



Reproductive System

6th Grade Sexual Health Education

Learning Objectives

1. Define the term: reproductive system
2. Learn about the parts of the reproductive system
3. Understand menstruation (periods) and how people manage them
4. Understand how ejaculation happens

The Reproductive System

Body systems, like the digestive system or the respiratory system, are made up of body parts that function together to do a job.

During puberty, it's the job of the reproductive system to begin to function so that pregnancy is possible. Not all people will have a pregnancy in their life, but the reproductive system is the part of the body involved in creating a pregnancy.

The Reproductive System

The anatomy of the reproductive system includes the genitals or external organs like the vulva (which includes the vagina) and penis.

It also includes internal organs like the uterus and testicles.

Everyone's anatomy looks a little different.

The Reproductive System

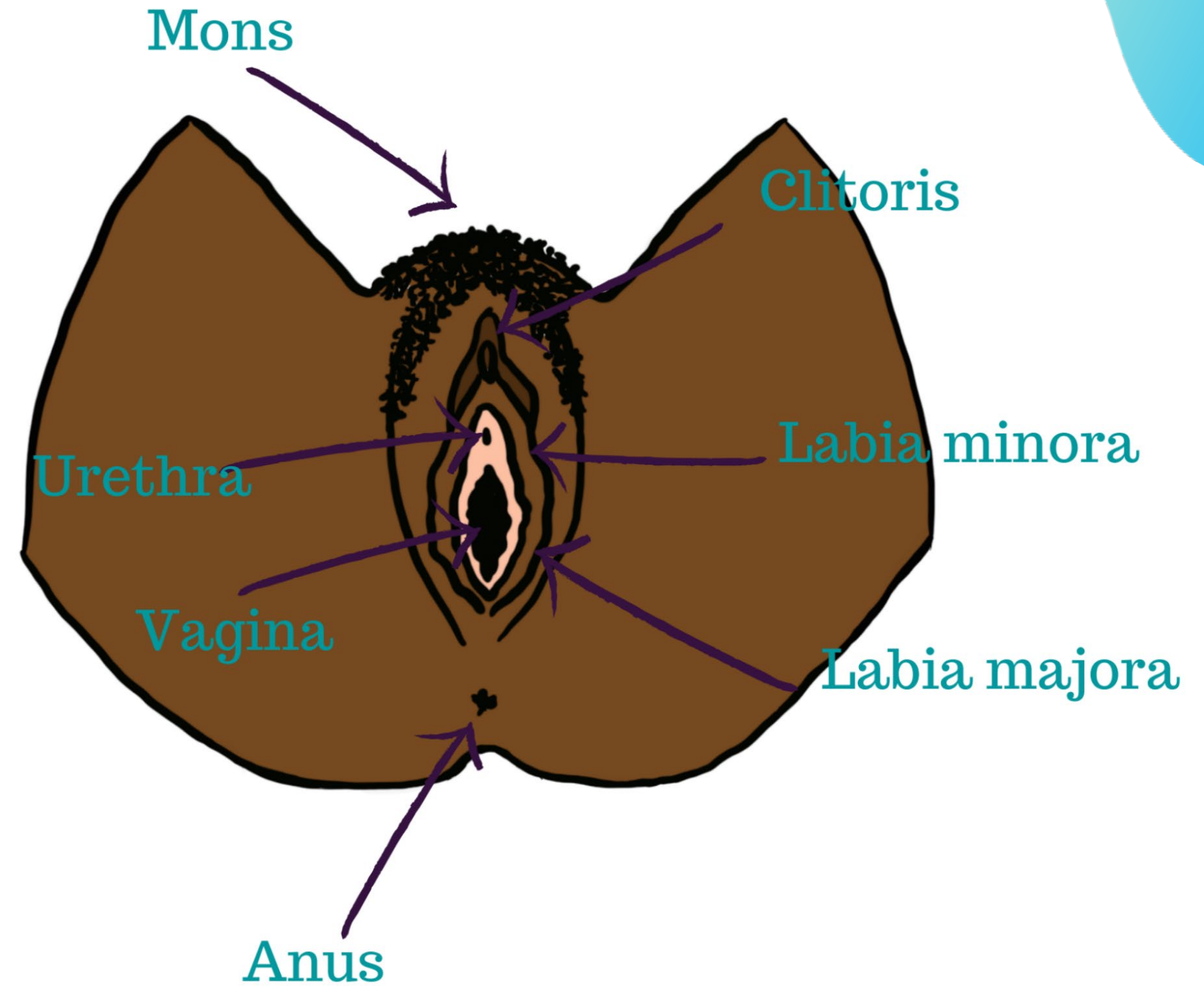
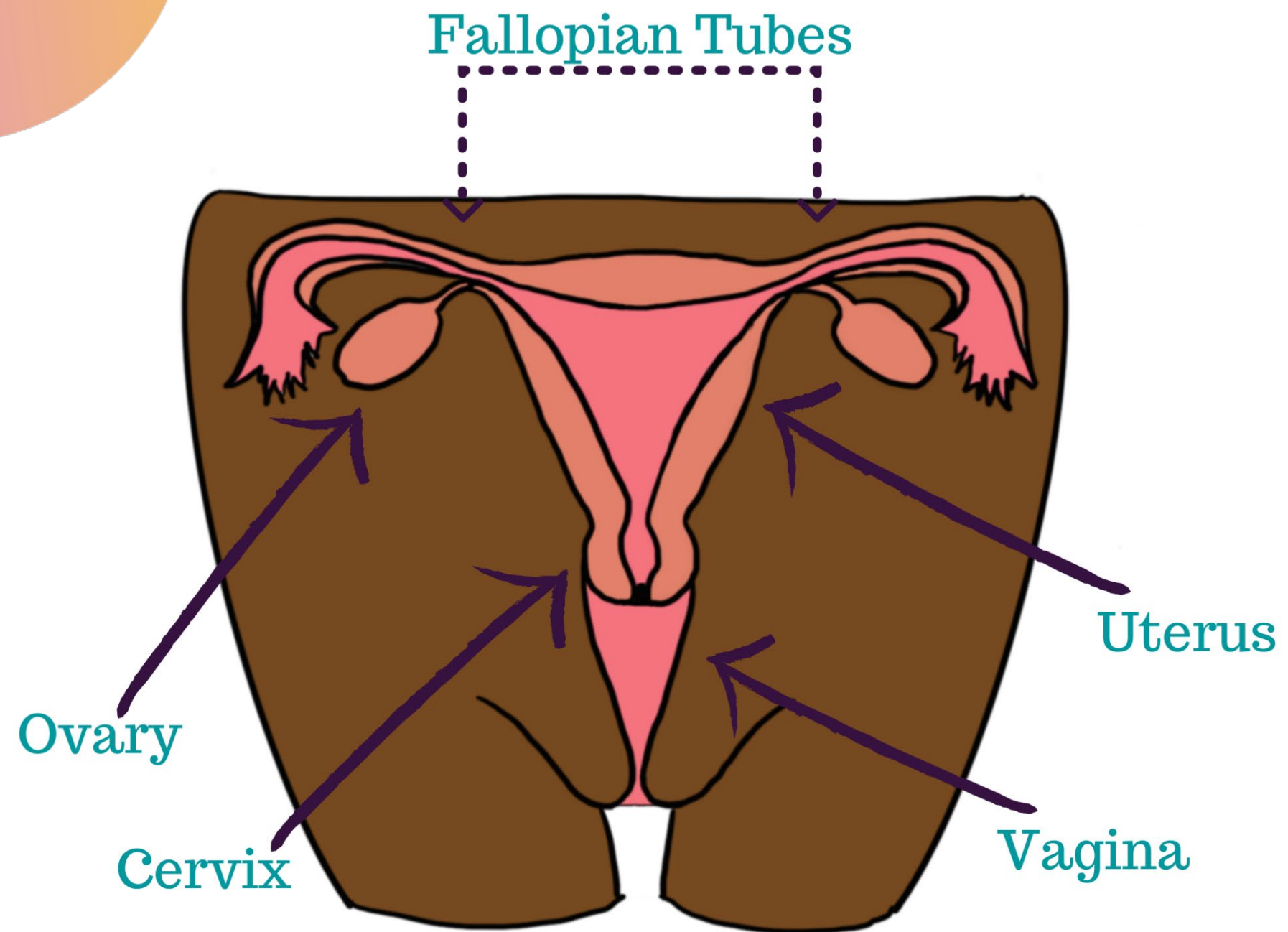
When someone is born with a penis, they're typically assigned male.

