



Seattle Public Schools

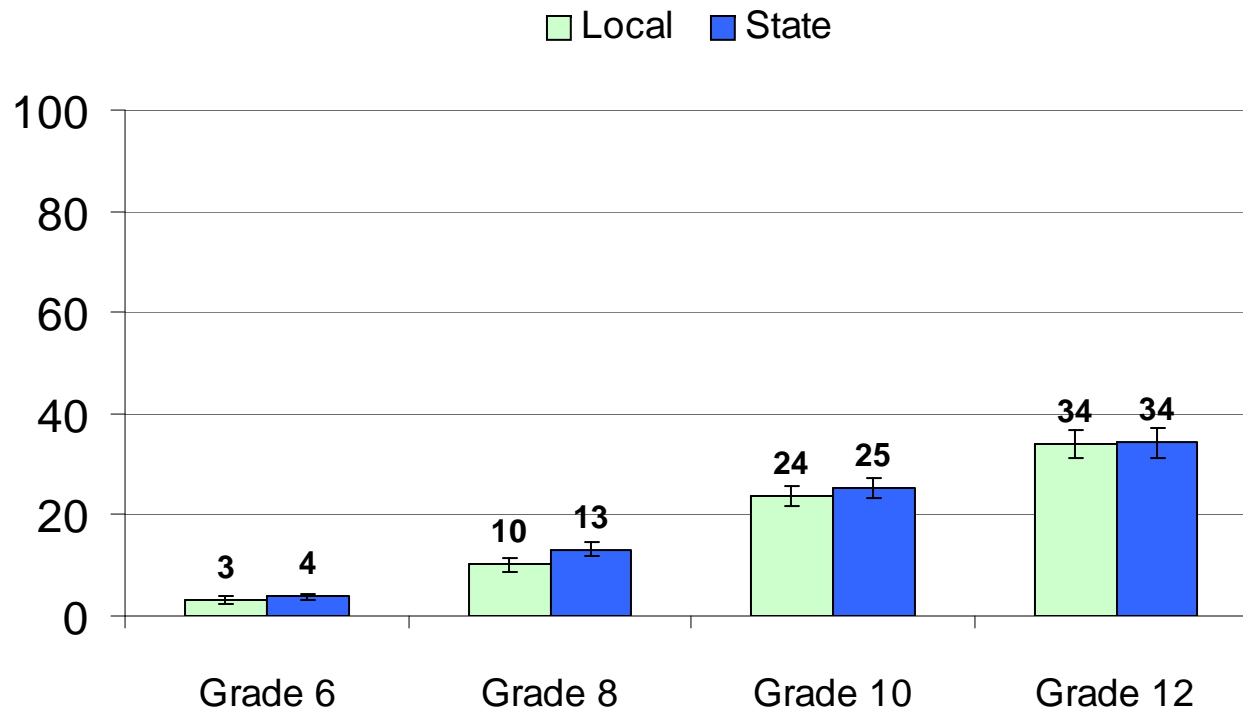
Highlights from the Healthy Youth Survey
Fall 2008

Student Participation

- 2363 (76%) of Grade 6 students
- 2226 (72%) of Grade 8 students
- 1792 (54%) of Grade 10 students
- 1266 (42%) of Grade 12 students

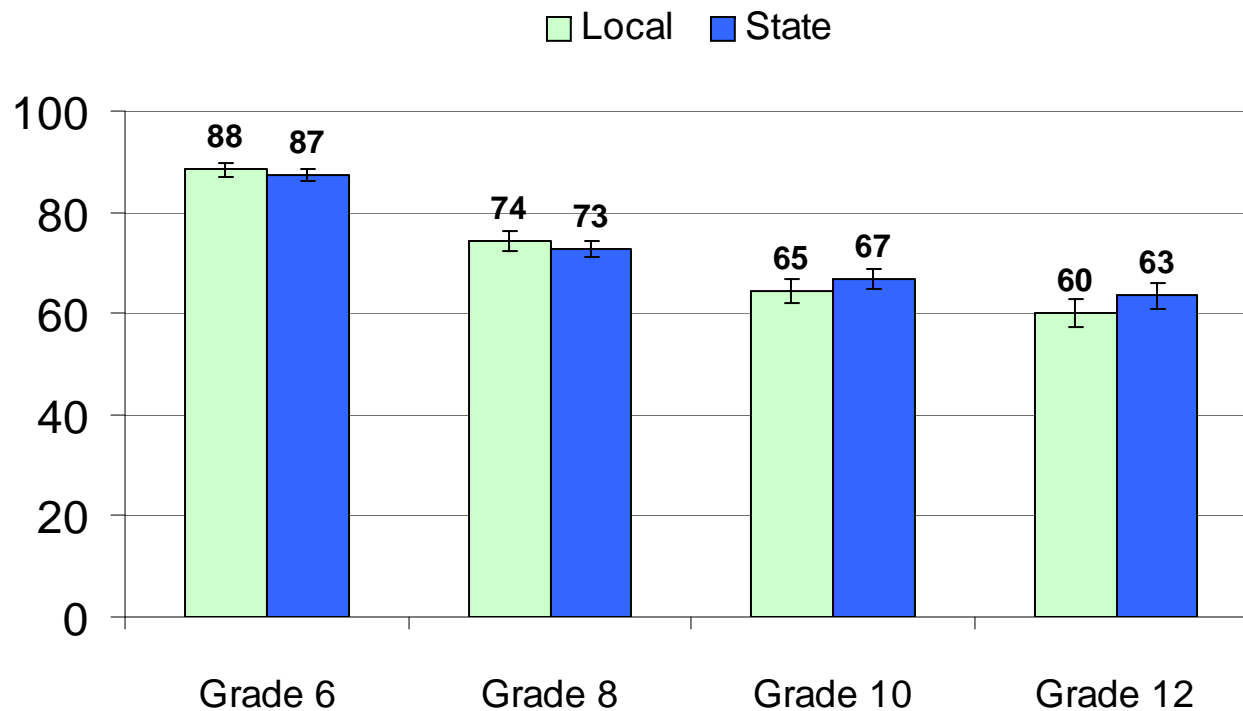
Lifetime Cigarette Use

Percent of students who report having ever smoked a whole cigarette at least once in their lives



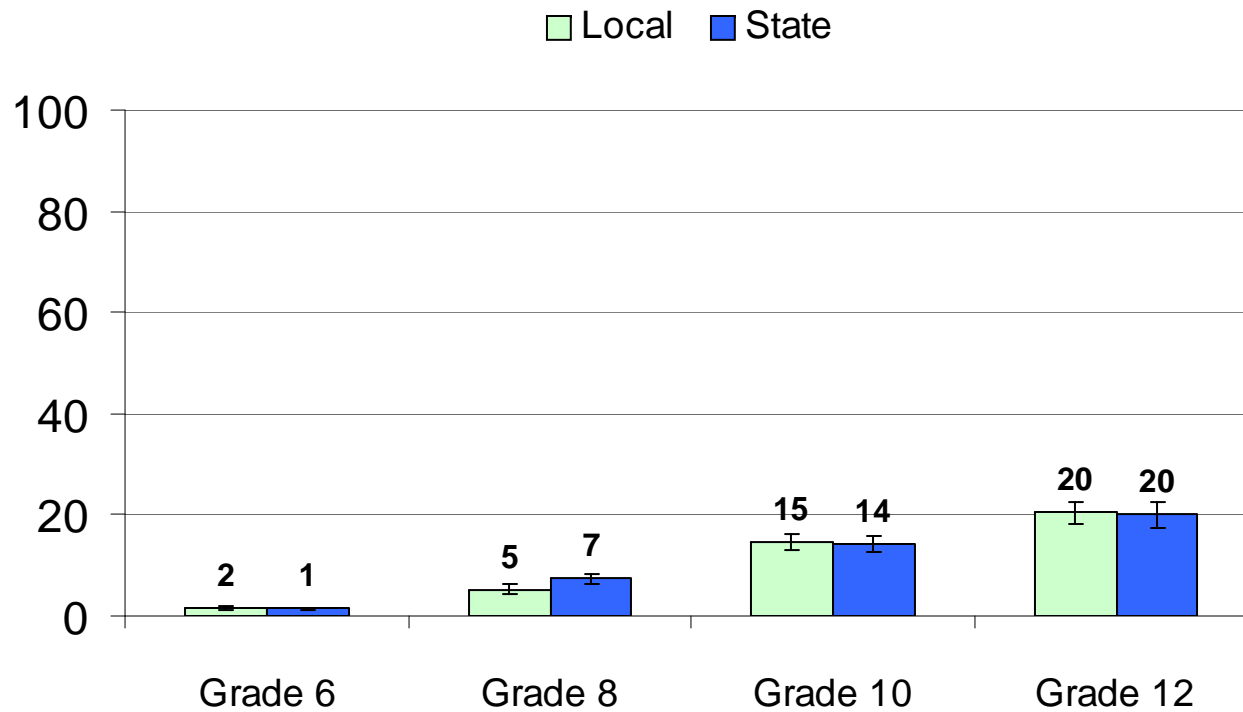
Susceptibility to Smoking

Percent of students who report having made a firm commitment to not smoke cigarettes (i.e., are not susceptible to smoking)



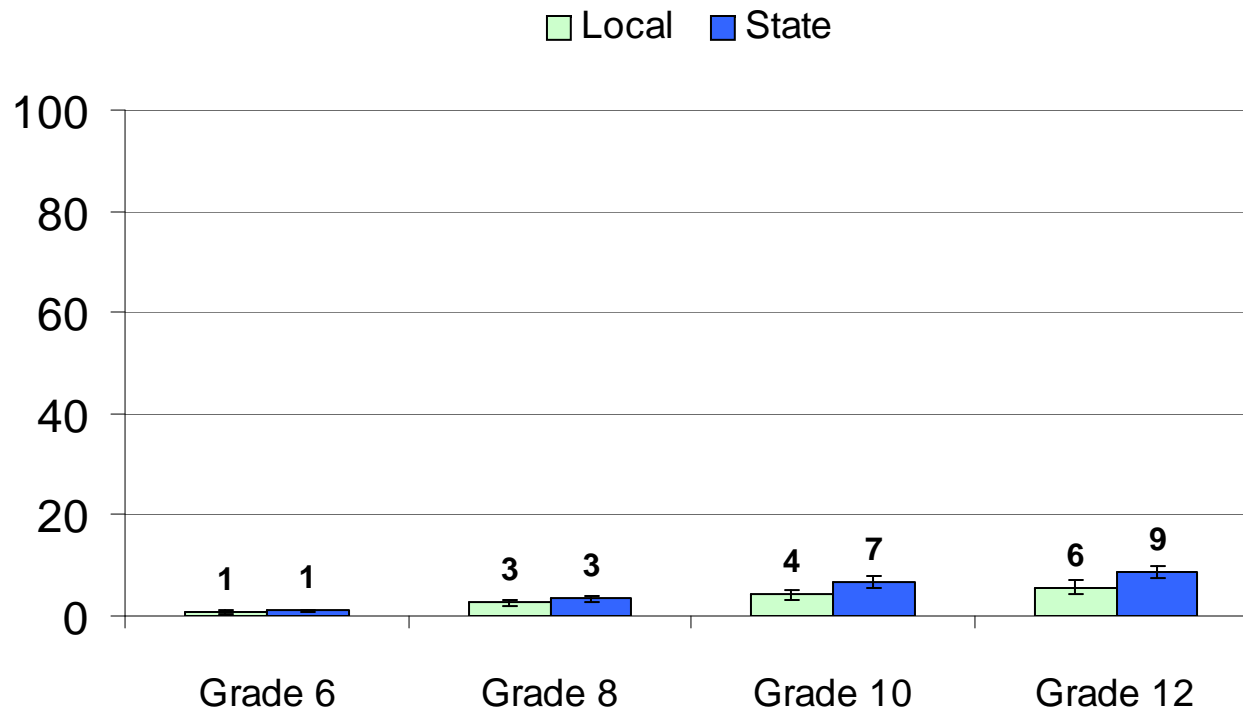
Current Cigarette Smoking

Percent of students who report smoking cigarettes
in the past 30 days



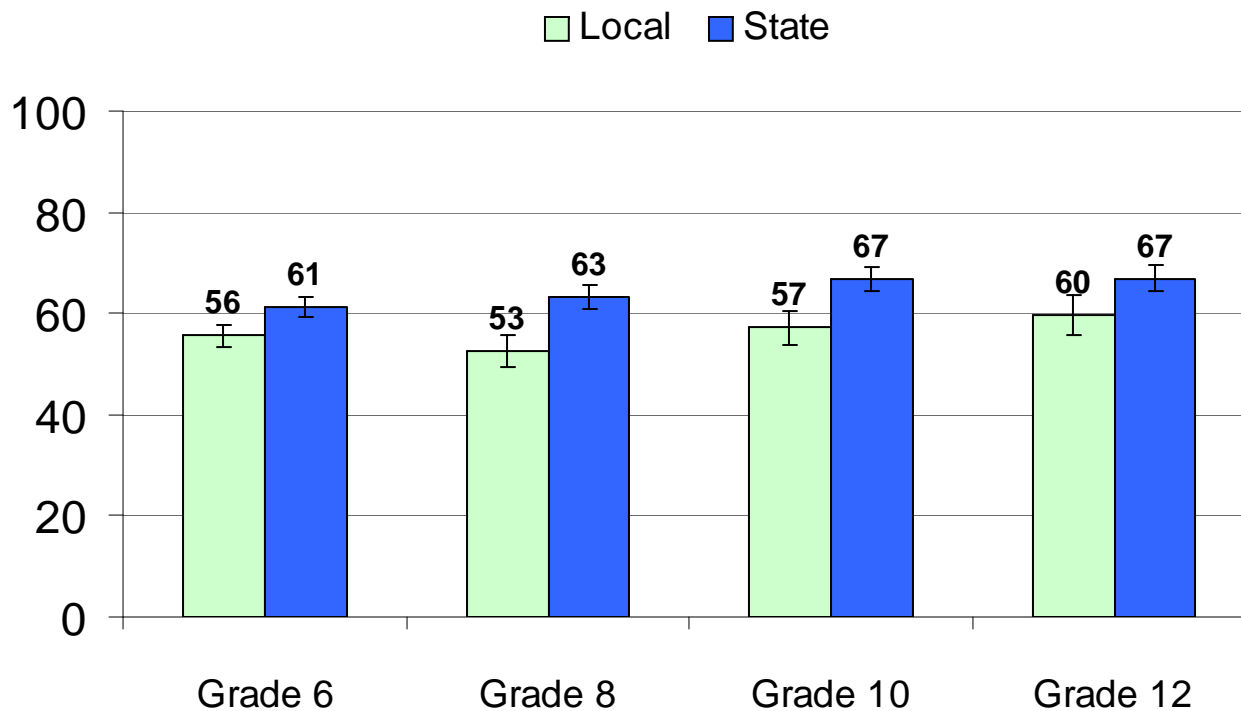
Current Smokeless Tobacco Use

Percent of students who report using smokeless tobacco
in the past 30 days



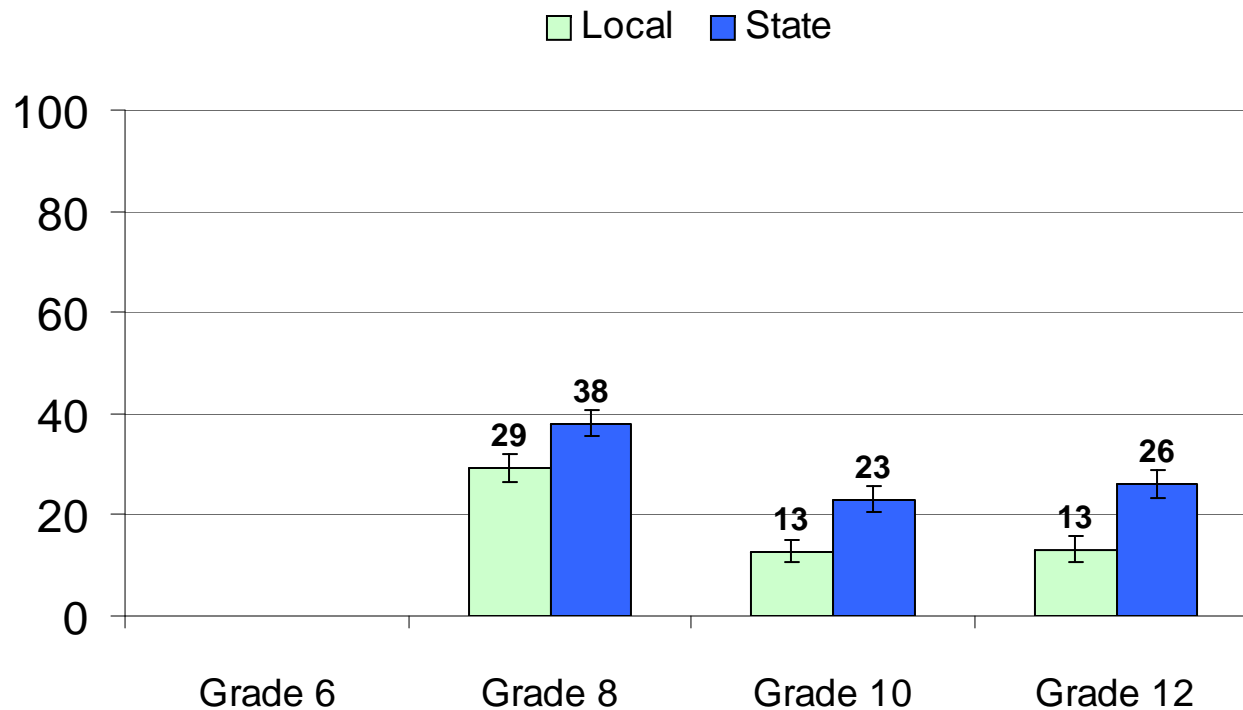
Perceived Harm From Secondhand Smoke

Percent of students who report “definitely” thinking that smoke from other people’s cigarettes is harmful to them



