



GATHER TO LEARN

Beaver Notes

September

- 29 **Volunteer Orientation/Principal Coffee** - 2:00-3:00

October

- 1 **Room Parent Orientation** - 9:00 am
- 2 **Curriculum Night** - 6:30-8:30 pm
- 3 **Mrs. Hawkinson Open House** - 3:30 - 6:00 pm
- 8 **First Student Banking for New Participants**
- 9 **PTA Board Meeting** - 7:00
- 10 **No School** - Professional Development
- 17 **Jogathon!**
- 21 **5th Grade Parent Meeting** - 7-8:30 pm, Ulrichs' house
- 23 **Volunteer Orientation/Principal Coffee** - 7:00-8:00 pm

November

- 14 **Harvest Night** - 5:30 - 8:00

Sept. 29- Oct. 3 is an A Week.

Principal Coffee and Volunteer Orientation - MONDAY, 9/29, 2-3pm.
Additional date: Thursday, 10/23, 7-8pm
Please come if you're new to the building and have questions, or if you've been around for a while but want to meet our new principal! We'll meet in the cafeteria with Ms. Toner and then our Volunteer Coordinators, Shelley Imel and Debbie Ulrich, will answer your questions about PTA jobs and show you around the building. Questions? Contact Debbie Ulrich.

Time to Check How Our Eyes and Ears are Working !!

Please talk to your child about the upcoming vision and hearing tests. I will ask them to stand, have both eyes open, cover one without "squishing" it, and read from a chart of either letters or figures. We will then change and check how the other eye is working. Children will be tested with their prescribed glasses or other corrective lenses if applicable.

The hearing screening involves sitting in a quiet space with earphones on and raising a hand when they hear the "beep" sound. If your child fails an initial screening, I will then re-screen and if fails again, you will receive a referral note to seek further evaluation by your Health Care Provider. *Nurse Julie Kaloper, RN*

Save The Date - TUESDAY, 10/21, 7-8:30pm - 5th Grade Parent Meeting
5th grade parents will meet at Debbie Ulrich's house to start planning activities for our students' last year. Details will come home in KidMail closer to the date. Questions? Contact Debbie Ulrich.

We're so glad we had this time together.....

and now it's time to say "so long" to our very own Mrs. Mary Hawkinson, who has retired after 30 years of dedication to Loyal Heights. Please join us for an Open House to congratulate Mrs. Hawkinson on her retirement, on Friday, Oct. 3, from 3:30 - 6:00 p.m. in the school cafeteria. Refreshments will be served.

Ready...Set...Run! Jogathon - Friday, October 17th

Students, families and friends get ready for the 13th annual Running of the Beavers! The Jogathon is not only a highly successful fundraiser, but also an incredibly fun and festive community event. There are many opportunities to help with the event. If you would like to join one of our planning committees, please call Janet Solan. Or, watch for Big Blue, the PTA packet, to sign up to volunteer on event day. Thank you! *Janet Solan and Margie Balcos, Fundraising Chairs*

Sleep Well, Feel Great, and Succeed in School

October 29, 6:00 - 7:30pm Seattle Public Library Central Branch
Microsoft Auditorium

November 3, 6:30 - 7:45pm at the Ballard Branch

Over 30% of children have sleep problems, and their mood and performance suffers. Join Dr. Catherine Darley, ND from The Institute of Naturopathic Sleep Medicine and learn about common pediatric sleep problems, how they influence your child, and what you can do to ensure your child gets healthy sleep. For more information go to www.naturalsleepmedicine.net/events

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Email submissions to Kirsten Purdy:
beavernotes@comcast.net by Monday at 3:30.