



Constitution & By-Laws

Approved 9-29-16

METROPOLITAN HIGH SCHOOL LEAGUE

CONSTITUTION AND BY-LAWS

CONSTITUTION
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METROPOLITAN HIGH SCHOOL LEAGUE

CONSTITUTION

ARTICLE I – NAME

The name of this organization shall be the Metropolitan High School League.

ARTICLE II – PURPOSE

The purpose of this organization shall be to maintain and conduct a program of amateur sports competition and to promote and preserve a wholesome atmosphere of good fair play among its participants and member schools.

Revised – September 2016

ARTICLE III – OBJECTIVES

- A. Provide a well-planned and well-balanced program of interscholastic athletics for as many high school students as possible, consistent with available resources, and operate and manage those athletic activities in harmony with the policies, rules and regulations of the Metropolitan High School League.
- B. Develop and promote the pursuit of excellence in academics, athletics, activities, fair play, citizenship which fosters lifelong learning and a healthy lifestyle.
- C. Assume the responsibility of keeping the program within accepted rules and regulations, not only to the letter, but also in spirit and intent so that it makes a positive contribution to the students, the member schools, and the community.
- D. To encourage and support the primary purpose of sports at the interscholastic level as follows:
 - 1. To recognize that interscholastic sports are part of the education program; they are classified as co-curricular.
 - 2. To recognize that the purpose and benefits of interscholastic sports applies not only to the athletes, but to ancillary students involved in the program such as managers, trainers, statisticians, and others who are involved in a meaningful role.
 - 3. To utilize interscholastic athletics as a medium through which we work with students for positive growth and development.
 - 4. To utilize the interscholastic program as a means by which adults can connect with students and provide positive role modeling, and direction for growth and development.
 - 5. To utilize interscholastic athletics as a learning laboratory where students can and should learn about themselves and how they interact with others.
 - 6. To utilize interscholastic athletics as a venue where many students can be reached, when they are not reached as well through the instructional program.
- E. To encourage and support the secondary purpose of sports at the interscholastic level as an opportunity to teach the skills of a specific sport, so that students may work toward achieving excellence.
- F. Given the above purposes, adults responsible for interscholastic athletic programs need to recognize and adhere to the following principles:
 - 1. A good coach is a good teacher. A student-athlete is a student first.
 - 2. Athletic programs at the interscholastic level exist for the benefit of all who participate, and not solely for the gifted few. The benefits to be derived are equally important for all participants.
 - 3. Interscholastic athletics do not exist for the purpose of providing college scholarships. However, college scholarships can be a by-product of participation.

4. Multi-sport and activity participation is encouraged and supported for all students.
5. Interscholastic athletics achieve their primary and secondary goals when those involved recognize that striving for the achievement of excellence is not always measured in win-loss records, but in individual progress and development.

ARTICLE IV – MEMBERSHIP

Section 1 – Membership

Membership in this League shall consist of the senior high schools of Seattle School District #1, Bainbridge Island School District and the private/parochial schools of Bishop Blanchet, Eastside Catholic, Holy Names Academy, Lakeside, O’Dea, and Seattle Preparatory, according to the contractual agreement among the aforementioned school districts.

Section 2 – League Expansion

- A. Seattle Public District #1 Schools may be added to the Metropolitan League at the discretion of the Superintendent of Seattle Public Schools. Other schools may be added through a majority vote of the MAEC.
- B. The process for non-Seattle Public Schools to apply for membership in the Metropolitan League is as follows:
 1. Written application from the prospective school with rationale and implications submitted to League Office by August 1.
 2. Preliminary discussion at the fall MAEC meeting.
 3. Presentation by the applicant school to the Athletic Directors in early fall.
 4. Athletic Directors recommendation presented to MAEC at November meeting.
 5. Discussion and vote by MAEC at November meeting.

Section 3 – Withdrawal or Loss of League Membership

- A. Membership in the League may be withdrawn by submitting written intent, provided that such intent is submitted at least one year in advance of the withdrawal date or such withdrawal coincides on or before the final publication of the Washington Interscholastic Activities Association (WIAA) classification cycle and a school year calendar.
- B. A member school may be terminated from the League by a majority vote of the MAEC. Schools must be given a two-year notice of the intent of the League to terminate their

membership unless the affected school chooses to leave earlier, or is expelled from the League as a disciplinary action.

Section 4 – Participation of Member Schools

- A. Member schools are obligated to participate in all League scheduled regular season and play-off events in the sports in which they participate (Varsity and JV) unless they have received previous permission from the Athletic Office for modification of schedule, cancellation or forfeiture. Schools may not schedule or participate in other athletic events which conflict with League scheduled events or which would cause participants to be withheld from League competition.
- B. Member schools shall play their varsity team in varsity level competition, JV team at the JV level of competition, etc. This rule may be waived due to extraordinary circumstances, provided permission is received from the Athletic Office in advance, or in cases where disciplinary action is taken by the school and is reported to the Athletic Office.
- C. Failure to fulfill schedule obligations may result in disciplinary actions against the offending school and/or school officials.

Section 5 – Membership in Washington Interscholastic Activities Association

League member schools shall be members of the WIAA and shall follow the rules and regulations and core principles of that association except as further restricted in the League By-Laws or sports regulations published by the League office.

Section 6 – Participation in WIAA Events

League member schools shall be members of the WIAA sponsored and sanctioned State championship events, and subject to WIAA regulations.

Section 7 – Out of State Events

Participation in “out-of-state” events is subject to WIAA, League and local school district regulations.

Section 8 – Facilities

Scheduled athletic events of the League shall have priority in the use of school facilities. Schools should make every effort to provide the opportunity of equal use of school facilities for practice purposes by participants of all teams and sports, appropriate to the needs and available facilities of each school.

Section 9 – Sports Rules

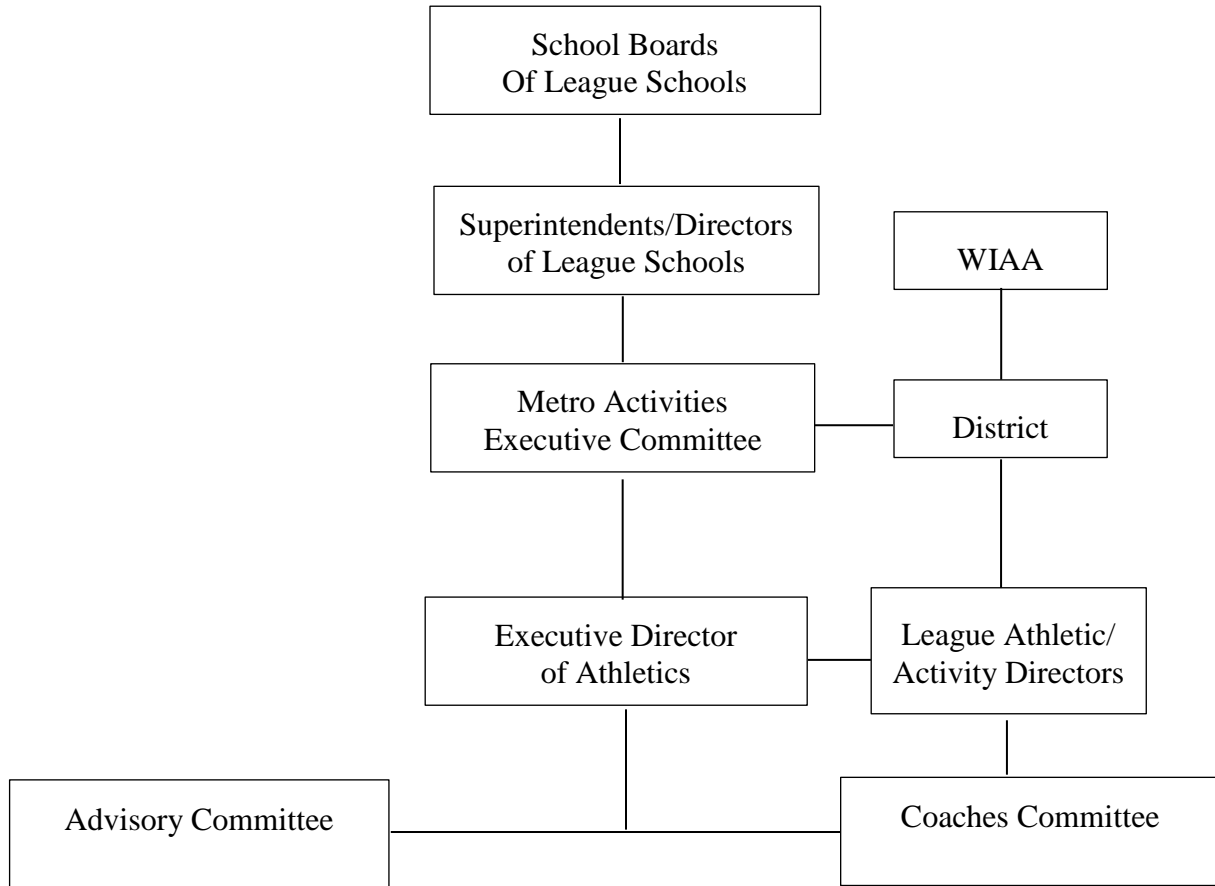
All sports shall be governed by the official rules adopted by the WIAA for that sport. Exceptions to such rules may be adopted by the Metropolitan Activities Executive Committee (MAEC) for League contests, subject to the approval of the WIAA Executive Board.

