



CONSENT & COMMUNICATION

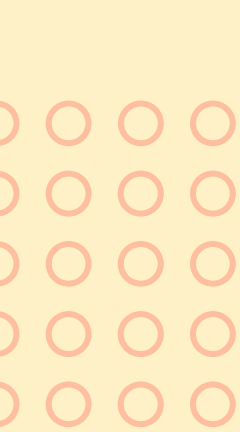
Let's talk about it!

LEARNING OBJECTIVES



After completing this lesson, students will be able to:

1. Identify ways to communicate effectively in a variety of relationships.
2. Recognize that everyone has the right to set boundaries based on their personal values.
3. Describe situations where consent is needed.


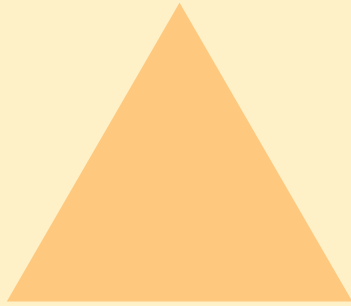


Boundaries are limits a person sets for oneself
(it's what they are comfortable with).

**Why does everyone have
the right to set their own
personal boundaries?**



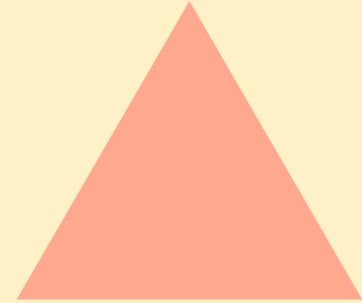
In small groups, discuss the following questions:



What do you think of when you hear the word “consent?”



What do you think of when you hear the word “communication?”



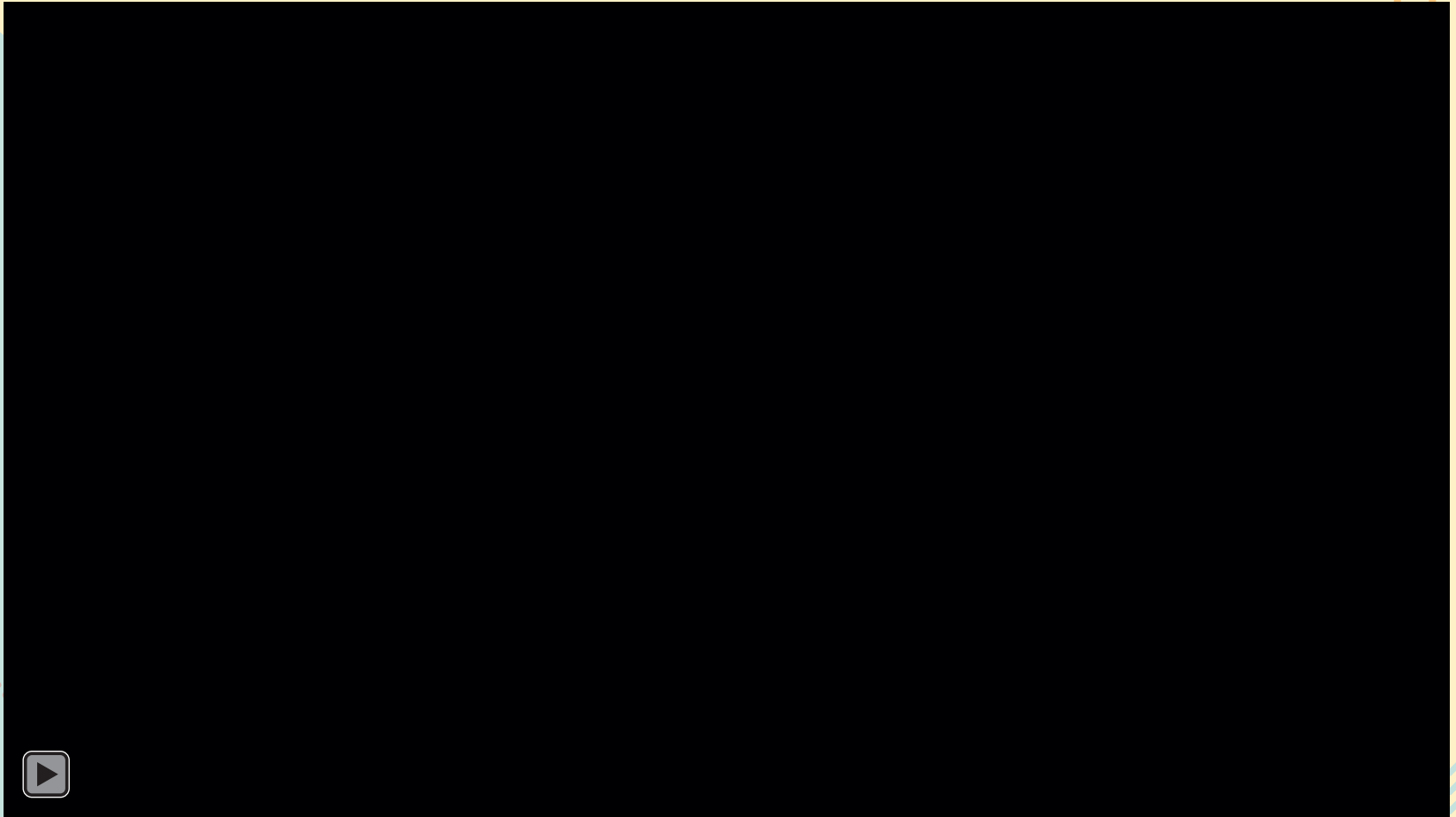
How do you think consent and communication work together?