When someone is born with a vagina, they're typically assigned female.

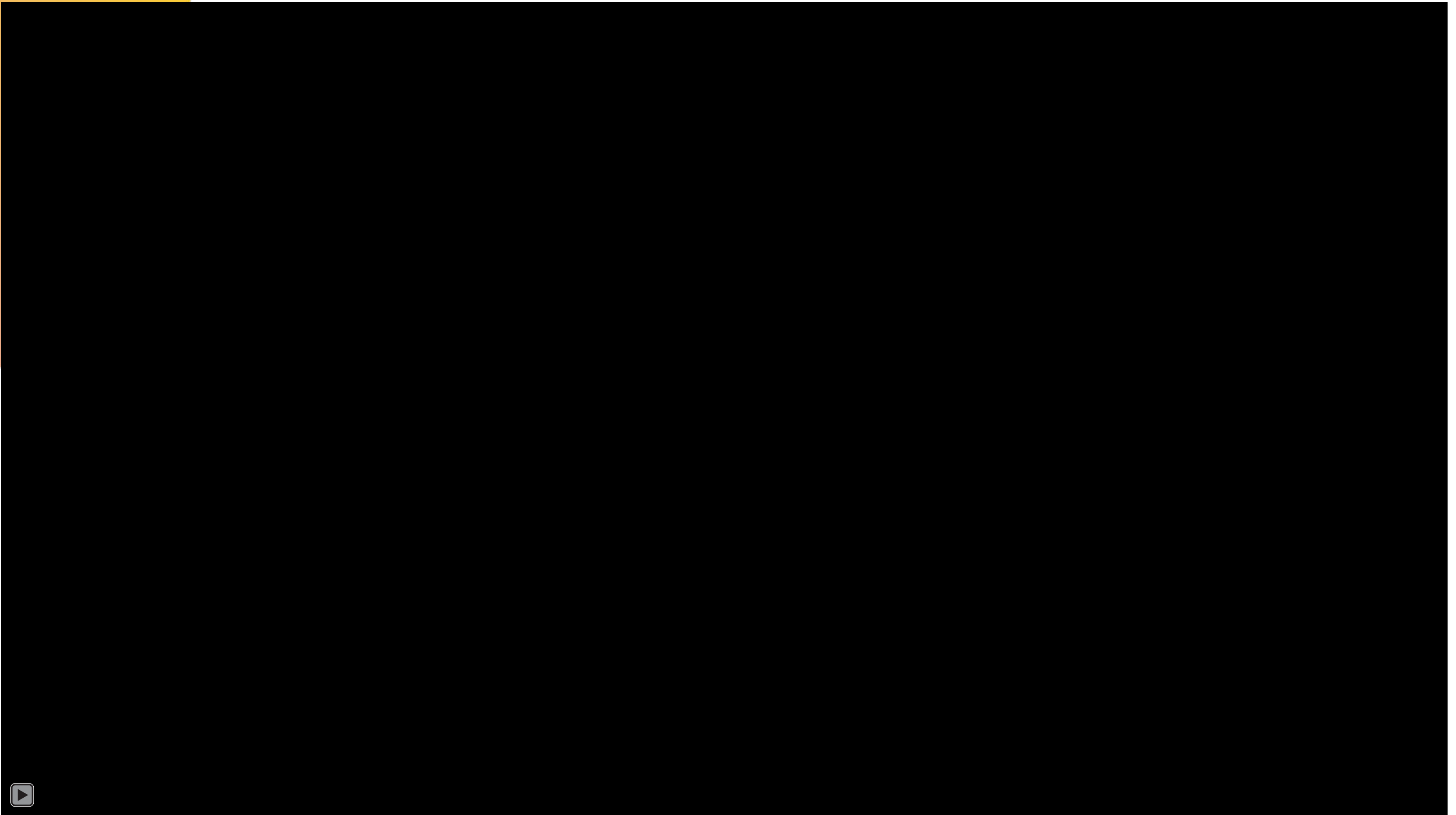
Some people's assigned sex (male or female) matches their gender identity, some people's assigned sex doesn't. A person knows their gender identity because they feel like a boy, a girl, both, neither or somewhere in between, not because of their body parts.