ARTICLE V – LEGISLATIVE AND ADMINISTRATIVE AUTHORITY

Section 1 – Metropolitan Activities Executive Committee - Duties and Authority

- A. Authority for legislation and the formulation of rules and regulations for the administration and control of the activities program shall be vested in the Metropolitan Activities Executive Committee (**MAEC**) which shall be responsible to the superintendents and school directors of the member schools.

ORGANIZATIONAL CHART



- B. The MAEC has the authority to levy sanctions against individual participants, teams, or schools.
- C. MAEC has the final authority concerning matters affecting the school and discipline of individual athletes, including appeals of game suspensions.
- D. The primary role of the MAEC in hearing cases and appeals is to hear and decide matters affecting the welfare and rights of the school.

Section 2 – MAEC Membership and Voting

- A. The voting members of this committee shall consist of one representative per member school, with each representative having one vote.
- B. Committee members shall be comprised of the principal from each member school or his/her designee.
- C. The Executive Director of Athletics for the Seattle Public Schools (MEAC League Director) and the President of the Metro League shall serve as League ex-officio members of the MAEC.
- D. The Athletic Directors of the Metro League schools shall serve in an advisory capacity concerning the total activities program. This group shall be comprised of one Athletic Director representing each of the member schools. This committee shall have the responsibility of developing all schedules and event management arrangements within the guidelines developed by the MAEC.

Section 3 – Officers and Term of Office

The officers of the MAEC shall be a President, the Executive Director, and the League President, who shall be the secretary ex-officio. The rotation for MAEC President and AD/League President do not have to be linked by school.

The President of the MAEC will be elected by a vote of the MAEC, and serve a two-year term that is renewable pending a subsequent vote. The AD/League President will be elected by a vote of the Athletic Directors, and serve a two-year term that is renewable pending a subsequent vote.

Section 4 – Meetings

- A. The MAEC shall meet once prior to each sports season. One meeting shall include a review of the annual financial report. The other meetings may convene based on need.
- B. MAEC meetings are closed. However, visitors may be given permission to present at, or attend, a MAEC meeting if given written approval by the Executive Director prior to the meeting. Athletic Directors will attend based upon invitation.

Section 5 – Quorum

- A. A quorum shall consist of two-thirds of the committee members. A representative, or his/her designee, must be physically present to vote.
- B. Two-thirds majority:
 - 17 Member Schools- 12 votes
 - 16 Member Schools- 11 votes
 - 15 Member Schools- 10 votes
 - 14 Member Schools – 9 votes
 - 13 Member Schools– 9 votes
 - 12 Member Schools– 8 votes

Section 6 – Amendments

- A. **The Constitution** may be amended or repealed by a two-thirds affirmative vote of the MAEC. Each school shall have one (1) vote. The Superintendent of the SPS District (or his/her designee) shall have one (1) vote per Seattle Public School in the Metro League.
- B. **The By-Laws** may be amended or repealed by a two-thirds affirmative vote of the MAEC.
- C. Both the Constitution and/or the By-Laws may be amended provided that:
 - 1. The proposed amendment has been read at a previous meeting.
 - 2. The proposal to amend to the Constitution or By-Laws originated from MAEC members, Athletic Directors, or the Executive Director.
 - 3. The proposed amendment is acted upon at the next regular meeting of the MAEC following its introduction.

Section 7 – Responsibilities and Authority of the Executive Director of Athletics

The Coordinator of Athletics for the Seattle Public Schools shall be designated as the Executive Director of Athletics for the Metropolitan High School League and the duties and authority shall include, but not be limited to, the responsibility and authority to:

- A. Administer the League athletic program as directed by the League contract, Constitution and By-Laws, and the MAEC.
- B. Implement and enforce the rules and regulations of the League; being duly authorized by the individual schools to act upon disciplinary matters involving individual participants and to levy sanctions against teams or schools which are in violation of League regulations or game rules. Disciplinary action involving individual students shall be limited to one-game suspensions for each case of misconduct of rule violation, unless specific sport rules dictate otherwise. Team and school sanctions shall be in the form of forfeitures, probation, suspension, or fines or other sanctions deemed appropriate.
- C. Make exceptions to League regulations and policies (including eligibility rules) as are deemed necessary and expedient.
- D. Conduct Advisory Committee hearings and assist the MAEC chairperson in the administration of MAEC meetings and hearings.
- E. Serve as the primary representative of the Metro League.

ARTICLE VI – STUDENT RIGHTS AND RESPONSIBILITIES

Section 1 – Student Rights

- A. Students participating in the interscholastic athletic program are governed by the rights, protection and responsibilities as prescribed by the WIAA Constitution Rules and Regulations (handbook), the Metropolitan High School League Constitution and By-Laws, and the regulations of their respective school district and school.
- B. Students or schools may request rulings on eligibility or disciplinary matters from the Executive Director of Athletics.
- C. Students and/or their parent(s)/guardian(s) may request exceptions to League and WIAA regulations beginning with their Athletic Director. Students requesting such exceptions shall be ineligible to participate in interscholastic contests pending final decision of their request.
- D. Appeals of interpretations and decisions made by the Executive Director concerning matters of discipline, including matters of eligibility and suspensions, shall be submitted to the Advisory Committee.

See Article VII – Advisory Committee

Section 2 – Student Responsibilities

Participants are required to conform to the rules and regulations of their school, school district, the Metropolitan League, and the WIAA, and to conduct themselves in a safe and sporting

manner. Violators are subject to probation or suspension as may be applied by the school, school district, League, or the WIAA.

ARTICLE VII – ADVISORY COMMITTEE

Section 1 – Membership

The Advisory Committee is a standing committee and shall be composed of representatives from three member schools, at least one from a Seattle Public School, at least one not from a Seattle Public School. The chair of the committee will be the current president of MAEC. The Executive Director serves as an ex-officio (non-voting) member of the Advisory Committee. An Advisory Committee member who is associated with teams and/or individuals involved in a given appeal shall be replaced by another MAEC member for that appeal only. The Executive Director shall select the replacement.

