# VISUAL ARTS K/1ST GRADE ACTIVITIES

Introduction: Making art during this time can help you feel calm. Luckily, we've had some sunshine so it's good to get outside and make some Land Art. This type of art is made from materials you find in your environment. It's meant to be left there for others to enjoy.

#### MATERIALS

Outside: leaves, sticks, rocks, flowers, pine cones.

Inside: buttons, beads, uncooked pasta/lentils/beans, cutlery, paper clips...whatever you can find!

Outside



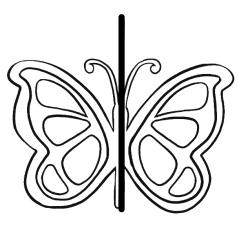


\*Make sure you have a pair of two\*

## **VOCABULARY**

Balance: Equal weight all the way around

Symmetry: Same on both sides



### STEP 1:

Look around you. What do you see? What can you gather? Start collecting materials that you would like to use. Here is an example from an artist named Jill Bliss who makes Land Art in the San Juan Islands, Washington. Make sure you have two of each item!



### STEP 2:

Arrange your findings using symmetry. Whatever you do on one side, do on the other! This creates symmetrical balance, like a mirror down the middle of your work.



#### STEP 3:

Take time to look at your art and be proud of what you created! You can talk about it with a family member or draw it on a piece of paper.

#### Inside





Outside

# PRACTICE SYMMETRY