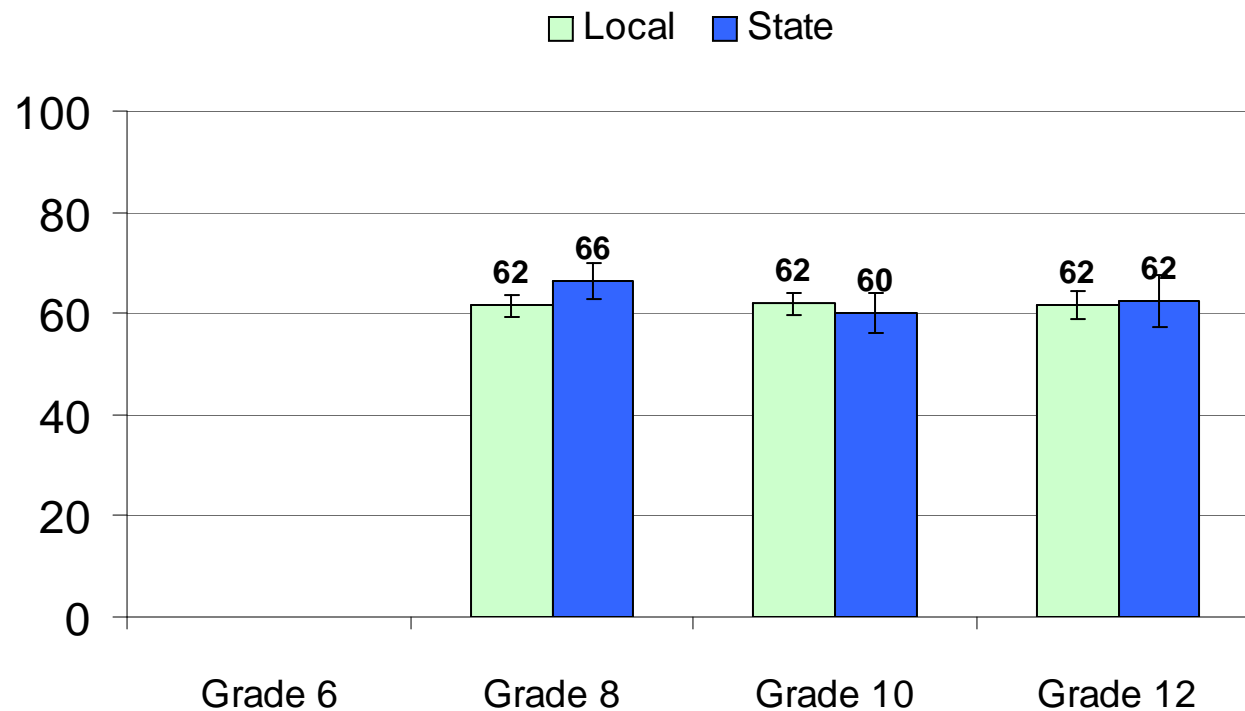
Enforcement of Tobacco-Free Policies

Percent of students who report “definitely” thinking that rules about not using tobacco at school are enforced



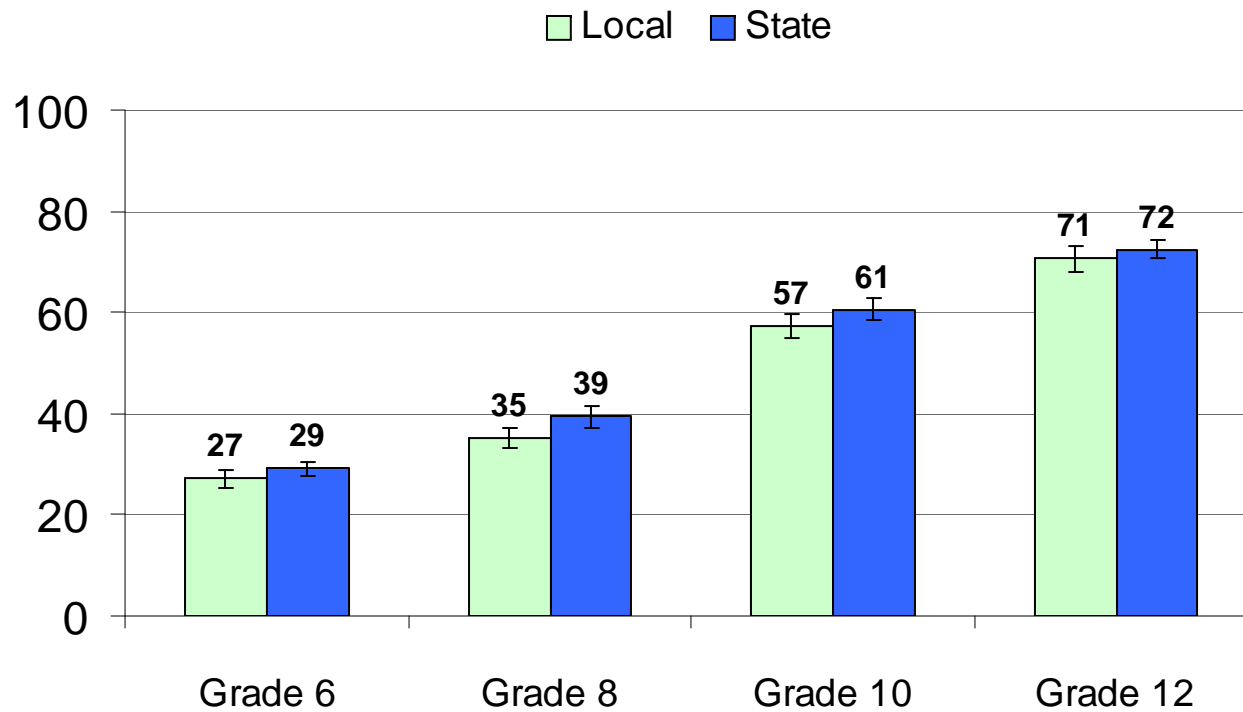
Help at School for Problems with ATOD

Percent of students who report school having staff for students to discuss problems with alcohol, tobacco, or other drugs



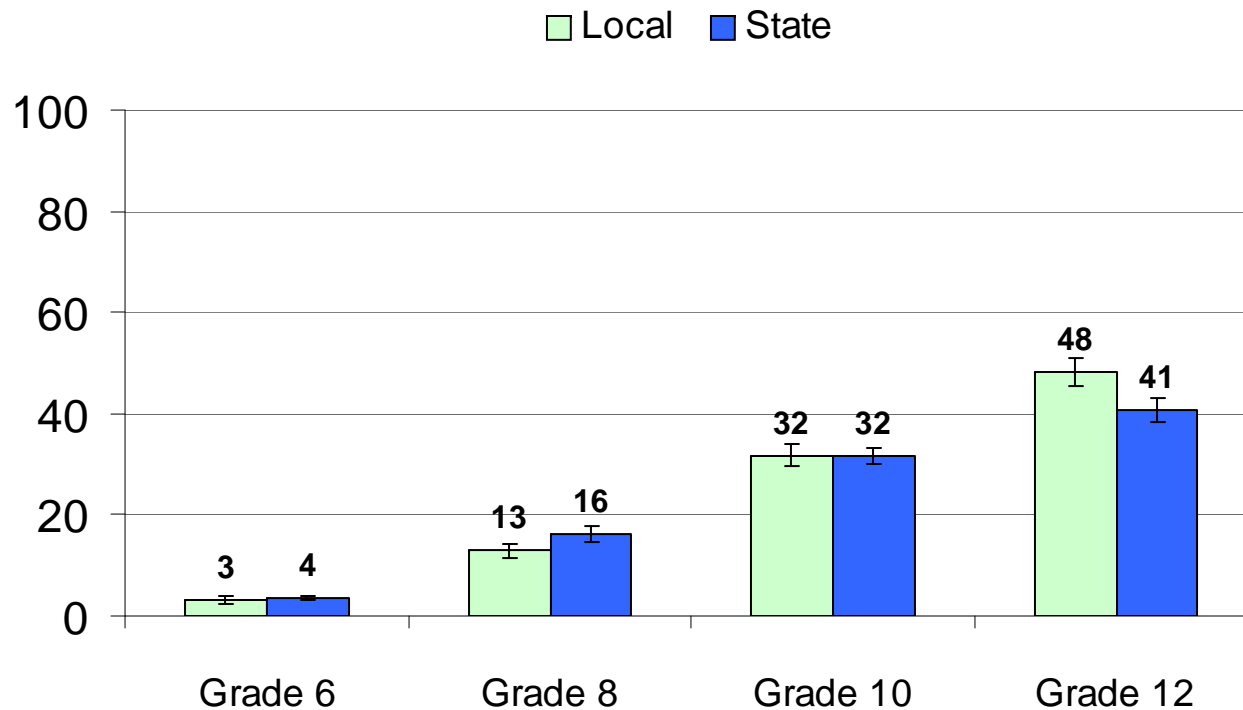
Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



