



Consent, Sexual Assault Prevention, and Bystander Intervention

10th Grade Sexual Health Education Lesson

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Lesson plan for Consent, Sexual Assault Prevention, and Bystander Intervention Lesson 8 for tenth grade sexual health education.

Lesson 8:

Consent, Sexual Assault Prevention, and Bystander Intervention

Learning Targets

We will be able to:

- Identify **healthy, consensual behaviors** and explain what makes them healthy and consensual.
- Identify and address different types of **sexual harm**.
- Identify a **trusted adult** who you could ask for help.

Group Agreements



Taking Care Of Yourself

If you find yourself feeling upset during today's lesson, what can you do to take care of yourself?

Do Now

Answer the following question in your workbook

- **Consent**: When partners have enthusiastically agreed about what activities they want to do, and partners continue to check in to make sure each person is feeling good. Partners share equal power, and are free to change their minds or stop activity at any time.
- **Sexual Harassment**: Any unwanted or unwelcome sexual attention. This can include unwanted touching, sexual comments, and even sexual gestures or noises.

Defining Types of Sexual Harm

- Today we are practicing identifying what a consensual sexual relationship looks like.
- We are also practicing recognizing situations where something isn't right.
- We already reviewed **consent** and **sexual harassment**. Now we are going to learn 4 other terms that are related in some ways.

Sexual Assault

Definition:

- Any sexual activity that happens by force or without a person's consent. A person cannot consent to sexual activity if they are drunk or high, or are being scared or pressured into doing sexual activities.

This Can Include:

- Rape- penetration of a mouth, anus or vagina without consent
- Any type of sexual touching without consent
- Showing someone sexual images without consent

Sexual Abuse



Definition

- Any actual or threatened sexual touching, whether by force or under unequal or coercive conditions. This may happen once, or may be a repeated pattern of behavior over time. Any sexual activity with minors (under 16) constitutes sexual abuse.

Sex Trafficking

Definition:

- When a person is forced, coerced, tricked, or pressured into a sex act in exchange for something of value, such as money, housing, food, clothing, or protection.

Labor Trafficking

- **Labor trafficking** is when someone uses physical violence, lies, or threats to make another person provide work or services. Like sex trafficking, labor trafficking is illegal.
- **Where does it most often happen?**
 - Restaurants & street vendors
 - Traveling sales crews (magazine sales)
 - Domestic work (cleaning, babysitting)
 - Forced drug sales
 - Salons & massage parlors
 - Day labor (construction, landscaping, painting)



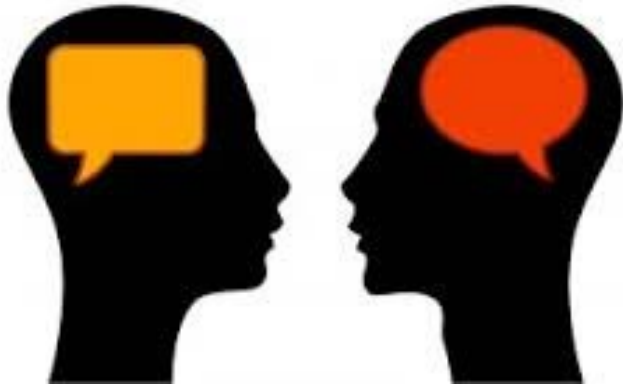
Labor Trafficking, continued

- **Do you know someone who:**
 - Can't leave their job?
 - Is being forced to work with no pay, maybe even by a family member or friend?
 - Is being threatened by their boss for deportation?
 - Owes a lot of money and is being forced to work to pay it off?
- If you or someone you know is being forced to work, talk to a teacher or school counselor. **You won't get in trouble, you'll just get support.**



Think and Write

- What are the similarities and differences between the 4 new terms we just learned: sexual assault, sexual abuse, sex trafficking and labor trafficking? Do any of these terms overlap with one another?



Consent or Concern?

Instructions: You will read each conversation or text exchange and decide whether the conversation is showing healthy consent, or whether it is showing a concerning red-flag for harm.



Means partners are seeking CONSENT and respecting each other's sexual boundaries.



This symbol is often used as warning sign. In this case, it means you are CONCERNED about sexual harm such as harassment, assault, abuse or trafficking. These are situations where help from a trusted adult is needed.

Scenario 1 (Practice as a Class)

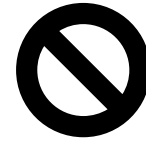
Ari:

Hey, your insta post about us was so sweet but I don't really want our kissing-pics out there on the internet...

Sammy:

Aww, That post got so many likes though! But if it makes you uncomfortable I'll take it down. No worries.

Consent or Concern?



Why?

When Ari expresses a boundary, Sammy respects it and takes down the picture.

Now You Try!

We will come back together to go over the rest of the scenarios in a few minutes.

Scenario 2

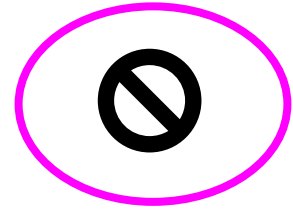
Cory:

Eew, I don't want to look at that nasty porn video, get your phone out of my face!

