

Send completed form to:
Seattle Public Schools
Nutrition Services, Administrative Dietitian
P.O. Box 34165 / MS 32-372 Seattle, WA 98124
Phone: 206-252-0675 Fax: 206-252-0664


Diet Prescription for Meals at School

Section A: To be completed by the student's parent or guardian.

Student's Name: _____ Date of Birth: _____ Age: _____

Name of School: _____ Grade: _____

Will student eat Breakfast at School? Yes No; Will student eat Lunch at School? Yes No

 If you answered **No** to both of the above questions, **STOP**. Form is not required by Nutrition Services.

I understand that if my student's medical or health needs change, it is my responsibility to notify Nutrition Services and have a new Diet Prescription for Meals at School form completed.

Parent/Guardian's Signature Home Phone Number Date signed

I give Nutrition Services permission to speak with the below named Licensed Physician or Recognized Medical Authority to discuss the dietary needs described. _____
(parent/guardian's initials and date)

Section B: Recognized Medical Authority (RMA) must complete and sign this section. RMA is a state licensed health care professional authorized to write medical prescriptions under State law. In WA State this includes Medical Doctor, Doctor of Osteopathy, Physician's Assistant with prescriptive authority, ARNP or Licensed Naturopathic Physician.

Student's Diagnosis? _____

Is the student's diagnosis recognized by the ADA as a disability? Yes No

If Yes, describe the major life activity affected by the disability _____

Does the student have a non-disabling medical condition or special nutritional or feeding need? Yes No

If Yes, describe the condition or need _____

Diet Prescription- please attach additional instructions if necessary.

Foods to Omit:	Foods to Substitute:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

If foods are listed to be omitted from the diet, specifics on foods to substitute **must be provided.

I certify that the above named student needs special school meals prepared or served as described above because of the student's disability or chronic medical condition.

Licensed Physician or Recognized Medical Authority Signature Date

Name, including Credentials: _____ Phone: _____ Fax: _____
Type or Print

For office use: Received: _____ Date & Initials Fast Track coding: _____
Date entered in Fast Track: _____