Section 2 – Duties and Authority

It shall be the duty and responsibility of the Advisory Committee to hear and decide the appeals of interpretations and decisions made by the League Director concerning matters that primarily affect the individual (ex. Suspensions and eligibility) or team (ex. Game protests) as opposed to matters that affect the welfare and rights of the schools. Decisions of the Advisory Committee are final.

<p>See By-Laws Article 1 (Eligibility), Article IV (Rules Violations), Article V (Game Protests) and Article VII (Appeal Procedures).</p>
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ARTICLE VIII - LEAGUE MANAGEMENT AND FINANCIAL ARRANGEMENTS

All League management and financial arrangements shall be determined by a League contract to be negotiated and agreed upon by representatives from each non-Seattle Public School and the Seattle School District.

BY-LAWS

ARTICLE I – ELIGIBILITY CRITERIA

Section 1 – Eligibility of Students to Participate in an Interscholastic Contest

A student shall be eligible to participate in an interscholastic contest only if he/she has fulfilled all eligibility requirements of the WIAA and the Metro League and the eligibility has been certified by the school's eligibility roster. Copies of the eligibility roster will be sent by each school to the Athletic Office of the League. This regulation does not restrict participants in practices or intra-squad scrimmages.

Section 2 – Participation in Turnouts

Players are not to be permitted to turn out until all the required paperwork is complete and on file at the school.

Section 3 – Suiting Up

Only eligible players are permitted to suit up for contests.

Section 4 – Insurance

- A. **Athletic Insurance** - No student is to be allowed to participate in practice or competition unless he/she is covered by a medical insurance policy which meets the minimum coverage requirements as outlined by the respective member school district.

Section 5 – Student Transfer Rule

See the WIAA Handbook – Transferring Student Rule.

Section 6 – In School Day of Event

- A. A student must be in attendance at school or at an authorized school activity for all scheduled classes on the day of an event or meet in order to be eligible to compete in that event or meet. Exceptions may be granted by the principal, or his/her designee, but illness is not an acceptable excuse.
- B. Absences occurring during a school day shall render participant's ineligible only for contest the same day. An individual school can be more restrictive, but not in conflict with the rule.

Section 7 – One Sport Limitation

- A. Students are eligible to represent their schools in contests in only one interscholastic athletic sport during a sports season, except a student may participate in two sports simultaneously in those cases in which there is an overlap of sports seasons or a student has qualified for a State event.
- B. A student may at the school's discretion transfer from one sport to another within the same season. Specific sport practice day requirements apply. Appropriate adjustments may need to be made in insurance rates and eligibility certification.

Section 8 – Deadline for Eligibility Papers

All student eligibility papers must be submitted to the building Athletic Director prior to participation (i.e. practice or competitions).

Section 9 – Eligibility for Alternate Season State Events (Golf)

Only those golfers participating in the fall golf program shall be eligible to participate in the State tournament held the following spring.

Section 10 – Policy on Javelin

The Metro League shall not provide javelin competition during the regular season; however, the League will honor entries into district events, with the approval of the local school district and provided minimum qualifications are fulfilled for entry.

Section 11 – Eligibility Regulations

Each member school shall adopt reasonable rules pertaining to eligibility in compliance with WIAA rules. For eligibility appeals, see WIAA Handbook.

Section 12 – Courtesy Report Involving Possible Violation of Student Eligibility Requirements:

- A. If a staff member of a League member school has information concerning possible infractions of eligibility regulations involving a member of an athletic squad of another school, it is the duty of the person in possession of such information to report it promptly, in writing, to the principal of the school involved, with a copy to the Executive Director. The principal of the school receiving such information shall investigate the situation and make an appropriate written reply to the principal of the reporting school and the Executive Director.
- B. Should rule infractions be discovered by or reported to the Executive Director from non-League member sources, the director shall substantiate the source and investigate to ascertain the facts and take any appropriate or necessary action. Anonymous reports of infractions

made to the Executive Director shall not be investigated unless the source can be substantiated; however, such reports will be forwarded to the school(s) involved as a point of information. Schools being investigated shall be notified in writing and have an opportunity to contribute information and make their own investigation and report.

Section 13 – Use of Drugs, Alcohol and Tobacco

- A. Each member school shall adopt reasonable rules pertaining to the use of alcohol or tobacco products
- B. Use of legend drugs and controlled substances – See WIAA Rules regarding use of illegal substances.

Section 14 – Altercation Rule

For any player who leaves the bench, or any player who is involved in an altercation, the penalty shall be a minimum of a one game suspension for the player(s), (whether they have been ejected by game officials or not). Suspensions shall apply to the next scheduled contest, and apply to all sports at any level of play.

Section 15 – Behavior Affecting Athletic Eligibility

- A. Athletic eligibility can be affected by:
 - 1. Providing false information relative to eligibility.
 - 2. Missing a game or practice to participate in a non-school athletic activity without prior approval from the Executive Director.
 - 3. Disruptive behavior during practice and/or contests, including such things as acts of hostility, abuse, or harassment, whether verbal or physical.
 - 4. Irregular attendance at school or practice.
 - 5. Committing and/or aiding or abetting in the commission of any physical abuse or attack upon any person associated with athletic practice or contests.
 - 6. Using a school uniform in a non-school athletic event or failure to maintain proper care or return of athletic equipment.
- B. Commission of any of the foregoing actions can result in loss of eligibility for more than one season and more than one calendar year.

Section 16 – Ineligible Player Participant in Individual Sports

If an ineligible player participates in a golf, tennis, track, swimming, or wrestling contest, the athlete is disqualified and points scored are forfeited. If a track or swimming contestant participates in too many events, the athlete is disqualified from the event or events in which he/she participated after exceeding the legal quota.

Section 17 – Non-School Participation

- A. During any sports season after joining a school squad, students may participate in non-school athletic activities provided they do not miss a team practice or scheduled contest. In unusual or unique situations, schools may petition the Executive Director of Athletics for an exception to this regulation provided the petition is made and ruled upon in advance. Criteria for exemptions to the above rule include, but are not limited, to the following questions:
1. Is the reason of sufficient importance to grant an exception?
 2. Is it supported by the member school principal, athletic director and the head coach?
 3. Is the request an attempt to exploit the rule?
 4. Are other options available which could resolve the conflict?
 5. How will the decision affect the individual?
 6. How will the decision affect future requests from other individuals for exceptions to the rule?
- B. Athletes who miss participating in a League scheduled event (regular season or play-offs) as a result of participating in a non-League athletic activity without prior written approval of the Executive Director shall be ineligible for the remainder of the season. If there is no season remaining, loss of eligibility can occur during a subsequent season. Violation of this rule can be appealed through ARTICLE VII.

ARTICLE II – ELIGIBILITY ROSTERS AND RECORDS

Section 1 – Exchanging Eligibility Rosters

- A. Each member school shall send an Eligibility Roster to the office of the Executive Director before the first contest of each sport. This Roster will contain the names and all required information for all eligible members of the school team. (The purpose of this requirement is to help schools to insure that eligibility has been processed and checked). Refer to Section 3 below.

- B. As an option only at the beginning of the season, the building principal may distribute a memo with a listing of participant names, declaring that all names have had their eligibility processed, and names listed are eligible.

See By-Laws, Article I

Section 2 – Procedures

- A. Schools must send additions and/or deletions to their original roster to the Athletic Office.
- B. An asterisk (*) should be placed before the name of any student for which an exception to the eligibility rules has been granted, or for those students who have established residence by attending the school for one consecutive year. For any name so indicated, an explanation should be given at the bottom of the eligibility roster.
- C. If a student does not reside with his/her parent/guardian, the certificate must indicate the address of both the student and parent/guardian.