Jabree:

Calm down, I was just playing! This video is hilarious. You're too serious all the time.

Consent or Concern?



Why?

This is sexual harassment
Jabree is giving unwanted sexual attention to Cory by showing Cory a sexual video without Cory's consent.

Scenario 3

Barri:

I was so out of it last night, I can't remember anything. What did we do?

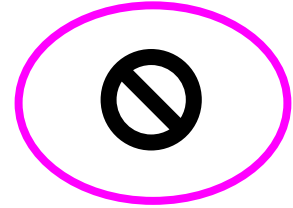
Evan:

You seriously don't remember? You were all over me. You took me up to your room and we...you know ;)

Barri:

OMG, we WHAT??

Consent or Concern?



Why?

Evan is implying that they did sexual things with Barri while Barri was under the influence. A person cannot consent when drunk or high, so this is sexual assault.

Scenario 4

Kai:

I love touching you, can I feel more of your skin?

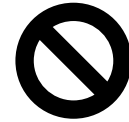
Rae:

I love it too, put your hands right here...

Kai:

Show me what feels good.

Consent or Concern?



Why?

Both partners are checking in, asking for permission and talking about what they want to do.

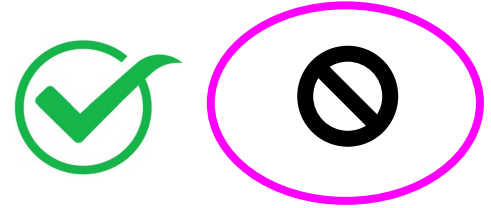
Scenario 5

Rick (age unknown): Your Instagram pics are so hot. I work for a modeling agency. Let's get you in for a professional photo shoot.

Danny (age 15): Can you really help me become a model?

Rick (age unknown): For sure! I'll make your dreams come true, just meet me tomorrow night...

Consent or Concern?



Why?

Rick is a stranger, and could be grooming Danny for sex trafficking by making false promises. This is a red flag for sex trafficking.

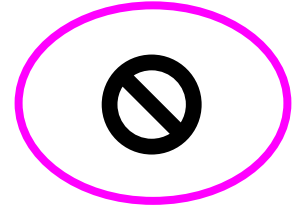
Scenario 6

Alex (age 20): *“Hey little cousin. Let’s play a game where you’re the patient and I’m the doctor.*

Lyle (Age 11): *I don’t know...*

Alex (age 20): *C’mon take your shirt off. It will be our little secret. And afterwards I’ll let you play with my Xbox.*

Consent or Concern?



Why?

Alex is an older person with more power is pressuring a minor to participate in an inappropriate, secret sexual game. This is sexual abuse.

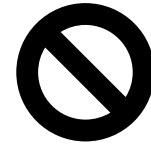
Scenario 7

Dru: *Kiss me, I want you..*

Angel: *Hey, I like you so much...but I don't wanna take advantage of you right now when you're not sober. Maybe I can walk you home and we can hang out after school this week?*

Dru: *...ok, sounds good I guess...*

Consent or Concern?



Why?

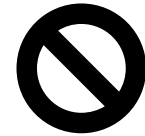
Angel knows that Dru cannot consent while intoxicated and is acting responsibly to prevent harm.

Scenario 8

Rayyan: Remember to bring condoms when you come over tonight ;-)

Zein: Already got them in my bag. Can't wait!

Consent or Concern?



Why?

Rayyan and Zein are communicating clearly and are both on the same page about using condoms.

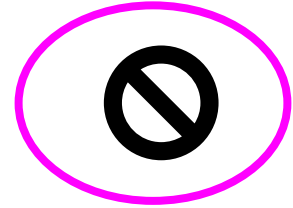
Scenario 9

Rodolfo(age unknown): *Your family still owes us a lot of money for your trip here. Someone's going to pick you up after school next week so that you can work and help your family pay off what you owe.*

Ariel: *But I have soccer practice after school.*

Rodolfo: *You want your family to be safe, don't you?*

Consent or Concern?



Why?

Rodolfo is forcing Ariel to work and threatening to hurt his family if he doesn't work. This is a red flag for labor trafficking.

Bystander Intervention Video



Bystander Intervention

/bī-stander in-ter-ven-shuhn/

Observes a situation,
steps in, & tries to help

Bystander Intervention

- What is a Bystander?
- Why is it important to do something when someone is being harmed?



Exit Ticket

Answer the following questions in your workbook

- *Who is a safe adult here at school who you would feel comfortable talking to if you needed help?*
- *Explain why you feel comfortable talking to that person.*

Post-Assessment



Post Survey High School Sexual
Health Education



You can take the Pre-Assessment on your phone
by scanning this QR Code, or on a computer by
following this link:

<https://forms.office.com/r/jsei21uaQ6>

Question Box

This is our final sexual health education lesson!

Let's take a look at any remaining anonymous questions...

