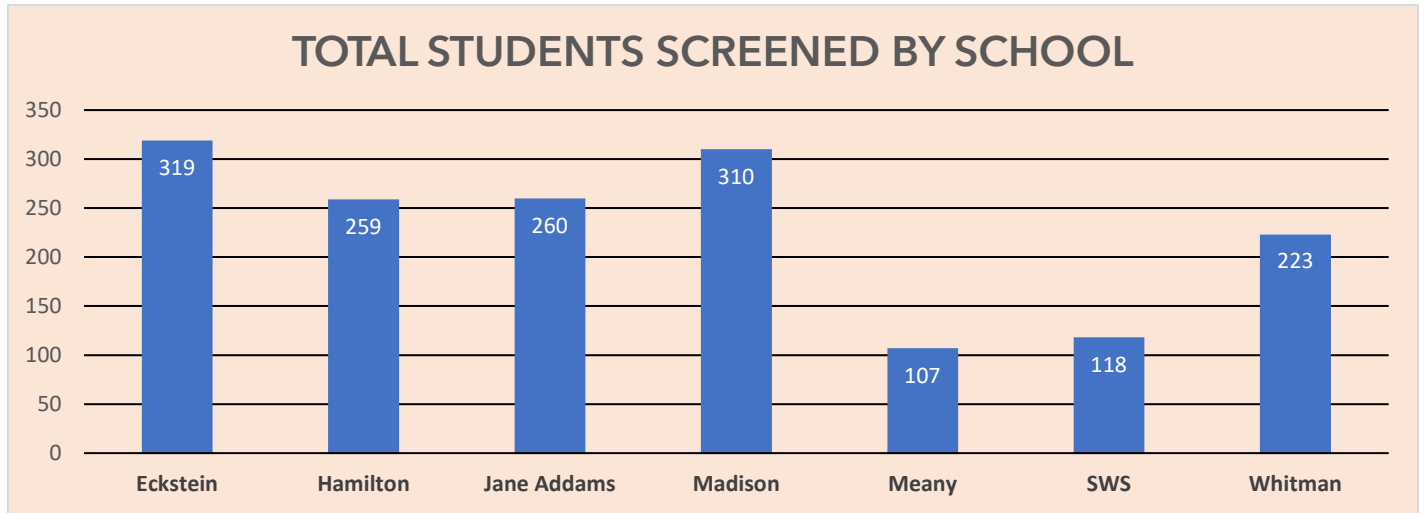
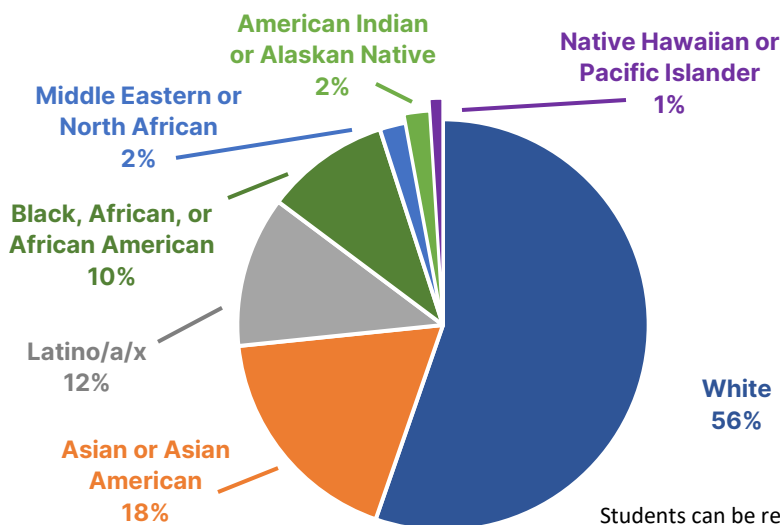
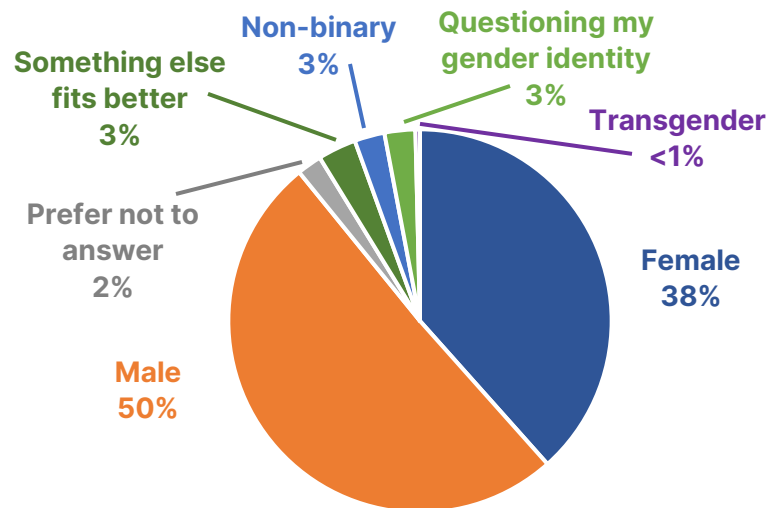


