knowledge, skills, and practices required for careers in food science, dietetics, and nutrition. The course focuses on the relationship between food production and consumption, health, and human development.

Nutrition and Wellness

Course Codes: HCT2227, CSC2227
Grades: 10-12
Credit: 0.5 CTE
Length: One semester

In this course students learn how to make healthy and informed food related decisions that contribute to wellness over their lifetime. Taking a holistic approach, this course addresses all aspects from selection and preparation of a variety of foods leading to careful meal planning. Students learn basic cooking techniques and safety/sanitation in the kitchen.

Education and Human Services Pathway

Independent Living

Course Codes: HCT2429
Grades: 9-12
Credit: 0.5 CTE
Length: One semester

This course prepares students for responsibilities, life skills, and independence including topic related to finances, foods, wellness, relationships, housing, transportation, and career planning.

Apparel and Textiles 1-2

Course Codes: HCT6076, HCT6077, CFA6076, CFA6077
Grades: 9-12
Credit: 1.0 CTE and Fine Arts
Length: Two semesters

This course uses applied projects in design and construction, technologies, machines, fabrics, and notions to create textile products. Applications include theatre and costume design, recycling and re-design, mass market constructions, special populations, as well as and personal and family clothing, home products and repair.

Family Health

Course Codes: HCT7004, CHE7004
Grades: 9
Credit: 0.5 CTE and Health
Length: One semester

Family Health is designed to prepare students for lifelong problem solving, critical thinking, and management skills related to health and wellness issues impacting families. The primary goal is to enable students to develop healthy lifestyles for themselves and others by focusing on healthy choices and living a productive, satisfying life.

Child Development Parenting

Course Codes: HCT2430
Grades: 9-12
Credit: 0.5 CTE
Length: One semester

Child Development is designed to assist students in developing appropriate skills and attitudes in working and living with children. Areas of study include intellectual, social, emotional, and biological development of children; parent-child relationships; parenting practices; special needs of children; parental and environmental influences on child development; and external support systems.

Careers in Education

Course Codes: HCT6070, HCT6071
Grades: 9-12
Credit: 1.0 CTE
Length: Two semesters

This course introduces students to a career in teaching through knowledge, skills, and hands-on experience in the classroom. Students observe basic techniques of teaching, including classroom and time management, learn various teaching styles and strategies, plan curriculum and grade level activities, and interact with multi-age students in classroom and school settings.

Human Development

Course Codes: HCT5484
Grades: 9-12
Credit: 0.5 CTE
Length: One semester

This course studies the principles of lifespan development from birth to death. This course draws from multiple fields of study including psychology, sociology, human relations, human development, and family studies. Included in the class are opportunities to explore careers.

Interpersonal Relationships

Course Codes: HCT7006, CHE7006

Grades: 9-12

Credit: 0.5 CTE and Health

Length: One semester

The course focuses on the interrelationships of healthy choices and a productive satisfying life through the study of social psychology, cultural psychology, and Health Psychology. Communication skills, decision making skills and refusal skills are applied across all units of study.

Psychology 1-2

Course Codes: HCT4908, HCT4909, CSS4908, CSS4909

Grades: 9-12

Credit: 1.0 CTE and Social Studies

Length: Two semesters

Students study human behavior through the approaches of various schools of psychological thought. Topics of investigations include such areas as sensation, perception, states of consciousness, memory, thinking and intelligence, personality theory, learning, meta-cognition, brain theory, mental disorders, and social psychology.

Health and Medical Sciences Pathway

Intro to Medical Careers

Course Codes: HCT7123

Grades: 9-12

Credit: 0.5 CTE

Length: One semester

The course focuses on the interrelationships of career exploration and foundation skills necessary for a career in the Healthcare field. Topics include History and Trends of Healthcare, Personal and Professional Qualities of a Healthcare Worker, Legal and Ethical Responsibilities, Emergency Care, Infection Control, Medical Math, Wellness and Nutrition, Client Status and Medical Terminology. CTE Dual Credit (college credit) is available to students who take this class.

Public Health

Course Codes: HCT5968

Grades: 10-12

Credit: 0.5 CTE

Length: One semester

In this course, students will be asked to apply their understanding of both microbiology and human physiology as well as social and cultural conditions surrounding equity and access to the health care system in order to understand and explore our community health system. CTE Dual Credit (college credit) is available to students who take this class.

Physiology A-B

Course Codes: HCT3138, HCT3139, CSC3138, CSC3139

Grades: 9-12

Credit: 1.0 CTE and 3rd year Science

Length: Two semesters (yearlong)

Students are introduced to the relationship between structure and function within the body's 11 basic organ systems, as well as disorders and diseases. The course incorporates an exploration of bioscience medical careers. CTE Dual Credit (college credit) is available to students who take this course sequence.

Home Care Aide

Course Codes: HCT6069

Grades: 10-12

Credit: 0.5 CTE

Length: One semester

This class is designed to prepare students for employment upon passing the state Home Care Aide certification exam with the entry level skills necessary as a home care aide to assist clients with activities of daily living.

IB Sports Medicine A-D

Course Codes: HCT9657, HCT9658, HCT9665, HCT9666, CSC9657, CSC9658, CSC9665, CSC9666

Grades: 10-12

Credit: up to 2.0 CTE and Science; 0.5 credits each semester

This course incorporates anatomy and physiology, biomechanics, psychology, and nutrition in the context of sports, exercise, and health. Injury evaluation and prevention as well as rehabilitation skills are learned. During the second year of this course, students will carry out practical (experimental) investigations, providing an opportunity to acquire the knowledge and understanding necessary to apply scientific principles and critically analyze human performance.

Systems Medicine A-B

Course Codes: HCT5981, HCT5982, CSC5981, CSC5982

Grades: 10-12

Credit: 1.0 CTE and 3rd year Science

Length: Two semesters (yearlong)

This course focuses on optimizing an individual's wellness and identifying the earliest opportunities to reverse or even prevent disease. This course will focus on building and deepening interdisciplinary skills, systems thinking, and patient-driven advocacy to learn about and explore careers and participation in the health and medical systems in our communities.

Biotech Biology 1-2

Course Codes: HCT6057, HCT6058, CSC6057, CSC6058

Grades: 10-12

Credit: 1.0 CTE and Biology or Lab Science

Length: Two semesters

This course includes a focus on processes that transform matter, energy, and information at multiple scales. Each unit is grounded in a phenomenon that students work to explain using the evidence they collect throughout the unit. Students will carry out investigations and obtain and evaluate information to gather evidence, they will analyze and interpret that evidence to make sense of what they are learning and will engage in argumentation through discourse both as a lab group and as a whole class to come to consensus about the ideas explored in each lesson.

Biotech Genetics 1-2

Course Codes: CSC6059, CSC6060, HCT6059, HCT6060

Grades: 10-12

Credit: 1.0 CTE and 3rd year Lab Science

Length: Two semesters

This course focuses on the application of biological sciences, biochemistry, and genetics to health care. Includes instruction in bioinformatics, gene identification, biochemistry, DNA sequencing, genetic engineering, industrial microbiology, drug and biologic developments, patent law, biotechnology management, marketing, and ethics.

Biomedical Science 1-2

Course Codes: HCT3136, HCT3137, CSC3136, CSC3137

Grades: 10-12

Credit: 1.0 CTE

Length: Two semesters

In this course students use research to study factors relating to medicine, body systems, and health conditions. Students investigate lifestyle choices and medical treatments that could prolong a person's life. Key biological concepts include homeostasis, metabolism, inheritance of traits, feedback systems, and diseases.

Applied Molecular Biology A-B Honors

Course Codes: HCT3140, HCT3141, CSC3140, CSC3141

Grades: 10-12

Credit: 1.0 CTE

Length: Two semesters

This course focuses on applications of molecular biology and common molecular laboratory techniques to current topics in medicine and biomedical research. Specific topics for this course include laboratory techniques, molecular biology, genetic engineering, infectious diseases, genetic testing, and exploration of cancer biology.

Information Technology Pathway

Immersive Media A & B

Course Codes: HCT6078, HCT6079, CFA6078, CFA6079

Grades: 9-12

Credit: 1.0 CTE and Fine Arts

Length: Two semesters

This course introduces students to high-level computers science concepts and creative design approaches while they learn how to use immersive technologies. Students will learn product design theory, programming concepts and product management skills while using industry-specific software to create small projects.

