



# Technology in Relationships

## 10th Grade Sexual Health Education Lesson

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Worksheet for Technology in Relationships Lesson 7 for tenth grade sexual health education.

# Lesson 7: Technology in Relationships

## Student Worksheet

Name

Date:

### Section 1: Do Now

**Instructions:** Read the following article excerpt: Then answer the two questions below the article.

Article Excerpt: ***“Teens Report in a Survey That They Are Bullied and Harassed Online”***.

By Agence France-Presse, adapted by Newsela staff, Published:10/14/18

The Pew Research Center released survey results about online harassment and cyberbullying among U.S. teenagers. The Pew Research Center survey found that 59 percent of U.S. teens reported being bullied or harassed online. Sixty-three percent said it was a major problem for people their age.

The most common type of harassment cited was name-calling at 42 percent. Thirty-two percent of those who responded said someone had spread false rumors about them on the Internet. Sixteen percent said they had been the target of physical threats online.

Among teens surveyed, 1 in 4 said they had experience with explicit images. Some had received unwanted images or photos. Others had images of them shared without their permission or consent.

1. What is your reaction to the statistics shared in the article about unhealthy uses of technology? Have you or anyone you know experienced online harassment, bullying, or received unwanted inappropriate pictures?

2. What are some of the *healthy* ways that teens use technology in their friendships and romantic relationships?

## Section 2: Think & Write

How is the sharing of nude or revealing pictures today different than 50 years ago before the internet was invented? Do you think there are different risks now than then? Explain.

### *What is a healthy relationship?*

*Spell it out with CERTS!*



**Consent**



**Equality**



**Respect**



**Trust**



**Safety**



## Section 3: Tech in Relationships

Behavior	Healthy or Unhealthy?	Explanation using CERTS
1. Asking your partner to text you a revealing picture.		
2. Sending a revealing pic to someone you've talked to while gaming online, but never met in person.		
3. Sending a revealing pic to your crush when they have not asked for one.		
4. "Liking" a video posted by your crush on social media		
5. Posting a cute video on tik tok to wish your partner a happy birthday		
6. Posting a revealing picture of someone else on social media.		
7. Breaking up with someone via text.		
8. Posting about a fight with a partner on social media		
9. Posting public, affectionate messages such as "I love you" to your partner on social media.		
10. Going through your partner's phone to see who they've been texting		

## Section 4: Exit Ticket

**Scenario:** Cal grabs his boyfriend Ollie's phone every day to check who has been texting and DMing him. Cal says it's because he loves Ollie so much and doesn't want other people getting in the way of their relationship.

1. If you were Ollie's friend, what advice would you give him in this situation?

2. Does this relationship have CERTS?