Section 3 – Checking Eligibility

No player should be certified until his/her eligibility has been verified by the Athletic Director. The Eligibility Roster shall bear the signature of the head coach and the Athletic Director.

Section 4 – Retention of Eligibility Records

Each member school shall retain all records pertaining to the eligibility of a participant in the interschool athletic program for a period of years after the graduation of such participant as dictated by district and state rules.

ARTICLE III – PROCEDURE FOR HANDLING CONCERNS/PROBLEMS BETWEEN LEAGUE MEMBER SCHOOLS

- A. In the spirit of the common objectives of the League, whenever there is a concern or problem between two or more member schools, it is expected that the administrative staffs of the buildings involved will work cooperatively for resolution.
- B. If the concern involves a League rule, see Article IV.
- C. If the concern does not involve a League rule, schools involved in incidents centered on the League athletic programs are expected to try to resolve their differences as early as possible. This is to be handled through the principals of the schools involved. If an agreeable solution cannot be worked out between the schools involved, either school may address its concerns to the Executive Director.

1. The schools initiating the charges against another League school, team and/or coach must notify, in writing, the Executive Director and the principal of the school involved.
2. Both schools involved are to support their cases with written and/or oral evidence.
3. The Executive Director will conduct a review that may include a hearing.
4. Upon conclusion of the review, the Executive Director will notify the parties involved of his/her decision:
 - a. The Executive Director may rule on the matter. A Metro League principal may appeal the Executive Director's decision to the Advisory Committee.
 - b. The Executive Director may defer to rule on the matter and transfer it to the MAEC Advisory Committee for its review.
 - c. The timetable for the above described process will not be such that a member school's welfare will be adversely affected.

ARTICLE IV – RULES VIOLATIONS AND PENALTIES

Section 1 – Violation of Metropolitan League Rules

Any violation of the rules of the Metropolitan League will render the offending school, team or participant liable to forfeiture of games, probation, suspension, fines, and/or expulsion by action of the Executive Director or the MAEC.

Section 2 – Reporting Rules Violations

- A. When a school becomes aware that it may have violated a League rule, that school principal (or designee) must report the alleged infraction in writing within five (5) school days to the Executive Director.
- B. Schools and the Executive Director shall report possible eligibility infractions or school violations of League rules and regulations in writing to the principal of the school involved for the principal's investigation and response to the notifying party.
 1. The principal of the school involved in the alleged violation shall reply to the Executive Director within five (5) school days of the results of the investigation.
 2. After five (5) school days of receipt of notice of an alleged violation, upon receipt or absence of the investigation report, the Executive Director shall hear the allegations and response (if any) and determine the penalty (if any), or transfer the matter directly to the MAEC for its review.

C. The Executive Director may grant waivers of these timelines, when appropriate.

Section 3 – Brief Sequences of School Due Process Procedure

A. Alleged violation reported to school.

B. Principal investigates and responds.

C. Executive Director reviews response, and if reasonable cause to believe a violation has occurred, notifies the principal of the opportunity for a hearing with the MAEC.

D. If the decision is unfavorable under:

- League Rules – Opportunity for reconsideration based on new or additional information.
- WIAA Rules – Follow Article 30 (WIAA Rules and Regulations).

Section 4 – Penalties for Violation

Penalties include:

A. **Probation** – A school or program(s) is placed on probation for a specified period of time. Further violations while a school or program is on probation can result in more severe penalties. During the probationary period, a school or program may participate in all interscholastic activities unless stipulated otherwise by the MAEC

B. **Restriction** – As a condition of probationary status, the MAEC may take action which would restrict participation in League, WIAA District or State level activities. The restriction may also be applied to an individual, team, group or school.

C. **Forfeiture of Game** – Teams will be required to forfeit games when specified by rule or MAEC action and to provide written notification to the opponents, League office, and any other appropriate offices.

D. **Revenue Shares/Fines** – Schools may be fined or have revenue shares withheld. Any funds generated, as a result of this action shall be placed in the League general operating budget.

E. **Playoff Entry Denial** – Individuals, teams or schools may be denied entry to League playoff events.

F. **Suspension** – All rights and privileges of a member school of the Metro League are withheld for a specified period as determined by the MAEC. The MAEC may suspend a school in a particular sport or activity, or all sports and activities, for a season or a school year.

G. **Expulsion** – The membership of the school in the Metro League is terminated.

H. **Other Penalties** – A major penalty may be invoked as deemed appropriate by the MAEC (i.e., loss of games, loss of tournament participation).

Section 5 – Out of Season

- A. Any team/individual found in violation of out of season regulations will be brought to the attention of MEAC for review and possible sanctions.
- B. Individual participants found in violation of out-of-season regulations shall have their eligibility affected as a minimum penalty.

Section 6 – Misdemeanors

Contestants who commit misdemeanors or acts of disruptive behavior shall be subject to disciplinary action on the part of the school or the Executive Director.

ARTICLE V – GAME PROTESTS

All protests should follow WIAA and officials association rules.

ARTICLE VI – RECRUITING OF ATHLETES

Section 1 – League Philosophy

The member schools of the Metro League deplore any attempt, whether direct or indirect, to influence students to enroll at a certain school for athletic purpose. Any proven attempt on the part of coaches or other school personnel to directly or indirectly encourage or cause students to attend their high school shall render the school subject to penalty by action of the Executive Director and/or the MAEC. (See By-Laws, Article IV)

Section 2 – WIAA Rules Regarding Recruiting:

Member schools shall adhere to WIAA rules regarding recruiting of athletes.

ARTICLE VII – APPEAL PROCEDURES

Section 1 – Individual/Team Matters and School Matters

A. Individual/Team Matters:

1. Principals of member schools should bring matters that primarily affect an individual (ex. Eligibility) or a team (ex. Game protests) to the Executive Director for his/her decision.
2. The Executive Director’s decision on this type of matter may be appealed to the Advisory Committee. The decision of the Advisory Committee is final, subject to WIAA appeals procedures.

See By-Laws Article I (Eligibility), Article IV (Rule Violations) and Article V (Game Protest)

B. School Matters:

1. Matters that affect the welfare and right of a school, whether reported by the school, by another League Member school, or another source, shall be brought to the League Director for his/her decision.
2. Upon conclusion of the review the League Director will notify the parties involved of his/her decision:
 - a. The League Director may rule on the matter. A Metro League principal may appeal the League Director’s decision to the MAEC through a written request to the League Director within five (5) days of receiving the decision.
 - b. The League Director may defer to rule on the matter and transfer it to the MAEC for its review.

See By-Laws Article IV (Rule Violations) and Article III (Concerns between Member Schools).

Section 2 – MAEC: The Petition

A principal of a league school may request a hearing before the MAEC in order to decide matters affecting the welfare and rights of his/her school. The petition for a hearing shall be written and submitted to the League Director.

Section 3 – MAEC: The Hearing

Upon receipt of a petition properly submitted in the manner herein described, the MAEC shall schedule a hearing as expeditiously as possible, but in no case later than a date that would adversely affecting the petitioning school. Notice of the time and place of the hearing shall be delivered to the petitioner in person, by mail, by electronic communication, or phone, no later

than one school day prior to the date of the hearing. Generally MAEC hearings are closed, subject to exception by majority vote of the MAEC.