AP Computer Science Principles 1 & 2

Course Codes: HCT4104, HCT4105, CMA4104, CMA4105

Grades: 9-12

Credit: 1.0 CTE and 3rd Year Math

Length: Two semesters

This advanced course sequence introduces students to the wide field of computer science. Students learn to design and evaluate solutions and to apply computer science to solve problems through the development of algorithms and programs.

AP Computer Science A1 & A2

Course Codes: HCT7727, HCT7728, CSC7727, CSC7728

Grades: 10-12

Credit: 1.0 CTE and 3rd Year Math

Length: Two semesters

Prerequisites: AP CS Principles, Immersive Media, Intro to Programming

This advanced course sequence covers basic concepts for programming, including procedural programming, basic control structures, file processing, arrays and an introduction to defining objects.

Media Arts Pathway

Photography Beginning and Advanced

Course Codes: HCT2536, HCT2537, CFA2536, CFA2537

Grades: 9-12

Credit: 1.0 CTE and Fine Arts

Length: Two semesters

Photography courses are designed to explore photography as a method of creative visual communication. Students in this course learn basic camera operations and principles of photography such as photo composition, lighting, exposure, and editing.

Video Beginning and Advanced

Course Codes: HCT2452, HCT2453, HCT2454, HCT2455, CFA2452, CFA2453, CFA2454, CFA2455

Grades: 9-12

Credit: 1.0 CTE and Fine Arts

Length: Two semesters

This course teaches the fundamentals of creatively and effectively communicating visual stories through the lens of a video camera, including critical media analysis. Students collaborate while learning the video production process: pre-production (planning, developing ideas, and identifying resources), production (lighting, composition, and audio recording techniques), and post-production (editing with graphics, sound, and visual effects).

Graphic Design Beginning and Advanced

Course Codes: HCT2543, HCT2544, CFA2543, CFA2544

Grades: 9-12

Credit: 1.0 CTE and Fine Arts

Length: Two semesters

Students learn how to creatively and effectively communicate through digital images. Students will understand both traditional and digital tools and learn graphic design skills, software, and industry standards. CTE Dual Credit (college credit) is available to students who complete this course sequence.

Skilled Trades Pathway

Woods 1 & 2

Course Codes: HCT7963, HCT7964

Grades: 9-12

Credit: 1.0 CTE

Length: Two semesters

This introductory class in woodworking provides students with the opportunity to work with many of the tools, materials, and processes common to working with wood and wood construction.

Residential Carpentry 1A & 1B

Course Codes: HCT6893, HCT6894, HCT6895, HCT6896

Grades: 9-12

Credit: 1.0 CTE and Geometry

Length: Two semesters

This course prepares individuals to apply technical knowledge and skills to lay out, cut, fabricate, erect, install, and repair wooden structures and fixtures, using hand and power tools. Includes instruction in technical mathematics, framing, construction materials and selection, job estimating, blueprint reading, foundations and roughing-in, finish carpentry techniques, and applicable codes and standards.

Skilled Trades Pre-Apprenticeship

Course Codes: HCT8085

Grades: 9-12

Credit: 1.5 CTE, up to .5 3rd Year Math and .5 Science

Length: Three semesters

Prerequisites: Woods or Residential Carpentry

This class enables students to have the opportunity to explore the building and construction trades apprenticeship program. All students will experience hands-on learning indifferent construction apprenticeship programs. The student will learn trades related math, how to read blueprints and specifications, write essays, keep a daily journal, demonstrate the use of tools and participate in and practice safe work habits and training. CTE Dual Credit (college credit) is available to students who complete this course.

STEM Engineering Pathway

Intro to Engineering Design 1 & 2

Course Codes: HCT6098, HCT6099

Grades: 9-11

Credit: 1.0 CTE

Length: Two semesters

The course develops student problem solving skills, with emphasis placed on the development of three- dimensional solid models. Students will work from sketching simple geometric shapes to applying a solid modeling computer software package. They will learn a problem-solving design process and how it is used in industry to manufacture a product.

Digital Electronics TI 1 & 2

Course Codes: HCT1575, HCT2315

Grades: 10-12

Credit: 1.0 CTE

Length: Two semesters

Prerequisites: Intro to Engineering Design

This course will introduce students to digital circuits found in video games, watches, calculators, digital cameras, and thousands of other devices. Students will study the application of digital logic and how digital devices are used to control automated equipment.

Principles of Engineering 1 & 2

Course Codes: HCT1576, HCT2311

Grades: 11-12

Credit: 1.0 CTE

Length: Two semesters

Prerequisites: Intro to Engineering Design & Digital Electronics

This course help students understand the field of engineering and engineering technology and its career possibilities. They will explore various engineering systems and manufacturing processes. They will also learn how engineers address concerns about the social and political consequences of technological change.

Internship Courses

Career Quest Worksite Learning Internship Experience

Course Codes: Please confirm with your school for Worksite Learning course code

Grades: 10-12 (Students must be 16 or older)

Credit: 0.5 CTE for 180 hours

Length: 1 or 2 semesters

Prerequisites: Student must be legally and gainfully employed

You can learn while you earn! To participate in this course students must have taken at least one qualifying CTE course that aligns with their career goals. Students must meet with their school's Career Connected Learning Coordinator to complete course enrollment and permission paperwork prior to beginning their internship experience.

Career Quest Internship Course

Course Codes: HCT1294

Grades: 10-12 (Students must be 16 or older)

Credit: 0.5 CTE or Elective

Length: 1 semester or Summer

Career Quest is an internship course where students engage with local businesses for meaningful worksite learning experiences that align with their career pathway interests. Student interns will spend a minimum of 65 hours at the site, and 25 hours in a classroom setting. Each student-intern will gain insight into career opportunities in local industries as well as gain exposure to the technical skills needed to be successful in all pathways.

English Language Arts

Recommended Course Sequence and Options for Grades 6-12

GRADE 6
Language Arts 6

GRADE 7
Language Arts 7

GRADE 8
Language Arts 8

GRADE 9
Introduction to Literature & Composition 9, LGBTQIA Intro to Lit and comp (grade 9)

GRADE 10
World Literature & Composition

GRADE 11
American Literature & Composition 11 -or- Ethnic Studies Lit and Comp 11, African -or- Asian, Latinx -or- Native American Lit & Comp 11 -or- AP Language and Composition, IB Lang & Lit 11 -or- Running Start/ College in the High School English -or- LGBTQIA American Lit and Comp (grade 11)

GRADE 12
Comparative Literature and Composition 12 -or- AP Lit & Comp for 12th grade -or- AP Language and Composition, IB Lang and Lit for 12th grade -or- Running Start/College In the High School English

English Language Arts

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Introduction to Literature and Composition 9

Course Codes: HLA3093, HLA3095
Grades: 9-12
Credit: 1.0
Length: Two semesters

Introduction to Literature and Composition 9 concentrates the themes of identity and self-discovery through critical reading of literary and informational texts from diverse authors writing in various genres. Through close reading, student-centered discussion, and writing about literature, students will explore the complexities surrounding identity and self-discovery, preparing them to develop critical perspectives as they analyze literature through the lenses of culture, race, gender, individuality, and community.

SPS offers a companion course in LGBTQIA Introduction to Literature and Composition

World Literature and Composition 10

Course Codes: HLA4583, HLA4584
Grades: 9-12
Credit: 1.0
Length: Two semesters

World Literature and Composition 10 focuses on how the human experience is expressed in literature from around the world. The course exposes students to both western and non-western literature reflected in a range of texts and genres. Through close reading, writing, and student-centered discussions, students discover recurring themes and patterns and develop critical perspectives to understand the historical and cultural influences within the works of world literature.

American Literature and Composition 11

Course Codes: HLA3101, HLA3103
Grades: 9-12
Credit: 1.0
Length: Two semesters

American Literature and Composition 11 focuses on the American experience and the American dream. The course prepares students to grapple with the idea of American identity as it is expressed in a range of texts and genres. This class promotes an understanding of American literature and the enduring human values that both unite and separate its people. Students will analyze universal themes such as justice, identity, cultural diversity, individuality and community, through close reading, student-led discussions, and writing in multiple genres.