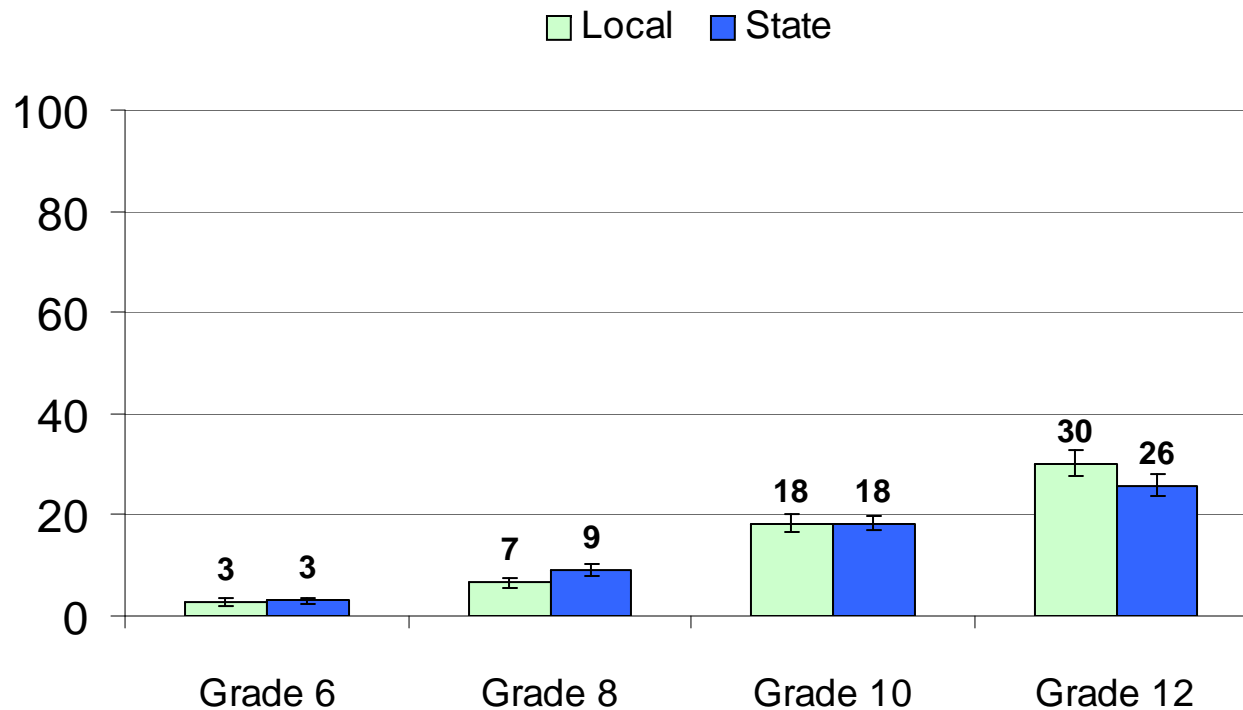
Current Alcohol Use

Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days



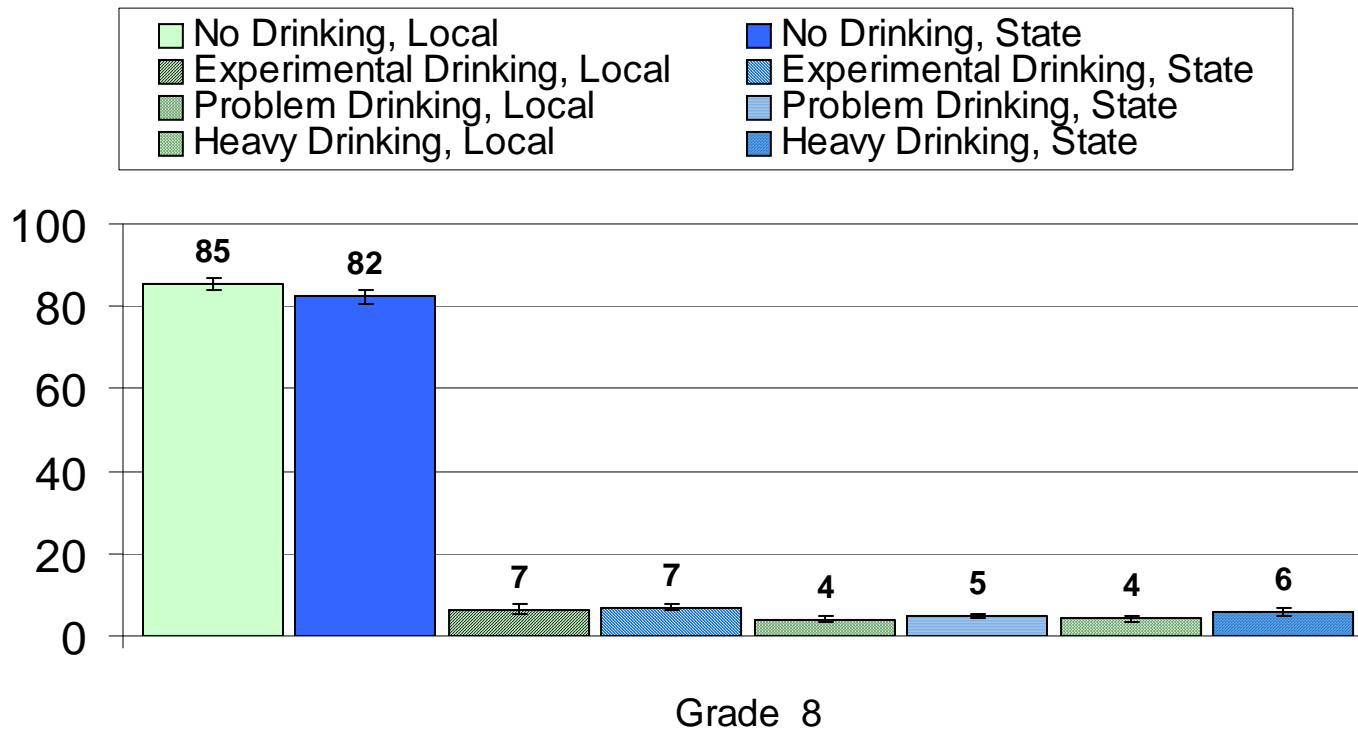
Current Binge Drinking

Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks



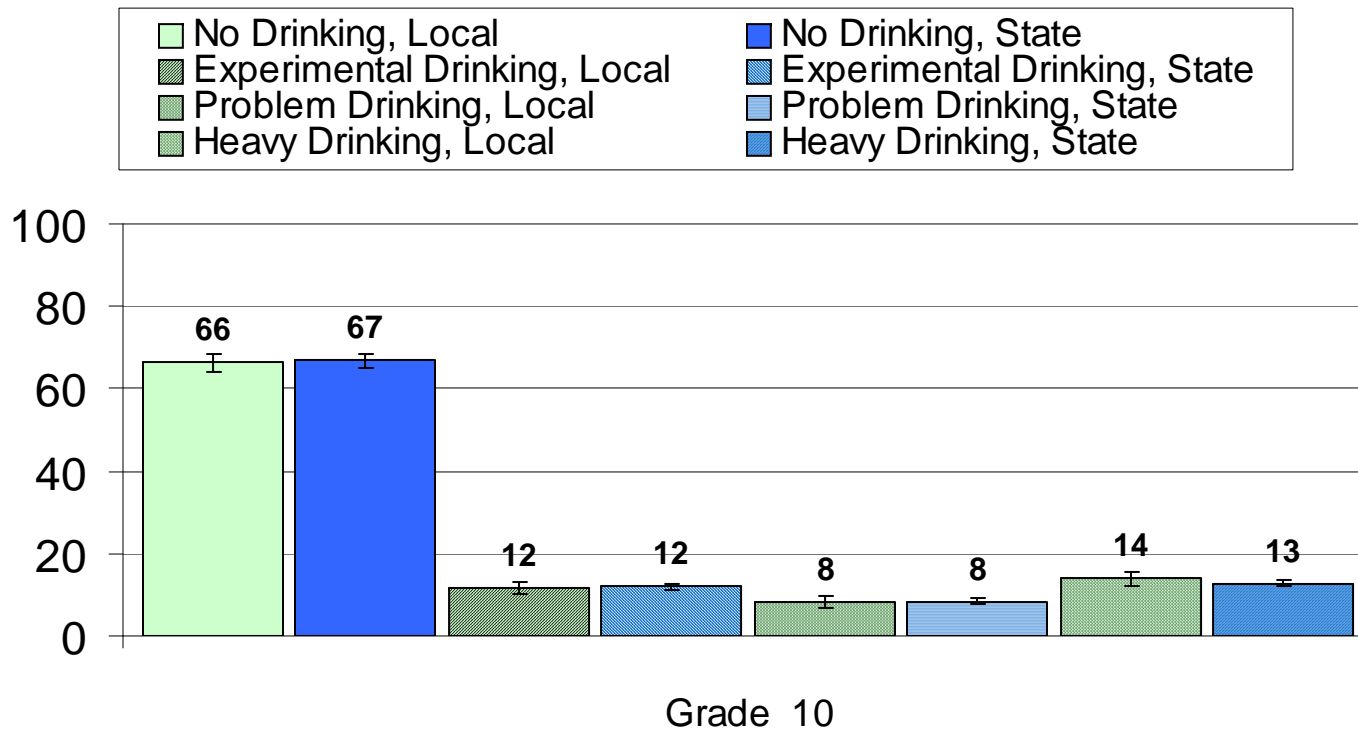
Levels of Alcohol Use - Grade 8

Percent of students who indicate **no drinking**, **experimental drinking** (1-2 days drinking in past 30 days, no binge drinking in past 2 weeks), **problem drinking** (3-5 days drinking in past 30 days and/or 1 day binge drinking in past two weeks), or **heavy drinking** (6+ days drinking in past 30 days and/or 2+ binge drinking in past two weeks).



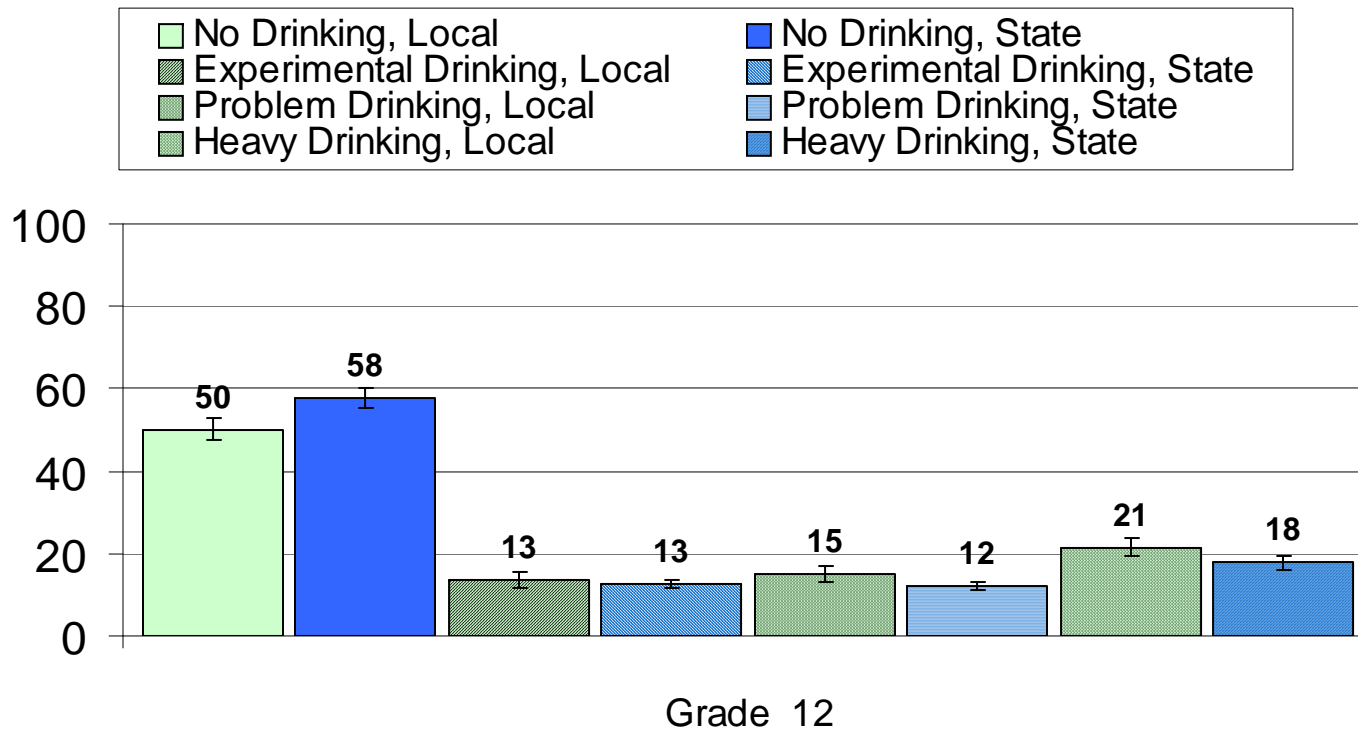
Levels of Alcohol Use - Grade 10

Percent of students who indicate **no drinking**, **experimental drinking** (1-2 days drinking in past 30 days, no binge drinking in past 2 weeks), **problem drinking** (3-5 days drinking in past 30 days and/or 1 day binge drinking in past two weeks), or **heavy drinking** (6+ days drinking in past 30 days and/or 2+ binge drinking in past two weeks).



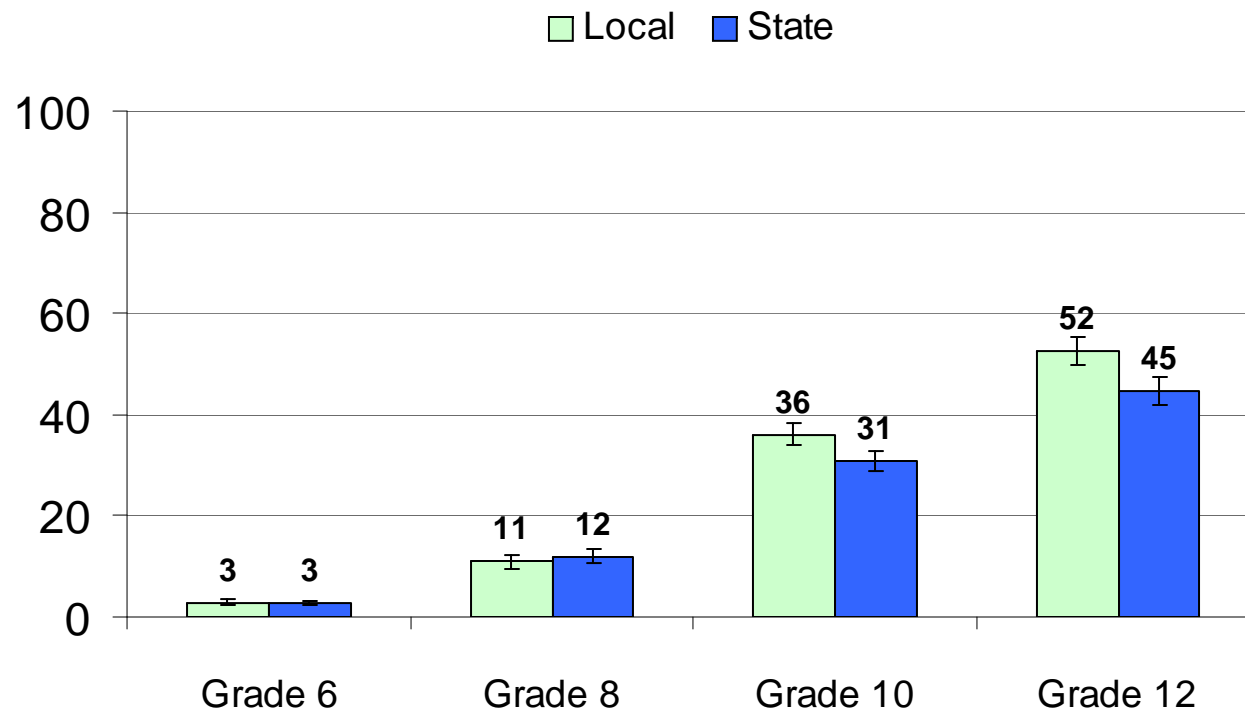
Levels of Alcohol Use - Grade 12

Percent of students who indicate **no drinking**, **experimental drinking** (1-2 days drinking in past 30 days, no binge drinking in past 2 weeks), **problem drinking** (3-5 days drinking in past 30 days and/or 1 day binge drinking in past two weeks), or **heavy drinking** (6+ days drinking in past 30 days and/or 2+ binge drinking in past two weeks).



