

# MUSIC

## 4/5 GRADE ACTIVITY

### LET'S MAKE A WORD CHAIN!

You might have a lot of feelings right now because we are out of school. Maybe you miss your friends or teacher, maybe you are angry, bored, tired, happy. To help you process how you feel, it's healthy to also find activities and things that make you feel calm and happy.

Let's create a word chain **OSTINATO** (os-ti-NA-to) about how you're feeling today. An ostinato is a short pattern of music that repeats. We can create an ostinato by making a word chain and repeating it over and over.

<b>STEP 1:</b> What makes you feel calm and happy? Make a list of things or activities below.	<b>STEP 2:</b> How many sounds or syllables are in each idea? Count them up and write the number next to each one.	<b>STEP 3:</b> Write a rhythm using notation that match the sounds or syllables for each idea. For example, ♩ (quarter note)=1 sound and ♪♪ (two eighth notes)=2 sounds. You can use other rhythms too if you know more.
<b>Example:</b> <ul style="list-style-type: none"><li>• Riding my bike</li><li>• Flowers</li><li>• Walks</li></ul> List things that make you feel calm and happy...	<b>Example:</b> <ul style="list-style-type: none"><li>• 4</li><li>• 2</li><li>• 1</li></ul> List the number of sounds or syllables for each thing...	<b>Example:</b> <ul style="list-style-type: none"><li>• ♪♪ (or ♩♩)</li><li>• ♪♪ (or ♪♪)</li><li>• ♩</li></ul> Write the rhythm...

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**STEP 4:** Use rhythmic notation to write the rhythm of your activities. You can choose as many activities as you like. Then repeat the phrase to make an ostinato.

**Example:**

♪	♪	♪	♪
Riding	my bike,	Flow-	ers

Now it is your turn! Place one of your words in the second line below. Then add your rhythmic notation in the line above.

**Example:**

♪
_____
Walks
_____

Notation: \_\_\_\_\_

Word: \_\_\_\_\_

**STEP 5:** Perform your word chain ostinato for someone else—a family member, a pet, a stuffy, or virtually with a friend or teacher.

### MUSIC VIDEO LESSONS

For more lessons, go to Seattle Public Schools YouTube site.

<https://www.youtube.com/c/SeattlePublicSchoolsTV>