Black Studies

IB Language and Literature – Black Studies

Course Codes: HLA4147, HLA4148
Grades: 11-12
Credit: 1.0
Length: Two semesters
Prerequisite: 9th and 10th ELA

This course examines seven key concepts—communication, creativity, perspective, representation, identity, culture, and transformation—within Black Studies, which focuses on the history and experiences of people of African descent. Topics include Afrocentrism, the African Diaspora, Pan-Africanism, colonialism, Black feminism, and intersectionality. Students will explore Black Liberation Theology, racial formation, and the politics of respectability while analyzing resistance movements against oppression. By the end of the course, students will develop a deeper understanding of Black identity, global solidarity, and the ongoing quest for racial justice.

Ethnic Studies

Ethnic Studies American Literature and Composition

Course Codes: HLA2580, HLA2581
Grades: 9-12
Credit: 1.0
Length: Two semesters

Ethnic Studies American Literature and Composition 11A H is the first semester of a year-long course that amplifies voices of historically marginalized people by concentrating on critically reading different definitions and experiences of what it means to be American, with an emphasis on increased sophistication through reading, writing and speaking. The course prepares students to grapple with the fundamental notions of American identity, both the White Supremacist narrative and crucial counternarratives, as expressed in a range of texts and genres.

IB Language and Literature – Ethnic Studies

Course Codes: HLA4145, HLA4146
Grades: 11-12
Credit: 1.0
Length: Two semesters
Prerequisite: 9th and 10th ELA

This course examines seven key concepts—communication, creativity, perspective, representation, identity, culture, and transformation—within Ethnic Studies, focusing on the histories and experiences of marginalized racial and ethnic groups. Key topics include the intersections of race, class, gender, and sexuality, as well as the impacts of colonialism and imperialism. Students will explore themes of decolonization, diaspora, and resistance, gaining insights into the struggles for social, economic, and political equality among Indigenous, Latinx, Asian American, Black, and other communities. By the end, students will understand ethnic identity and the ongoing challenges in the pursuit of social justice.

LGBTQIA Studies

LGBTQIA American Literature and Composition 11A

Course Codes: HLA4120
Grades: 9-12
Credit: 0.5
Length: One semester

LGBTQIA American Lit and Composition 11A is a semester-long course that examines LGBTQIA experiences within the context of the American Dream. Through critical reading, writing, and speaking, students analyze themes like identity, justice, and community in classic and contemporary LGBTQIA texts. The course enhances students' literary analysis, writing, and oral skills, while deepening their understanding of cultural and historical influences on literature. Students evaluate author choices, synthesize information, and construct sophisticated arguments. By exploring universal human values and diverse experiences, the course prepares students for college and career-level reading and writing.

English Language Arts High School Course Descriptions:

SPS offers companion courses in African American, Asian American, Ethnic Studies, Latinx American, LGBTQIA, and Native American Literature and Composition

Comparative Literature and Composition 12 prepares students for the complexities they will face in college and career through a carefully constructed course of study. The course prepares students to independently understand and engage in comparative analysis, promoting an understanding of complex works in their contexts and of the enduring themes present in great literature. As a result, students analyze universal themes, such as justice, individuality and community through close reading, student-led discussions, and writing in multiple genres.

SPS offers a companion course in Women of Color Comparative Literature.

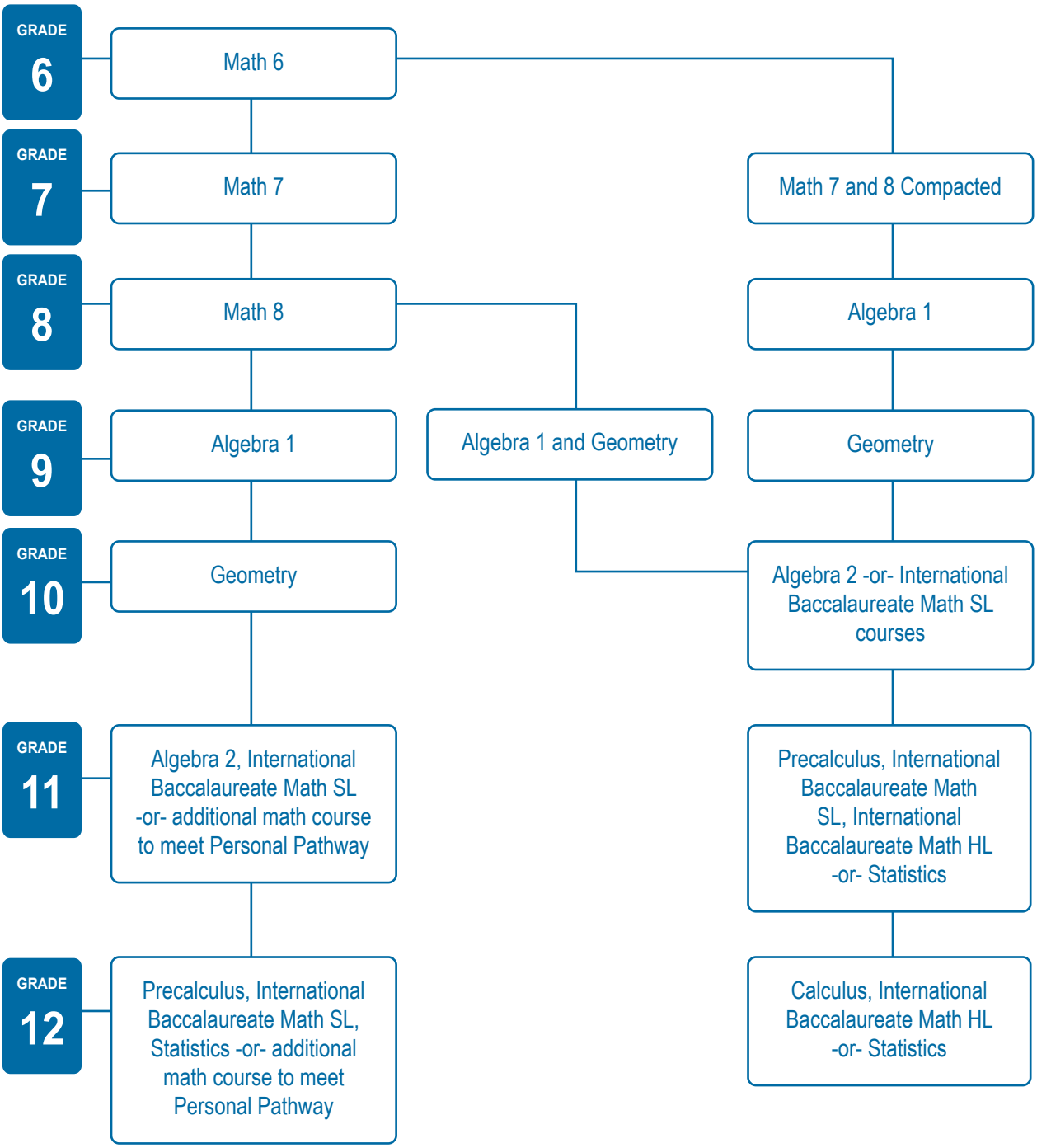
Health

Recommended Sequence for Grades 6-12

GRADE 6	Science 6 (to include required Comprehensive Sexual Health Education lessons)
GRADE 7	Science 7 (to include required Comprehensive Sexual Health Education lessons)
GRADE 8	Science 8 (to include required Comprehensive Sexual Health Education lessons)
GRADE 9	Health Education of Family Health (0.5 credits/1 semester)
GRADE 10	Unit of Comprehensive Sexual Health Education Content included in one additional required course
GRADE 11	Unit of Comprehensive Sexual Health Education Content included in one additional required course
GRADE 12	Unit of Comprehensive Sexual Health Education Content included in one additional required course

Mathematics

Recommended Course Sequence and Options for Grades 6-12



Mathematics

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Algebra 1

Course Codes: HMA2684, HMA2686

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students simplify expressions and solve equations. They identify function features, model real-world situations using linear functions, extend exponent properties to rational exponents, model exponential relationships, and compare linear and exponential functions. They use quadratic functions to model real-life situations, translate between representations, highlight their key features, and generate equivalent quadratics. They solve systems of equations in context. They graph inequalities. They compute best fit lines, data displays, and summary statistics.