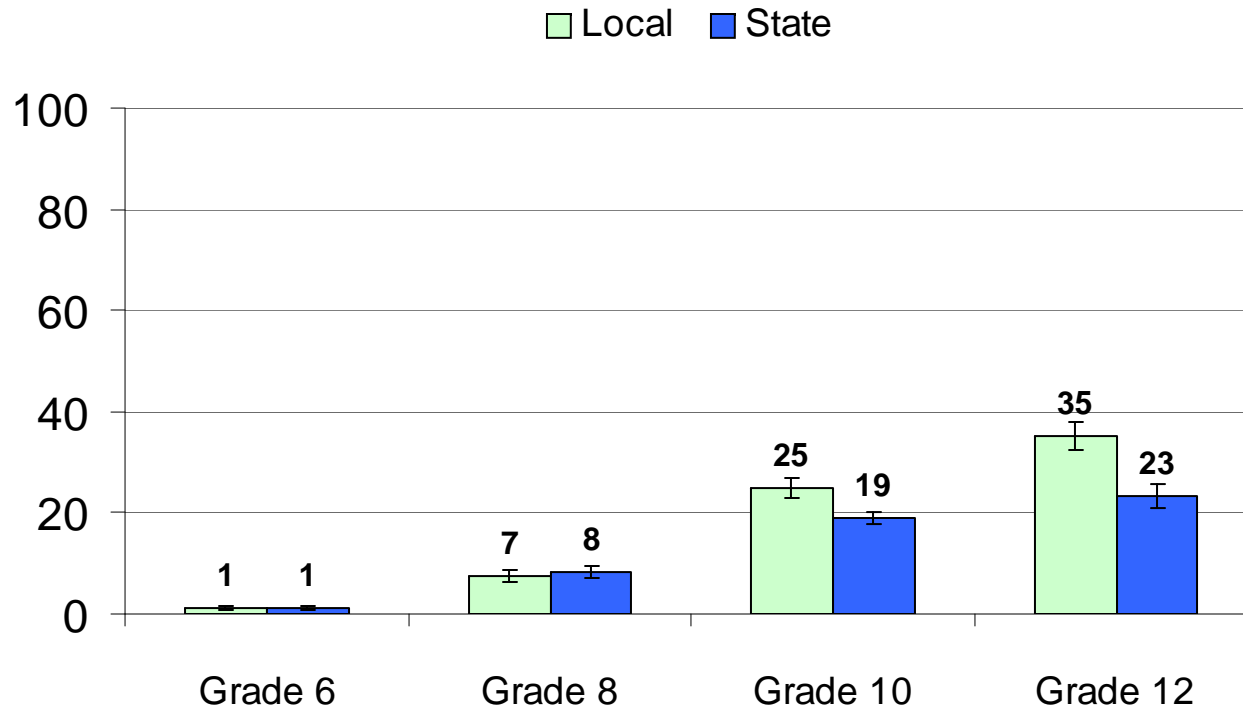
Lifetime Marijuana Use

Percent of students who report having ever smoked marijuana



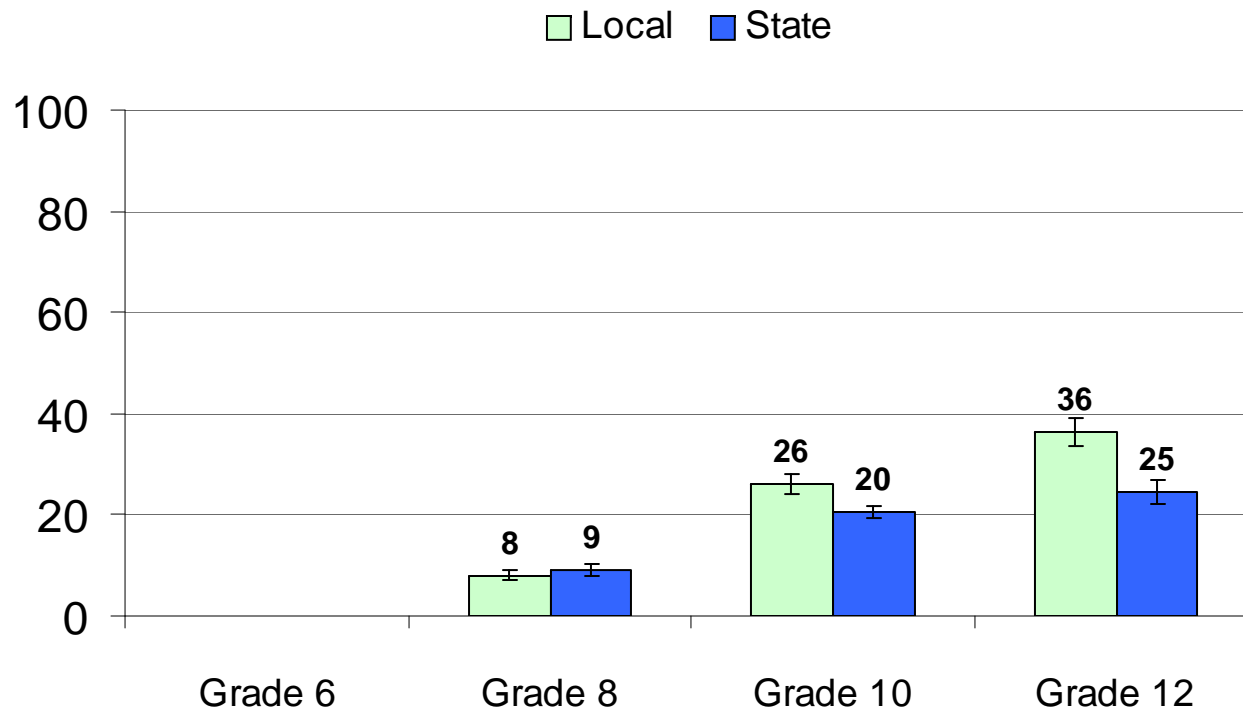
Current Marijuana/Hashish Use

Percent of students who report smoking marijuana or hashish in the past 30 days



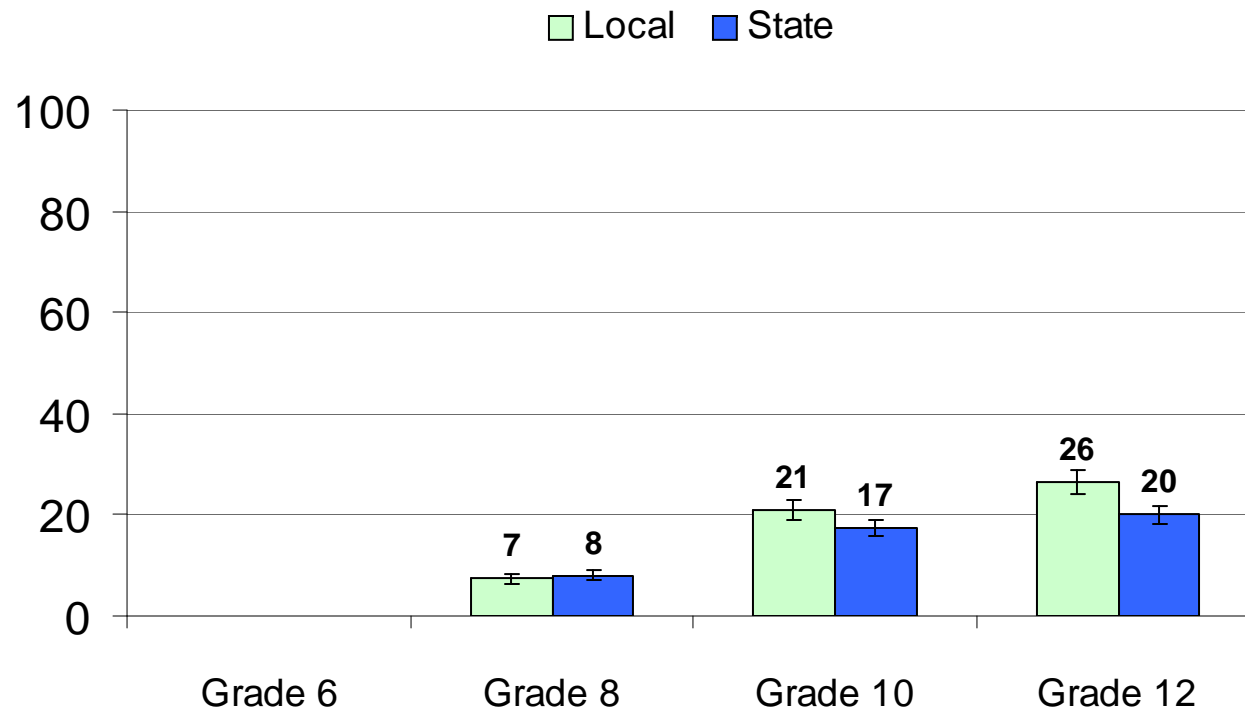
Current Illegal Drug Use

Percent of students who report using illegal drugs
in the past 30 days



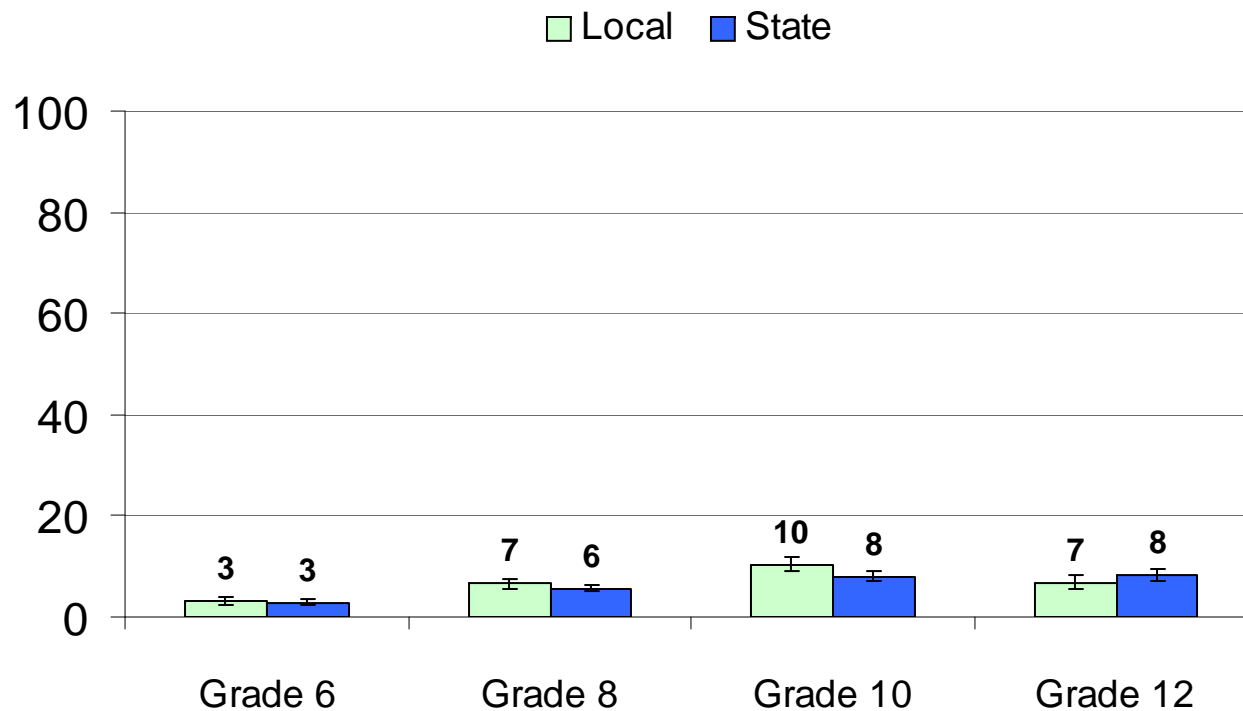
Substance Use at School

Percent of students who report being drunk or high at school in the past year



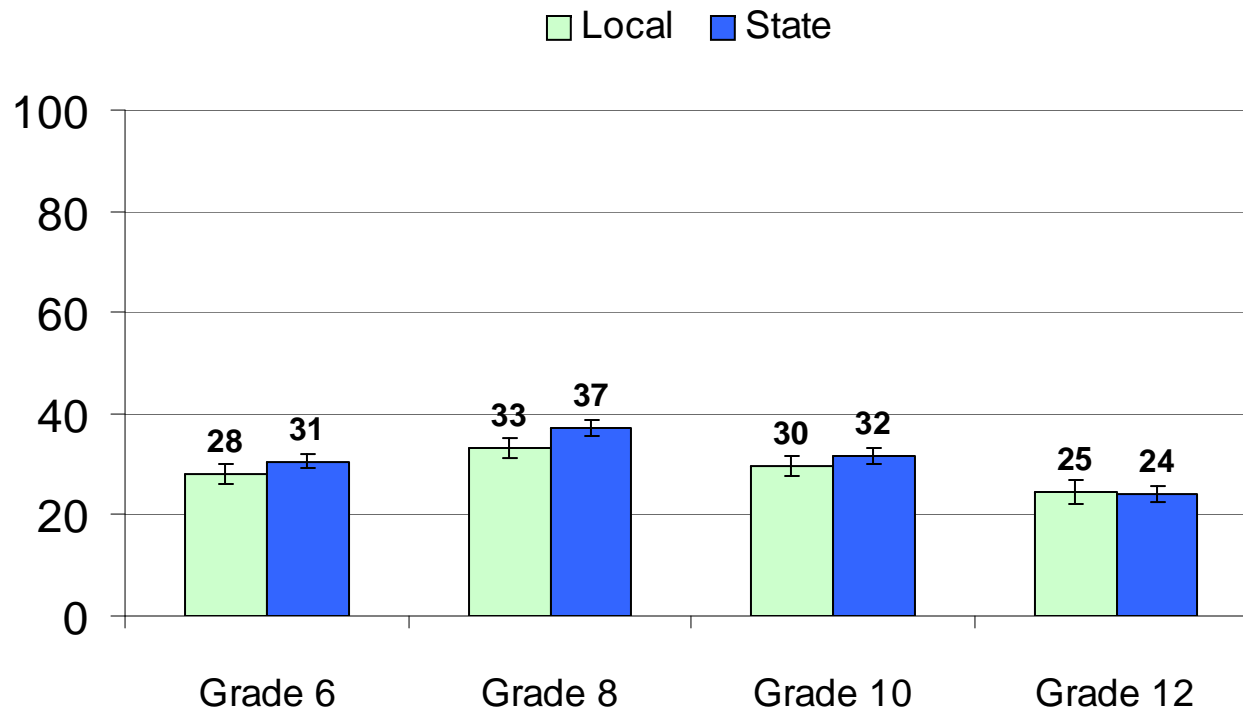
Weapon Carrying At School

Percent of students who report carrying a weapon on school property in the past 30 days



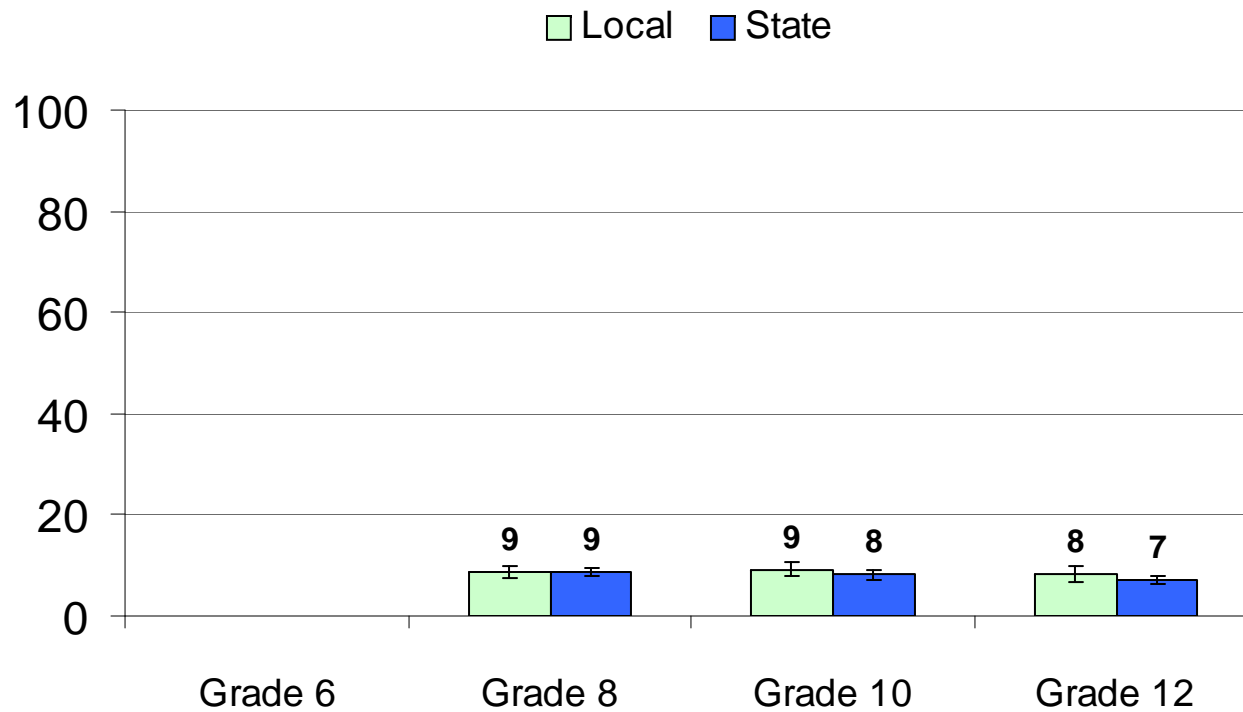
Physical Fighting

Percent of students who report being in a physical fight in the past year



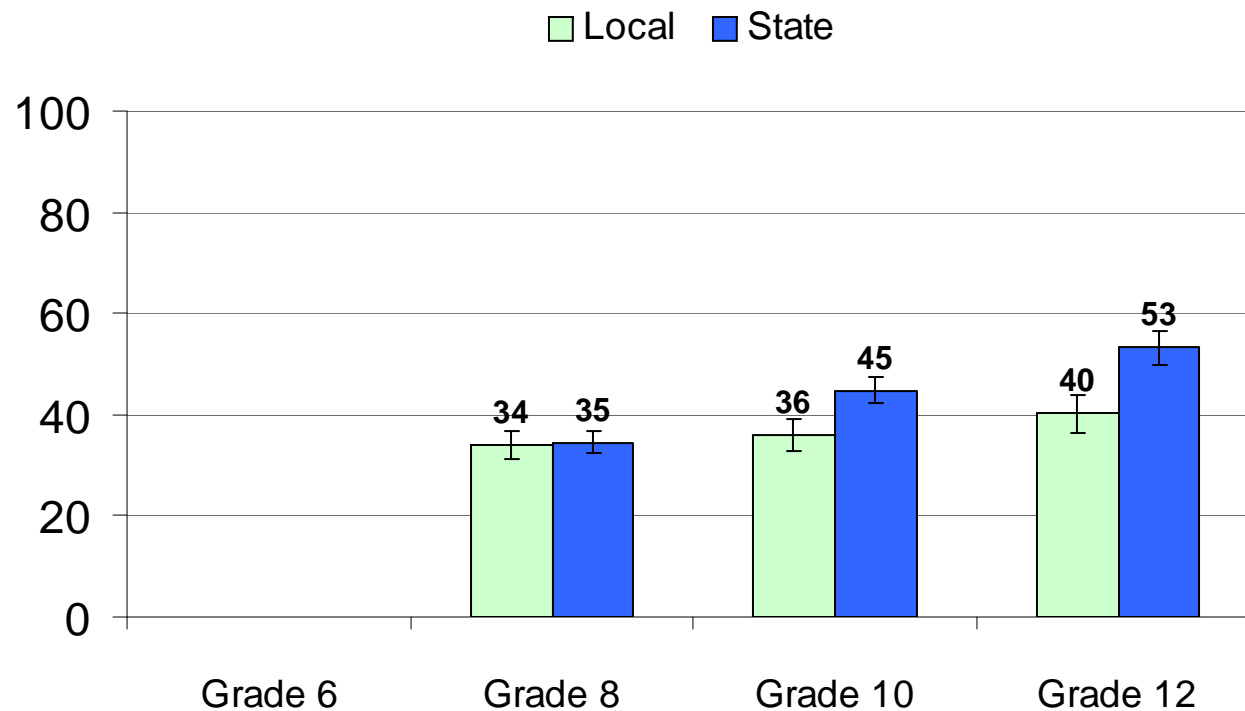
Gang Membership

Percent of students who report being members of a gang in the past year



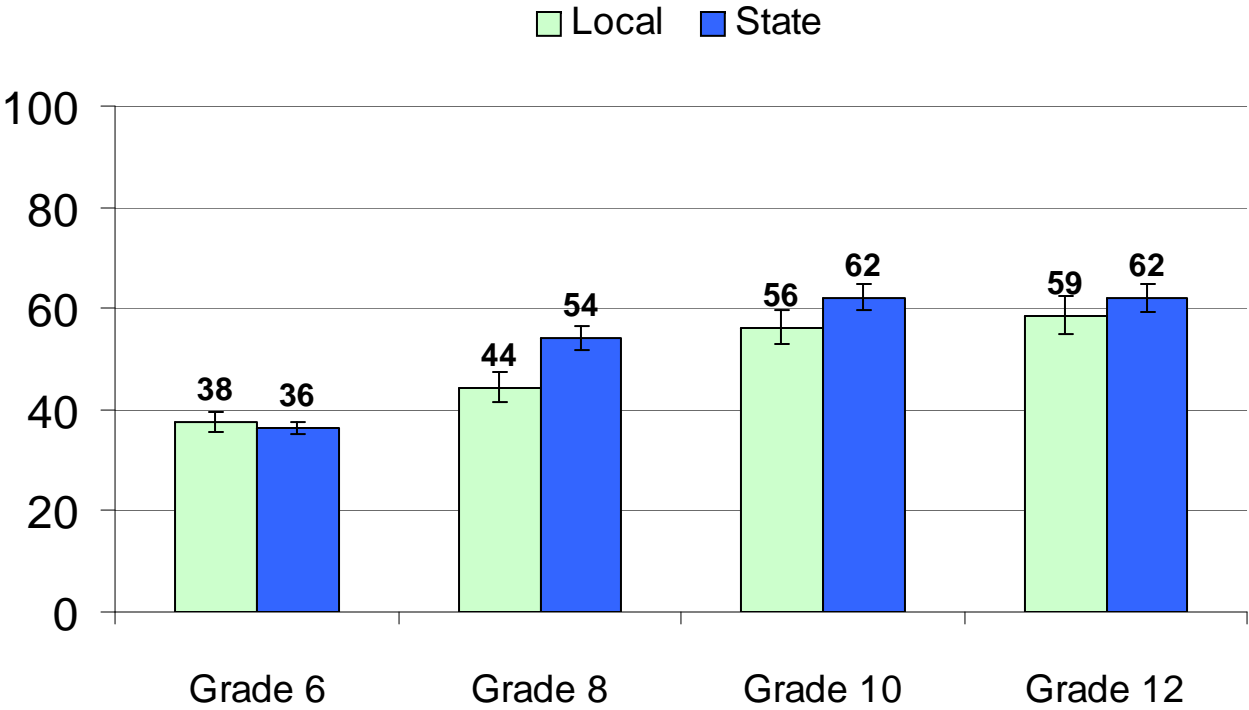
Low Neighborhood Attachment

Percent of students who are at risk for substance use because they have low attachment to their neighborhood



