

**Seattle School District #1
Board Resolution**

Resolution No. 2013/14-10



A RESOLUTION of the Board of Directors of Seattle School District No. 1, King County, Seattle, Washington to move Seattle Public Schools to analyze district systems to determine the feasibility and impacts of later start times for adolescents.

WHEREAS, abundant research shows that adolescents need 8.5 to 9 hours of sleep per night, and puberty makes it difficult for many to fall asleep early, and

WHEREAS, research shows that the academic performance, behavior and well-being of adolescents improves significantly with later school start times, and

WHEREAS, documentation shows that other school districts have successfully moved to later start times for adolescents, and

WHEREAS, more than 3,550 parents, guardians, teachers and pediatricians have petitioned Seattle Public Schools to delay start times for high school and middle school students, and

WHEREAS, the Seattle Council PTSA, the Seattle School Nurses Association (SSNA), and the Seattle Education Association (SEA) have passed resolutions urging later start times for adolescents, and

WHEREAS, the Seattle Council PTSA membership and Board, as well as Seattle chapter of Start School Later, Inc., support later start times for adolescents and are willing to help educate and engage the community, and

WHEREAS, the School Board has received thousands of emails requesting delay of start times for adolescents and/or earlier start times for elementary school students, and

WHEREAS, staff has already made improvements to the Transportation Standards that increase efficiencies and reduce costs, as a step toward further improvements that have been identified but require further analysis, and

WHEREAS, the School Board wants to make an informed decision about the best way for the district to support later arrival times for adolescents including understanding and mitigating, when necessary, impacts on families, schools, elementary students, and community partners.

NOW THEREFORE,

BE IT RESOLVED, that the Seattle School Board directs the Superintendent to develop a framework to determine feasibility, costs, impacts, and logistics of shifting to later start times for adolescents, for implementation for the 2016-2017 School Year, while continuing to simplify the

transportation standards and align it with our Student Assignment Plan. This framework must include analysis and well informed public engagement, and

BE IT FURTHER RESOLVED, that the Superintendent will develop a proposal for the June 2014 retreat that enables discussion of work statement priorities in order to offset the additional statement of work to conduct the analysis while still ensuring the success of our Strategic Plan, and

BE IT FURTHER RESOLVED, that the Superintendent shall propose this draft framework to the School Board in June 2014, with action taken on the framework by the Board in July 2014. The results of the analysis and the potential implementation plan shall be presented to the Board in September 2015. The decision on whether and how to shift to later start times for adolescents shall be brought before the Board for action in October 2015.

ADOPTED this 19th day of March, 2014

Sharon Peaslee, President

Betty Patu, Vice-President

Stephan Blanford, Member

Sherry Carr, Member

Harium Martin-Morris, Member

Martha McLaren, Member

Sue Peters, Member

ATTEST: _____
José Banda, Superintendent
Secretary, Board of Directors
Seattle School District No. 1
King County, WA