- A. The petitioner may represent himself/herself or be represented by such other person as desired. The petitioner shall have the opportunity to testify; present and cross examine witnesses, as well as introduce affidavits, exhibits, and such other evidence as may be deemed relevant.
- B. The MAEC may continue the hearing once for a reasonable period of time when, in the judgment of the MAEC, such a continuance is determined to be necessary to a fair and proper disposition of the petition.
- C. Students shall be exempt from being called upon to testify or be cross-examined during hearings. The purpose of this provision is to protect the best interests of students. Written statements or testimony may be submitted for consideration as part of the hearing.
- D. As the purpose of a MAEC hearing is one of resolution and cooperation between member schools and not an adversarial proceeding, it is recommended that parties involved not be represented by legal counsel, subject to exception by majority vote of the MAEC.

Section 4 – MAEC: The Decision

- A. At the conclusion of the hearing and after a full consideration of the evidence presented in support of the petition, the MAEC shall either:
 - 1. Grant the petition; or,
 - 2. Deny the petition; or,
 - 3. Render a decision outside the scope of the petition.
- B. The MAEC may take the petition under advisement for a period not to exceed two (2) school days prior to making it decision.
- C. The decision of the MAEC shall be written and shall include the conclusions that support the particular determination. A copy of the decision of the MAEC shall be delivered to the petitioner within two (2) school days following the date of the hearing. The decision of the MAEC shall be based solely upon the facts and arguments presented during the hearing.

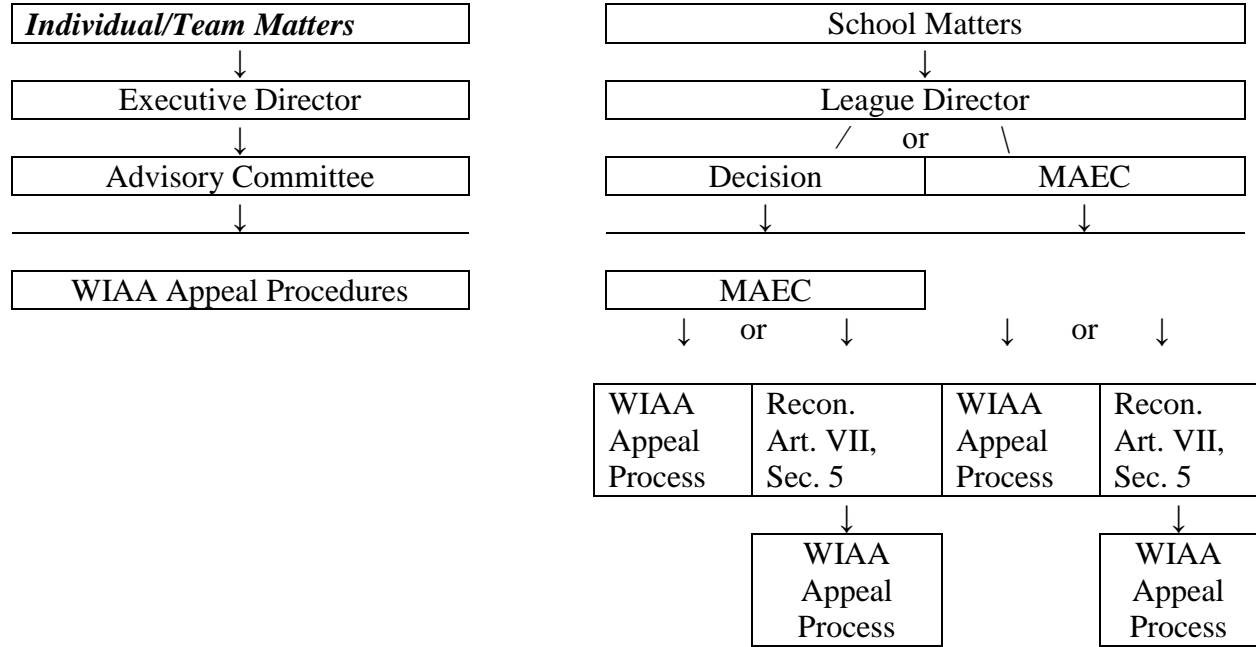
Section 5 – Reconsiderations: League Rules and Regulations

Notice of a request for reconsideration of a decision by the MAEC shall be submitted in writing to the League Director within ten (10) school days from receipt of the decision provided such request is based upon a misapplication of school due process procedures or new information not previously or reasonably available at the time of the hearing/decision. Upon receipt of notice, the League Director shall respond to the request within ten (10) days and/or schedule a reconsideration hearing.

Section 6 – Appeal of MAEC Decision

MAEC decisions may be appealed per WIAA Appeals Procedures.

Section 7 – Sequence of Appeal Process



ARTICLE VIII – AWARDS

Section 1 – Policy on Awards

One of the main objectives of an athletic program is, and should be, the stressing of team play and team effort. This League is opposed to any actions that seek to exalt one member of an athletic team over and above his/her team members in any manner that is, or could be, detrimental to team endeavor.

Section 2 – Awards to be Made

Refer to WIAA Handbook for rules regarding awards

Section 3 – All League Teams

High school coaches may participate in the selection of an all- league/district/state teams after the date of the last league game. Newspapers may use such lists in their selection of “all-star” and “all-state teams”.

Section 4 – Standardized Letter, Jacket and Emblem Regulations

Each member school shall develop its own policy concerning athletic wear and emblem regulations.

Section 5 – League Trophies and Awards

The League shall provide the following awards to be arranged for and presented by the Athletic Office:

- A. A standardized team trophy to the League championship schools in each Varsity sport sponsored by the League.
- B. A team championship trophy for Varsity special events or tournaments sponsored by the League.
- C. Individual medals to the first six place finishers of the Varsity All-Metro Championship events in the sports of cross-country, golf, gymnastics (individual events and all-around), swimming, tennis, track, and wrestling.
- D. An All-Sports Trophy will be awarded to Boys and Girls separately. The trophies shall be awarded on the basis of total points. Points will be awarded for the number of places equal to one-half the number of schools competing (e.g., points will be awarded for 8 places with 16 schools competing). First place shall always be awarded two (2) points more than second place, and second place will be awarded two (2) points more than third place if there are at least eight schools competing.

16 schools/8 places		8 schools/4 places		3 schools/2 places	
<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1	10	1	6	1	3
2	8	2	4	2	1
3	6	3	2		
4	5	4	1		
5	4				
6	3				
7	2				
8	1				

- E. In co-ed tennis the points are divided equally between boys and girls. Any ties shall remain as ties.
- F. A standardized All-Metro Fair play award, may be awarded to schools based on Athletic Director votes.

ARTICLE IX – SPORTS SEASONS

The League shall be governed by the WIAA sports seasons and game limitations, unless more restrictive exceptions are made by the MAEC and published in the Season Arrangements for the sport(s) involved.

ARTICLE X – TURNOUT REGULATIONS

Section 1– Turnouts under Supervision of the Coach

Athletic squads must be under the direct supervision of the school coach or a faculty substitute at all practice sessions and games (if the faculty representative does not possess expertise in the sport, arrangements should be made to have expertise available along with the faculty representative). Volunteer coaches may not be placed in charge of or be responsible for athletic squads unless they have been approved by the member school.

Section 2 – Limitations

- A. Refer to WIAA Handbook Rules regarding Limitations.
- B. Practices and squad meetings may be held:
 - 1. Before or after regular school hours during the days that school is in session. (Fall sports may start before school is in session).
 - 2. Any Saturdays during the official sports season.
 - 3. Single (school) day holidays, single (school) day vacations and the day after Thanksgiving.
 - 4. During extended vacations any day except holidays or Sundays.
- C. Practices and squad meetings held on single (school) day vacations, holidays (religious or otherwise), the day after Thanksgiving, or during extended vacations can only be optional and cannot be mandatory for the student.
- D. No student is to be penalized or have his/her standing on the team adversely affected for not participating in team meetings or practices during any vacation period or day of religious observance.
- E. Other than provided under WIAA Rules, no squad meetings, practices or games may be held on Sunday.