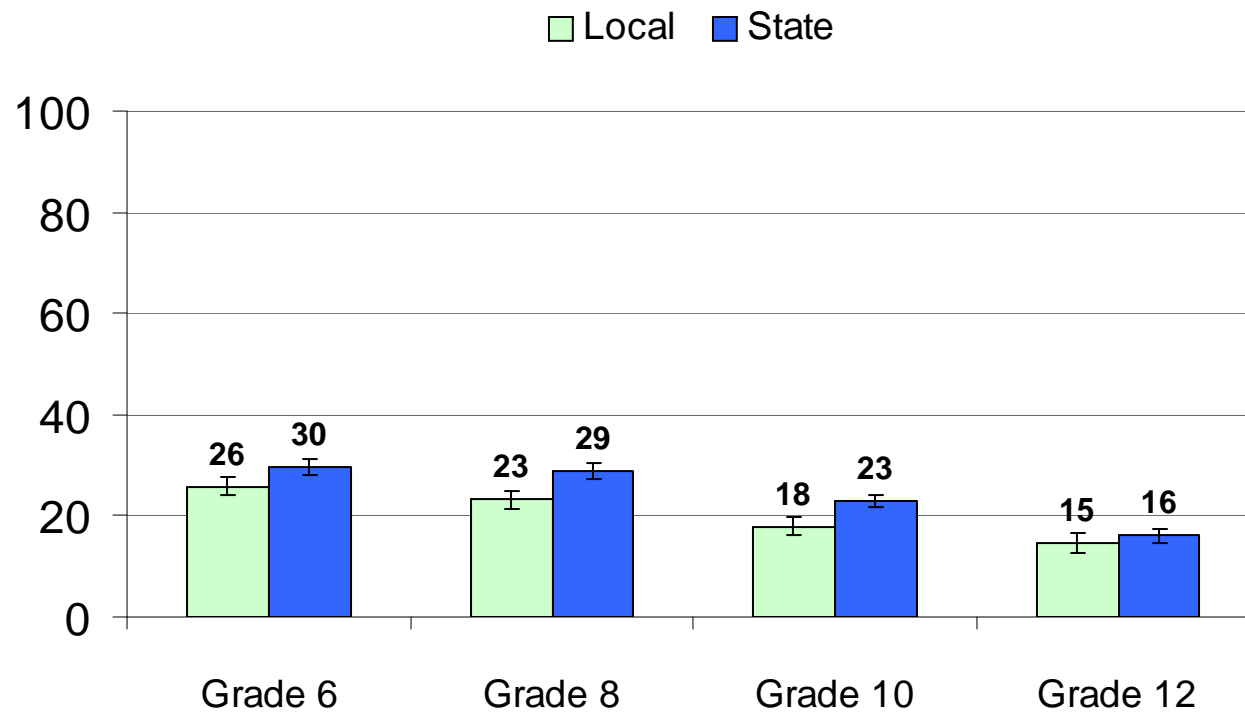
Community Rewards for Prosocial Involvement

Percent of students who are resilient to substance use because they report rewards by their community for prosocial involvement



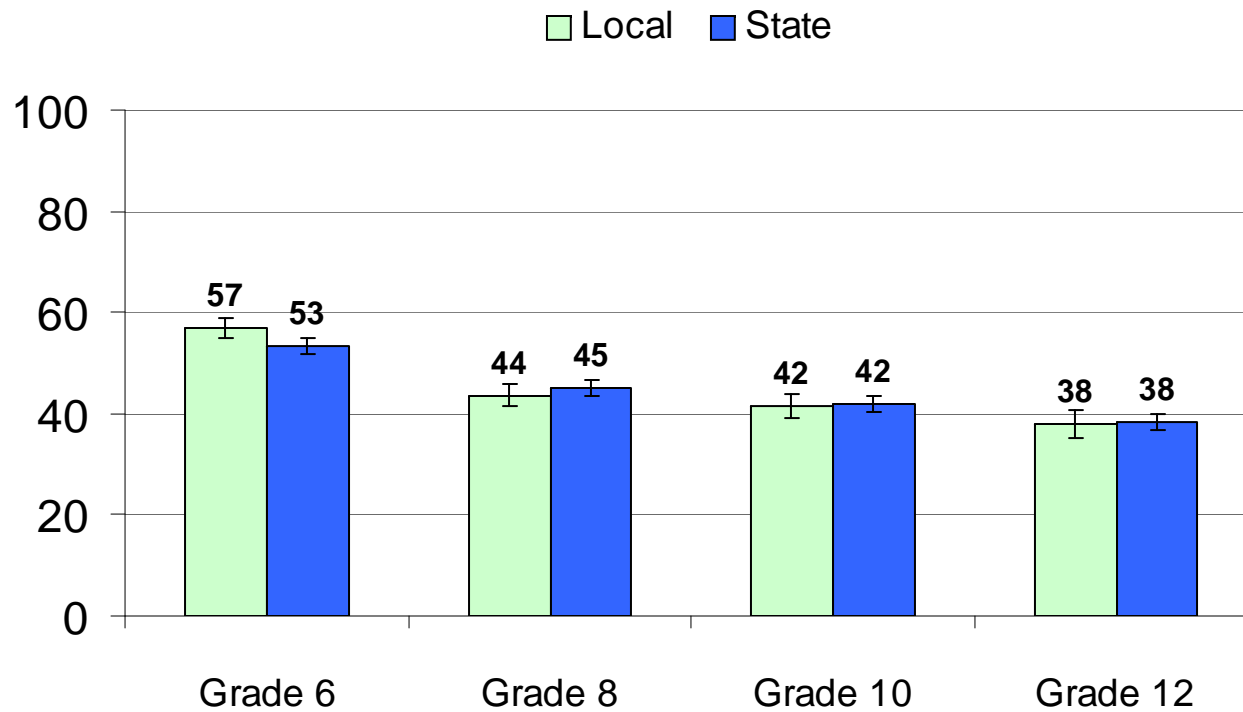
Bullying

Percent of students who report being bullied
in the past 30 days



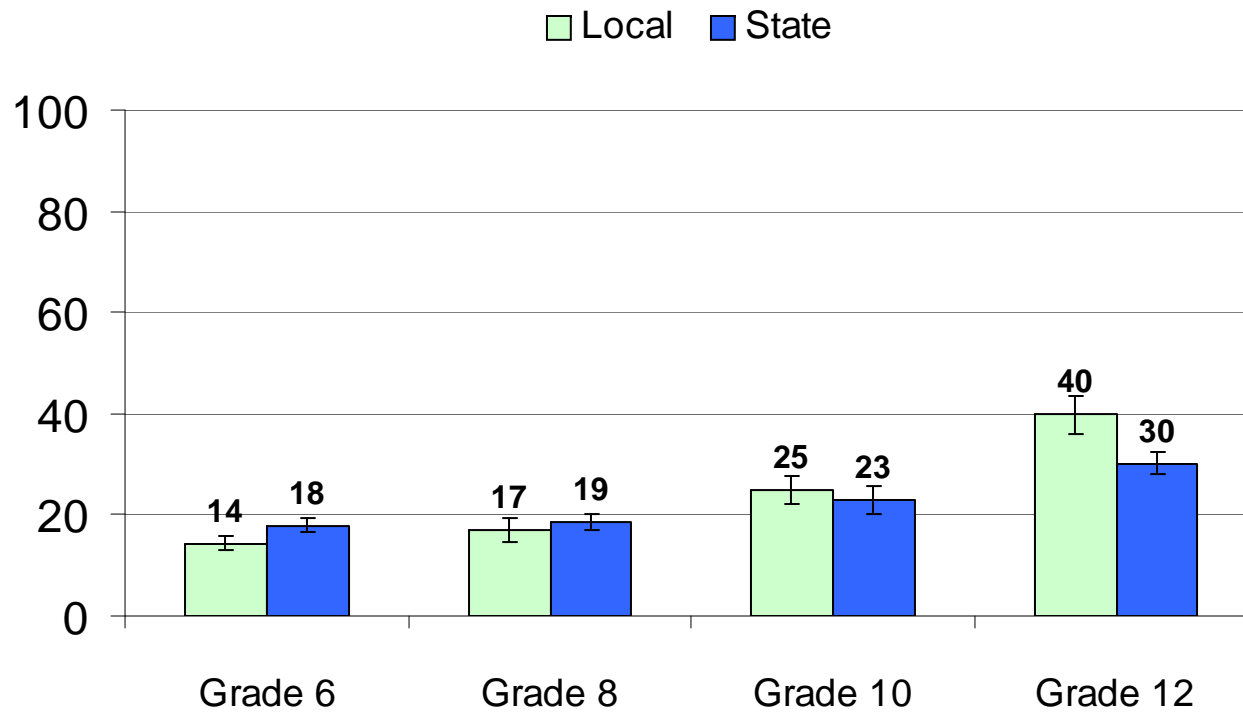
Enjoyment of School

Percent of students who report “often” or “almost always” enjoying being at school in the past year



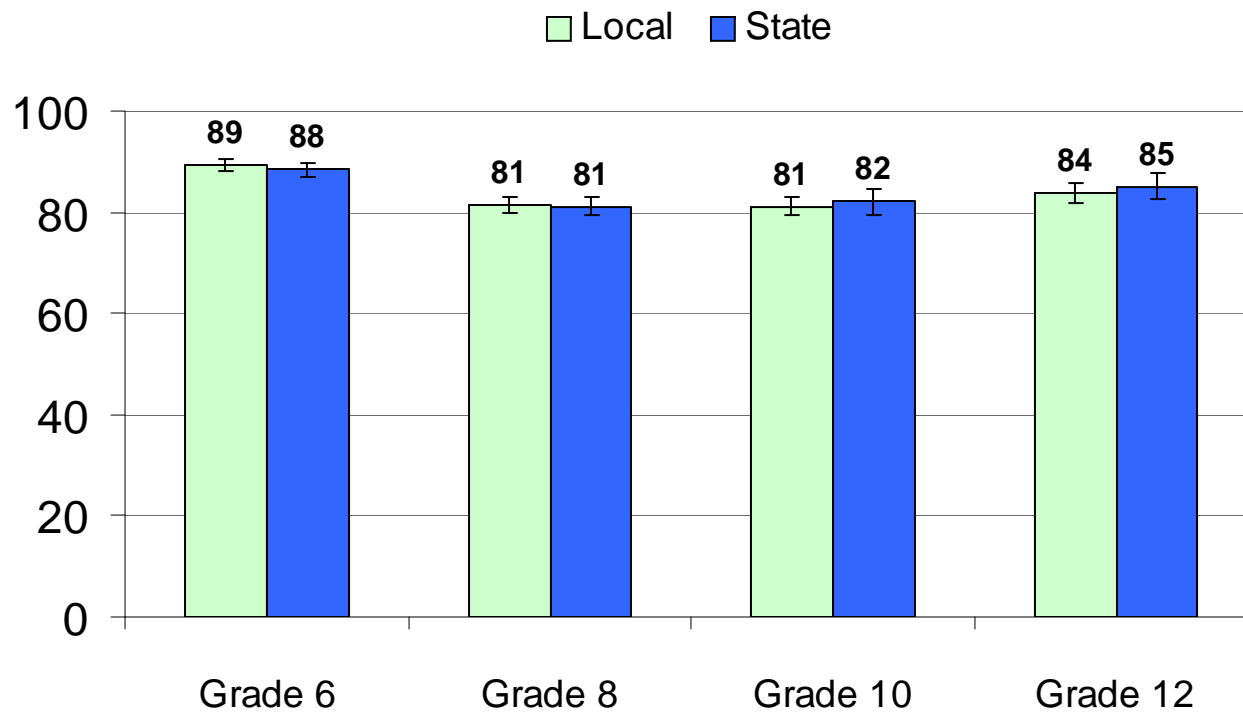
Skipping School

Percent of students who report skipping 1 or more whole days of school in past 4 weeks



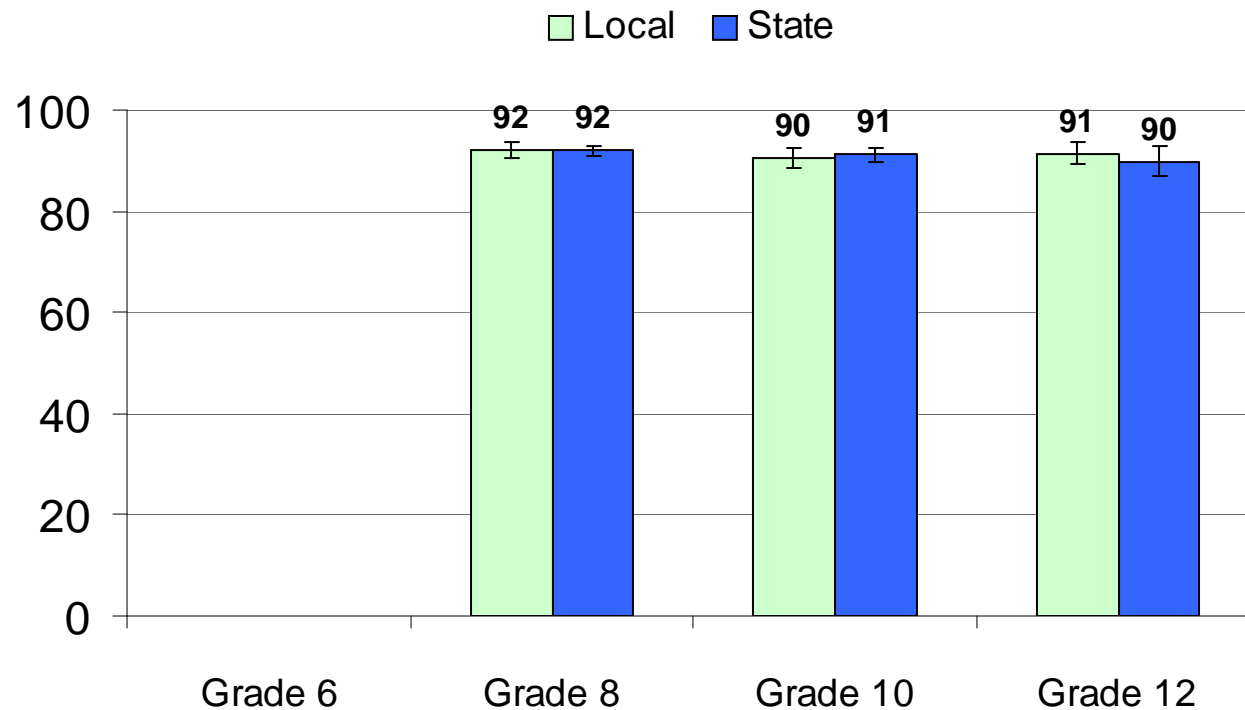
Feeling Safe at School

Percent of students who report that they feel safe at school



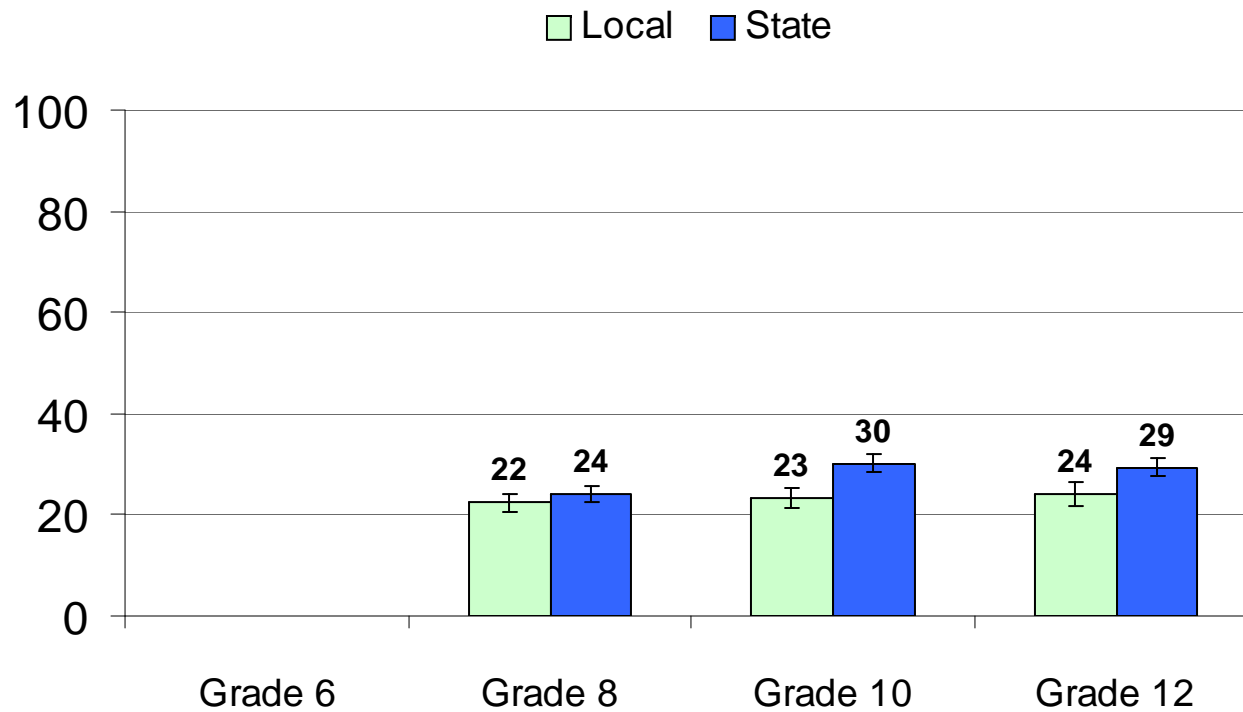
Opportunities for Involvement

Percent of students who report that they have lots of chances for involvement in school activities



