

Lawton's After School P.E. Enrichment



Limited space! Sign up early

Registration Deadline: As soon as possible

Monday: Intermediate and Advanced Unicycle

The Intermediate/Advanced group will have two 14 week sessions and you can sign your child up for the whole year or per session. Students should know whether they were in intermediate and advanced last year. If your child is new and is not a beginner, the criteria listed for each club is on the backside of this sheet. A discount will apply if you pay in full at the beginning of the year.



Tuesday: Beginning Unicycle

This is a great individual skill that teaches patience, self-motivation, and helps boost self-confidence. Each year more students have joined the Unicycle Club so if you're interested, sign up early. A discount will apply if you pay in full at the beginning of the year.



Tuesday: Hip Hop Dance

Join this great lifetime activity taught by Mrs. Schumer she teaches you the basics of Hip Hop dance while allowing your creativity to guide you in your performance. Club is offered only to 3rd - 5th graders. Two 15 week sessions will be offered this year or you can sign up for the whole year. **Minimum of 10 students needed for the club to run.**



Wednesday: Tumbling

For the first time ever, we will be offering a tumbling club to the students at Lawton. This is a great activity for all children and can help when playing other sports. Mrs. T will also be teaching this and has 36 years of experience teaching tumbling in schools. She and her husband were the founders of the demonstration group SCATS which is known statewide. Make sure to look at criteria needed.

Thursday: Jump Rope

This year we will have Mrs. T teaching our jump rope club. She has taught for more than 36 years and has great deal of experience in teaching jump rope skills. When she was teaching, she had a performing team that included single jumpers and Double Dutch teams. Many of her Double Dutch teams took home the championship honor year after year (even the team that I was on!) **Minimum of 10 students needed for the club to run.**



If you are interested in any of these clubs, look on the back side for registration and payment information

By turning your registration form directly to the gym, your chances are better of getting into the clubs as space is limited.

After School P.E. Enrichment

	Monday	Tuesday	Tuesday	Wednesday	Thursday
Club offered	Intermediate/Advanced Unicycle	Beginning Unicycle	Hip Hop Dance	Tumbling	Jump Rope
Time	3:15 - 4:30	3:15 - 4:30	3:15 - 4:15	3:15 - 4:30 - All Levels	3:15 - 4:15
Fee	\$190.00 paying for full year \$110.00 per session Fee includes snacks <i>Payment Due Upon Registration</i>	\$190.00 paying for full year \$110.00 per session Fee includes snacks <i>Payment Due Upon Registration</i>	\$190.00 paying for full year \$110.00 per session Fee includes snacks <i>Payment Due Upon Registration</i>	\$110 per session Fee includes snack <i>Payment Due Upon Registration</i> Can only sign up for 1 st session now	\$120.00 per session Fee includes snacks <i>Payment Due Upon Registration</i> Can only sign up for 1 st session now
Checks Payable to:	"Cheryl Parks"	"Cheryl Parks"	"Amie Schumer"	"Susan Turner"	"Susan Turner"
Sessions	Two 14 week sessions	Two 14 week sessions	Two 15 week sessions	Two 13 week sessions	Two 15 week sessions
Starting Date	October 5th The rest of the dates will be provided upon registration.	October 20th The rest of the dates will be provided upon registration.	October 13th The rest of the dates will be provided upon registration.	October 21st The rest of the dates will be provided upon registration.	October 22nd The rest of the dates will be provided upon registration.
Who can join?	1st - 5th and returning students	1st - 5th and returning students <i>Kindergarten can join the 2nd session if they are tall enough</i>	3rd - 5th grade	K - 5th Max of 40 students	K - 5th
Criteria	Intermediate/Advanced Unicycle performers must be able to: <ul style="list-style-type: none"> • <i>Ride proficiently - no wobbling or falling down when just riding regular. (both levels)</i> • <i>Free mount - 100%</i> • <i>One individual trick such as stomach backward, juggling 3 beanbags, a trick free mount, bunny hopping (at least 45 seconds), or Footsie riding..</i> • <i>Rocking for at least 1 minute - no exceptions!</i> 	A Good Attitude and great listening skills.	Good Attitude and desire to be creative.	A Good Attitude, great listening skills and the following weight bearing skills <ul style="list-style-type: none"> • Handstand • Cartwheel They do not have to be perfect handstands or cartwheels. Students should be able to bear own body weight.	A Good Attitude and great listening skills.