Total Students Screened: **1596**



## GENDER

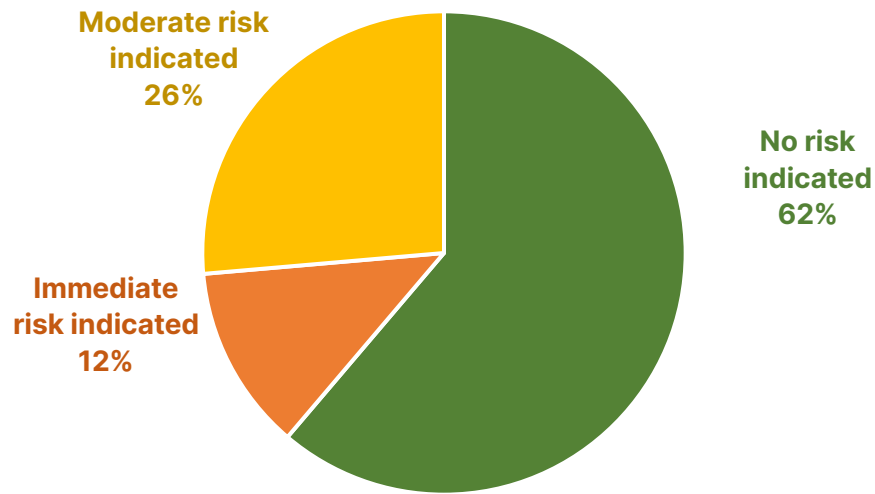


## RACE & ETHNICITY

Students can be represented in more than one category

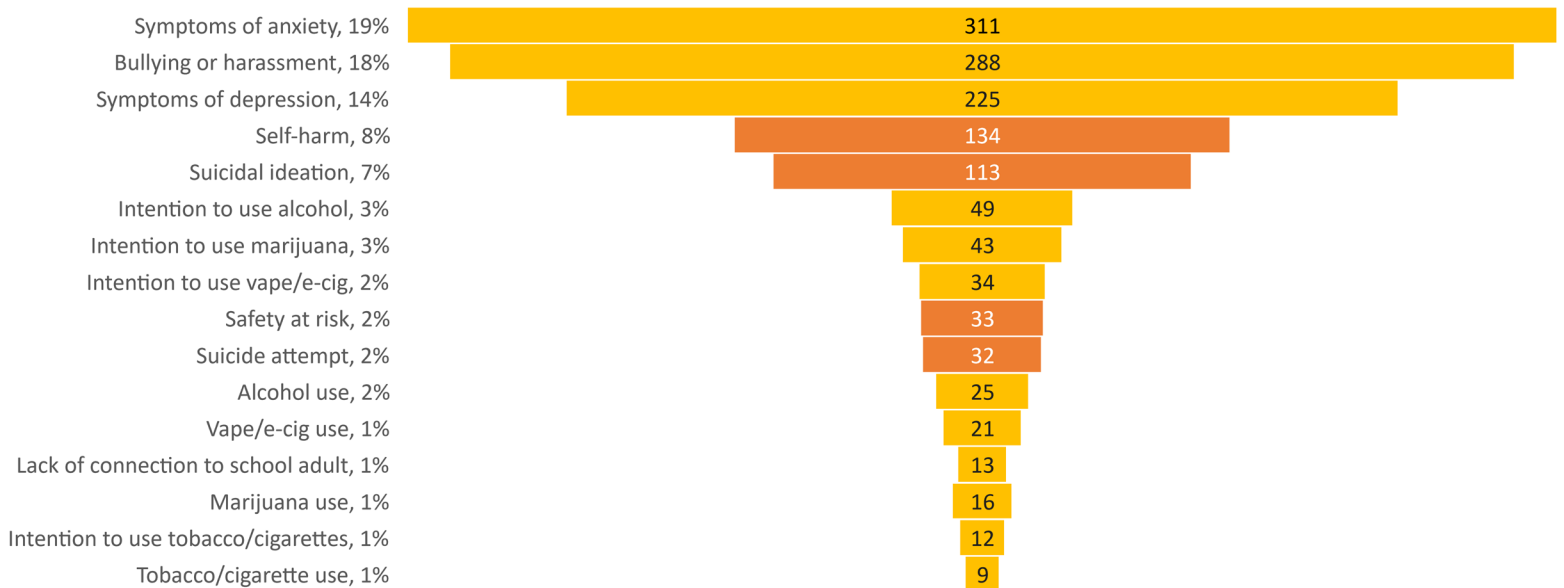
# Overview of Results

## 2021-22



*Immediate risks include indication of suicidal ideation, suicide attempt, self-harm, or safety at risk. Moderate risks include indication of bullying or harassment, symptoms of anxiety or depression, and signs of substance use or intent to use.*

### STUDENT-REPORTED RISK BEHAVIORS



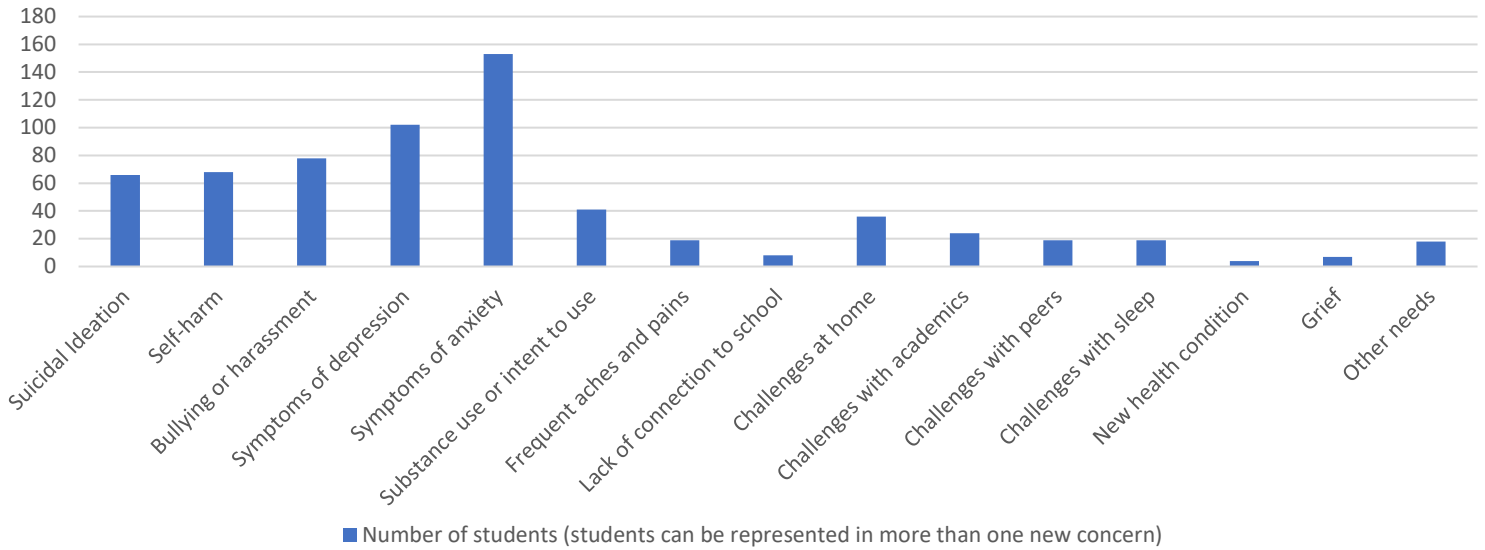
**Students who reported suicidal ideation (n=111)** also frequently reported symptoms of depression (59%), symptoms of anxiety (68%), self-harm behaviors (62%), and bullying or harassment (59%). They also had a higher rate of substance use than the general population (15% of students who had suicidal thoughts as compared to 3% of the general population). The SBIRT program helps to identify these concerns early, when they can be addressed with minimal disruption and before larger issues develop.

