

## Elementary November 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
Adult: \$4.75  Families can apply for free or r		Breakfast \$2.00 \$2.25 Charge \$3.25 educed price meals online at: was an equal opportunity provider and		1 <u>Breakfast</u> Yogurt Parfait OR Strawberry Cereal Bar <u>Lunch</u> Beef Teriyaki Dippers & Rice OR Hummus Munchable	2 <u>Breakfast</u> Mini Turkey Footballs OR Turkey Sausage Wrap <u>Lunch</u> Chef's Choice OR Bean & Cheese Burrito
5	Breakfast Breakfast Burrito OR Mini Pancakes Lunch Chicken Burger OR Cheese Quesadilla	6 <u>Breakfast</u> Turkey Sausage Wrap OR Egg & Cheese Sandwich <u>Lunch</u> Beef Hot Dog w/ Baked Fries OR Bagel Munchable	7 <u>Breakfast</u> Breakfast Pizza Bagel OR Mini Blueberry Waffles <u>Lunch</u> General Tso's Chicken w/ Brown Rice OR Veggie Burger	8 <u>Breakfast</u> Egg Omelet & Toast OR Strawberry Cereal Bar <u>Lunch</u> Penne Chicken Alfredo OR Bean & Cheese Burrito	9 <u>Breakfast</u> Mini Turkey Footballs OR Turkey Sausage Wrap <u>Lunch</u> French Bread Pizza OR Toasted Cheese
12	NO SCHOOL	13 <u>Breakfast</u> Breakfast Pizza OR Mini Blueberry Waffles <u>Lunch</u> Fish Sandwich OR Cheese Pizza	14 <u>Breakfast</u> Egg & Cheese Sandwich OR Cinnamon Buns <u>Lunch</u> Chicken Nuggets w/ Roll OR Cheese Breadsticks	15 <u>Breakfast</u> Yogurt Parfait OR Egg & Cheese Sandwich <u>Lunch</u> Turkey Gravy over Mashed Potatoes w/ WW Roll OR Bean & Cheese Burrito	16 <u>Breakfast</u> Butternut Cranberry Bread OR Cinnamon Buns <u>Lunch</u> Chef's Choice OR Hummus Munchable
Parent-Teacher Conferences- NO SCHOOL K-8				Thanksgiving Break	
	Breakfast Egg & Cheese Sandwich OR Honey Wheat Breakfast Bar Lunch Hamburger/Cheeseburger OR Cheese Breadsticks	27 <u>Breakfast</u> Turkey Sausage Wrap OR Breakfast Burrito <u>Lunch</u> Pancakes w/ Turkey Sausage & Hash Browns OR Toasted Cheese	28 <u>Breakfast</u> Egg Omelet & Toast OR Strawberry Cereal Bar <u>Lunch</u> Beef Teriyaki Dippers & Rice OR Cheese Quesadilla	29 <u>Breakfast</u> Oatmeal OR Mini Pancakes <u>Lunch</u> Lasagna Cheese Roll Ups w/ Garlic Toast OR Veggie Burger	30 <u>Breakfast</u> Mini Turkey Footballs OR Mini Blueberry Waffles <u>Lunch</u> BBQ Chicken w/ Cornbread OR French Bread Pizza