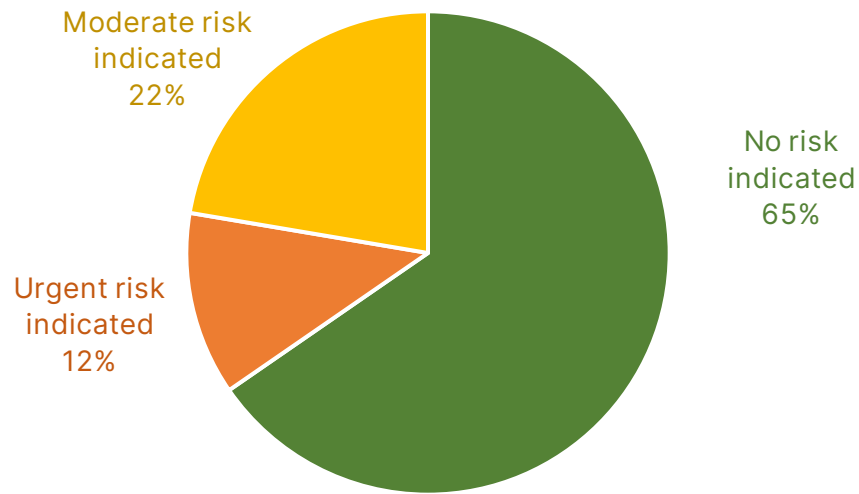


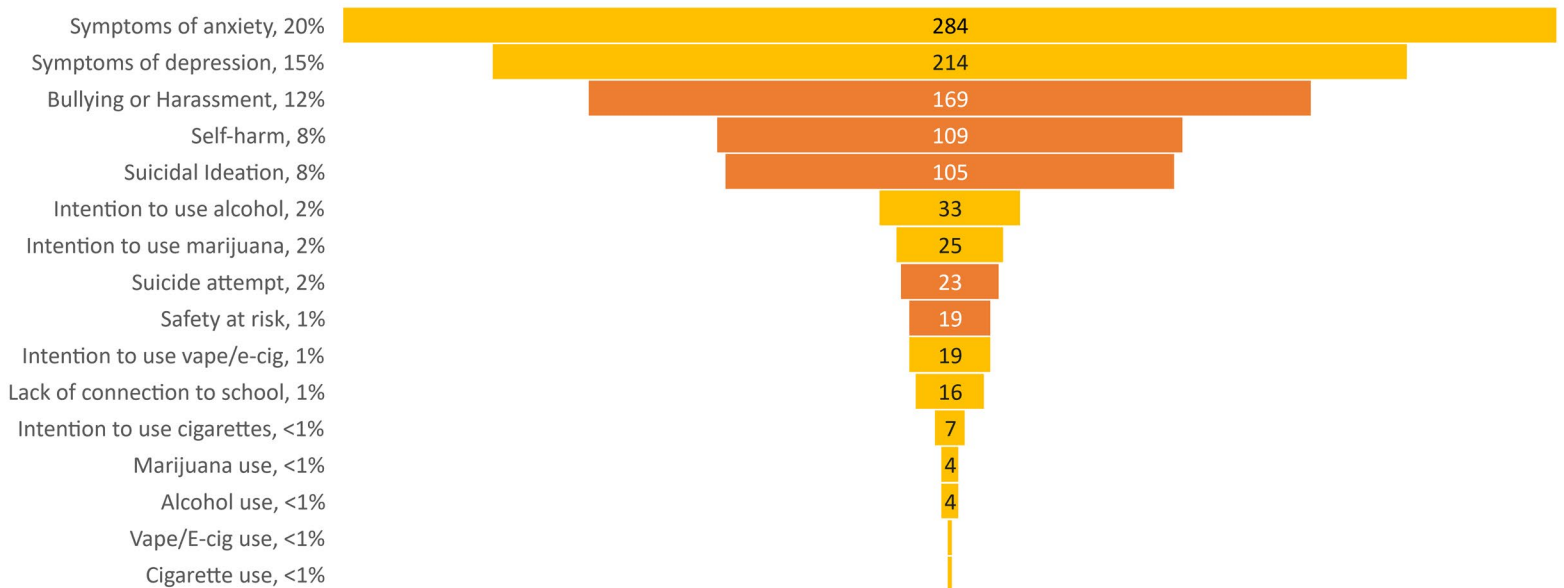
Overview of Results

2020-21



Urgent risks include indication of suicidal ideation, suicide attempt, self-harm, or safety at risk. Moderate risks include indication of bullying or harassment, symptoms of anxiety or depression, and signs of substance use or intent to use.