People of all genders are welcome at school!

Person With a Vagina

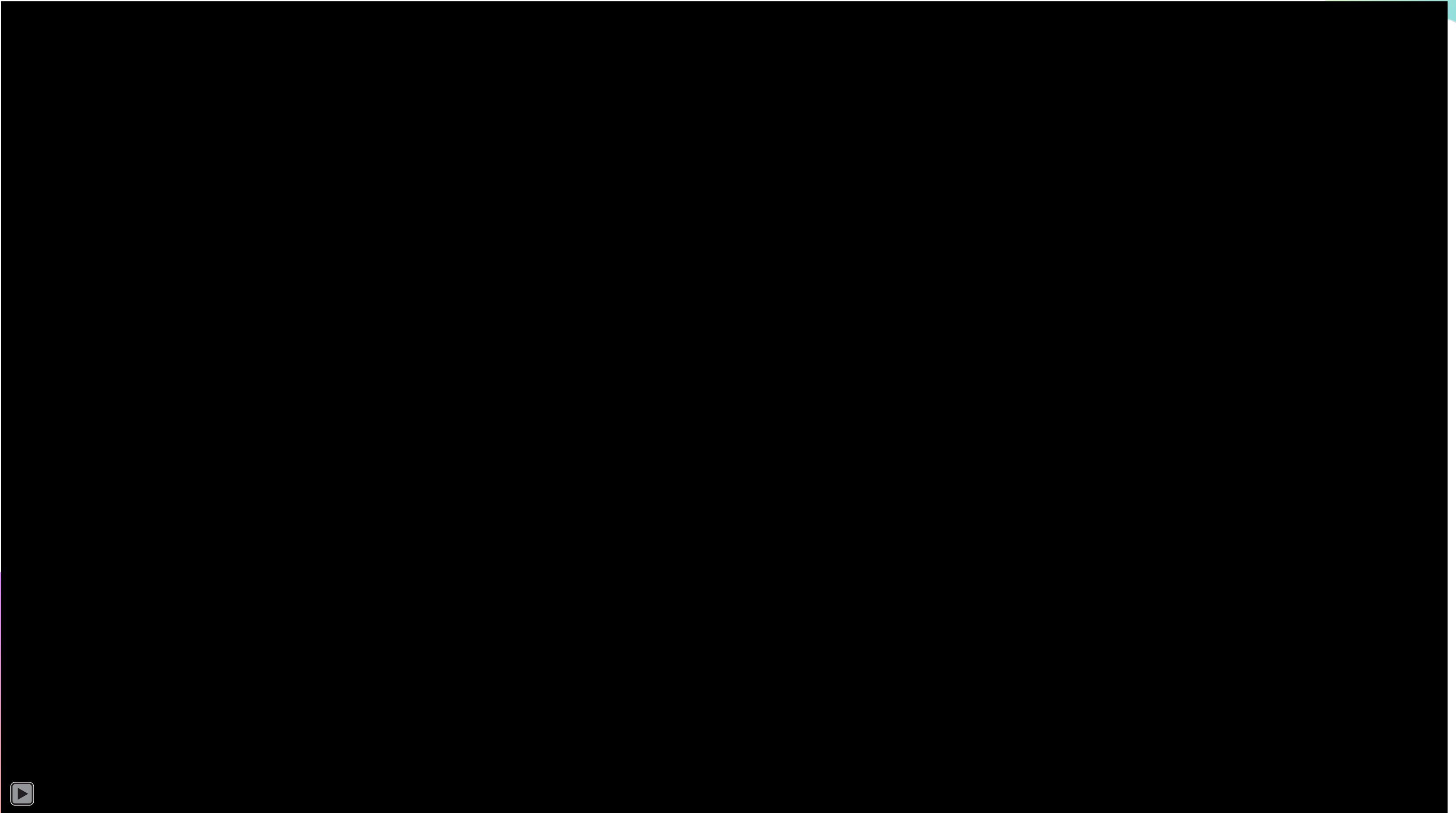


Video – Anatomy: Sex Assigned at Birth (Female)