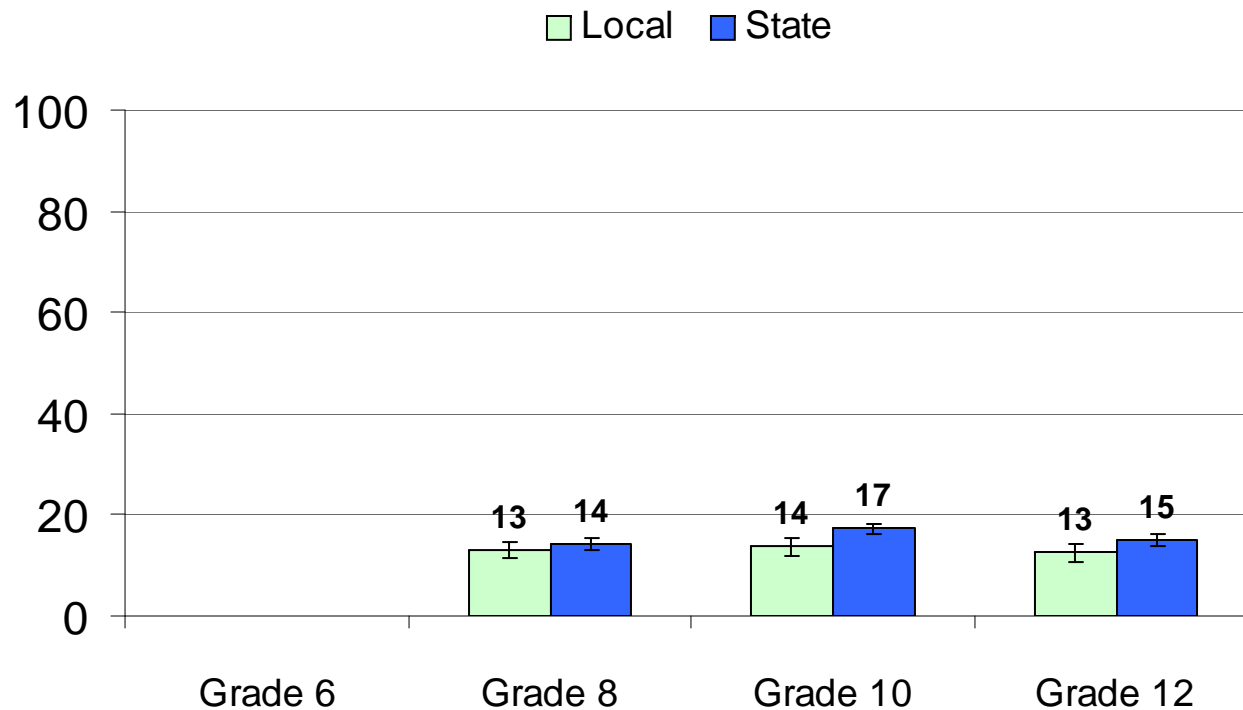
Depression

Percent of students who report being severely depressed in the past year



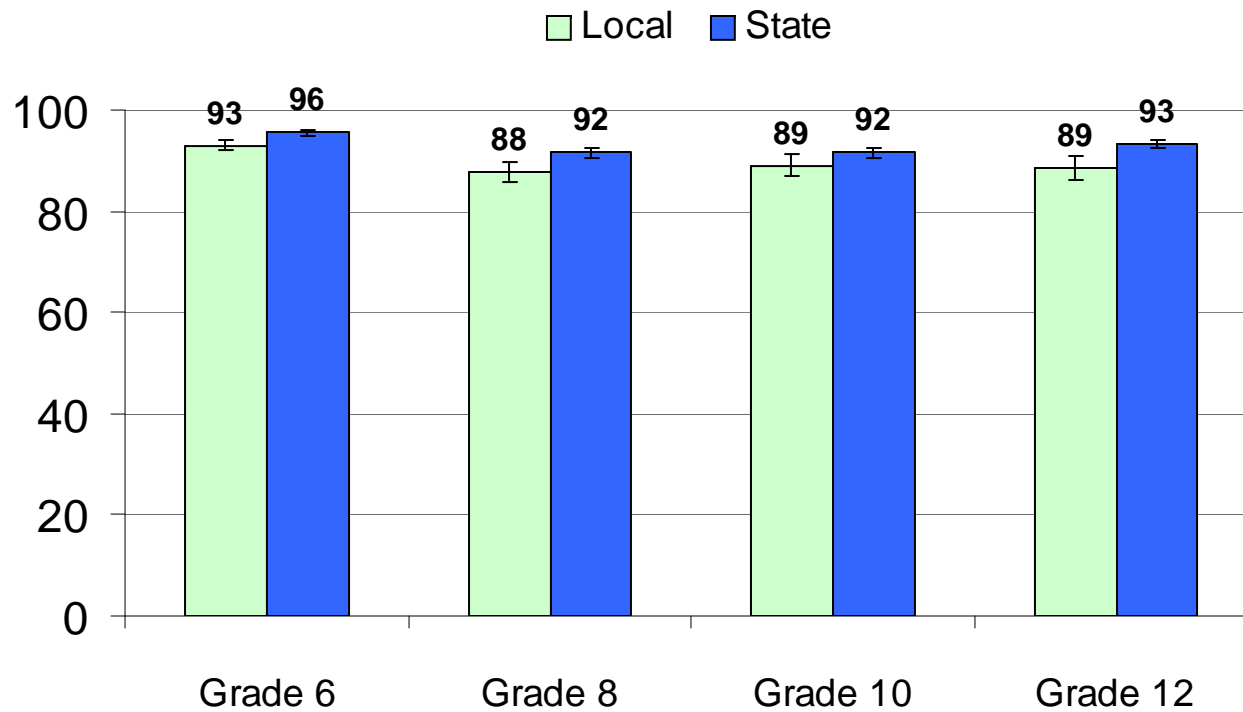
Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



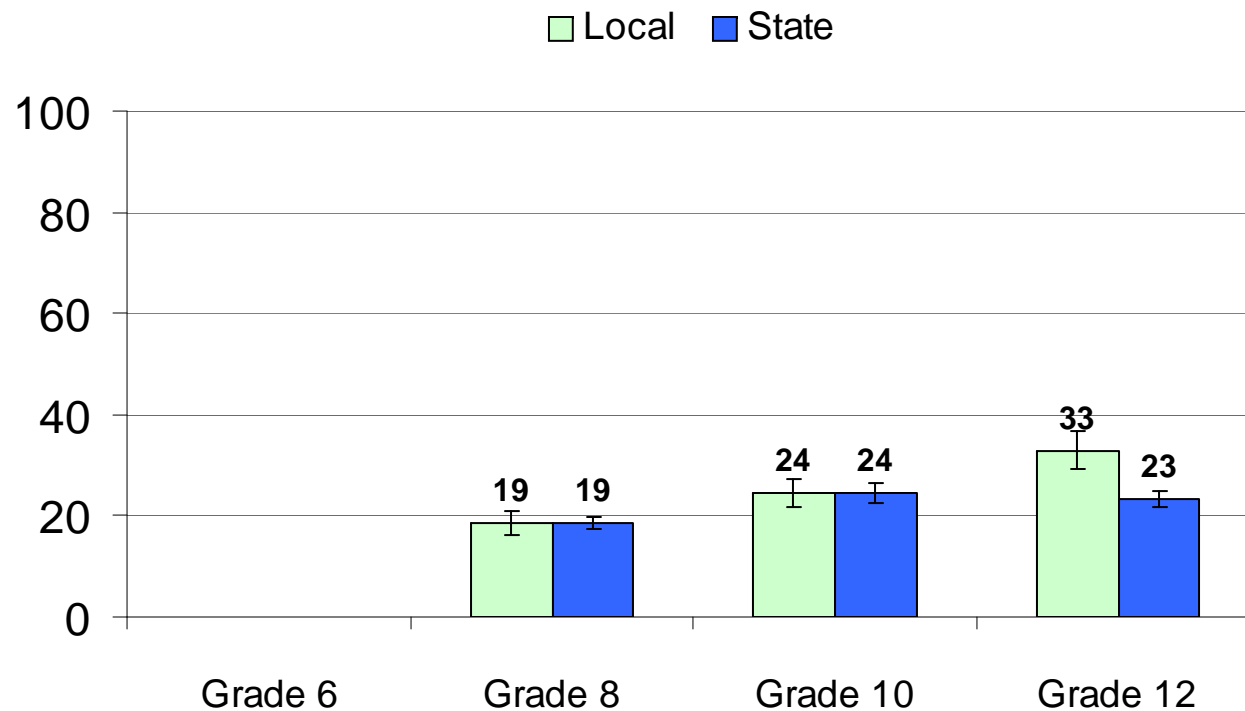
Seat Belt Use

Percent of students who report wearing seatbelts “most of the time” or “always” when riding in a car



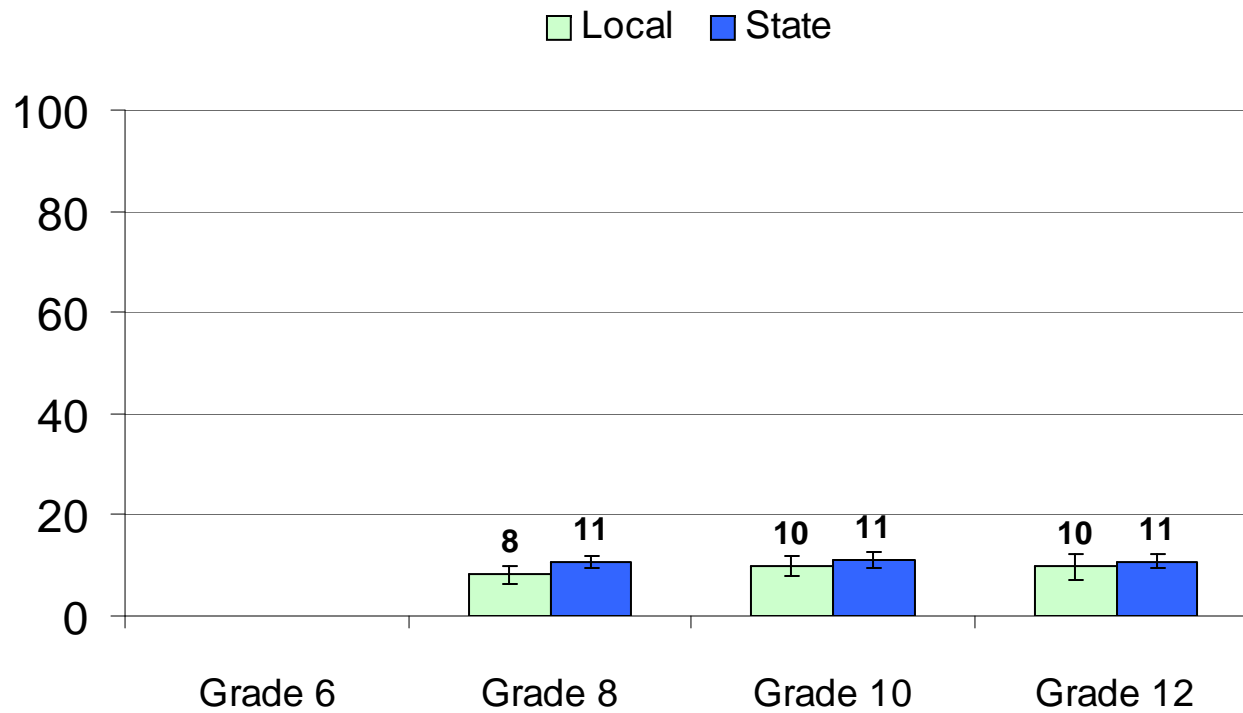
Riding With a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