- F. With the exception of state play-offs, no squad meetings, practices or games may be held on Thanksgiving Day, Christmas Day or New Year's Day unless otherwise approved by Executive Director.

ARTICLE XI – DETERMINATION OF LEAGUE STANDINGS

Section 1 – Determining League Standings

- A. Each scheduling cycle, the Metro League Athletic Directors & Executive Director will meet to determine and publish the league alignment and how League Sports (w/out Divisions) and League Sports (w/ Divisions) champions will be determined. Every 2 years the alignments will be reviewed by the Metro League Athletic Directors & Executive Director.
- B. In the sports of gymnastics, golf, tennis, (individual) swimming, wrestling, x-country & track, Metro League Championship shall be determined at the Metro Championship Meet/Match. Divisional standing does not apply.
- C. The Metro League champion will be determined by the Metro Championship Tournament at the conclusion of the sport season. Refer to “Sport Specific Rules and Regulations” document for seeding determination for each sport into the Metro Tournament.
- D. In the sports with balanced schedules (you play all Metro teams once) divisional standing shall be determined by League Record (divisional and cross division games). The Metro League champion will be determined by the Metro Championship Tournament at the conclusion of the sport season. Head to head shall be the first tie breaker followed by division record.
- E. In the sports with unbalanced schedules (not playing all Metro teams) Divisional Standings will determine entry into the Metro League Tournament. Divisional standings shall determine entries into the Metro League Tournament. Head to head is the first tie breaker. However, cross division games do not count as a tie breaker.
- F. When games shall be played off:
 - a. When a tournament bye is at stake
 - b. When the last seed into the tournament is at stake
 - c. Note: in basketball, if tied and home court advantage is at stake, the game will be played at a neutral site.
- G. **League tournament advancement** -The Metro League Tournament shall serve to qualify entries to the regional/district or state tournament. For all sports where individuals qualify for advancement, anyone not participating in the Metro tournament may not advance. The one exception is swimming, where individuals qualify based on times collected throughout the regular season and playoffs.

Section 2 – Breaking Ties in League Standings

- A. Any ties in the League and/or Divisional standing at the conclusion of the regular season shall be broken on the basis of “who beat who” among the tied teams. In the sport of soccer, teams will be awarded three (3) points for a win, one (1) point for a tie and zero (0) points for a loss.
- B. If the criteria of “who beat who” is applied and the tie still exists, there will only be play-off games to determine first place. Such games will also determine the order of seeding for the next level of play. Ties for all other places that cannot be broken on the basis of “who beat who” shall remain as ties in the League/Division final standings. However, if it is necessary to break ties to determine play-off entries, the following tiebreakers shall be used:
1. **Two-Way Tie (one play-off spot)**
The two teams shall meet for a regulation one-game playoff with the winner being awarded the entry.

2. **Two-Way Tie (two play-off spots)**

A Coin flip. However, if a bye is involved in the first round of play, the two teams shall meet for a regulation one-game playoff with the winner being awarded the #1 seed and the bye in the first round.

3. **Three-Way Tie (one play-off spot)**

- a. A coin toss shall be made with the winner having the option of playing or taking the “bye.” If they decide to play, a second coin toss will be made with the winner having the same option of playing or taking the “bye.”
- b. The first round game will be played at the earliest date. The winner will play the “bye” team for the play-off entry.

4. **Three-way Tie for two spots (all sports except football)**

- a. If it is not possible to break a 3-way tie by using the tiebreaking procedure, then there shall be play-offs. Mini-games shall be utilized for all team sports.
- b. The Athletic Directors, or the principal or designee, or coaches of the participating schools will meet at the earliest possible date to take part in a coin toss.
- c. The team winning the coin toss will have the option of taking the first round “bye” or playing in the first round. If Team A (winner of the coin toss) decides to play, a second coin toss between Team B and Team C shall be made with the winner having the option of playing Team A or taking the “bye.”
- d. The winner of round one will play the first round “bye” team. The loser of round one is out, unless the “bye” team loses; then the team that received the bye will play the loser of the first game to decide the second seed.
- e. The winner of the second round shall be awarded the higher entry spot.
- f. If any contest ends in a tie, the tie shall be resolved by utilizing the tiebreaking rules of the sport.
- g. If there are no tie-breaking rules in the sport, the contest shall enter an overtime period until a winner is determined. The rules of the overtime period shall be determined by the Athletic Office in advance of the contest.

C. **Definition of Mini-Games**

1. For games usually played in quarters or halves, a mini-game shall be one-half a regulation contest, i.e.
 - ½ basketball
 - ½ soccer
2. For other games, a mini-game shall be one-half the normal contest plus the next higher full increment, i.e.
 - volleyball – 2 out of 3
 - baseball & softball – 4 innings

3. When three teams are involved in a mini-game series, the amount of time between game halves shall be the normal increment of half-time as specified by the game rules of the sport. For sports where there are no game halves, there shall be fifteen minutes between games.

D. **Sites**

For all cases, when two schools are involved in a tiebreaking contest, schools shall play at a neutral site (all football games will be played at Seattle Memorial Stadium). A coin flip will be done at the league office to determine the home team.

Section 3 – Procedures for Breaking Ties in League Standings in Football

Ties for first place in the sport of football shall be broken on the basis of the best record of games played between the tied teams (who beat who). Ties for all other places shall stand as ties in the League standings. However, in the event that it is necessary to break a tie for any place in order to determine entries to the State football playoffs, the following procedure shall be used:

A. **Two-way Tie**

Ties shall be broken on the basis of the winner of the League game between the two teams (who beat who).

B. **Three-way Tie (one play-off spot – two play-off spots)**

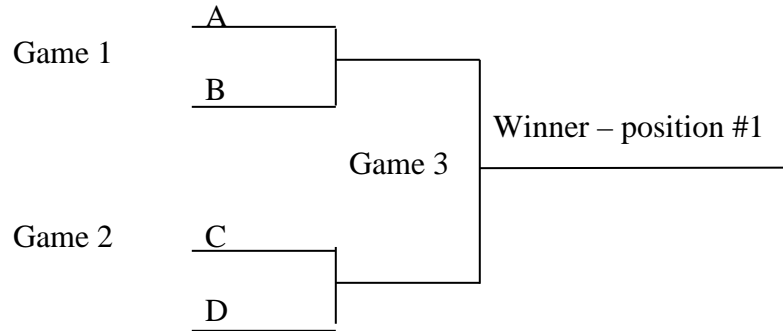
If it is not possible to break a three-way tie by utilizing the “who beat who procedure”, then there shall be a mini-tiebreaker.

1. The athletic director, principal or designee, or coaches of the participating schools will meet at the earliest possible date to take part in a coin toss.
2. The team winning the coin toss will have the option of taking the first round “bye” or playing in the first round. If team A (winner of the coin toss) decides to play, a second coin toss between team B and C shall be made with the winner having the option of playing team A or taking the “bye.”
3. The first round of play will involve two eight-minute halves of regulation football. Each half will begin with a kick-off. Five minutes will be provided between halves with two time-outs per team per half.
4. The winner of round one will play the first round “bye” team after a fifteen-minute intermission. Round two will be played the same as round one, i.e., two eight-minute halves.
 - **For one playoff spot** – the winner of the second round will be awarded the entry.
 - **For two playoff spots** – the winner of round one will play the first round “bye” team. This loser of round one is out, unless the “bye” team loses; then the team that received the “bye” will play the loser of the first mini-game to decide the second spot.

- In case either round ends in a tie, the WIAA play-off tie breaking procedure will be applied.

C. Four-way Tie (one play-off spot)

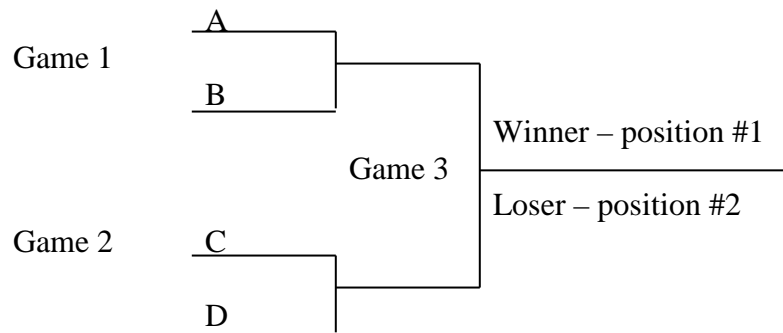
- The four teams shall draw to determine how the teams are matched.



- The first mini-game will involve two eight-minute halves of regulation football. Each half will begin with a kick-off. Five minutes will be provided between halves with two time-outs per team per half.
- The second mini-game will start five minutes after the conclusion of the first game.
- Fifteen minutes after completion of game #2, the two winners will then play off for the one play-off spot.
- The same rules (two eight-minute halves) will apply.

D. Four-way Tie (two play-off spots)

- The four teams shall draw to determine how the teams are matched.

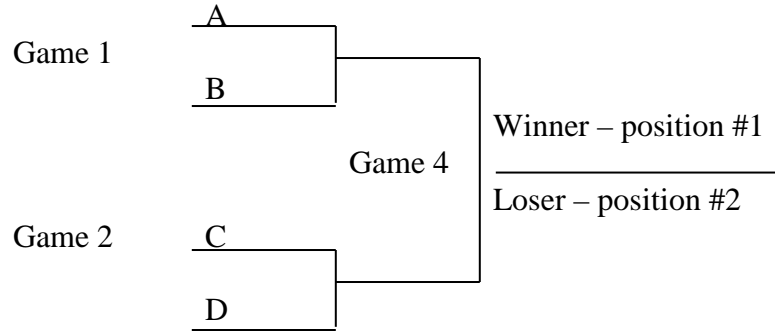


- The first mini-game will involve two eight-minute halves of regulation football.

3. The winners of each mini-game will flip a coin to determine the seeding into the League Playoffs.
4. Each half will begin with a kick-off. Five minutes will be provided between halves with each team having two time-outs per half.

E. Four-way Tie (three play-off spots)

1. The four teams shall draw to determine how the teams are matched.



2. Game #3 – Loser of Game #1 and Loser of Game #2 will play for position #3.
3. The succeeding mini-game will start fifteen (15) minutes after the conclusion of the previous mini-game.

Note:

- All tiebreaker games are for the purpose of determining play-off entries. Teams will remain as tied in the League standings, with the exception of tiebreakers to also determine the League champion.
- All tiebreaker procedures not included will be made by the Executive Director of Athletics.

Section 4 – Procedures For Breaking Ties in League Standings in Wrestling:

See NFHS rules and regulations

Section 5 – Procedures for Breaking Ties In League Standings in Basketball -Three Divisions:

- A. Every team will play each other one (1) time during the regular season.
- B. There will be three divisions with the top two (2) teams in each division playing in the championship bracket of the metro league tournament.
- C. Division seeding will be determined by the record against the other teams in each division.

D. Metro League Tournament Seeding is determined by overall record.

E. Sequential Procedure for Breaking Two Way Ties:

1. Head to Head Win/Loss record.
2. Record within the same division.

F. Sequential Procedure for Breaking Three Way Ties:

1. Head to Head Win/Loss record – who beat who?
2. Record within the same division.
3. Play mini games at neutral site (seeds determined by coin flip)

NOTE: In case of mini game tie – NFHS basketball rules will be in effect.

ARTICLE XII – SPORTS SCHEDULING INCLUDING ARRANGEMENTS FOR NON-LEAGUE GAMES

Section 1 – Sports Schedules

- A. Schedules for each sport sponsored by this League shall be prepared and published by the League, in conference with coaches and athletic directors.
- B. League scheduled contests must be played unless an exception is granted in advance by the League office or League representative managing the sport.
- C. League scheduled events shall take priority over non-League events and teams and/or individuals are not to be excused from participating in a League scheduled event in order to participate in a non-League event.

Section 2 – Teams Not Ready

When teams are not ready for a Varsity contest (at any point in the season whether some games have been played or not), it shall be forfeited unless the school chooses to appeal the forfeiture. Exceptions can be made on criteria, when such situations are beyond the control of the coach and/or school.

Section 3 – Forfeitures

When a team forfeits a contest due to insufficient participation, the opponent that lost playing a contest (while receiving a win for the forfeiture) may schedule another contest. The team that forfeited due to insufficient participation may not schedule another contest.

Section 4 – Teams “No Contest”

When a team is scheduled in a sport but does not participate in any contest during the season, it shall be recorded as “no contest” for opponents.

Section 5 – Scheduling of Crossover Games

Each sport will be treated on a sport-by-sport basis and whether or not to engage in crossovers will be based on whether it is competitively sound and in the best interest of students and the particular program.

Section 6 – Non-League Game Arrangements

- A. Schools may schedule non-League and no-count crossover games with non-League or League member schools provided they do not exceed the maximum allowable number of contests for that sport.
- B. All contests, whether Varsity, JV or 3rd team, must be sanctioned by the school principal or his/her designee and are subject to the following regulations:
 - 1. Each game is to be counted as one of the maximum number of allowed contests.
 - 2. Such contests may not conflict with or take precedence over Metro League scheduled events. If there is an official league schedule made, all schools must participate if they have that team.
 - 3. The “home” school must make all arrangements and pay for game officials and related game costs.
 - 4. Financial Arrangements - participating schools will agree upon financial arrangements and game contracts. Any profits will be retained by the school(s) or any loss will be their responsibility.
 - 5. Tickets and Admissions - participating schools will determine whether admission will be charged and will provide the tickets needed. The Metro League ticket stock issued by the Athletic Office must **not** be used for non-league games scheduled by the schools.
 - 6. All out-of-state contests are subject to WIAA Regulations and local school district approval.

Section 7 – Inclement Weather or other Emergency Situations

- A. If any member school district is closed or unable/unwilling to transport students to an event due to inclement weather, possible inclement weather or other emergency situations, that

member school district shall not be penalized. The contest shall be rescheduled if time and conditions allow, and if such contest is essential to be played to determine qualifiers.

- B. If inclement weather or other emergency situations occur in conjunction with a qualifying event, efforts will be made to conduct the event the following day. Tournament formats may be modified if necessary, including reducing the number of entries.
- C. If the qualifying event is unable to be conducted or completed, representatives of the League shall develop an alternate method of determining qualifiers.
- D. If a member school's team is unprepared to compete in a contest due to inclement weather (ex. missed two or more consecutive practices due to inclement weather), the member school may petition the Executive Director of Athletics for postponement.

ARTICLE XIII – OFFICIALS

Section 1 – Registered Officials and Assignments

- A. Only officials certified with the WIAA (in the sports of football, basketball, soccer, baseball, softball, wrestling, gymnastics, and volleyball) are eligible to officiate contests at any level in those sports where officials are certified status.
- B. Only registered officials are eligible to officiate contests.
- C. Track, cross country and swimming officials shall be assigned by the Athletic Director coordinating the event with the assistance of the coaches.

Section 2 – Officials Contracts

Each member school schedules officials for its own home events.

Section 3 – Fees

This League shall pay fees as established by the WIAA for certified and registered officials. Fees for any non-registered officials shall be those recommended by WIAA.

ARTICLE XIV – SUPERVISION OF DRESSING ROOMS

A coach or a faculty substitute shall supervise dressing rooms at all times they are occupied by athletic squads or student managers. Schools should attempt to make special supervision provisions for dressing rooms in which the coach is of the opposite sex of the contestants.

ARTICLE XV – VOLUNTEER COACHES

Any individual making application to serve as a volunteer coach is subject to fulfillment of all requirements as identified by the member school and district. All volunteer coaches must be approved by the member school and district.

ARTICLE XVI – TICKETS AND ADMISSIONS

Section 1 – Admission by Ticket Only

Admission to athletic contests sponsored by this League for which there is a charge shall be by ticket, activity card or League pass only. The only exception shall be in the case of game participants or personnel who may be admitted on a gate list or upon identification of the supervisor or coach.

Section 2 – Activity Card Admission Policy

Individual schools may decide whether or not to charge their students with a current activity card for home games. Activity cardholders are limited to the purchase of one ticket per contest. Band members, yell and cheer leaders and members of drill teams in uniform shall be admitted free, only when performing.

Section 3 – Supervisory Admissions and Passes

The Executive Director of Athletics shall issue passes or arrange for supervisory admission for those persons involved in coaching, game management and supervision, or performing a service function for the school or event.

- A. To persons both within and outside the school organization who perform supervisory services to the program.
- B. To members of the School Board and chief administrative officers of the school district comprising the Metropolitan League, for supervisory purposes.

Section 4 – Admission of School Personnel with Activity Card

- A. Faculty members and other official personnel assigned to a high school may be issued an activity card that will give the holder free admission to any League regular season athletic event for supervisory purposes. This admission applies only when the school to which the faculty member is assigned is participating in a regular season event.
- B. In the event the school does not issue faculty cards, then other identification will be required to validate members of the faculty.

- C. Admission for League championship events shall be through gate list, as faculty passes are not honored at playoff levels.

Section 5 – Senior Citizen Admission Prices

Senior citizens shall be entitled to reduce admission prices at age sixty-two (62).

Section 6 – Bus Driver Admission

Bus drivers can be allowed admission to League events on a space available basis.

Section 7 – Ticket Prices

Ticket prices shall be established at a meeting of the Athletic Directors, subject to approval by the MAEC.

ARTICLE XVII – GAME MANAGEMENT AND FINANCES

Section 1 – Tickets

Each school and/or district within the League will provide their own tickets to be used for their “home” athletic events for which admission is charged.

Section 2 – Game Personnel

- A. The League Athletic Office shall arrange for and pay the personnel required to manage and officiate all Metro Tournament and Championship events.
- B. Each school district shall provide for all necessary personnel required to manage and supervise their “home” games.
- C. Each school district agrees to provide the minimum management and supervisory personnel for events as determined by the MAEC.

Section 3 – Game Management

- A. The Executive Director of Athletics and the sport commissioners, with the assistance of the member schools, shall be responsible for the management of championship events for all sports.
- B. Although the Athletic Office will provide for crowd control personnel at championship events, member schools are responsible for the supervision and welfare of their students and spectators.

- C. Schools will have all game management and crowd control responsibilities for any contests held at the high schools.

Section 4 – Officials

The League Athletic Office shall arrange for officials for all League scheduled events. Private schools will be billed directly by the officials’ associations for the “home” games for all sports except track, cross country and swimming.

Section 5 – League Fund

The League Athletic Office shall retain a League fund comprised of revenues from League events.

Section 6 – Expense Allowance for Participation in WIAA State Events

- A. It is the responsibility of schools to provide any expense monies for students and coaches who participate in WIAA events in an amount they deem to be appropriate or possible. Any expense allowance should be provided in advance of the event.
- B. WIAA District 2 may authorize reimbursement funds to schools to partially defray the expense of each contestant and coach who participate in WIAA events. The amount to be provided for each participant per event shall be determined by District 2.

ARTICLE XVIII – BROADCAST POLICIES - RADIO AND TELEVISION

Section 1 – Decision to Participate

- A. Non-League Contest – The decision of whether or not to participate in a commercial TV/Radio broadcast of non-league contests shall be left up to the Principal/Athletic Directors of the member schools involved. It’s recommended that when member schools are negotiating “non-league” contests, they should use the league by-laws as a guide-line, for consistency and in the spirit of what’s best for the entire Metro League.
- B. League Contest – Member schools may NOT negotiate or engage in a contract for cable or network broadcasting (live or delayed) without approval of the League Director. Permission to broadcast must be requested, using the Metro League Radio/TV Broadcast Application, a minimum of five (5) days prior to the event. Broadcast Application can be obtained at the SPS Athletic Office.
- C. Schools may use the NFHS Network communications program.

Section 2 – Dates and Time of Participation

- A. All league contests will be played on the date and time as scheduled.

- B. The time and dates of scheduled contest will NOT be altered to satisfy special broadcast or television schedules, unless approved by the League Direct and the Principal/Athletic Director of the member schools involved.

Section 3 – League Playoff Contest

- A. The Metro League maintains exclusive broadcasting right (both TV/Radio) to ALL league playoff contests.
- B. Ancillary to this right is the right to demand payment from the broadcaster.

Section 4 – Fee to Broadcast

The League reserves the right to waive any and all fees if all other concerns are met, with the purpose being to showcase The League and our student athletes that participate.

Section 5 – Gender Equality

It is strongly recommended that equal broadcasting take place between boys and girls athletic contest.

Section 6 – Promotion Time

Stations receiving affirmative authorization to broadcast must agree to promote the contest at no charge to the Metro League.

Section 7 – Commercial Advertising

- A. No commercials may be broadcast during an event under this policy that promotes the use of consumption of alcoholic beverages or tobacco products.
- B. All commercials must be appropriate for an audience targeted to minors.

Section 8 – Broadcasting Station Receiving Feeds:

Said stations are subject to the same rules and regulations as the originating broadcaster.

Section 9 – Priority of Authorization:

- A. Broadcasting organizations that normally cover the participating League Member teams.

- B. Broadcasting organizations representing host communities.
- C. Broadcasting organizations that cover geographical region.

Section 10 – Right to Negotiate:

The Metro League, at its option, reserves the right to negotiate all agreements and refuse Radio/TV broadcasting.

Section 11 – Right to Cancel:

The Metro League reserves the right to cancel the agreement at any time if the broadcasting station violate and section of this policy and refuse TV/Radio broadcast.

ARTICLE XIX – GAME SCORES

Coaches are expected to use game strategies that will limit the winning margin when it is evident by the score and the relative caliber of play that their opponent may be excessively dominated and humiliated. Such strategies should include, but are not limited to the following examples:

- A. Play deep reserves earlier and longer.
- B. In basketball (as an example of League expectations), do not use a full court or half-court press, or a trapping or harassing type of defense. Do not fast break or use court length passes.
- C. Instruct teams to take advantage of their lead to practice a new strategy, or delay game to prepare for game ending situations when the score could be close.
- D. Team members should be informed that measures are being taken to limit the score in the best interest of the opponent as means of learning to be more humane and sensitive, even in competitive situations.
- E. The League prohibits intentionally “running up the score.”
- F. The League is opposed to humiliation and annihilation of opponents, and coaches will be held accountable in this regard.
- G. A violation of the spirit of this philosophy is a violation of the league rule and will lead to sanctions against the member school.

See By-Laws, Article IV, Section 4

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