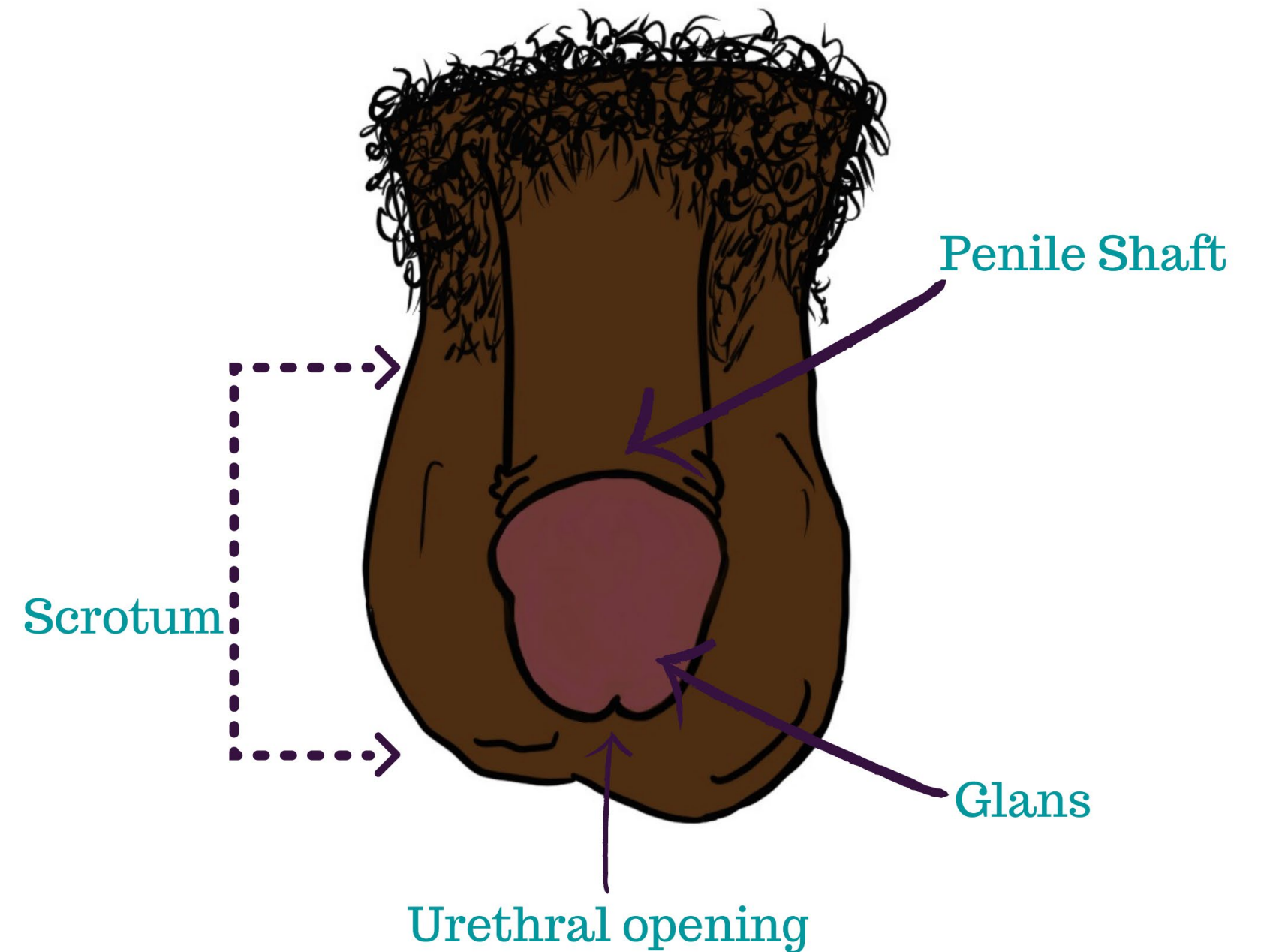
