

Move-a-Thon 2009 Volunteer Form

Move-a-Thon Day Is Friday, October 16th, 2009!

This year's Move-a-Thon is coming up fast, and we need LOTS of volunteers to make it a huge success! As a Move-a-Thon volunteer, you'll have fun and feel good knowing you've helped to build community, promote healthy kids AND raise funds to pay for all the supplemental programs that help make John Hay such an exceptional school. Whether you come for 15 minutes or the entire day, no contribution is too small. So grab some friends and relatives and let us know how you'd like to help out on Move-a-Thon Day. Thank you!

Please check boxes below and fill in contact information, then return this form in your child's red folder by Friday, September 25th, 2009.

Move-a-Thon Volunteer Opportunities

- Business Sponsorship:** I have a business and am interested in sponsorship!
- Work Shifts on Move-a-Thon Day:** I am interested in working the following shifts:
- | | | |
|-------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Setup | <input type="checkbox"/> Take Down | <input type="checkbox"/> Wherever you need me! |
| <input type="checkbox"/> Serving Food During: | <input type="checkbox"/> Lap Count During: | <input type="checkbox"/> Morning |
| <input type="checkbox"/> Pre-K & K | <input type="checkbox"/> Pre-K & K | <input type="checkbox"/> Afternoon |
| <input type="checkbox"/> 1 st Grade | <input type="checkbox"/> 1 st Grade | |
| <input type="checkbox"/> 2 nd Grade | <input type="checkbox"/> 2 nd Grade | |
| <input type="checkbox"/> 3 rd Grade | <input type="checkbox"/> 3 rd Grade | |
| <input type="checkbox"/> 4 th & 5 th Grades | <input type="checkbox"/> 4 th & 5 th Grades | |

Contact Information

Name: _____

Email: _____

Phone: _____

Child

Teacher/Room #

1. _____

2. _____

3. _____

For more information about the Move-a-Thon and fundraising at John Hay, please visit <http://www.seattleschools.org/schools/johnhay/fundraising/overview.html>