Geometry

Course Codes: HMA2692, HMA2694

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students identify and prove geometric properties. They construct geometric figures to explore and prove relationships. They transform figures in space and on the coordinate plane. They determine and prove when triangles and quadrilaterals are congruent or similar. They use similarity and right triangle trigonometry to solve real-world problems. They calculate probability for single and compound events. They identify geometric relationships in circles. They solve real-world area and volume problems.

Algebra 2

Course Codes: HMA2688, HMA2690

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students study polynomial functions to identify key features and find real and complex zeros. They solve equations with rational exponents or radical expressions. They model real-world scenarios with exponential functions. They make inferences from statistical studies. They use the normal curve to estimate population percentiles. They manipulate rational expressions, graph rational functions, and identify their key features. They use the unit circle to define radians and graph trigonometric functions.

Precalculus

Course Codes: HMA2696, HMA2698

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students further study functions including inverse functions, exponential, and logarithmic functions. They learn to use logarithms to solve problems. They analyze polynomial and rational functions to determine additional key features. They learn additional trigonometric ratios, derive the Laws of Sines/Cosines, use inverse trigonometric functions to solve equations, and explore trigonometric identities. They learn applications of matrices and vectors. They analyze and graph conic sections. They compute probabilities and expected values.

Physical Education

Recommended Course Sequence and Options for Grades 6-12

GRADE 6 — GRADE 7 — GRADE 8

One semester of physical education per grade

GRADE 9 — GRADE 10 — GRADE 11 — GRADE 12

Option 1

Personal Fitness (0.5 credits)

- Foundational course
- Supervised by certified Physical Education Specialist

SPS PE Course (0.5 Credits)

- Team Sport 1
- Team Sport 2
- Lifetime Activities 1
- Lifetime Activities 2
- Individual/Dual Sport 1
- Individual/Dual Sport 2
- Weight Training/Conditioning 1
- Weight Training/Conditioning 2
- Swimming 1
- Swimming 2
- Rhythms/Dance 1
- Rhythms/Dance 2

SPS PE Course (0.5 Credits)

(Course selection - See above)

Option 2

Personal Fitness (0.5 credits)

- Foundational course
- Supervised by certified Physical Education Specialist

Digital Learning (0.5 credits)

- Documentation 80 Physical Activity hours
- Supervised by certified staff

Digital Learning (0.5 credits)

- Documentation 80 Physical Activity hours
- Supervised by certified staff

Physical Education

Please note that these pages only include the recommended courses from the scope and sequence for this content area. For a comprehensive list of available courses, please reach out to your school. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

Personal Fitness – Foundational

Course Codes: HPE2364

Credit: 0.5

Length: One semester

This course will be the first FOUNDATIONAL physical education course taken before any elective/choice physical education courses are taken. This high school course will be one of the three (1.5) required physical education classes needed for graduation.

Outline Week 1-3 Introduction to Fitness, Introduction to Portfolio plan, Plan components, Week 3-6 Orientation program functional fitness challenges, FITT Formula, Training Principals, Week 6-9 Pre-Fitness Challenge Analysis, Goal Setting Muscular Fitness Endurance and Strength Week 9-12 Cardiorespiratory endurance, Heart Rate Monitor Orientation and other technology tools introduced used for fitness. Week 12-15 Body Composition, Nutrition, Health Management flexibility. Week 15-18 Post-Fitness Challenge Analysis, Goal Setting Portfolio Assessment Personal Fitness Plan.

Partner Physical Education

Course Codes: HPE4099

Credit: 0.5

Length: One semester

The purpose of this class is to be partners and supports for students with disabilities in their modified physical education class. The class offering could include team sports, individual sports, exercises, and rhythmic activities. Principles taught in this class will follow the physical education core curriculum and enhance teaching and learning skills for students. The purpose of this class is to provide a modified physical education class to students with disabilities where students with and without disabilities come together in an inclusive cooperative learning environment that is set up towards modified curriculum outcomes. Physical Education partners of differing skill ability come together as classmates. Classmates of higher abilities act as mentors to assist teammates of lower abilities in developing sport-specific skills, and in successfully participating in a cooperative team

Physical Education Team Sport 1

Course Codes: HPE5522

Credit: 0.5

Length: One semester

This course supports the program called “Five for Life” which is a research driven, standards-based curriculum designed to teach the principals of health and fitness. Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels TEAM SPORTS 1 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual student’s personal needs and includes a Web-based component that provides students the opportunity to track and assess their results.

Physical Education Team Sport 2

Course Codes: HPE5523

Credit: 0.5

Length: One semester

This course will expand content knowledge to be learned delivered and assessed in TEAM SPORTS 1 Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio This course supports the program called “Five for Life” which is a research driven, standards-based curriculum designed to teach the principals of health and Fitness. TEAM SPORTS 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to fit the needs for students in the classroom.

Physical Education Swimming 1

Course Codes: HPE5524

Credit: 0.5

Length: One semester

This course will focus on the Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates SWIMMING 1 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students’ personal needs and includes a Web-based component that provides students the opportunity to track and assess their fitness.

Physical Education Swimming 2

Course Codes: HPE5525

Credit: 0.5

Length: One semester

This course will expand from Swimming 1 Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates SWIMMING 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual student's personal needs and includes a Web-based component that provides students the opportunity to track and assess their fitness.

Physical Education Weight Training/ Conditioning 1

Course Codes: HPE5526

Credit: 0.5

Length: One semester

Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates WEIGHT TRAINING/CONDITIONING 1 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students' personal needs and includes a Webbased component that provides students the opportunity to track and assess their fitness.

Physical Education Weight Training/ Conditioning 2

Course Codes: HPE5527

Credit: 0.5

Length: One semester

Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates WEIGHT TRAINING/CONDITIONING 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students personal needs and includes a Webbased component that provides students the opportunity to track and assess their fitness.

Physical Education Individual/Dual Activity 1

Course Codes: HPE5528

Credit: 0.5

Length: One semester

Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates INDIVIDUAL AND DUAL ACTIVITIES 1continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students' personal needs and includes a Webbased component that provides students the opportunity to track and assess their results.

Physical Education Individual/Dual Activity 2

Course Codes: HPE5529

Credit: 0.5

Length: One semester

Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels 3. Get Fit/ Get Smart Portfolio 4. Goal Setting 5. Behavior log-Activity log Fitness Related Activates INDIVIDUAL AND DUAL ACTIVITIES 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students' personal needs and includes a Web-based component that provides students the opportunity to track and assess their results.

Physical Education Lifetime Activity/ Yoga 1

Course Codes: HPE5530

Credit: 0.5

Length: One semester

This course supports the program called Five for Life which is a research driven, standards-based curriculum designed to teach the principals of health and fitness. During this course students will learn about the following: Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels LIFETIME ACTIVITIES 1 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students' personal needs and includes a Webbased component that provides students the opportunity to track and assess their results.

Physical Education Lifetime Activity/ Yoga 2

Course Codes: HPE5531

Credit: 0.5

Length: One semester

This course will expand content knowledge learned from Lifetime Activities 1 and continues to support the program called “Five for Life” which is a research driven, standards-based curriculum designed to teach the principals of health and fitness. During this course students will continue to learn about the following: Health and Fitness Academic Content -Five Components of Fitness Activities LIFETIME ACTIVITIES 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students’ personal needs and includes a Webbased component that provides students the opportunity to track and assess their results.

Physical Education Rhythms/Dance 1

Course Codes: HPE5532

Credit: 0.5

Length: One semester

This course supports the program called Five for Life which is a research driven, standards-based curriculum designed to teach the principals of health and fitness. During this course students will continue to learn about the following: Health and Fitness Academic Content 1. Five Components of Fitness Activities 2. Intensity levels Rhythms and Dance 1 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students’ personal needs and includes a Web-based component that provides students the opportunity to track and assess their results.

Physical Education Rhythms/Dance 2

Course Codes: HPE5533

Credit: 0.5

Length: One semester

This course will expand content knowledge learned from Rhythms and Dance 1 and continues to support the program called Five for Life which is a research driven, standards-based curriculum designed to teach the principals of health and fitness. During this course students will continue to learn about the following: Health and Fitness Academic Content Rhythms and Dance 2 continues the goal setting and fitness measurements while supporting a record keeping element to analyze personal behavior. The program is customized to meet individual students personal needs and includes a Web-based component that provides students the opportunity to track and assess their results throughout their results.