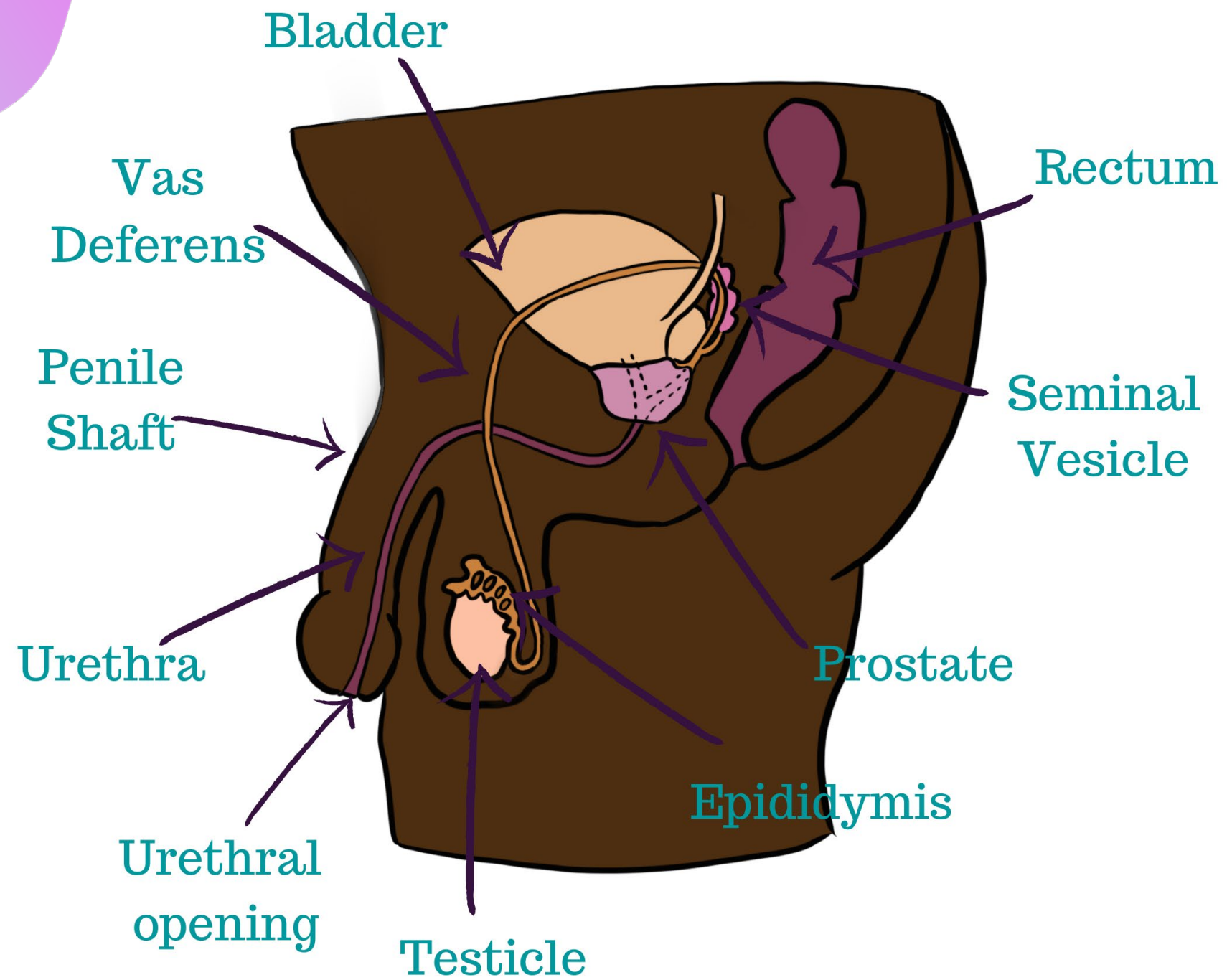
<https://youtu.be/j9QgcCK6FKM>