# SBIRT Outcomes

## 2021-22

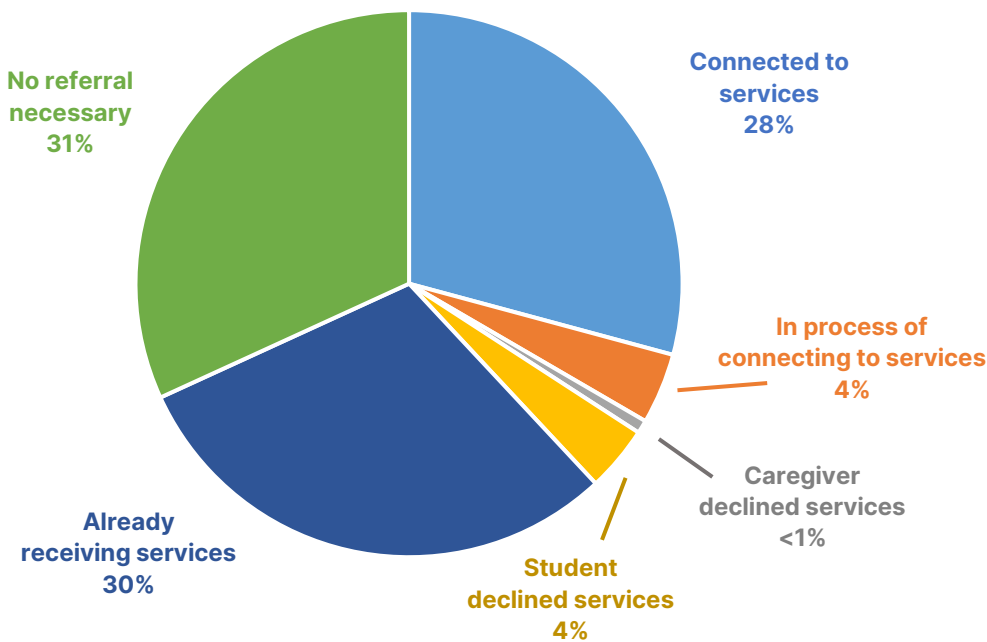
Check Yourself screening identified new, previously unknown concerns for **356** students in 2021-22 (22% of students screened).

New Concerns Identified through SBIRT by Type



**188** students in 2021-22 were connected to services through SBIRT (not all students with concerns were referred to services).