Science

Recommended Course Sequence for Grades 6-12

GRADE 6	Science 6
GRADE 7	Science 7
GRADE 8	Science 8
GRADE 9	Physics A and Chemistry A
GRADE 10	Biology A and Biology B
GRADE 11	Chemistry B and Physics B
GRADE 12	Any approved Science Courses (optional)

Notes:

Chemistry B and Physics B is highly recommended for several important reasons:

- Solid Science Foundation: These courses provide essential knowledge in both chemistry and physics, preparing students for a wide range of college and career paths.
- Meets College Admission Requirements: Washington State's Academic Distribution Requirements (CADRs) require one science credit in biology, chemistry, or physics. Many 4-year colleges also require a full year of chemistry (and sometimes physics) for admission. Chem A+ Chem B satisfies the full year of chemistry, and Physics A + Physics B fulfills a full year of physics.

The third credit may be chosen based on the student's interest and may include a CTE science-equivalent course.

Please check with your High School for AP, IB, College in the High School, CTE science-equivalent, and other options for the third credit of science.

Science

Please note that these pages only include some courses from the recommended scope and sequence for this content area. For a comprehensive list of available courses, please reach out to your school. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

Physics A

Course Codes: HSC2728
Credit: 0.5
Length: One semester

Physics A is a student-centered curriculum focusing on scientific reasoning. In each unit, students share prior knowledge, gather and analyze evidence, and develop fundamental scientific models. These models encompass electrostatic charge, current electricity, magnetism, and waves. Students will be able to explain interactions between charged and neutral objects, magnet interactions, the connection between electric currents and magnetic fields, wave properties, wave interactions, and electromagnetic waves.

Chemistry A

Course Codes: HSC2720
Credit: 0.5
Length: One semester

In Chemistry A, students collaborate to develop an understanding of foundational chemistry concepts. They develop models to show how changes in an atom can create different colors in stars. Students will analyze data to formulate explanations for how different compounds can conduct electricity or boil at different temperatures.

Students will also model different types of nuclear reactions and analyze their different impacts.

Bio A

Course Codes: HSC2712
Credit: 0.5
Length: One semester

In Biology A, students investigate real-world phenomena, with a focus on matter and energy transformations at various scales (cellular, organisms, ecosystems, and earth systems). They actively engage by sharing prior knowledge, questioning, investigating, evaluating information, and interpreting evidence. Through discourse, consensus-building, model creation, evidence-based revision, and class discussions, they construct comprehensive explanations for each unit's phenomenon.

Bio B

Course Codes: HSC2716
Credit: 0.5
Length: One semester

In Biology B, students investigate information transfer processes across biological scales within real-world contexts and challenges. They delve into cellular and atomic-molecular aspects (such as mitosis and gene regulation), organismal functions (including growth, traits, and responses), and larger-scale phenomena (like population variations and ecosystem factors). Throughout the course, students actively strengthen their science and engineering skills.

Chemistry B

Course Codes: HSC2724
Credit: 0.5
Length: One semester

In Chemistry B, students collaborate to build their understanding of chemical reactions in the context of real-world phenomena and problems. Students will analyze data to create explanations of what will affect the speed of a chemical reaction and to make predictions about what will cause a reaction to shift toward reactants or products. Students will use mathematical thinking to convert between measurements to support the concept of conservation of mass and make predictions about changes in energy.

Physics B

Course Codes: HSC2732
Credit: 0.5
Length: One semester

Physics B is a student-centered physics curriculum emphasizing scientific reasoning, specifically addressing Energy, Force, and Gravitation and their impact on object motion. In each unit, students share prior knowledge, collect and analyze evidence, and construct conceptual models.

Students use velocity-time graphs as evidence for energy transfers, understand and apply Newton's Laws, calculate acceleration and forces, and apply force and energy explanations to gravitation, including orbits and projectiles.

Social Studies

Recommended Course Sequence and Options for Grades 6-12

GRADE 6	World History 6
GRADE 7	WA State History 7
GRADE 8	US History 8
GRADE 9	World History 1 and World History 2 -or- Ethnic Studies WH 2 -or- AP World History 1 -or- AP Human Geo A
GRADE 10	World History 3 -or- Ethnics Studies World History 3 -or- AP World History 2 -or- AP Human Geo B -or- Black Studies World 3 -or- LGBTQIA World History 3
GRADE 11	U.S. History -or- Ethnic Studies US History -or- IB History of the Americas -or- AP US History -or- CIHS AES 151 -or- CIHS 147 & 148 -or- AP African American Studies -or- Black Studies -or- Filipinx and Latinx US History
GRADE 12	Am Govt Civics Econ -or- IB 20th Century -or- AP US Government & Politics

Social Studies

Please note that these pages only include some courses from the recommended scope and sequence for this content area. For a comprehensive list of available courses, please reach out to your school. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

World History 1 and 2

Course Codes: HSS5852, HSS5853
Grades: 9-10
Credit: 1.0
Length: Two semesters

World History 1 and 2 investigates civilizations across the globe, focusing on 600 C.E. through 1440 C.E. Students will engage in some of the deepest questions facing historians from explaining the rise and fall of societies to the role geography and cultural expansion has played in shaping society and individuals. Since Time Immemorial curriculum will be integrated throughout this course.

SPS offers a companion course in World History Ethnic Studies II.

World History 3

Course Codes: HSS5854
Grades: 9-10
Credit: .50
Length: One semester

World History 3 investigates the emergence of world cultures and nations that we recognize today. Specific guiding questions to shape the study of this time-period include: What is the relationship between the major global conflicts in the 20th century and to what extent were their outcomes positive or negative? And how does the unequal distribution of wealth throughout the world shape the global economy, society, and culture? Since Time Immemorial curriculum will be integrated throughout this course.

SPS offers companion courses in World History III Ethnic Studies and LGBTQIA.

US History 11

Course Codes: HSS5856, HSS5857
Grades: 11
Credit: 1.0
Length: Two semesters

US History 11 begins with the origins of the American Republic and the aftermath of the Civil War. The course concentrates on the emergence of the modern era from the beginnings of the Industrial Revolution to the present. Students will grapple with questions concerning the history of the United States from the proper role of government in a representative democracy and the role of social movements in shaping the character of the American experience. Since Time Immemorial curriculum will be integrated throughout this course.

SPS offers companion courses in Black Studies, Ethnic Studies, Filipinx and Latinx US History

American Government, Civics and Economics 12

Course Codes: HSS1742
Grades: 12
Credit: .50
Length: One semester

American Government, Civics and Economics 12 gives students an historical and current day understanding of how their government works, why civic engagement is important in a democracy, and how their economic system operates. Through the completion of the course, students will understand the rights and responsibilities of citizens as addressed in the United States Constitution and students will also consider the extent to which Americans live in a free society. The tension between tribal and federal government will also be explored through the integration of Since Time Immemorial curriculum.

Black Studies

**Community partnerships are taken into consideration and incorporated in the development of current and future courses.*

Black Studies World History 3 and 4

Course Codes: HSS4503, HSS4504

Grades: 9-10

Credit: 0.5 per semester

Length: One year

This course provides a comprehensive exploration of the global impact of Black history and culture, spanning from ancient civilizations to the modern era. Students will examine the contributions of Black individuals and communities to the development of societies worldwide, as well as the challenges they have faced throughout history. Through studying key events, movements, and influential figures, students will gain a deeper understanding of the resilience, creativity, and influence of Black cultures across different regions. The course will also emphasize the interconnectedness of Black history with world events, trade, and cultural exchange, fostering a global perspective on the experiences and achievements of Black communities.

Black Studies US History 11A and 11B

Course Codes: HSS4123, HSS4124

Grades: 11

Credit: 0.5 per semester

Length: One year

This course explores the history of Black/African American people in the United States, focusing on their contributions, struggles, and triumphs. Students will examine key events, figures, and movements that have shaped the Black/African American experience from pre-enslavement to the present day. Additionally, students will analyze the impact of Black culture on American society, politics, and the arts. Topics covered include the Reconstruction era, the Jim Crow era, the Harlem Renaissance, the Great Migration, Brown v. Board of Education, the Civil Rights era, and contemporary concerns. Through primary source analysis, critical discussions, and research, students will gain a deeper understanding of the Black/African American narrative within the broader context of US history.