Video –Period Hygiene



<https://www.youtube.com/watch?v=kmWbOC8Fbb0>

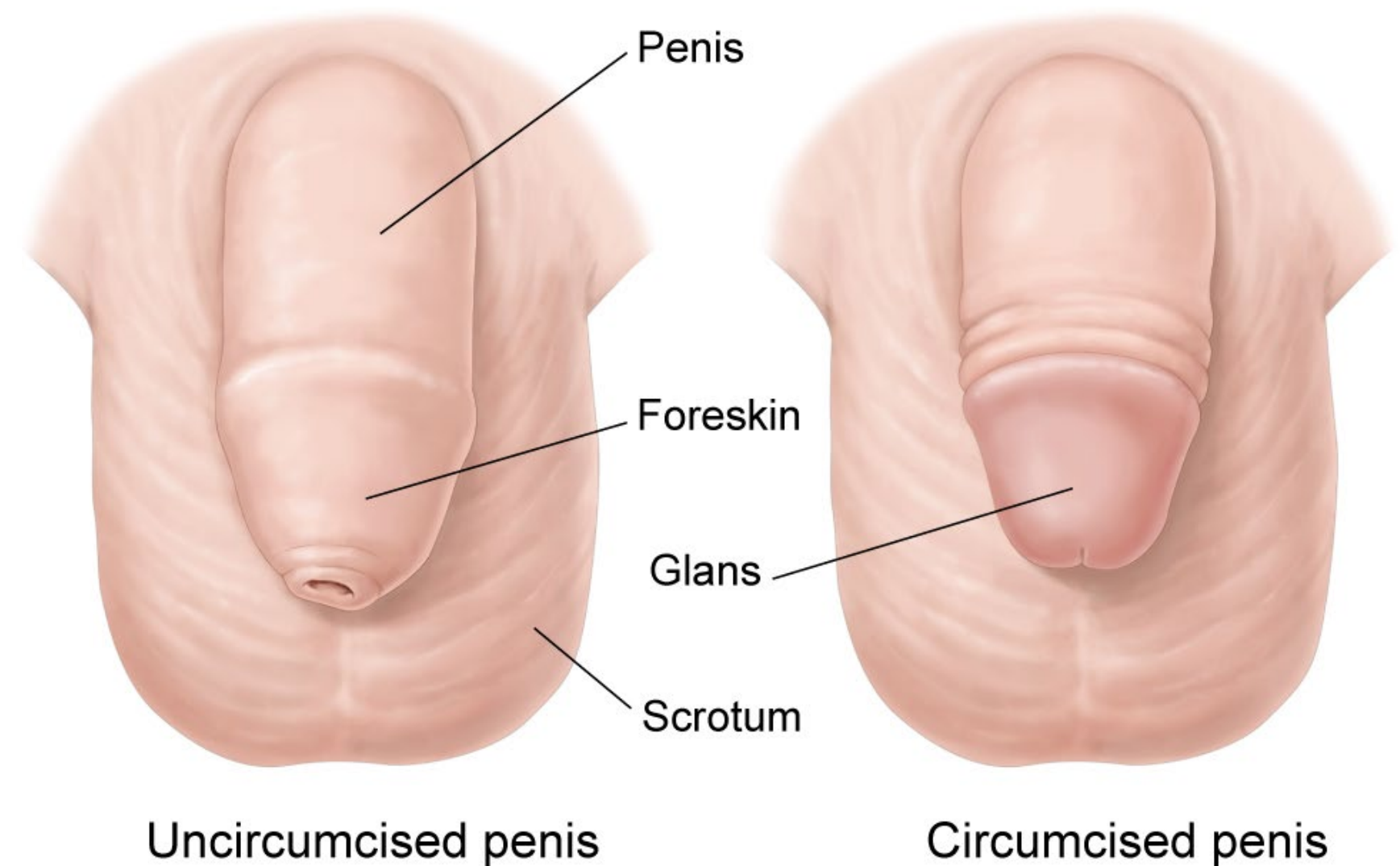
Person With a Penis



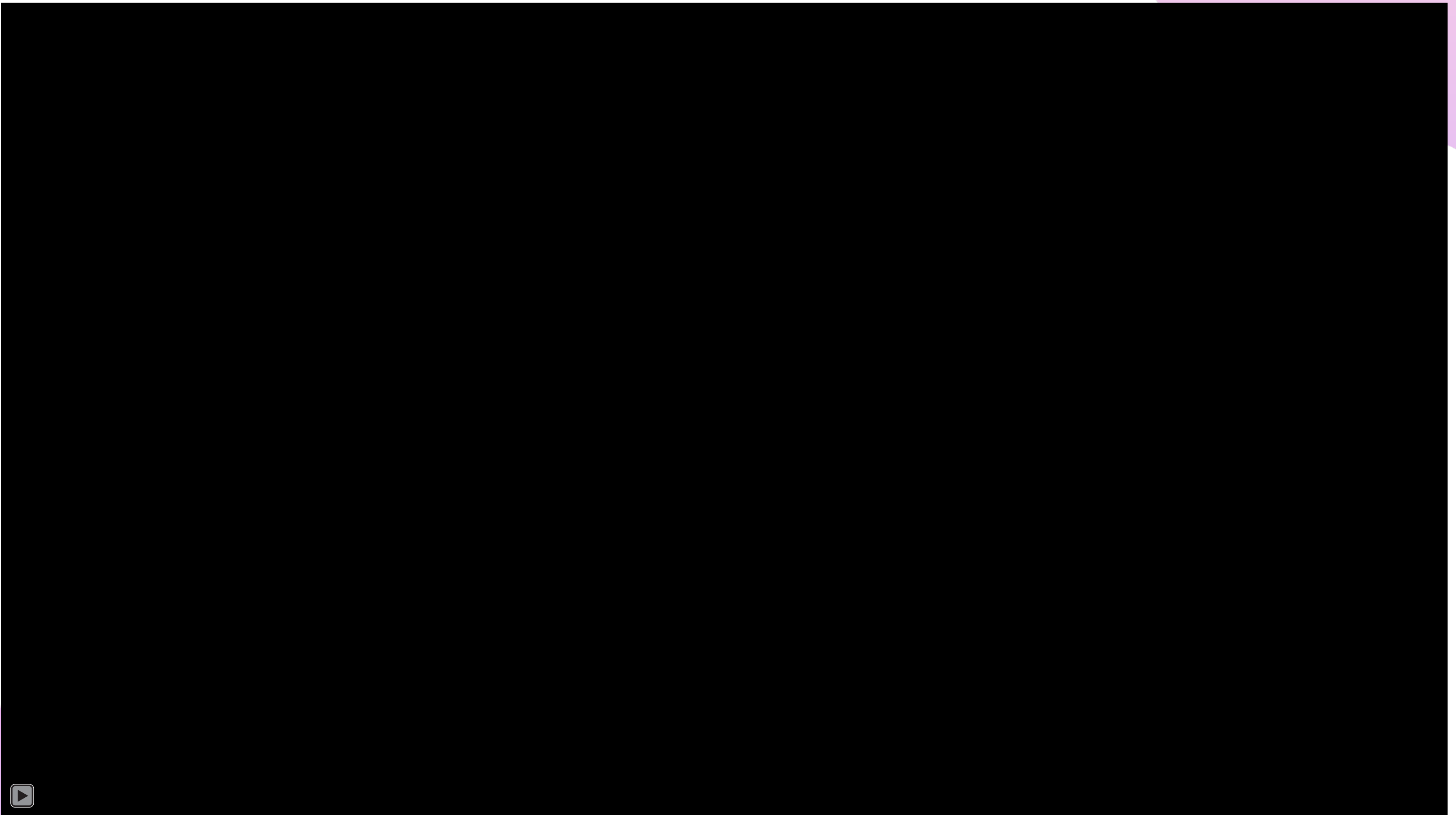
Person With a Penis

When a baby is born, the penis has a retractable piece of skin covering the glans called the foreskin. Some parents choose for their baby to have a small operation to remove this skin, called circumcision. Parents make the choice to do this, or not to do this, based on many factors such as family tradition or religion.

It is perfectly healthy and normal to have foreskin, and it is perfectly healthy and normal to be circumcised!



Video – Anatomy: Sex Assigned at Birth (Male)



<https://youtu.be/G2ciOhidKpg>

Activity

Each student will receive a card with either a word or definition written on it

When I say “go”, please find your match!

Once you have matched your word and definition, bring it to me to see if you are right.



Resources

Who can a person talk to if they have questions about their body?



Where can they get sexual health care services?



REMEMBER:

Every body is different and every body is beautiful!



Exit Ticket:

Name 3 products that a person might use to absorb their menstrual fluid.

Name 3 body parts that are involved in ejaculation.

What advice would you give a friend who was worried that their reproductive system might not be developing fast enough or working the right way?

Credits:

- Content created by Seattle Public Schools
- Videos by Amaze.org, created by Advocates for Youth
- Body images by Gorjus Doc LLC

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