

	<p>NUTRITION EDUCATION & NUTRITION PROMOTION</p>	<p>Policy No. 2180 August 14, 2024 Page 1 of 1</p>
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Acknowledging the relationship between nutrition, lifelong health, and academic performance, it is the policy of the Seattle School Board that nutrition education and nutrition promotion opportunities are provided to all students with the goal of improving attitude and behavior regarding healthy food choices.

Within the budgetary limitations of the district, nutrition education and nutrition promotion opportunities will:

1. Be provided as part of a sequential, comprehensive, standards-based Health Education program designed to provide students with the knowledge and skills necessary to promote and protect their health;
2. Be incorporated into health & physical education classes and other relevant subjects;
3. Include developmentally appropriate, culturally relevant, participatory activities that may include contests, promotions, taste tests, and school gardens.

The Superintendent or their designee is authorized to develop appropriate procedures for the proper planning, funding, approval, and implementation of all activities offered within the above guidelines.

Adopted: August 2012

Revised: August 2024 (per Policy No. 1310)

Cross Reference: Policy Nos. 2185; 3405; 6700; 6705

Related Superintendent Procedure: 218OSP

Previous Policies: C53.00; C53.01

Legal References: RCW 28A.210.360 Model policy on access to nutritious foods and developmentally appropriate exercise—School district policies.; RCW 28A.210.365

Food choice, physical activity, childhood fitness—Minimum standards—District waiver or exemption policy.; RCW 28A.210.368 Nutrition, health, and physical education model policy and procedure; Healthy Hunger Free Kids Act 2010, PL 111-296; Child Nutrition Reauthorization Act 2004, PL 108-265.

Management Resources: