



# **Consent, Sexual Assault Prevention, and Bystander Intervention**

## **10th Grade Sexual Health Education Lesson**

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Worksheet for Consent, Sexual Assault Prevention, and Bystander Intervention Lesson 8 for tenth grade sexual health education.

## Lesson 8: Student Worksheet

Name

Date:

### **Section 1: Do Now**

1. In your own words, explain what you think it means to have consent in a sexual relationship. OR write a short story showing an example of consent.

2. In your own words, explain what you think sexual harassment is, or give an example of what sexual harassment can look like.

## Section 2: Definitions

**Instructions:** Fill in the blanks to complete the definitions below

### **Sexual Assault:**

Any sexual activity that happens by \_\_\_\_\_ or without a person's consent. A person cannot consent if they are \_\_\_\_\_ or \_\_\_\_\_ or are being scared or \_\_\_\_\_ into doing sexual activities.

### **Sexual Abuse**

Any actual or threatened \_\_\_\_\_, whether by force or under unequal or \_\_\_\_\_ conditions. This may happen once or may be a repeated pattern of behavior over time.

### **Sex Trafficking**

When a person is forced, \_\_\_\_\_, tricked, or pressured into a sex act in exchange for something of \_\_\_\_\_, such as food, money, \_\_\_\_\_ food, clothing, or protection.

### **Labor Trafficking**



When someone uses physical violence, \_\_\_\_\_, or threats to make another person provide work or \_\_\_\_\_. Like sex trafficking, labor trafficking is also \_\_\_\_\_.



## Section 3: Think & Write

What are the similarities and differences between the 4 terms we just learned: **sexual assault**, **sexual abuse**, **sex trafficking** and **labor trafficking**? Do any of these terms overlap with one another?



## Section 4: Consent or Concern?

**Instructions:** Read each conversation or text message. For each scenario decide whether there is: consent, or concern for sexual harm. Then draw one of the 2 symbols pictured below into the chart (check mark or slash mark). Finally, explain your reasoning.

	<p>Means partners are seeking CONSENT and respecting each other's sexual boundaries.</p>
	<p>This symbol is often used as a warning sign or DO NOT symbol. In this case, it means you are CONCERNED about sexual harm such as harassment, assault, abuse or trafficking. These are situations where help from a trusted adult is needed.</p>

Scenario	 / 	Why?
<p style="text-align: center;"><b><u>Scenario 1 (Practice)</u></b></p> <p><b>Ari:</b> Hey, your insta post about us was so sweet but I don't really want our kissing-pics out there on the internet...</p> <p><b>Sammy:</b> Aww, That post got so many likes though! But if it makes you uncomfortable I'll take it down. No worries.</p>		
<p style="text-align: center;"><b><u>Scenario 2</u></b></p> <p><b>Cory:</b> <i>Eew, I don't want to look at that nasty porn video, get your phone out of my face!</i></p> <p><b>Jabree:</b> <i>Calm down, I was just playing! This video is hilarious. You're too serious all the time.</i></p>		

Scenario	✓/⊘	Why?
<p style="text-align: center;"><b><u>Scenario 3</u></b></p> <p><b>Barri:</b> I was so out of it last night, I can't remember anything. What did we do?</p> <p><b>Evan:</b> You seriously don't remember? You were all over me. You took me up to your room and we...you know ;-)</p> <p><b>Barri:</b> OMG, we WHAT??</p>		
<p style="text-align: center;"><b><u>Scenario 4</u></b></p> <p><b>Kai:</b> <i>I love touching you, can I feel more of your skin?</i></p> <p><b>Rae:</b> <i>I love it too, put your hands right here...</i></p> <p><b>Kai:</b> <i>Show me what feels good.</i></p>		
<p style="text-align: center;"><b><u>Scenario 5</u></b></p> <p><b>Rick (age unknown):</b> Your instagram pics are so hot. I work for a modeling agency. Let's get you in for a professional photo shoot.</p> <p><b>Danny (age 15):</b> Can you really help me become a model?</p> <p><b>Rick (age unknown):</b> For sure! I'll make your dreams come true, just meet me tomorrow night...</p>		

Scenario	 / 	Why?
<p align="center"><b><u>Scenario 6</u></b></p> <p><b>Alex (age 20):</b> <i>“Hey little cousin. Let’s play a game where you’re the patient and I’m the doctor.</i></p> <p><b>Lyle (Age 11):</b> <i>I don’t know...</i></p> <p><b>Alex (age 20):</b> <i>C’mon take your shirt off. It will be our little secret. And afterwards I’ll let you play with my Xbox.</i></p>		
<p align="center"><b><u>Scenario 7</u></b></p> <p><b>Dru:</b> <i>Kiss me, I want you..</i></p> <p><b>Angel:</b> <i>Hey, I like you so much...but I don’t wanna take advantage of you right now when you’re not sober. Maybe I can walk you home and we can hang out after school this week?</i></p> <p><b>Dru:</b> <i>...ok, sounds good I guess...</i></p>		
<p align="center"><b><u>Scenario 8</u></b></p> <p><b>Rayyan:</b> <i>Remember to bring condoms when you come over tonight ;-)</i></p> <p><b>Zein:</b> <i>Already got them in my bag. Can’t wait!</i></p>		
<p align="center"><b><u>Scenario 9</u></b></p> <p><b>Rodolfo (age unknown):</b> <i>Your family still owes us a lot of money for your trip here. Someone’s going to pick you up after school next week so that you can work and help your family pay off what you owe.</i></p> <p><b>Ariel:</b> <i>But I have soccer practice after school.</i></p> <p><b>Rodolfo:</b> <i>You want your family to be safe, don’t you?</i></p>		

## **Section 5: Bystander Intervention**

**A bystander is someone who sees something happen, but isn't directly involved. To intervene, means you do something to interrupt, stop, or speak out against harm.**

**1. Describe a time when you were a bystander who intervened to support someone...OR... Describe a time when a bystander intervened on your behalf. Be sure to include how you felt in the situation.**

## **Section 6: Exit Ticket**

**1. Who is a safe adult at school you would feel comfortable talking to if you needed help?**

**2. Explain why you feel comfortable talking to that person.**

**PLEASE COMPLETE THE POST-ASSESSMENT VIA QR OR**  
<https://forms.office.com/r/jsei21uaQ6>



**THANK YOU FOR YOUR PARTICIPATION!**