

Reproductive System

5th Grade Sexual Health Lesson

What questions will this lesson answer?

1. What is the reproductive system?
2. What are parts of the reproductive systems?
3. What's a period?
4. How do people manage periods?

What is the Reproductive System?

- The reproductive system is made up of anatomy, or body parts that function together to do a job.
- During puberty, it's the job of the reproductive system to begin to function so that pregnancy is possible.

The Reproductive System

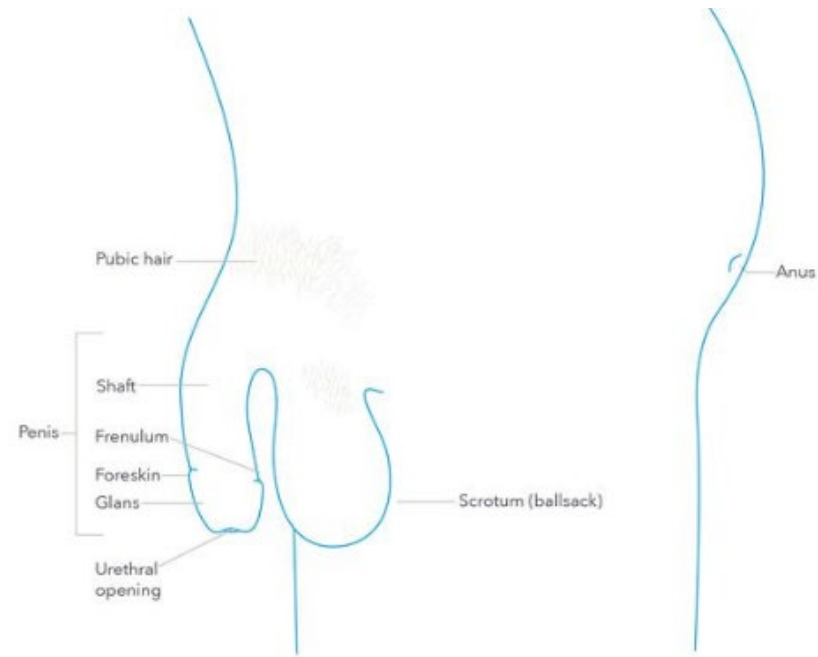
- The anatomy of the reproductive system includes the genitals or external organs like the vulva (which includes the vagina) and penis.
- It also includes internal organs like the uterus and testicles.
- Everyone's anatomy looks a little different.

The Reproductive System

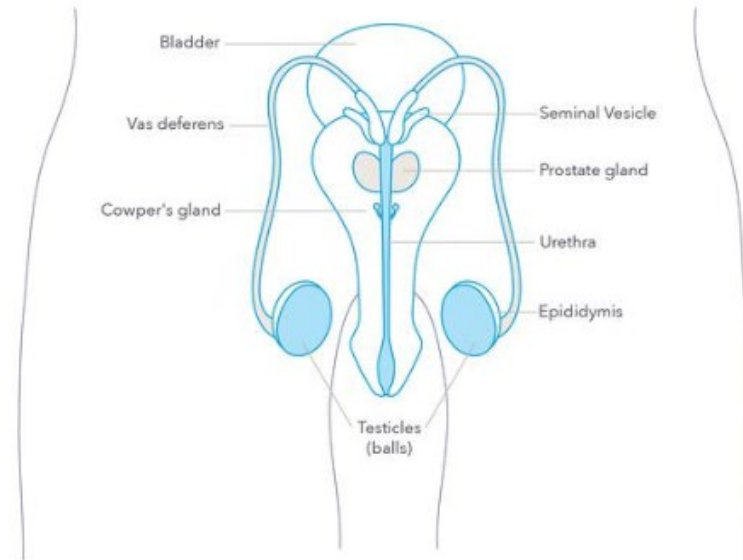
- When someone is born with a penis and scrotum, they're usually assigned male.
- When someone is born with a vulva and vagina, they're usually assigned female.
- Some people's assigned sex (male or female) matches their gender identity, some people's assigned sex doesn't.

Reproductive System

External (Outside)



Internal (Inside)



Activity 1

It hurts to be hit in the testicles!