Ethnic Studies

**Community partnerships are taken into consideration and incorporated in the development of current and future courses.*

Latinx US History

Course Codes: HSS4143, HSS4144

Grades: 9-12

Credit: 1.0

Length: Two semesters

This course examines how peoples with Latin American ancestry adjusted, integrated, assimilated, resisted, and adapted to the many political, cultural, and economic forces that affected their lives in the U.S. and how they created new ethnic, racial and localized identities in the process. Students will learn the long history of Latinx Americans within and beyond the United States and how, without these narratives, the U.S. as we know it, wouldn't exist as it currently does.

Filipinx US History

Course Codes: HSS4501, HSS4502

Grades: 9-12

Credit: 1.0

Length: Two semesters

This course will examine US History through perspectives of the Filipinx American experience. Intersectional relationships will be critically reviewed around inter-racial events, student activism, and the historical and present contributions of Filipinx American to the United States. Students will develop geographic literacy, economic understanding, civic wisdom and commitment, and historical knowledge/perspectives from 1877-Present from a Filipinx American lens. The course will cover topics such as the Philippine-American War, the Pensionado Act, the Filipino Labor Union, and the Tydings-McDuffie Act.

Ethnic Studies US History

Course Codes: HSS5082, HSS2584, HSS2585 (Honors designation)

Grades: 11

Credit: 0.5

Length: Two semester

This course is designed to investigate self and society through the lens of Ethnic Studies. We will engage in problem-posing learning and critical inquiry to take ownership of our own narratives and to understand and respond to injustice in a variety of ways. The course explores four main areas of study: Identity, Power and Oppression, Liberation and Resistance, and Action

and Reflection. We will integrate the arts and center marginalized histories, voices, literature, and current events including climate injustice to explore solutions in a changing world.

Ethnic Studies World History 2

Course Codes: HSS2576

Grades: 9-12

Credit: 0.5

Length: One semester

Ethnic Studies World History 2 is the second of three semester length sequenced courses that investigate the emergence of civilizations across the globe and how they grew and evolved via interaction with one another into kingdoms, empires, and eventually the nations we recognize today. The course is designed around the Ethnic Studies frameworks of: Identity, Power and Oppression, Liberation and Resistance, and Action and Reflection.

Ethnic Studies World History 3

Course Codes: HSS2576

Grades: 9-12

Credit: 0.5

Length: One semester

Ethnic Studies World History 3 is the third semester of three semester length sequenced World History courses that investigates the histories of world cultures and nations that we recognize today. Specifically, students will be investigating contemporary global conflicts and politics and their consequences in the twenty-first century and the global economy, society, and culture in the twenty-first century. The course is designed around the Ethnic Studies frameworks of: Identity, Power and Oppression, Liberation and Resistance, and Action and Reflection.

College in the High School Ethnic Studies (AME 151 ETHNIC STUD US)

Course Codes: HSS7739, HSS7741

Grades: 9-12

Credit: 1.0

Length: Two semesters

Introduces students to the historical and contemporary social forces and power dynamics that construct racial & ethnic identities in the US. Students will learn how colonialism, capitalism, & Empire impact racial/ethnic communities. Students also consider how race & ethnicity intersect with other identities such as class, gender, sexuality, nationality, & ability. Maps out issues in land and labor rights, immigration, education, and popular culture. Students enrolled in this course can earn college credit for the same course through North Seattle College.

LGBTQIA Studies

**Community partnerships are taken into consideration and incorporated in the development of current and future courses.*

LGBTQIA World History 3

Course Codes: HSS4122

Grades: 9-12

Credit: 0.5

Length: One semesters

LGBTQIA+ History and Culture is a semester-long course exploring the intersectional experiences of LGBTQIA+ individuals through history and contemporary contexts. Students examine themes such as identity, representation, systems of power, colonization, capitalism, and resistance movements. The course focuses on the struggles and resilience of marginalized LGBTQIA+ communities, fostering critical analysis of their role in shaping social, political, and cultural change. By the end of the course, students will have a deeper understanding of LGBTQIA+ history and its connections to broader movements for equality and justice, preparing them for advanced studies in history and social justice.

Visual & Performing Arts

Course Sequence & Examples for Grades 6-12

GRADE 6

GRADE 7

GRADE 8

One semester of visual arts, performing arts, or media arts each year in grades 6-8.

GRADE 9

GRADE 10

GRADE 11

GRADE 12

2 credits in Visual & Performing Arts, one of which can go towards a student's *Personalized Pathway*[c].

At minimum, a student needs 1 credit in the arts.

[c] *For a description of Personalized Pathways, please review the state graduation requirements on the State Board of Education's website: https://www.sbe.wa.gov/our-work/graduation-requirements*

Examples:

For a student who wants to follow a specific arts discipline (music example):

- 6th Grade: Introductory Orchestra
- 7th Grade: Intermediate Orchestra
- 8th Grade: Concert Orchestra
- 9th Grade: String Orchestra
- 10th Grade: Concert Orchestra
- 11th Grade: Symphony Orchestra
- 12th Grade: Chamber Orchestra

For a student who wants to explore multiple arts disciplines:

- 6th Grade: Visual Arts Beginning
- 7th Grade: Experience Music
- 8th Grade: Theatre Beginning
- 9th Grade: Drawing & Painting Beginning
- 10th Grade: Theatre Beginning/ Advanced
- 11th Grade: Guitar Lab 1
- 12th Grade: Photography Beginning

Visual & Performing Arts

Please note, these pages only include a sample of the courses offered in Visual & Performing Arts for dance, media arts, music, theatre, and visual arts. Please contact your school to find out what courses they offer. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

Dance

Dance Beginning

Course Codes: HFA7938

Grades: 9-12

Credit: 0.5

Length: One semester

This introductory course engages students in the basic principles of movement through Hip Hop, Ballet, Jazz, Musical Theatre, and Lyrical dance forms. Students learn dance terminology, technique, and choreography while developing an appreciation for dance as an art form. No previous dance experience necessary. All students are welcome. This course may be repeated for credit.

Dance Advanced

Course Codes: HFA7939

Grades: 9-12

Credit: 0.5

Length: One semester

This course reviews and builds on the principles of movement: space, time, shape, and effort through Hip Hop, Jazz, Ballet, Musical Theatre, and Lyrical dance forms. This course has increased emphasis on student technique and chorography studies while developing an appreciation for dance as an art form. All students are welcome. This course may be repeated for credit.

Music

Concert Orchestra

Course Codes: HFA7948, HFA7949, HFA7948, CCT7948, HFA7949, CCT7949

Concert Orchestra A & B

Course Codes: HFA7948 A, CCT7948 A, HFA7949 B, CCT7949 B

Grades: 9-12

Credit: 1.0

Length: Two semesters

This year-long performing ensemble is for intermediate to advanced students of String instruments, and may also include Wind, Brass, and Percussion instruments. Orchestra students play a wide variety of music from different cultures and time periods and perform in school concerts and regional festivals. Students develop skills in tone production, phrasing, rhythmic and aural acuity, and the advancement of technical skills. Students may receive CTE credit after fulfilling all Fine Arts credit requirements. This course may be repeated for credit.

Symphony Orchestra

Course Codes: HFA8112, HFA8113, CCT8112, HFA8113, CCT8113

Symphony Orchestra A & B

Course Codes: HFA8112 A, CCT8112 A, HFA8113 B, CCT8113 B

Grades: 9-12

Credit: 1.0

Length: Two semesters

This year-long performing ensemble is for advanced students of String, Wind, Brass, and Percussion instruments. Orchestra students play a wide variety of music from different cultures and time periods and perform in school concerts and regional festivals. Students develop advanced skills in tone production, phrasing, rhythmic and aural acuity, and the advancement of technical skills. Students may receive CTE credit after fulfilling all Fine Arts credit requirements. This course may be repeated for credit.