Referral Status at Time of Reporting

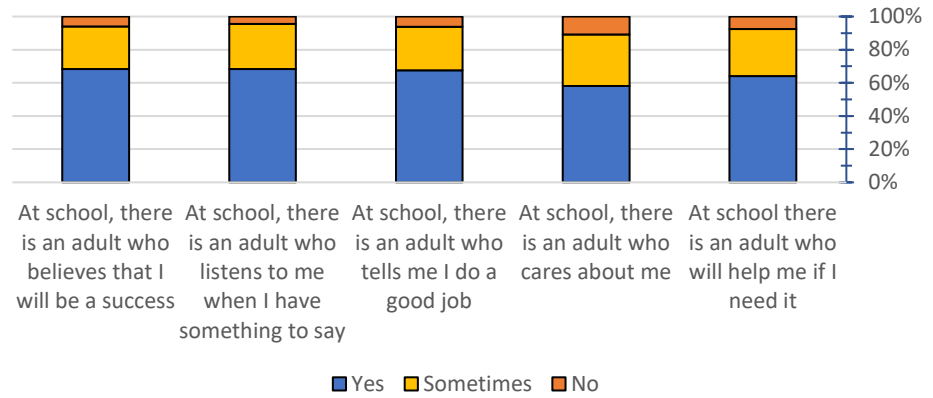


### EXAMPLE SERVICE TYPES:

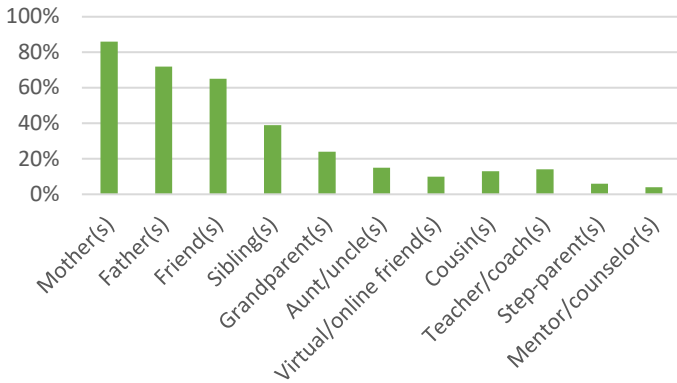
- Academic tutor
- Career counselor
- Clothing/food resources
- Community-based counselor
- Doctor
- Housing resources
- Mentorship program
- Pro-social activities (Clubs, sports)
- School administrator
- School counselor
- School nurse
- School-based health center
- School-based mental health therapist
- Social services
- Summer job/recreation opportunity
- Support group (e.g., grief, anxiety)
- Teacher
- Website/online resources

# Student Supports 2021-22

## SCHOOL



### STUDENTS' BIGGEST SUPPORTS

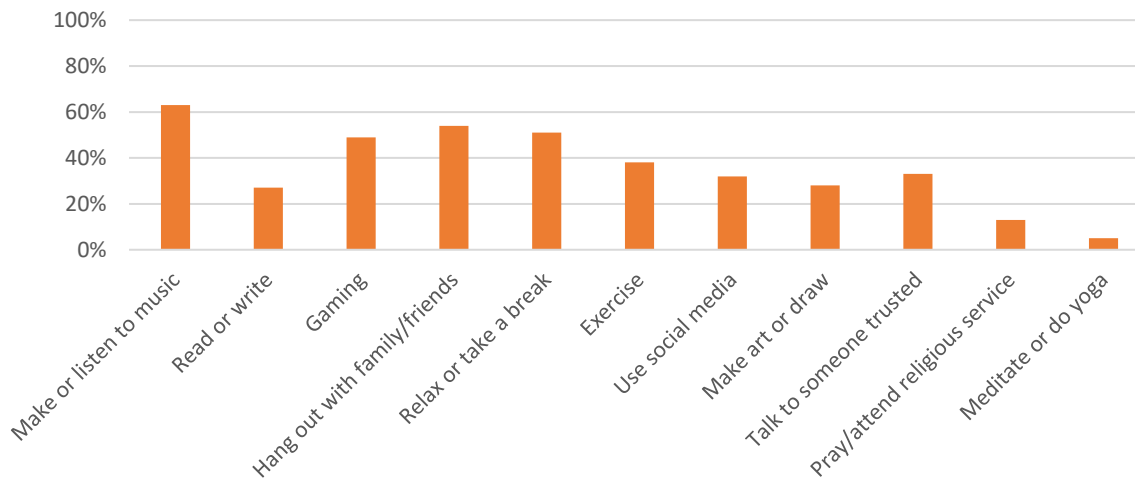


#### Supports mentioned by 1% of students or less:

- Pet(s)
- Godparent(s)
- Pop figure(s)
- Friend(s) of family
- Significant other(s)
- Teammate(s)
- Books

## HOME

### WHAT STUDENTS DO TO COPE WITH STRESS



#### Strategies mentioned by less than 1% of students:

- Watch a movie or TV
- Go outside or garden
- Sing or dance
- Bake or cook
- Play with pets
- Take a shower or bath
- Sleep or take a nap
- Eat a snack
- Do schoolwork