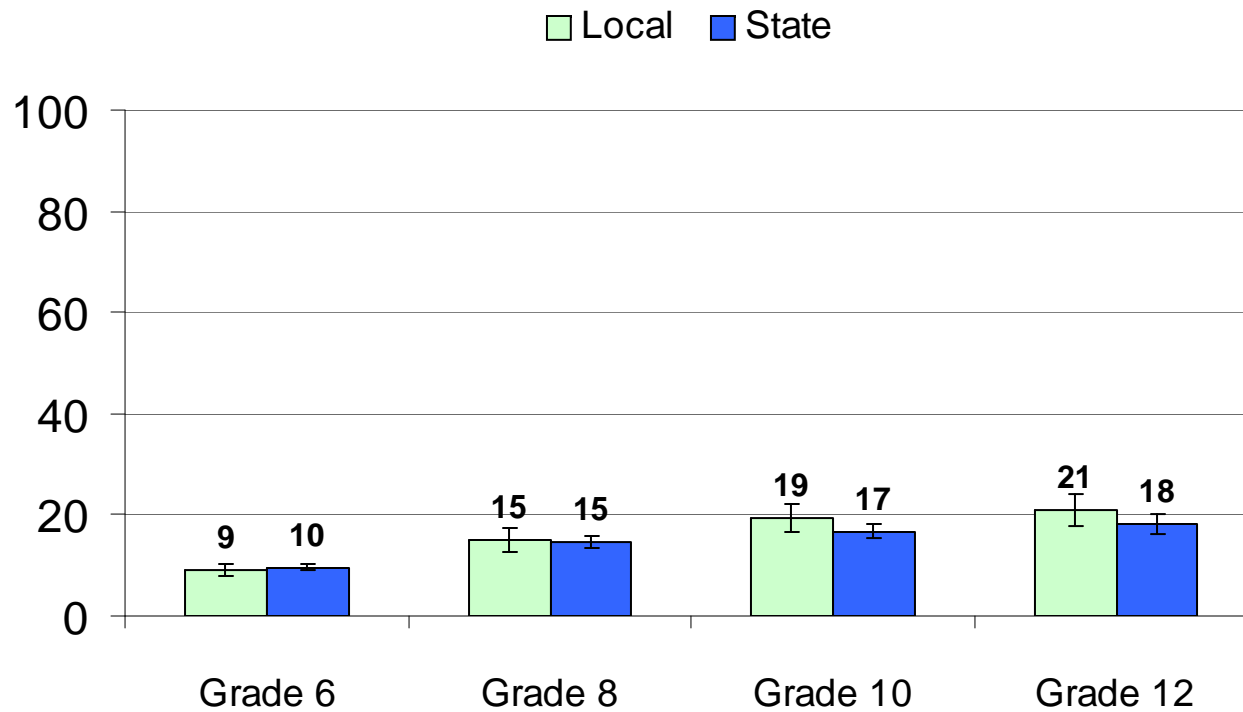
Obese

Percent of students who are obese



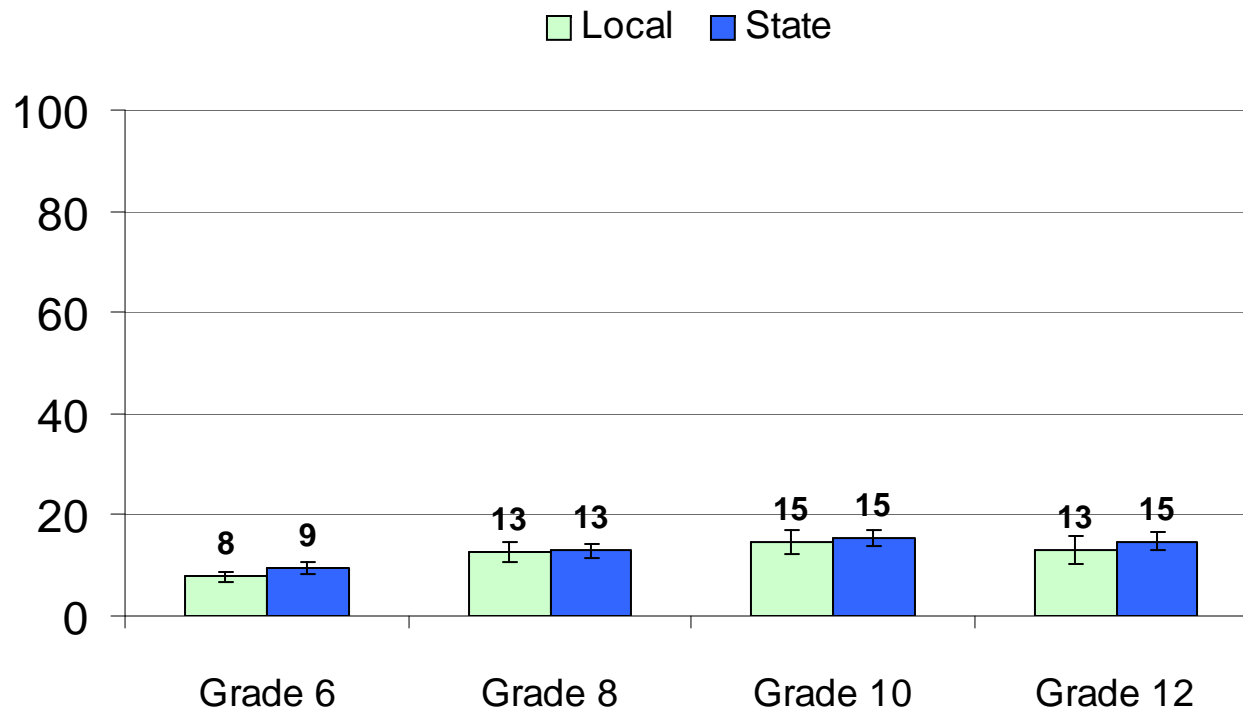
Current Asthma

Percent of students who currently have asthma



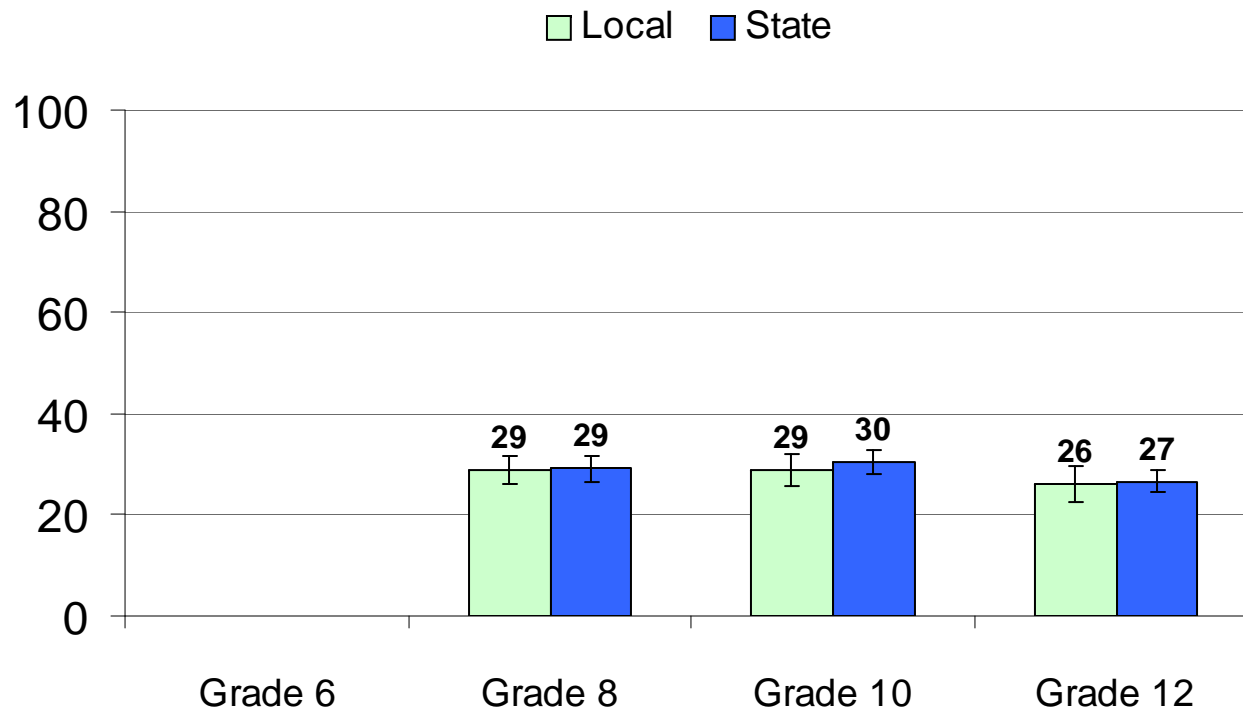
Excessive Soda Consumption

Percent of students who report drinking 2 or more sodas yesterday



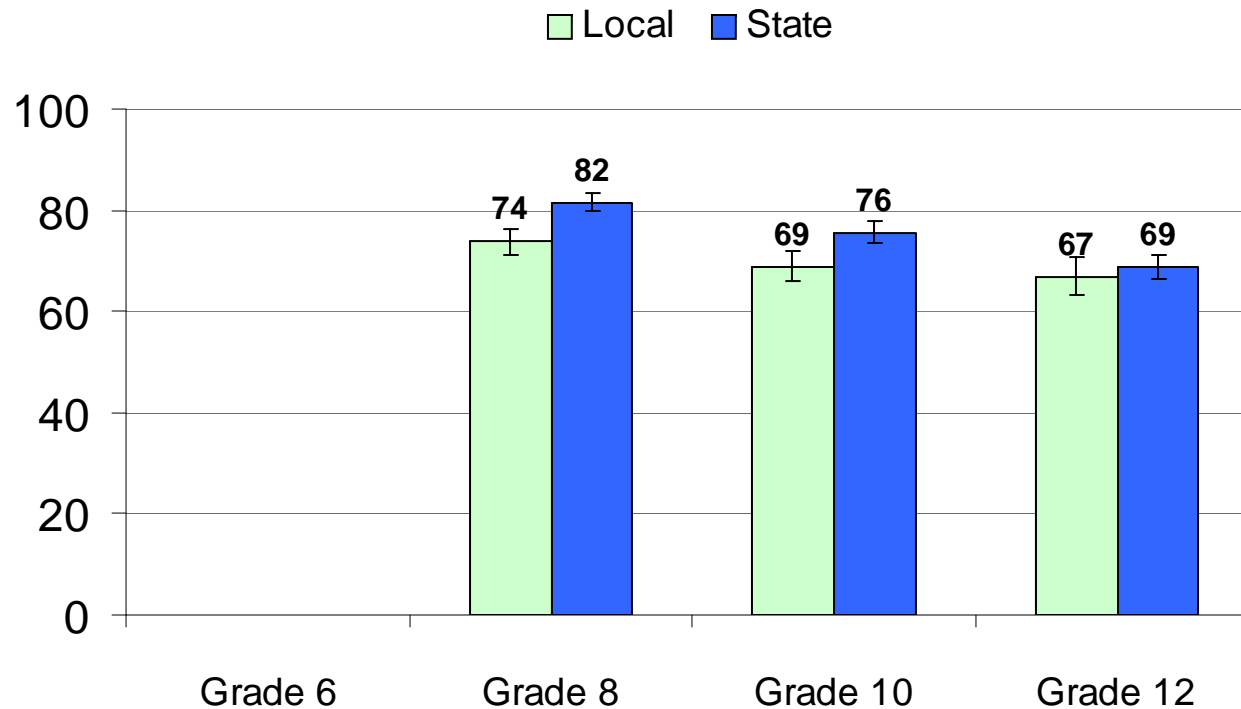
Excessive Television Viewing

Percent of students who report watching 3 or more hours of television on an average school day



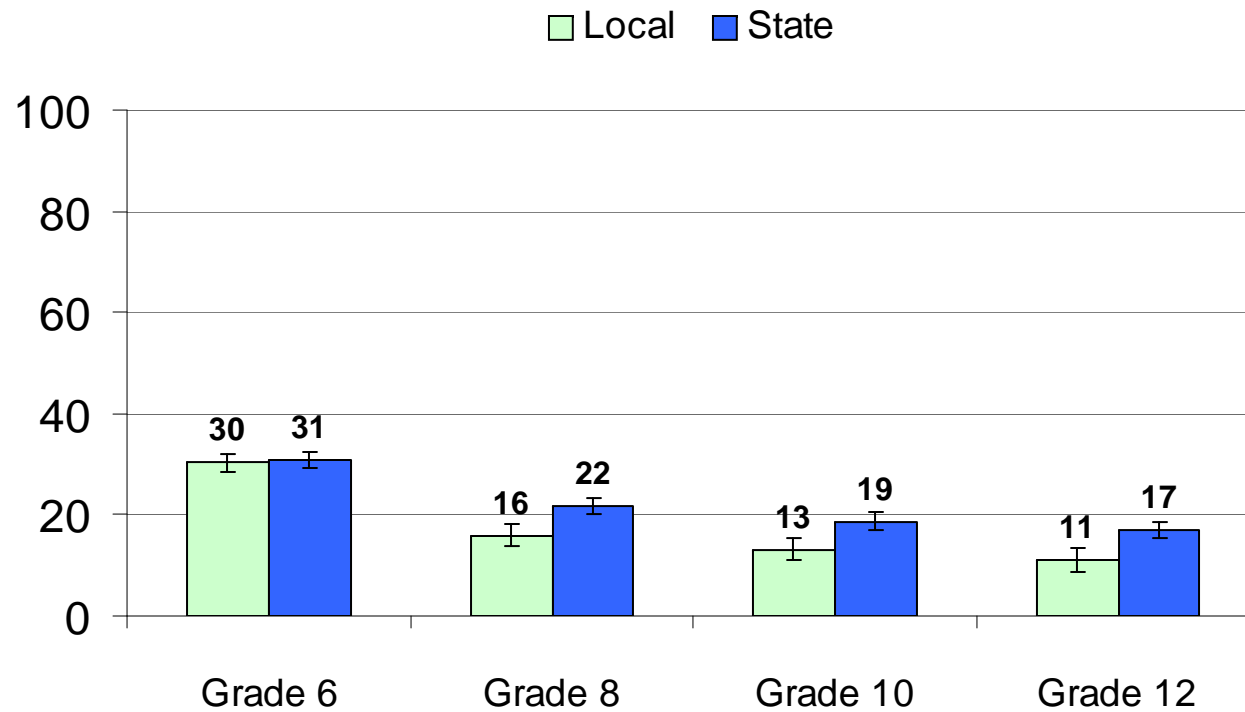
Sufficient Moderate or Vigorous Activity

Percent of students who report meeting recommendations for *either* moderate activity (5 or more days per week) or vigorous activity (3 or more days per week)



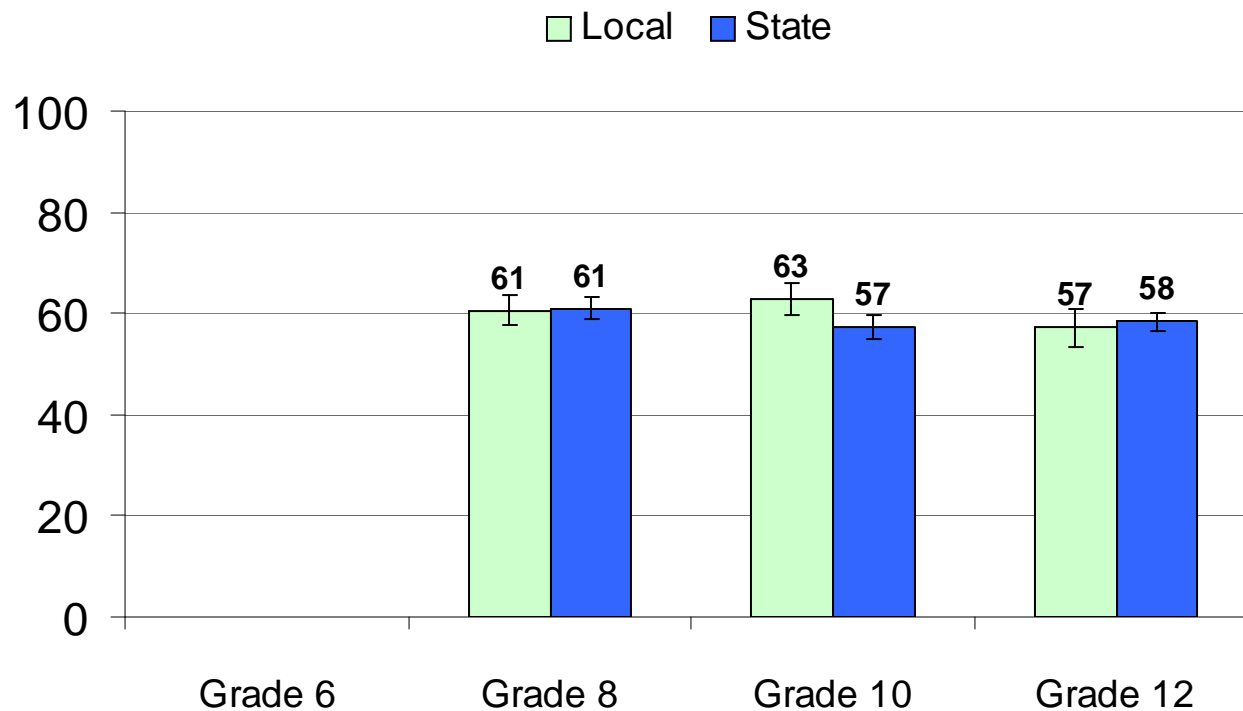
60 Minutes of Physical Activity per Day

Percent of students who report being physically active
60 minutes per day



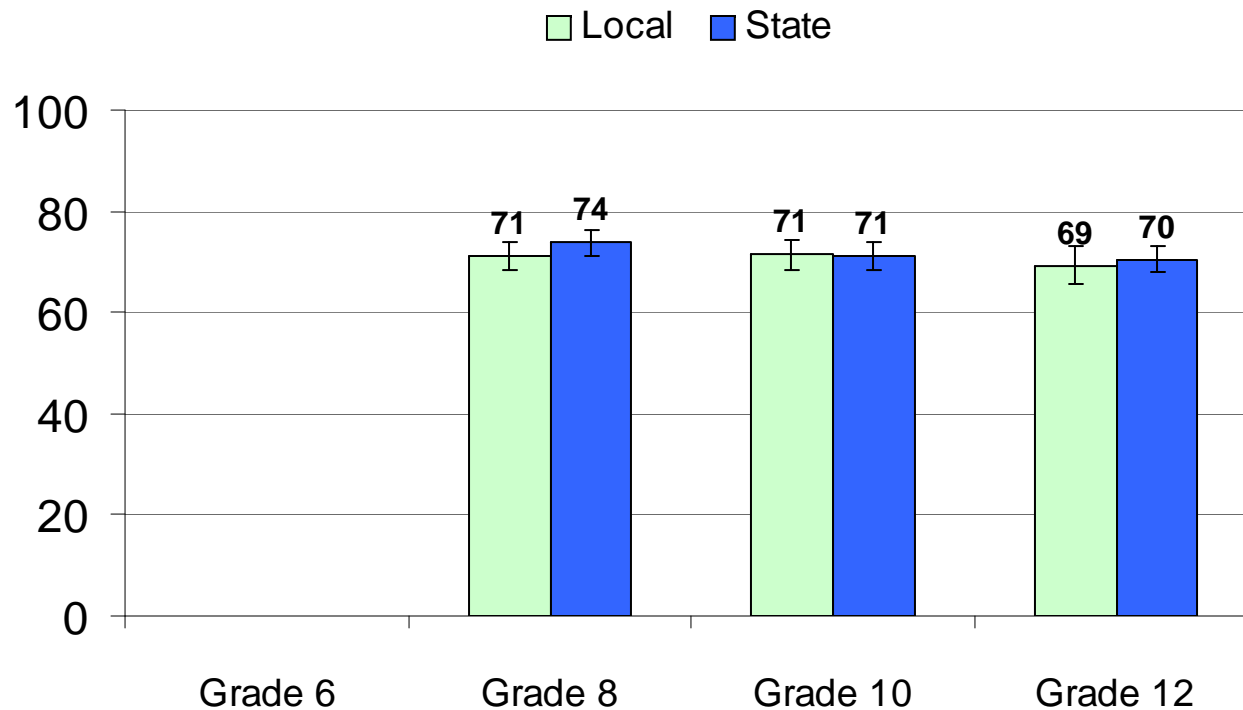
Access to Health Care

Percent of students who report visiting a doctor for a routine checkup in the past year