Percussion Ensemble

Course Codes: HFA8102, HFA8103

Percussion Ensemble A & B

Course Codes: HFA8102 A, HFA8103 B

Grades: 9-12

Credit: 1.0

Length: Two semesters

This year-long ensemble is intended for students who are interested in playing pitched and non-pitched percussion instruments in a cohesive performing ensemble. Students learn and perform a wide variety of music from different cultures and time periods and perform in school concerts and regional festivals. This course may be repeated for credit.

Percussion Ensemble Advanced

Course Codes: HFA8104, HFA8105, CCT8104, HFA8105, CCT8105

Percussion Ensemble Advanced A & B

Course Codes: HFA8104 A, CCT8104 A, HFA8105 B, CCT8105 B

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students in this year-long performing ensemble course learn advanced skills and technique on pitched and non-pitched instruments. Students participate in performances and activities during or outside the normal school day, including participation in festivals and trips. Students may receive CTE credit after fulfilling all Fine Arts credit requirements. This course may be repeated for credit.

Guitar Lab 1

Course Codes: HFA7958

Grades: 9-12

Credit: 0.5

Length: One semester

Students in this course will learn the necessary skills and concepts to gain a foundational proficiency on guitar and music-reading. This is a one semester class. This course may be repeated for credit.

Guitar Lab 2

Course Codes: HFA7959

Grades: 9-12

Credit: 0.5

Length: One semester

This advanced course is designed for students to build on prior understanding of the guitar and further develop their technical and musical skills. This is a one-semester course. This course may be repeated for credit.

Theatre

Theatre Beginning

Course Codes: HFA7872

Grades: 9-12

Credit: 0.5

Length: One semester

This introductory course is for all students looking to develop skills in acting and performing in front of others. Public speaking, creative problem solving, and collaboration are explored through creative activities, voice and movement exercises, improvisation, story structure, creating character, and scene study. No previous theatre experience necessary. All students are welcome. This course may be repeated for credit.

Theatre Advanced

Course Codes: HFA7874

Grades: 9-12

Credit: 0.5

Length: One semester

This advanced course expands exposure to contemporary and classic plays, broadens student repertoire of audition material, and explores specialized acting skills. The course may include topics such as advanced acting methods, resume development, movement-based acting techniques, pantomime, mask work, improvisation, stage combat, stage make-up, or creative drama. This course may be repeated for credit.

Theatre Play Production

Course Codes: HFA7880, CCT7880

Grades: 9-12

Credit: 0.5

Length: One semester

Theatre Play Production prepares students to use the skills and techniques of acting and performance in one or more plays produced for a public audience. This course mirrors professional theatre standards, culminating with a full-scale production of a play. Students may also have opportunities to work in areas of theatre production including directing, scenic design and construction, costuming, properties, stage management, promotions and publicity. Students may receive CTE credit after fulfilling all Fine Arts requirements. This course may be repeated for credit.

Technical Theatre Beginning

Course Codes: HCT2615, CFA2615, HFA7936

Grades: 9-12

Credit: 0.5

Length: One semester

Technical Theatre Beginning is a production-oriented course that provides foundational stagecraft skills and safety procedures preparing students for industry and college study of technical theatre. Students engage in scenic design and construction, lighting, sound, properties, costumes, make-up, special effects, theatre management, stage management, and theatre terminology. Technical Theatre Beginning is offered as a CTE course, CTE course cross-credited for Fine Arts, and a Fine Arts course. This course may be repeated for credit.

Visual Arts

Ceramics Beginning

Course Codes: HFA8126

Grades: 9-12

Credit: 0.5

Length: One semester

This beginning course is for students who want to work with their hands and develop ideas in 3-dimensional form. Students work with clay, creating both functional and non-functional art pieces. Students learn the properties of clay, construction methods, glazing techniques and the firing process as core concepts of this course. Students learn about ceramic arts and artists from a variety of contemporary and historical sources and across cultures. No previous art experience necessary. All students are welcome. This course may be repeated for credit.

Ceramics Advanced

Course Codes: HFA8127, CCT8127

Grades: 9-12

Credit: 0.5

Length: One semester

In this course, students explore Ceramics at a higher level with hand building and wheel methods. Students design and develop works through investigation of techniques and materials through ceramic arts and artists from a variety of contemporary and historical sources across cultures. Assignments are more complex, challenging students to make deeper connections and use voice to communicate ideas. Students have a portfolio of work at the end of the semester. Students may receive CTE credit after fulfilling all Fine Arts credit requirements. This course may be repeated for credit.

Drawing and Painting Beginning

Course Codes: HFA8128

Grades: 9-12

Credit: 0.5

Length: One semester

Drawing and Painting Beginning introduces students to the Elements of Art and Principles of Design. Study of these are included in art projects to establish fluency in the language of art. Students create art in a variety of drawing and painting media and explore the relationship between observation, artistic vision, and composition. Students use sketchbooks or other means to develop skills and ideas. Visual Art builds lifelong skills through critical thinking and the creative process. No previous art experience necessary. All students are welcome. This course may be repeated for credit.

Drawing and Painting Advanced

Course Codes: HFA8129, CCT8129

Grades: 9-12

Credit: 0.5

Length: One semester

Drawing and Painting Advanced is intended for students who want to further their knowledge and experience in drawing and painting media. Students in this course continue to create art and explore the relationship between observation, artistic vision, and composition in an advanced setting. Students explore media and ideas with more independence and demonstrate responding and reflecting on their own work and that of others. Students produce a portfolio of work at the end of this course. Students may receive CTE credit after fulfilling all Fine Arts credit requirements. This course may be repeated for credit.

Photography Beginning

Course Codes: HFA8151, HCT2536, CFA2536

Grades: 9-12

Credit: 0.5

Length: One semester

Photography Beginning is designed to explore photography as a method of creative visual communication. Students in this course learn basic camera operations and principles of photography such as photo composition, lighting, exposure, and editing. This course may be cross-credited for Fine Arts.