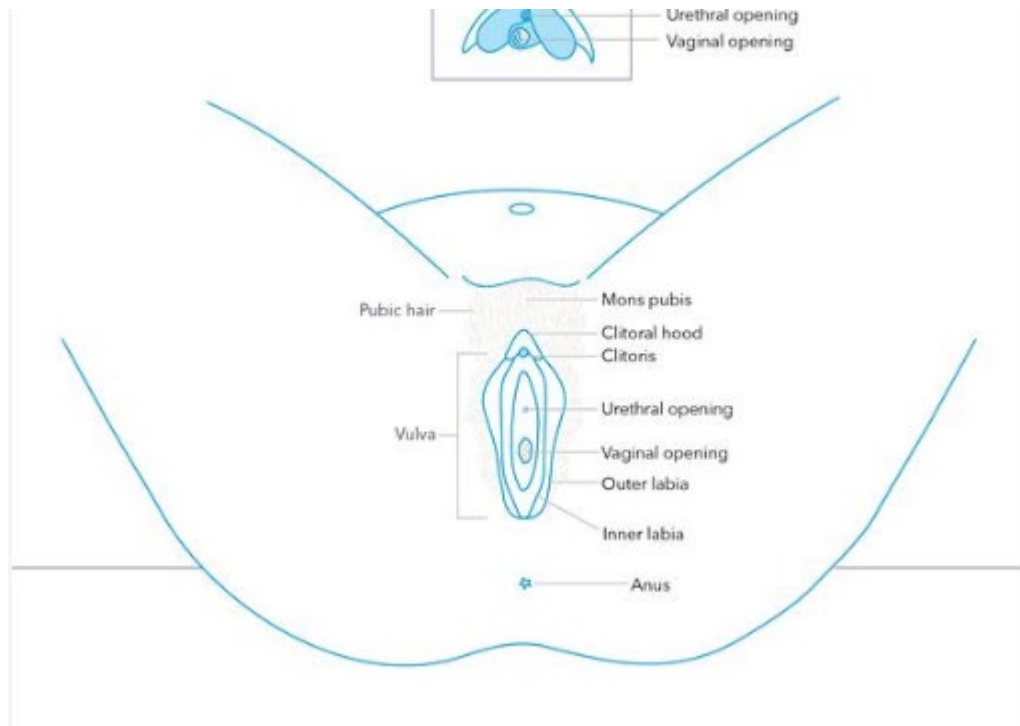
Have you ever wondered why?

Pain tells a person to protect an important body part.

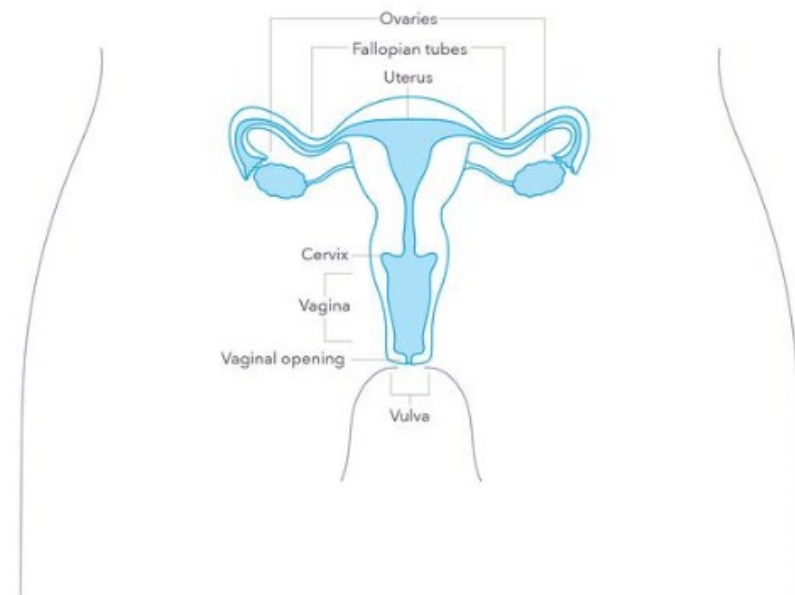
Why are testicles so sensitive?

Reproductive System

External (Outside)



Internal (Inside)



Activity 2

On your paper, write the parts of the reproductive system that go together.

- Urethra (where urine or pee comes out)
- Anus (where poop comes out)
- Vagina (where menstrual blood or a baby can come out)
- Uterus
- Bladder
- Rectum

What is a period?

- A period is also called menstruation.
- Periods start during puberty and happen about once a month until menopause.
- During a period, a small amount of blood leaves the body through the vagina for about 4 to 6 days and nights.

How do people manage periods?

Activity 3

The human body is amazing!

Write one thing about the reproductive system that surprised you or you want to know more about.

Your body is beautiful.