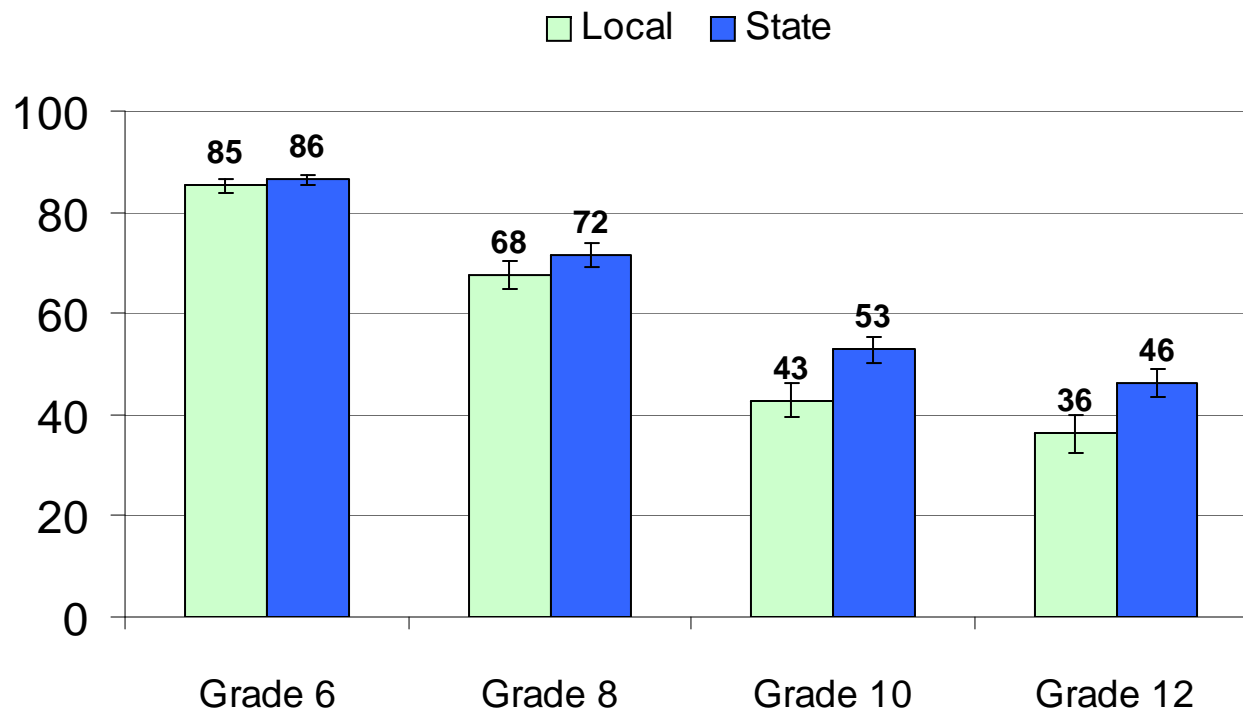
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



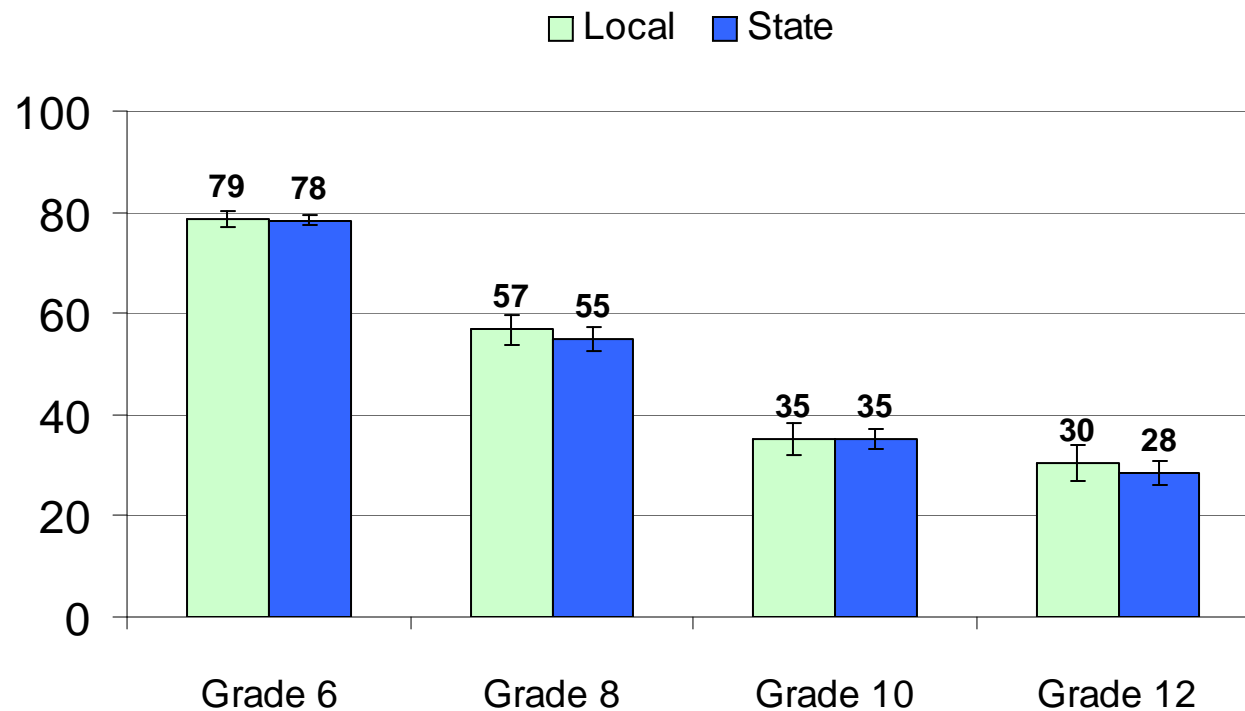
Neighborhood Aversion to Marijuana

Percent of students who report that adults in their neighborhoods think youth marijuana use is “very wrong”



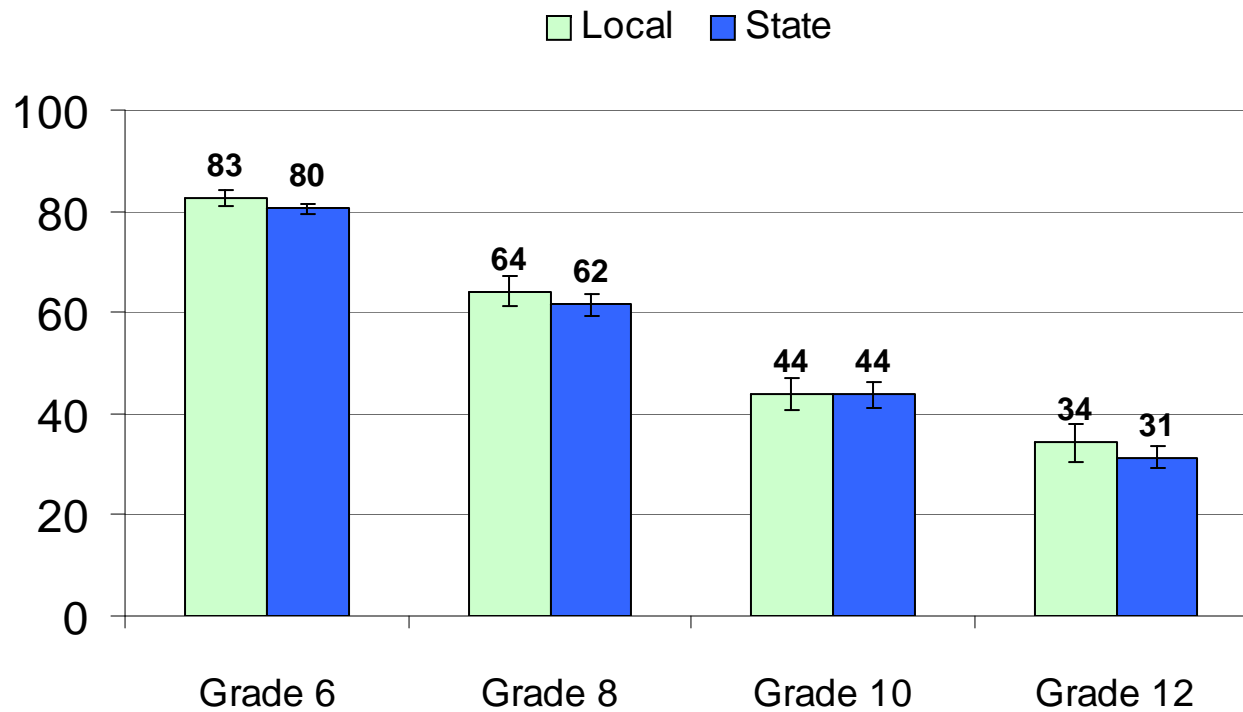
Neighborhood Aversion to Alcohol

Percent of students who report that adults in their neighborhoods think youth drinking is “very wrong”



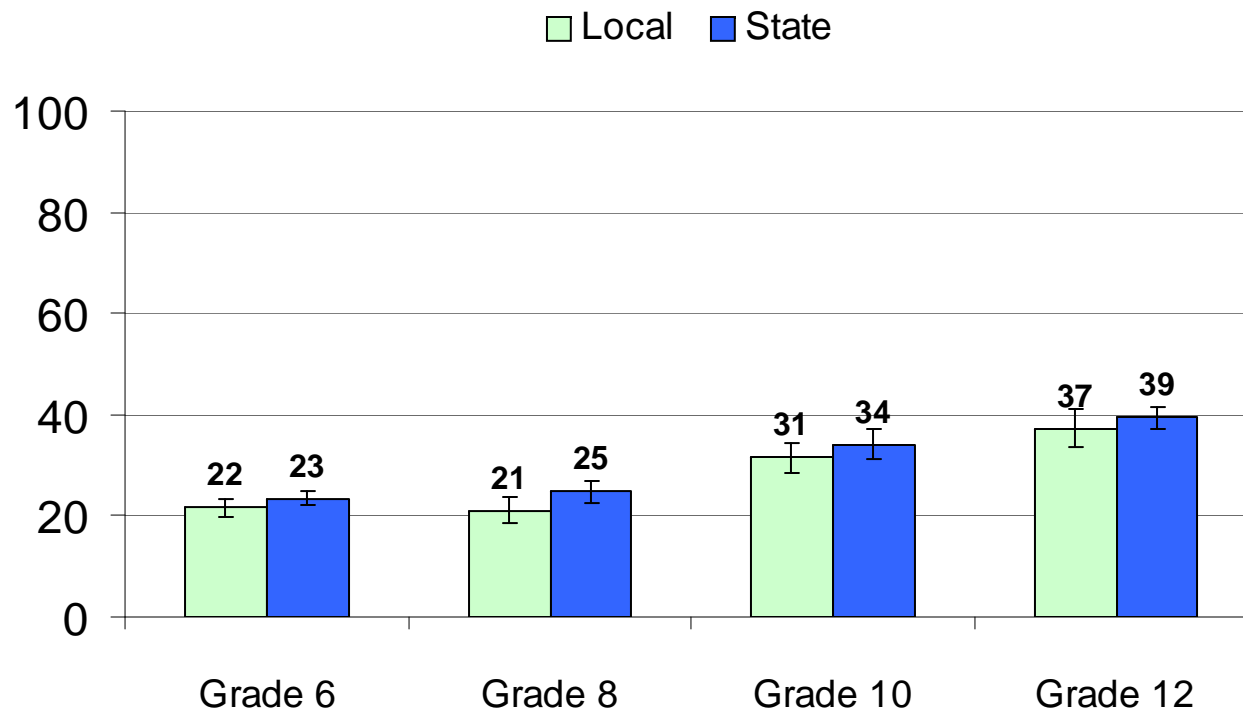
Neighborhood Aversion to Smoking

Percent of students who report that adults in their neighborhoods think youth smoking is “very wrong”



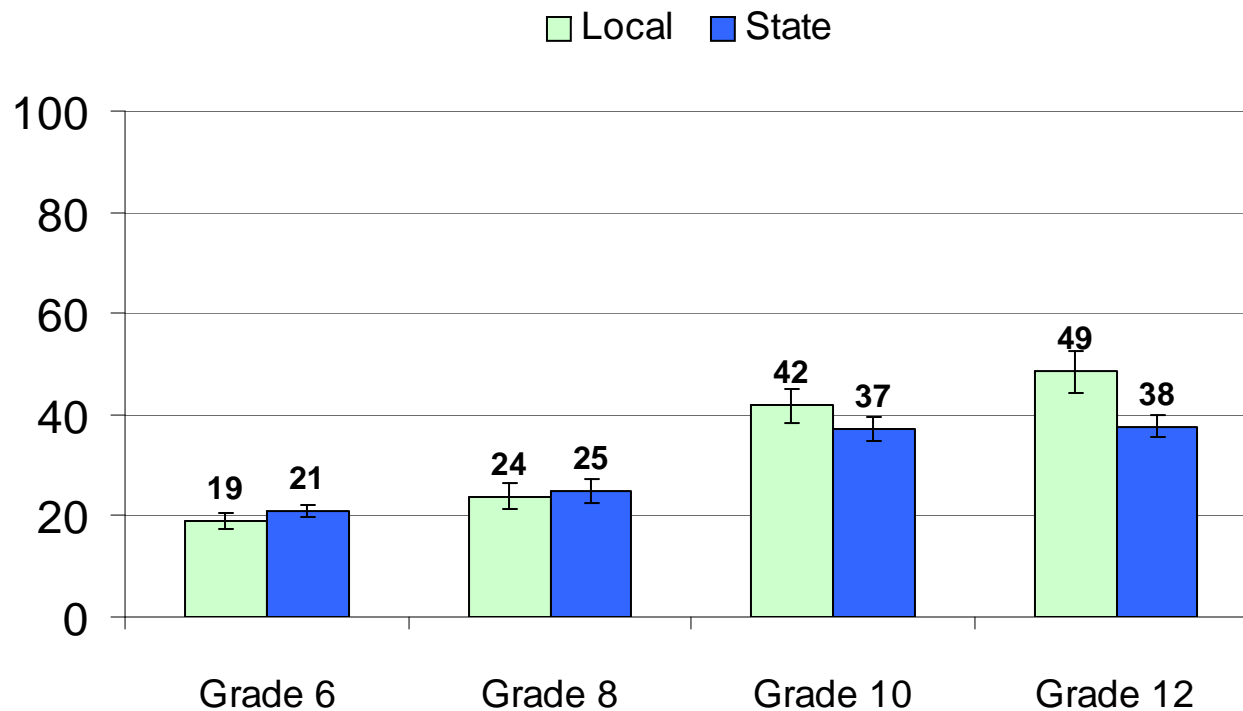
Perceived Availability of Drugs

Percent of students at risk for substance use because they report that they perceive drugs as easy to obtain



Favorable Attitudes Towards Drug Use

Percent of students at risk for substance use because they report that they have favorable attitudes toward use



Perceived Risk of Drug Use

Percent of students at risk for substance use because they report that they do not see use as risky

