



SEATTLE PUBLIC SCHOOL
HIGH SCHOOL PHYSICAL EDUCATION (PE)
WAIVER REQUEST FORM

PE Waivers will be granted for only ONE Semester at a time. A waiver will only be approved if the student has proven they have met the PE competency. A student can only be waived from the credits for physical education. A student must take other classes to make up for the missing credits to meet minimum high school graduation requirements. Students who are a Teacher/Office Assistant or has a hole in their schedule may not receive a waiver for the term.

The following categories qualify as allowable reasons for the administrator/designee to consider waiving PE. Attach a copy of your High School Transcript or Academic History and your 4-year course plan.

- 1) Physical education completed. [ ] 1 semester [ ] 2 semesters
2) Have you received a waiver in physical education?
[ ] Yes, semester waived (e.g., Second semester, Sophomore Year)
[ ] No
3) Check all that apply.
[ ] Enrolled as a Teacher's Aide (TA) or Office Assistant (OA)
[ ] Enrolled in study hall
[ ] Have you had any open periods e.g., late arrival, early dismissal?

- 1. Physical Disability HPE8203 - Attach verification from the IEP, doctor or health care professional indicating that participation in a PE class will be detrimental to student's health.
2. Religious Belief HPE8204 - The student's religion stipulates against participation in physical education. Verification from student's religious leader is required.
3. Directed Athletics HPE8205 - Participation in Seattle School District extra-curricular athletic programs requires a coach's verification. Participation in community-based organized athletics requires a weekly log documenting a minimum of 80 hours (during the semester that the student requests the waiver- summers do not count) of regular workouts, practices, and competitions. Parent/Guardian and the coach's verification are required. The transcript must show 5 semesters of coursework.
4. Military Science HPE8206 - Attach proof of enrollment in a military science class.
5. Employment HPE8207 - Student must work to assist family or student is currently self-supporting. Attach verification from employer.
6. Other Good Cause HPE8208 - (for Juniors/Seniors only) The transcript must show 5 semesters of coursework. Please explain:

Name: Student ID #: Class of:

PE Competency Test Score: (meeting standard = 3 or higher) Waiver Category #:

Athletic Program Participated in: Semester ending:

(Teacher/Coach Signature)

(Parent/Guardian Signature)

Office Use Only \_\_\_ Approved \_\_\_ Denied (provide student direction to register for PE)

Administrator/Designee Signature

Date

Entered by Data Registration Specialist

Date

