



ELEMENTARY INSTRUMENTAL MUSIC!



Flute

MUSIC VIDEO LESSONS

For Flute Lessons, go to Seattle Public Schools YouTube site.

<https://www.youtube.com/c/SeattlePublicSchoolsTV>

Weekly Focus: The Low A Note

So far, we have learned Bb, C, D, Eb, and F on the flute. Today, we are going to learn low A. Press down your thumb, finger one and two on the left hand and pinky on the right hand. The pitch should be lower than your Bflat. If it comes out too high you may be blowing too hard. This is what the fingering chart for this note looks like:



Warm Up:

Start off by playing Bb, C, D, Eb, and F in a row using whole notes. That means you will hold each note for 4 beats before switching to the next note. Try to start each note with your tongue and take a big breath for your best sound. Next, you can try playing each of these notes for the value of a half note (which means only holding for two beats before moving on) and afterwards play them each for the value of a quarter note (which means holding for only 1 beat before moving on).

Let's continue warming-up our fingers on Bb, C, D, Eb, and F on the following exercise.

#25 *One Step At A Time*



Standard of Excellence, Book 1 Flute, by Bruce Pearson, c. 2006 Neil A. Kjos. Page 9.

Musical excerpts to Practice low A:

Now try playing an A for a whole note, which means 4 beats. Make sure that it sounds higher than the F you played in your warm-up. Next try playing 4 quarter notes on the A (one beat for each quarter note) using your tongue to start each note.

Next, let's put A into a warm-up song #36 *Mark Time*.



Standard of Excellence, Book 1 Flute, by Bruce Pearson, c. 2006 Neil A. Kjos. Page 11.

Now we are going to try putting A into a song! Let's play *Mary Ann* (see below), but before starting, can you find all the A notes in the song? Remember to check your posture and your hand positioning before starting. Now take a deep breath and play all of #38 *Mary Ann*



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