Photography Advanced

Course Codes: HFA8152, HCT2537, CFA2537

Grades: 9-12

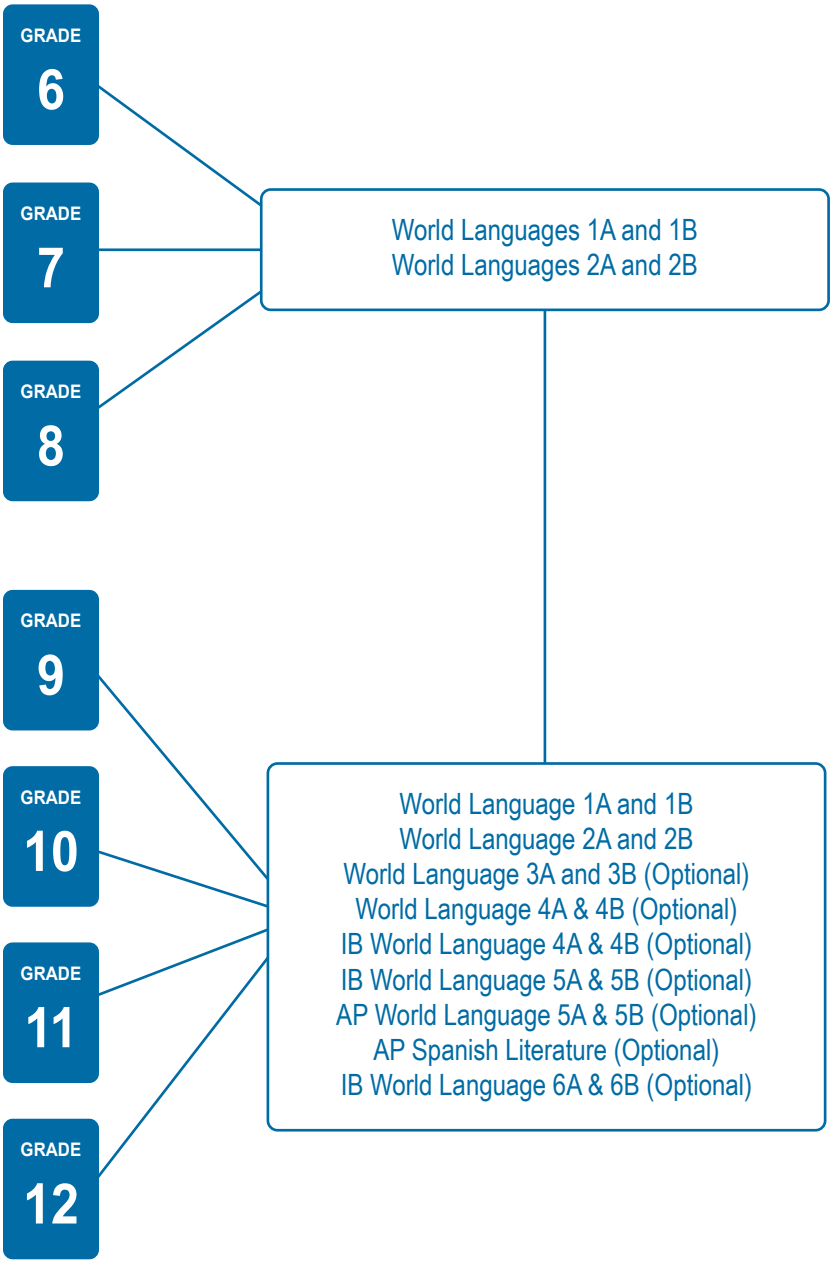
Credit: 0.5

Length: One semester

Photography Advanced is designed for students interested in expressing their personal creative vision through photography. Students in this course develop their own ideas through open-ended assignments and explore photography as a potential career pathway. This course may be cross-credited for Fine Arts. This course may be repeated for credit.

World Languages

Recommended Course Sequence for Grades 6-12



World Languages

Please note that these pages only include some courses from the recommended scope and sequence for this content area. For a comprehensive list of available courses, please reach out to your school. In addition, please refer to prior sections of this document for information on which courses meet graduation requirements (pages 4-5).

Arabic 1

Course Codes: HWL3470, HWL3472

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students are introduced to the Arabic language and study language that can be used in everyday conversation. Students begin to communicate in writing and speaking in the target language. Students communicate about topics such as greetings, descriptions, telling time, locations, school, family, foods and friends, and more activities. Students expand their understanding of culture by studying Arabic-speaking countries and Arabic in the United States.

Arabic 2

Course Codes: HWL3474, HWL3476

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students build on the basics of the Arabic language and study language that can be used in everyday conversation. Students continue to develop their ability to communicate in writing and speaking in the target language. Students also begin to develop interpretive reading and listening skills across a variety of contexts and topics. Students communicate about topics such as daily routines, social activities, group activities to practice language, music, games and other various topics. Students expand their understanding of culture by studying Arabic-speaking countries and Arabic in the United States.

Chinese 1

Course Codes: HWL1277, HWL1278

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students are introduced to the Chinese language and study language that can be used in everyday conversation. Students begin to communicate in writing and speaking in the target language. Students communicate about topics such as greetings, descriptions, telling time, locations, school, family, foods and friends, and more activities. Students expand their understanding of culture by studying Chinese-speaking countries and Chinese in the United States.

Chinese 2

Course Codes: HWL3579, HWL3580

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students build on the basics of the Chinese language and study language that can be used in everyday conversation. Students continue to develop their ability to communicate in writing and speaking in the target language. Students also begin to develop interpretive reading and listening skills across a variety of contexts and topics. Students communicate about topics such as daily routines, social activities, group activities to practice language, music, games and other various topics. Students expand their understanding of culture by studying Chinese-speaking countries and Chinese in the United States.

Chinese 3

Course Codes: HWL3583, HWL3584

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students deepen their communication of the Chinese language through reading, writing, speaking and listening. Students use a range of texts and scenarios to practice and apply the Chinese language. Students demonstrate communication on a wide range of topics through group discussion, oral presentations, reading short stories and writing original stories. Students expand their understanding of culture by studying Chinese-speaking countries and Chinese in the United States, as well as current events related to the Chinese-speaking world.

French 1

Course Codes: HWL1273, HWL1274

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students are introduced to the French language and study language that can be used in everyday conversation. Students begin to communicate in writing and speaking in the target language. Students communicate about topics such as greetings, descriptions, telling time, locations, school, family, foods and friends, and more activities. Students expand their understanding of culture by studying French-speaking countries and French in the United States.

French 2

Course Codes: HWL3522, HWL3523

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students build on the basics of the French language and study language that can be used in everyday conversation. Students continue to develop their ability to communicate in writing and speaking in the target language. Students also begin to develop interpretive reading and listening skills across a variety of contexts and topics. Students communicate about topics such as daily routines, social activities, group activities to practice language, music, games and other various topics. Students expand their understanding of culture by studying French-speaking countries and French in the United States.

French 3

Course Codes: HWL3526, HWL3527

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students deepen their communication of the French language through reading, writing, speaking and listening. Students use a range of texts and scenarios to practice and apply the French language. Students demonstrate communication on a wide range of topics through group discussion, oral presentations, reading short stories and writing original stories. Students expand their understanding of culture by studying French-speaking countries and French in the United States, as well as current events related to the French-speaking world.

Japanese 1

Course Codes: HWL1275 HWL1276

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students are introduced to the Japanese language and study language that can be used in everyday conversation. Students begin to communicate in writing and speaking in the target language. Students communicate about topics such as greetings, descriptions, telling time, locations, school, family, foods and friends, and more activities. Students expand their understanding of culture by studying Japanese-speaking countries and Japanese in the United States.

Japanese 2

Course Codes: HWL3541, HWL3542

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students build on the basics of the Japanese language and study language that can be used in everyday conversation. Students continue to develop their ability to communicate in writing and speaking in the target language. Students also begin to develop interpretive reading and listening skills across a variety of contexts and topics. Students communicate about topics such as daily routines, social activities, group activities to practice language, music, games and other various topics. Students expand their understanding of culture by studying Japanese-speaking countries and Japanese in the United States.

Japanese 3

Course Codes: HWL3545, HWL3546

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students deepen their communication of the Japanese language through reading, writing, speaking and listening. Students use a range of texts and scenarios to practice and apply the Japanese language. Students demonstrate communication on a wide range of topics through group discussion, oral presentations, reading short stories and writing original stories. Students expand their understanding of culture by studying Japanese-speaking countries and Japanese in the United States, as well as current events related to the Japanese-speaking world.

Spanish 1

Course Codes: HWL1279, HWL1280

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students are introduced to the Spanish language and study language that can be used in everyday conversation. Students begin to communicate in writing and speaking in the target language. Students communicate about topics such as greetings, descriptions, telling time, locations, school, family, foods and friends, and more activities. Students expand their understanding of culture by studying Spanish-speaking countries and Spanish in the United States.

Spanish 2

Course Codes: HWL3560, HWL3561

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students build on the basics of the Spanish language and study language that can be used in everyday conversation. Students continue to develop their ability to communicate in writing and speaking in the target language. Students also begin to develop interpretive reading and listening skills across a variety of contexts and topics. Students communicate about topics such as daily routines, social activities, group activities to practice language, music, games and other various topics. Students expand their understanding of culture by studying Spanish-speaking countries and Spanish in the United States.

Spanish 3

Course Codes: HWL3564, HWL3565

Grades: 9-12

Credit: 1.0

Length: Two semesters

Students deepen their communication of the Spanish language through reading, writing, speaking and listening. Students use a range of texts and scenarios to practice and apply the Spanish language. Students demonstrate communication on a wide range of topics through group discussion, oral presentations, reading short stories and writing original stories. Students expand their understanding of culture by studying Spanish-speaking countries and Spanish in the United States, as well as current events related to the Spanish-speaking world.

Spanish for Heritage Speakers

Course Codes: HWL3577, HWL3578

Grades: 9-12

Credit: 1.0

Length: Two semesters

Spanish for Heritage Speakers is a course that supports, reinforces and expands students' knowledge of the Spanish language for students who have grown up speaking Spanish. Students deepen their oral and written communication of the Spanish language through expressing increasingly complex concepts, studying literature and exploring their own multilingual identities and different sociocultural contexts where Spanish is spoken. Students demonstrate communication on a wide range of topics through group discussion, oral presentations, reading short stories and writing original stories. Students expand their understanding of culture by exploring their own cultural backgrounds and studying different Spanish-speaking contexts.

A note on Advanced Courses and Heritage Language Courses:

Various advanced courses such as International Baccalaureate (IB), Advanced Placement (AP) and College in the High School (CIHS) are offered in different languages and at different schools. Additionally, heritage language courses are also offered in different languages. Check with your school for available offerings.

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