2009-2010 Session Dates for After School P.E. Enrichment

Monday - Inter./Adv. Unicycle 3:15 - 4:30	Tuesday - Beg. Unicycle 3:15 - 4:30 Two sessions	Tuesday - Hip Hop 3:15 - 4:15 Two sessions	Wednesday - Tumbling 3:15 - 4:30 Two sessions	Thursday - Jump Rope 3:15 - 4:15 Two sessions
Session 1 Fee Due: Upon Registration	Session 1 Fee Due: Upon Registration	Session 1 Fee Due: Upon Registration	Session 1 Fee Due: Upon Registration	Session 1 Fee Due: Upon Registration
<ol style="list-style-type: none"> 1. Oct. 5th 2. Oct. 12th 3. Oct. 19th 4. Oct. 26th 5. Nov. 2nd 6. Nov. 9th 7. Nov. 16th 8. Nov. 30th 9. Dec. 7th 10. Dec. 14th 11. Jan. 4th 12. Jan. 11th 13. Feb. 1st 14. Feb. 8th 	<ol style="list-style-type: none"> 1. Oct. 20th 2. Oct. 27th 3. Nov. 3rd 4. Nov. 10th 5. Nov. 17th 6. Dec. 1st 7. Dec. 8th 8. Dec. 15th 9. Jan. 5th 10. Jan. 12th 11. Jan. 26th 12. Feb. 2nd 13. Feb. 9th 14. Feb. 23rd 	<ol style="list-style-type: none"> 1. Oct. 13th 2. Oct. 20th 3. Oct. 27th 4. Nov. 3rd 5. Nov. 10th 6. Nov. 17th 7. Dec. 1st 8. Dec. 8th 9. Dec. 15th 10. Jan. 5th 11. Jan. 12th 12. Jan. 19th 13. Jan. 26th 14. Feb. 2nd 15. Feb. 9th 	<ol style="list-style-type: none"> 1. Oct. 21st 2. Nov. 4th 3. Nov. 18th 4. Dec. 2nd 5. Dec. 9th 6. Dec. 16th 7. Jan. 6th 8. Jan. 13th 9. Jan. 20th 10. Jan. 27th 11. Feb. 10th 12. Feb. 24th 13. March 10th 	<ol style="list-style-type: none"> 1. Oct. 22nd 2. Oct. 29th 3. Nov. 5th 4. Nov. 12th 5. Nov. 19th 6. Dec. 3rd 7. Dec. 10th 8. Dec. 17th 9. Jan. 7th 10. Jan. 14th 11. Jan. 21st 12. Jan. 28th 13. Feb. 4th 14. Feb. 11th 15. Feb. 25th
<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Nov. 23rd - Conference Week • Jan. 19th 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Jan. 19th • Nov. 24th - Conference Week • Feb. 16th - Mid Winter Break 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Nov. 24th - Conference Week • Feb. 16th - Mid Winter Break 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Nov. 25th - Conference Week • Feb. 17th - Mid Winter Break 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Feb. 18th - Mid Winter Break
Session 2 Fee Due: Feb. 2nd	Session 2 Fee Due: Feb. 2nd	Session 2 Fee Due: Feb. 2nd	Session 2 Fee Due: Feb. 2nd	Session 2 Fee Due: Feb. 2nd
<ol style="list-style-type: none"> 1. Feb. 22nd 2. March 1st 3. March 8th 4. March 15th 5. March 22nd 6. April 5th 7. April 12th 8. April 19th 9. April 26th 10. May 3rd 11. May 10th 12. May 17th 13. May 24th 14. June 7th (last day) 	<ol style="list-style-type: none"> 1. March 2nd 2. March 9th 3. March 16th 4. March 23rd 5. April 6th 6. April 13th 7. April 20th 8. April 27th 9. May 4th 10. May 11th 11. May 18th 12. May 25th 13. June 1st 14. June 8th (last day) 	<ol style="list-style-type: none"> 1. Feb. 23rd 2. March 2nd 3. March 9th 4. March 16th 5. March 23rd 6. April 6th 7. April 13th 8. April 20th 9. April 27th 10. May 4th 11. May 11th 12. May 18th 13. May 25th 14. June 1st 15. June 8th (last day) 	<ol style="list-style-type: none"> 1. March 17th 2. March 24th 3. April 7th 4. April 14th 5. April 21st 6. April 28th 7. May 5th 8. May 12th 9. May 19th* 10. May 26th 11. June 2nd 12. June 9th 13. June 16th (last day) 	<ol style="list-style-type: none"> 1. March 4th 2. March 11th 3. March 18th 4. March 25th 5. April 8th 6. April 15th 7. April 22nd 8. April 29th 9. May 6th 10. May 13th 11. May 20th 12. May 27th 13. June 3rd 14. June 10th 15. June 17th (last day)
<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • Feb. 15th - Mid Winter Break • March 29th - Spring Break • May 31st - Memorial Day 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • March 30th - Spring Break 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • March 30th - Spring Break 	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • March 31st - Spring Break <p><i>*Special time on May 19th due to early release day: 1:15 - 2:30</i></p>	<p><i>No Club on:</i></p> <ul style="list-style-type: none"> • March 30th - Spring Break

After School Enrichment Registration Form

After School Club _____

____ My child will be picked up from the club.

____ My child can sign out on his/her own.

____ My child will go to Boys & Girls Club

____ My child will come from the Boys & Girls Club

Student Name _____ Grade _____

Home Phone # _____ Home Address _____

Parent 1 Name _____ Work Phone # _____ Cell # _____

Parent 2 Name _____ Work Phone # _____ Cell # _____

Email Address: _____

Emergency Contact #1 _____ Emergency Phone # _____

Relationship to child _____

Emergency Contact #2 _____ Emergency Phone # _____

Relationship to child _____

Allergies/Drug Reactions _____

If yes, medication needed? _____

Parent Signature _____

Date _____

*We understand that epipens are expensive and if your child attends Lawton we do have one locked up in the office but it would be helpful if an epipen could be provided for after school clubs in case of emergencies.

Thank you,

Cheryl Parks
Lawton P.E. Specialist