



Grade 5: Listening

Overview

This lesson discusses ways to listen well. Students are encouraged to identify their boundaries and practice listening skills.

Timing

45 minutes

Objectives

By the end of this lesson, students will:

- Identify ways to listen well.
- Define empathy.
- Understand their own boundaries and how to respect others' boundaries.

Standards

[Washington Health Standards](#)

H4.Sa3.5, H8.Se5.5, H2.Se5.5b

Materials Needed

- Computer/projector/speakers to display PowerPoint, including video streaming
- PowerPoint: 5th Grade Listening Lesson
- Activity: 5th Grade Listening Activity

Teacher Preparation

- Review Activity: 5th Grade Listening Activity
- Print one copy per student of Activity: 5th Grade Listening Activity

Agenda

Introduction - 5 minutes

Slides 1 – 2

Introduce the topic and explain that this lesson will include discussion, a video, and an activity. Review the questions this lesson will answer.

Teacher's note: While coming to understand boundaries, students may realize that people have crossed their boundaries. Encourage students to talk to a trusted adult about these instances.

Discussion - 15 minutes

Slides 3 – 17

Define boundaries and encourage students to think of examples. Students learn to be a good listener and identify effective communication skills. Watch the AMAZE video “How to be a Good Listener”. Reinforce ideas discussed in the video.

Activity - 20 minutes

Slide 18

In pairs, students complete the Activity: 5th Grade Listening Activity. Facilitate a discussion about the main ideas in this lesson.

Closing - 5 minutes

Slides 19 – 23

Discuss ways a student can access support at school. Invite students to identify a trusted adult.

Vocabulary

Key words in this lesson:

- Boundaries – Limits you set for yourself.
- Effective communication skills – saying and showing what you mean. Listening to understand what another person means.
- Listening – Paying attention to what another person says and means.
- Empathy – Understanding how another person feels.
- Trusted adult - An adult you can talk to about the things that are important to you.

Handouts and Activity – on following pages



Grade 5 Activity: Listening Activity

Objective: Students will get to practice their listening skills.

Materials Needed: Copies of “Listening Skills Handout,” one per student

Teacher Instructions:

Instruct students to get into groups of three. Have the groups assign a speaker, a listener, and an observer. Tell students that they will switch roles and be able to play each part. Give the speakers the “speaker sheet” and the listeners the “listener sheet.”

The speakers will choose something on the sheet to talk about for **2 minutes**. The listener will use a listening skill on the “listener sheet” to demonstrate they are listening to the speaker. The observer will observe the interaction and examine what skills the listener used. The observer may also help the speaker if they get stuck by offering suggestions for how to continue the conversation.

Repeat this process until everyone has a turn playing each role. This process should take about **10 minutes**. Once the students are done with the activity, have a larger discussion with the group. Overall activity should take **20-25 minutes**.

Debrief Questions:

- *What did you notice about the exercise?*
- *What was it like to be the speaker? The listener? The observer?*
- *Why do you think good listening skills are important?*

Closing:

- *Listening skills are great for learning other people’s boundaries*
- *Showing you’re listening to people is a great sign of respect and shows that you care*
- *Make sure to show empathy when listening to others*



Grade 5: Listening Activity

Speaker Sheet

Choose one of the following options to talk about for 2 minutes. Pay attention to how the listener is responding to you.

1. Describe in detail chronologically the steps you take to get ready in the morning.
2. Describe something you really love to do.
3. If you had limitless money what would you do?
4. If you had a superpower, what would it be and why?
5. What's your favorite class and why?

Listener Sheet

Use some of the following listening skills to show the speaker that you are listening.

1. Pay attention to what the other person is saying. Don't be distracted or think of what to say next
2. Repeat what the other person said
3. Only offer solutions if you're asked
4. Show empathy
5. Don't interrupt the person
6. Nod and smile