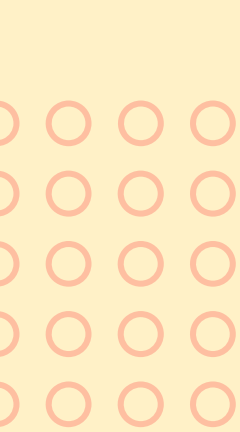


**On the next slide, you will
watch a 2 minute video.
Notice what the bear is
learning about consent and
communication.**





Consent and Communication Video: <https://www.youtube.com/watch?v=1wOqcU79Rh8>



What did the bear learn about human behavior that is different from animal behavior?

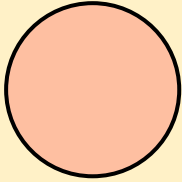
Work with your group and discuss.

How do you know if someone is really consenting?

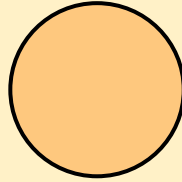


- Consent must be a **clear** verbal or non-verbal yes! Non-verbal could be nodding!
- The person must be able to **hear and understand**.
- There **cannot** be any pressure put on them to agree.
- They can change their mind at **any** time.

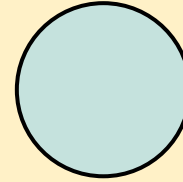
Consent is needed when:



Taking or
borrowing
someone else's
belongings

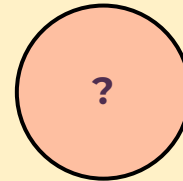
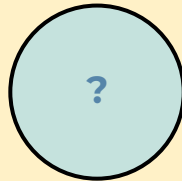
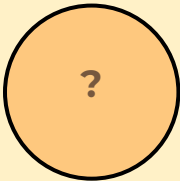


Posting a
picture of
someone on
social media



Sharing someone's
private information
(like who their
crush is)

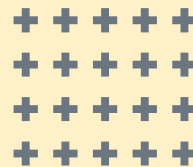
Can you think of three more?





Group Activity: Was there consent or not?

Get into two lines!



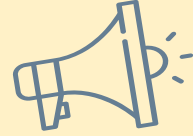
Some things to remember:



- You have the right to say NO. And so does everyone else.
- Being told “no” is not a bad thing.
- If you still aren’t sure if someone wants to do something, ask again, and let them know it’s okay if they don’t.



MORE things to remember:



- Being friends or dating does NOT change the rules of consent.
- Consent did not occur if the person was forced, threatened, or persuaded into saying yes.
- If someone does something without your consent, that is not ok and you can talk to a trusted adult.



Exit Ticket

Practicing Consent



Think about a situation where you want to borrow something (it could be anything!) from a friend.

1. Write a few sentences about how you could practice consent in that situation – what would you say?
2. Write two sentences about how and why you will show them respect if they say “no.”
3. Write one sentence on why consent is important.

RESOURCES

NATIONAL:

1-866-331-9474



love is respect org
1-866-331-9474 1-866-331-8453 TTY

NATIONAL HOTLINES

Love is Respect Teen Dating Violence Hotline
Call: 866.331.9474
Text: loveis to 22522
Chat: www.loveisrespect.org

Trevor Project Hotline
Call: 866.488.7386 (24 hours a day)
Text: Trevor to 202.304.1200
(Mon-Fri 3pm-10pm ET / noon-7pm PT)
Chat: www.thetrevorproject.org
(Everyday 3pm-10pm ET / noon-7pm PT)



LOCAL:

Harborview Abuse & Trauma Center:



www.uwhatc.org



206-744-1600



Located in Seattle,
Bellevue, and
Shoreline



Credits:

- Content created by Harborview Abuse & Trauma Center for Seattle Public Schools
- Video by Amaze.org, created by Advocates for Youth
- This presentation template was created by Slidesgo, including icons by Flaticon, infographics and images by Freepik

Please keep this slide for attribution