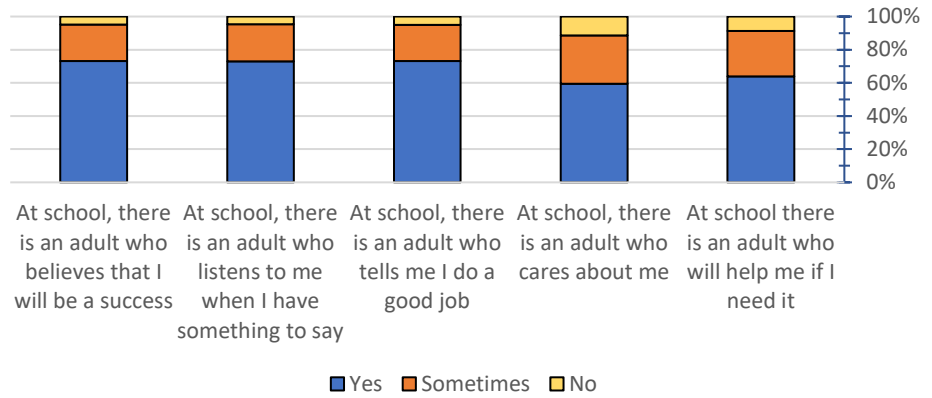
STUDENT-REPORTED RISK BEHAVIORS



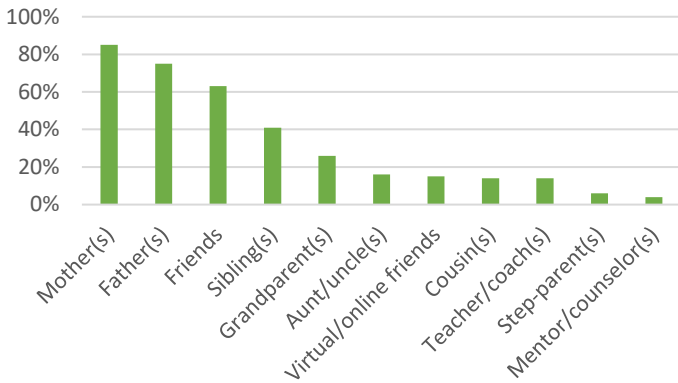
Students who reported suicidal ideation (n=105) also frequently reported symptoms of depression (68%), symptoms of anxiety (56%), self-harm behaviors (50%), and bullying or harassment (48%). They also had a higher rate of substance use than the general population (4% of students who had suicidal thoughts as compared to <1% of the general population). The SBIRT program helps to identify these concerns early, when they can be addressed with minimal disruption and before larger issues develop.

Student Reported Supports

SCHOOL



STUDENTS' BIGGEST SUPPORTS

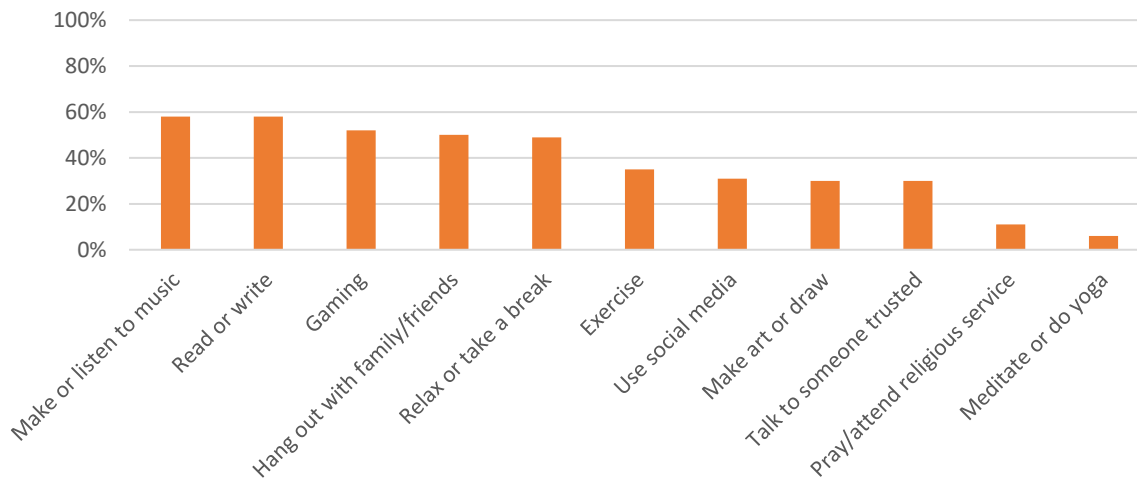


Also mentioned by less than 1% of students:

- Pets
- Nanny/au pair(s)
- Friends of family
- Pop figures
- Significant other(s)
- Religious figures
- Godparent(s)

HOME

WHAT STUDENTS DO TO COPE WITH STRESS



Also mentioned by less than 1% of students:

- Watch a movie or TV
- Go outside or garden
- Sing or dance
- Baking or cooking
- Play with pets
- Stargaze
- Take a shower or bath
- Sleep or take a nap
- Do schoolwork